

Grade 2 Health Update

Dear Parents/Guardians,

In Health, we will be starting our new unit on Personal Safety & Injury Prevention. Please see below for a table outlining the curriculum expectations and key topics for discussion.

C1.1 Personal safety – home and outdoors	<p>Key Topics:</p> <ul style="list-style-type: none"> - Safely answering the phone and door - Home fire escape strategies - Respecting electrical outlet covers - Precautions around preparing & storing food - Using UV protection - Safety rules riding the bus - Riding a bicycle - Walking to school - Approaching railway tracks & crossings - Carrying medication for allergic reactions - Being cautious when approaching animals
C1.2 Food Allergies	<p>Key Topics:</p> <ul style="list-style-type: none"> - Identify common food allergies & sensitivities and the reactions they may cause
C2.3 Standing up for yourself	<p>Key Topics:</p> <ul style="list-style-type: none"> - Speaking confidently - Respecting the right of a person to say no - Encouraging others to respect rights
C3.1 Relating to others	<p>Key Topics:</p> <ul style="list-style-type: none"> - Describe how to relate to others positively (Cooperation, respect, smile, manage anger, facial expressions, body language) - Behaviours that can be harmful in relating to others (Name calling, insults, deliberately ignoring someone, ignoring others feelings, violence including pushing, kicking and hitting)

Thanks for your support,

Mrs. Rich & Mrs. Gardner