



# CHEDOKE PUBLIC SCHOOL

500 Bendamere Ave. Ham. ON L9C 1R3

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See our Calendar on our Website for Upcoming Events!





# IMPORTANT DATES

**Grade 8 Grad Photos**February 5th

**Kinder Grad Photos** February 10th

Parent Council Meeting February 25th

> MARCH BREAK March 16th to 20th

# **Labour Updates**

HWDSB strives to keep its community informed about the status of labour negotiations with employee groups. Please visit this website to stay up to day.

https://www.hwdsb.on.ca/about/labour-update/

# FAMILY DAY

On MONDAY, FEBRUARY 17<sup>TH</sup>, there will be NO SCHOOL as we celebrate Family Day. On this day we celebrate families and we encourage you to celebrate your own family and spend some quality time together.

Some ideas for Family Day:



Make a meal together



Make a time capsule



Read together



Have a Dance party



Do an activity outdoors



Plan a Scavenger Hunt



Make up a Song



Movie night at home



Board and card games

# COLD WEATHER

All of the students should be wearing hats, gloves and even snow pants when the weather is cold and / or wet. An extra pair of socks and pants are sometimes handy to have at school when weather is damp or snowy. We are requesting that the children wear their running shoes at school, not slippers. Sometimes floors may be wet and slippery causing safety issues. If we practice emergency evacuations, the students need to have proper footwear on. As well, labelling of clothing, boots and runners would eliminate confusion. There is a lost and found box at school that is overflowing with items that were lost and cannot be returned to the proper owner because they were not labelled. Remember to dress for the weather and label outerwear.

We watch the weather reports on our computers and use –15 °C as our gauge when deciding if indoor recesses will occur.

Hearing of school closures due to weather give us all reasons to plan ahead. Be sure to have alternate care arrangement for your children just in case. As we have sent out previous letters, pay close attention to all local television and radio stations for school closures.



# **BEING GOOD NEIGHBOURS:**



We all know how important it is to have good neighbours near our homes, but it is equally important for a school. Just a few reminders to keep our

relationship with our school neighbours strong:

- No parking on Bendamere Avenue. Please be mindful of our parking signage. Parking By-Law officers have been by and are ticketing vehicles parked illegally.
- There is parking on the south side of W26th and W27th street. You can walk your child up to the school after parking.
- Please carefully observe no parking, no stopping, and school bus loading zone signs on the streets around the school.
- If you bring your dog with you when you drop-off/pick-up your children, please be sure to "stoop and scoop".
- Please treat the streets around Chedoke as a no idling zone to help keep the air fresh. Please keep in mind that children are at the same height as your exhausted and they are all breathing that smoke in as they walk past your car.



# **SCHOOL CASH ONLINE**

# PARENTS PLEASE REGISTER

Step 1: Go to the website:

https://hwdsb.schoolcashonline.com

Step 2: Register by selecting the "Get Started Now" and

follow the steps

Step 3: After you receive the confirmation email. Please

select the "Click Here" option, sign in and add

each of your children to your household

You can now pay for trips, pizza days and special events.

# THANK YOU PARENTS!!

A 24/7 help desk is available if users need support. Please call 1-866-961-1803 or Email parenthelp@schoolcashonline.com

# LOST FOUND

JUST A REMINDER THAT THE LOST AND FOUND IS LOCATED IN OUR **LIBRARY** 

CLOTHING THAT IS NOT **CLAIMED WILL** BF **DONATED** AT THE END OF **EVERY MONTH** 

# SICK CHILDREN SEND OR STAY HOME

Deciding when a child is too sick to go to school can be a difficult decision for parents to make. Students with any of the following should stay home.

- ♦ Cold
- ♦ Fever
- ♦ Strep throat
- ♦ Vomiting
- ♦ Diarrhea
- Conjunctivitis (pink eye)
- Rashes



# Stress rules for proper handwashing.

Please consider the health of your child and the other children in the class before sending your child back to school. If children come to school, they will be expected to go outside for recesses.

Should you have any questions please contact the Main Office. Thank you for working together to try to keep all well.

# LATE STUDENTS & PARENTS IN THE HALLWAYS

All late students need to be checked into the office upon arrival to the school. Parents can ONLY accompany their students to the office, but not to class. Students can either walk on their own or one of our friendly office staff will bring them down to class. When <u>parents</u> are exiting the school, they <u>must leave</u> <u>by</u> the <u>front door</u>. Parents are not to be in the classroom hallways at any time. Our first priority is to keep all our students safe and be respectful of our teachers instructional space.

# PARKING, DROP OFFS AND WINTER WEATHER

We are anticipating another cold winter. Snow removal has been very good in the past year, but there will be times when the parking lot can be icy and snow covered.

Parking and traffic are a concern. Safety first.

We do ask that all drivers pay close attention to those they drop off and look out for those students and adults making their way about our parking lot area. By-law Officers are to be contacted for those who do not respect the rules of the parking lot.

# PLEASE RESPECT THE BELL TIMES AROUND DISMISSAL

We DO understand that there are times when families need to have the school dismiss children early.

However, too often, the exception becomes the rule.

This disrupts the class and takes Main Office time away from other important tasks. We are all at school for the children to learn. Please respect instructional time and class closing daily routines.

# BUS DROP OFF AND FRONT DOOR DROP OFF

The front of every school is always busy in the morning. At Chedoke, we have parking and drop off issues like every other school. However, we are more and more having students dropped off AND walked in using our front doors. The front doors are not to be used for morning entry, regular dismissal doors are used for entry in the morning. The rules of the bus lane must be respected and signs are posted clearly. Do not block the bus lane. Snow removal has been such that sidewalks are clean for children to walk on even when dropped off closer to the street. Please support the school.

Thank you for your continued cooperation for the safety for our students.

# Novel Coronavirus (2019-nCoV)

Ontario has shared news of its first two presumptive cases of the Novel Coronavirus (2019-nCoV).

Health officials anticipated these first cases and the overall risk to Ontario is considered low. As student and staff safety is a primary concern for Hamilton-Wentworth District School Board, we will continue to monitor the situation through local, provincial and federal partners and communicate with families as necessary.

Members of the public are advised by the Ministry of Health to take the usual measures to reduce the risk of transmission of the flu and respiratory illness.

Our families, students and staff should:

- \* Get a yearly influenza vaccination, available from clinics and pharmacies (for flu only);
- \* Wash your hands frequently and thoroughly with soap and water or use an alcohol-based sanitizer;
- \* Cover your mouth and nose when you cough or sneeze;
- \* If you don't have a tissue, sneeze or cough into your sleeve or arm; and
- \* If you or your family members are ill, stay home.

### **Letter to Families from Chief Medical Officer of Health:**

Please access the letter to families from Chief Medical Officer of Health, Dr. David Williams: Letter from Chief Medical Officer of Health

## Wearing Masks is Not Permitted by Students and Staff:

As a school board, we depend on the expertise of Hamilton Public Health Services who do not recommend that staff and students wear masks.

Wearing masks may in fact increase risk of infection to the child or to others, heighten anxiety and pose greater risk to the health and safety of our school communities.

People often use masks incorrectly, or contaminate themselves when putting masks on and taking them off, which could actually increase the risk of infection. **Therefore, the wearing of masks at school is not permitted by students and staff.** 

### IF A CHILD IS ILL, WE'RE ASKING PARENTS TO KEEP THEM HOME.

### **Heightened Concern:**

Events like this can cause feelings of uncertainty and anxiety. Here are some tips to support our community at this time:

- \* Be patient with yourself and those close to you.
- \* Take care of yourself.
- \* Eat healthy, drink plenty of water, and get enough rest.
- \* If you are feeling overwhelmed, consider taking a break from the news and social media.
- \* Provide children with age-appropriate factual information.
- \* Please reach out to the school if support is needed.

#### More information:

Ontario Ministry of Health: www.ontario.ca/coronavirus

Hamilton Public Health Services: https://www.hamilton.ca/public-health

Public Health Agency of Canada: <a href="https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html">https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html</a>

Government of Canada Travel Advice and Advisory:

https://travel.gc.ca/travelling/advisories/pneumonia-china

# KINDERGARTEN REGISTRATION

## **REGISTRATION BEGINS ON MONDAY, FEBRUARY 3RD, 2020**

### What is Kindergarten?

Kindergarten is a two-year, full-day program that helps children get the best possible start in school. Your

child will be challenged and encouraged to do their very best. Our caring team of educators, including a teacher and an early childhood educator, are with them every step of the way! They are also a great resource for you to talk with.

## Why is Kindergarten important?

Early learning experiences are crucial to the future well-being of children Early interactions affect the way connections are made in the brain A solid foundation for reading and math must be built Children build skills through developmentally appropriate play-based experiences



# When is Kindergarten registration?

Kindergarten is available for four- and five-year-old students at schools in September.

# Registration will begin on Monday, February 3rd.

Visit Find My School (<a href="https://www.hwdsb.on.ca/find/">https://www.hwdsb.on.ca/find/</a>) to find your home school.

## When can my child attend?

Your child is eligible for the two-year kindergarten program in the calendar year that they turn four or five. Your child must attend school if they are age six by September 1.

## **How to register – Find, Register, Contact:**

Note, only parents or legal guardians can register their children for school.

- 1. **FIND** your neighbourhood school in our School Locator (<a href="https://www.hwdsb.on.ca/find/">https://www.hwdsb.on.ca/find/</a>) tool or call 905-527-5092, ext. 2391.
- 2. **REGISTER ONLINE** to create an account, enter details and add your child to our student information system. If you have questions, please contact your local HWDSB school.

OR

**REGISTER IN PERSON** at your neighbourhood school. Complete and print the 2019-2020 Kindergarten Registration Form online (<a href="https://www.hwdsb.on.ca/wp-content/uploads/2019/01/Kindergarten-Registration-Form-and-Survey-EYE@K-fillable.pdf">https://www.hwdsb.on.ca/wp-content/uploads/2019/01/Kindergarten-Registration-Form-and-Survey-EYE@K-fillable.pdf</a>) also available at your school.

3. CONTACT your elementary school to book a registration meeting.

### **Important Required documents include:**

- Proof of age (child's birth certificate or passport);
- \* Proof of address (identification that shows parent/guardian's current home address);
- \* Proof of immunization;
- \* Verification of date of arrival/immigration documents (if the child was not born in Canada).
- \* If registered using our print method, bring a completed Kindergarten Registration Form
- \* Also, available at your school.

# FRENCH IMMERSION REGISTRATION

### Registration for the 2020-2021 School Year

Late applications for Grade I entry into French Immersion are only being accepted through the online application form. This application is only available to current Senior Kindergarten students (born in 2014).

### **Register your child for French Immersion**

You will require your child's Ontario Education Number (OEN) to register, which can be found on their last report card. A Grade I system-wide application process for entry to French Immersion allows for program placement of students, monitoring of accommodations, balance of enrolment, and long-term stability of the French Immersion program.

## The application process will begin based on the following important dates:

Monday, December 2, 2019 Application process opens for Senior Kindergarten Students only

Sunday, January 26, 2020, at 11:59 p.m. Deadline for Applications

Friday, February 28, 2020 Program location offered to parents/guardians
Friday, March 13, 2020 Deadline for program acceptance and registration

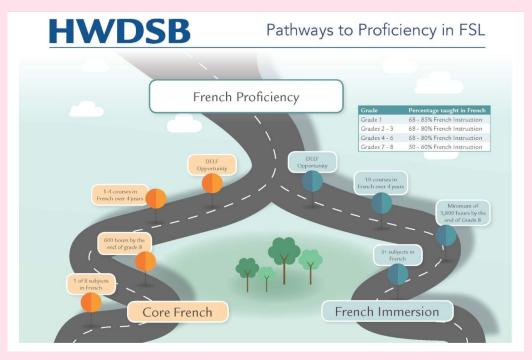
We guarantee an offer of placement in the program (not a specific school).

#### **Criteria for French Immersion Placement**

Availability of the program closest to the student's home address, based on their French Immersion boundary. Grade I siblings entering French Immersion may attend the same school as their older sibling currently in French Immersion, space permitting. Balance of English and French Immersion enrolment in dual track schools (50-60 per cent in English or French). Year over year impact as students progress through Grades I-8.

#### For more information, please go online to:

https://www.hwdsb.on.ca/elementary/programs/french-as-a-second-language/#tabs-111



# LICE INFORMATION





# Head lice

Head lice are tiny insects that live on the scalp, where they lay eggs. Head lice do not spread disease. It's not your fault if you or your child has head lice.

Having head lice does not mean you are not clean.

#### What do head lice look like?

Lice have 3 stages - the egg (nit), the nymph and the adult.

- Nits are whitish-grey, tan or yellow ovals, about the size of a grain of sand. They stick to the hair close to the scalp and can look like dandruff. Nits hatch into nymphs in 9 to 10 days.
- · Nymphs are baby lice. They look like adult lice but smaller.
- Adult lice are hard to see since they are about the size of a sesame seed. Adult lice can live for up to 30 days on a
  person's head, but they die within 2 days away from the scalp.



(Figure 1) An adult louse measures 2 mm to 4 mm.

Reprinted with permission from www.headlice.org

## How do they spread?

Head lice spread easily, especially where people are in close contact. They are very common among school-aged children or children in child care.

- Head lice spread through direct hair-to-hair contact or indirectly by sharing hats, combs, hairbrushes and headphones.
- · Head lice don't fly or hop, but crawl very quickly.
- The head lice that live on people are different from the kind that live on cats or dogs. People cannot get head lice from animals.

### How do you know you have head lice?

One of the first signs of head lice is an itchy scalp, but it's possible to have head lice without any symptoms. Most itchy scalps are not from head lice. If your child has an itchy scalp or was exposed to head lice, check his hair right away. Check again once a week for 2 weeks in case you missed them.

#### How do I check for head lice?

Look carefully through the hair for live lice and nits. If you only find nits, your child may not have head lice. Usually children have no more than 10 to 20 live lice.

- Because lice are so small, good lighting is important. A magnifying glass may help.
- Head lice move fast and are hard to see. You may just see movement rather than the actual lice. Lice are usually found
  very close to the scalp, at the bottom of the neck and behind the ears.
- To look for nits, part hair in small sections, moving from one side of the head to the other. Look close to the scalp. If
  you only find nits and no lice, check again every day for 1 week to make sure that you did not miss any live lice.

#### How can I treat head lice?

Do not treat anyone with a head like product unless you find live like in their hair. If someone in the house has lice, check all family members.

Head lice can be treated in a variety of ways:

#### Insectioides

insecticides are chemicals that kill insects. In Canada, 2 insecticides are approved to treat head lice:

- pyrethrin (found in R&C shampoo + conditioner)
- permethrin (Nix creme rinse or Kwellada-P creme rinse)

Pyrethrin and permethrin are safe when used on humans over two months old. You do not need a prescription. Over time, head lice have become resistant to some of the chemicals used to kill them. So some products may be less effective than they used to be. But they are still worth trying.

How to apply insecticides:

- Follow package directions carefully.
- . Don't leave the shampoo or rinse in the hair longer than directed.
- Rinse hair with cool water after the treatment. It's best to rinse over a sink, not in the bath or shower, so that other body
  parts don't come in contact with the product.
- . Repeat the treatment after 7 to 10 days, in case new lice hatched from the nits.

These treatments can sometimes make the scalp litchy or can leave a mild burning feeling. If your child is scratching after treatment, it does not necessarily mean the lice are back.

#### Non-inceptioldes

- Isopropyl myristate/cyclomethicone (Resultz) is approved for use in Canada, but it should only be used in ohildren 4
  years of age and older. It dehydrates the lice and they die. Apply to a dry scalp and rinse with warm water after 10
  minutes. Repeat after 1 week.
- Silicone oil dimeticone (NYDA) is effective against live lice, nymphs and nits. It is not recommended for children under 2 years old. A second treatment is recommended after 8 to 10 days.
- Benzyl alcohol lotion 5% (Ulesfia) is effective against live lice but a second treatment is recommended after 9 days.

These products are usually more expensive than insecticides. It is not known for sure whether they work better.

#### Other treatments

- Some people suggest home remedies such as mayonnaise, petroleum jelly, olive oil, vinegar or margarine. Although
  these products may make it hard for lice to breathe, they probably won't kill them.
- There is little evidence that wet combing (removing lice by combing wet hair with a fine-tooth comb) works all on its
- There is no evidence that products such as tea tree oil or aromatherapy work to treat head lice.
- Ivermectin is a drug that can be taken by mouth or used as a cream, but it is not approved for use in Canada.
- Never use gasoline or kerosene. These products can be extremely dangerous.

### Do I need to disinfect the house if someone has head lice?

Because head lice don't live long off the scalp, there is no need for extra cleaning.

However, you do need to get rid of lice or nits from Items that touch the head such as hats, pillowcases, combs and brushes:

- Wash Items in hot water and dry them in a hot dryer for at least 15 min; or
- Store the Items in an airtight plastic bag for 2 weeks. Use a Zipioc-type bag that is airtight. A regular shopping bag
  often has little holes.

## Should children with head lice stay home from school?

Children with head lice should be treated and then attend school or child care as usual. 'No-nit' policies that keep children with head lice or nits after treatment away from school are not necessary because:

- Head lice are common among young children. Many days of school would be missed if children had to stay home.
- People are often wrong when they think a child has head lice. It would be unfortunate to see children missing school
  when they don't really have lice.
- Making children stay at home will not get rid of head lice. Often, other children in the class have lice but don't have any symptoms. Without treatment, they will continue to spread lice.
- Head lice don't spread disease. They are a nulsance and unpleasant, but they are not dangerous.

## How to prevent head lice?

Teach your child to avoid head-to-head contact. Children should not share combs, hairbrushes, tuques, hats or hair accessories.

#### More Information from the CPS:

Head lice infestations: A clinical update (position statement)

### Reviewed by the following CPS committees:

- Community Paediatrics Committee
- Infectious Diseases and immunization Committee

Last Updated: September 2018

# SCHOOL INFORMATION



| BELL TIMES         |           |  |  |  |  |  |
|--------------------|-----------|--|--|--|--|--|
| Time               | Period    |  |  |  |  |  |
| 8:25 to 9:25       | Period 1  |  |  |  |  |  |
| 9:25 to 10:05      | Period 2  |  |  |  |  |  |
| 10:05 to 10:45     | Period 3  |  |  |  |  |  |
| 10:45 to 11:25     |           |  |  |  |  |  |
| Nutrition Break #1 |           |  |  |  |  |  |
| 11:25 to 12:25     | Period 4  |  |  |  |  |  |
| 12:25 to 1:05      | Period 5  |  |  |  |  |  |
| 1:05 to 1:45       |           |  |  |  |  |  |
| Nutrition Break #2 |           |  |  |  |  |  |
| 1:45 to 2:45       | Period 6  |  |  |  |  |  |
| 2:45               | Dismissal |  |  |  |  |  |



WILL REMAIN
CLOSED UNTIL
FURTHER NOTICE



# SCHOOL COUNCIL UPDATE

School Council Minutes, that are Amended and Approved, are available in the Main School Office in the Red Binder

Note: The minutes will be made available throughout the school year.

# NEXT PARENT COUNCIL MEETING:

FEBRUARY 25 - FROM 6PM - 7:30PM

# **UPCOMING MEETING:**

APRIL 28 & MAY 26
MEETINGS ARE HELD IN THE LIBRARY



| Sun | Mon                         | Tue                                     | Wed                     | Thu             | Fri             | Sat        |
|-----|-----------------------------|---|-------------------------|-----------------|-----------------|------------|
|     |                             |   |                         |                 |                 | 1          |
| 2   | <b>DAY 5</b> 3              | <b>DAY 1</b> 4                          | GR. 8 GRAD PHOTOS       | DAY 3 6         | <b>DAY 4</b> 7  | 8          |
| 9   | DAY 5 10 Kinder GRAD PHOTOS | <b>DAY 1</b> 11                         | MacNab Option Sheet Due | <b>DAY 3</b> 13 | <b>DAY 4</b> 14 | 15         |
| 16  | NO SCHOOL<br>Family Day     | <b>DAY 5</b> 18                         | DAY 1 19                | DAY 2 20        | <b>DAY 3</b> 21 | 22         |
| 23  | <b>DAY 4</b> 24             | DAY 5 25  Porent Council 6:00PM -7:30PM | DAY 1 26                | <b>DAY 2</b> 27 | <b>DAY 3</b> 28 | 29<br>SNow |