



## THE CHEDOKE CHRONICLE

500 BENDAMERE AVENUE  
HAMILTON, ONTARIO  
L9C 1R3  
TELEPHONE: 905-388-5833  
FAX: 905-388-8278

**Hamilton-  
Wentworth District  
School Board**

**Thursday,  
March 9,  
2017**

MRS. P. MOCHRIE, PRINCIPAL  
MR. J. CORBIN HARPER, VICE PRINCIPAL  
MS. L. ROMANO, SUPERINTENDENT

MRS. G. MILOVANOV, OFFICE ADMINISTRATOR  
MRS. E. PINTO, OFFICE ADMINISTRATOR  
MR. D. WARDELL, HEAD CARETAKER

Monday, March 13 to  
Friday, March 17, 2017  
Wednesday, April 5, 2017  
Friday, April 14, 2017  
Monday, April 17, 2017  
Monday, May 22, 2017  
Wednesday, May 24, 2017  
Friday, June 9, 2017  
Friday, June 23, 2017  
Tuesday, June 27, 2017  
Thursday, June 29, 2017  
Friday, June 30, 2017

March Break—No School  
School Council Meeting—6:00 pm  
Good Friday—No School  
Easter Monday—No School  
Victoria Day—No School  
School Council Meeting—6:00 pm  
P.A. Day—No School  
Graduation @ Sir Allan MacNab—4:00 to 6:00 pm  
Term 2 Report Cards go home  
Last day of School  
P.A. Day—No school



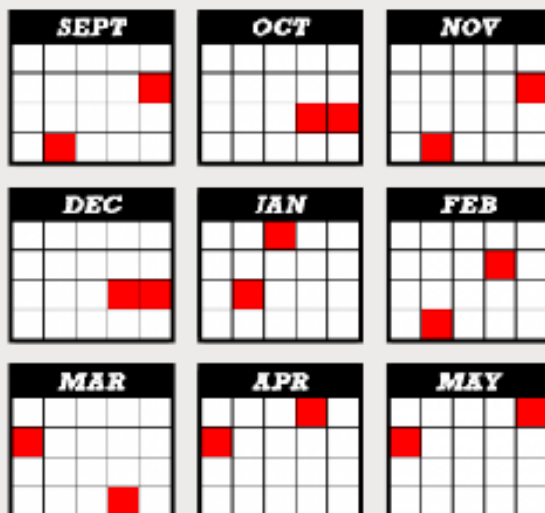
## THE IMPORTANCE OF SCHOOL ATTENDANCE

Encouraging regular school attendance is one of the most powerful ways you can prepare your child for success—both in school and in life.

When you make school attendance a priority, you help your child:

- get better grades,
- develop healthy life habits,
- avoid dangerous behavior
- have a better chance of graduating from high school.

**2 Absences Per Month  
x 9 Months of School  
= Less Likely to Graduate  
from High School**



**School starts at 8:25: Be on time.**

Being late for school also hurts a child's learning.

A student who is 10 minutes late for school every day

misses 1950 minutes of learning

or

32 ½ hours of learning in a school year.



**EVERY  
SCHOOL DAY  
COUNTS**

Dear Chedoke Families,



On behalf of the Chedoke Team, Mrs. Corbin Harper and I would like to wish you a wonderful March Break. Be safe! Have fun and create memories that will last a lifetime! We will see you on March 20th.



Hello, My name is Mrs. Collier.

I am one of the parent volunteers here at Chedoke school, as well as the Parent Council Secretary. I am also a local Thirty-One Gifts consultant.

I would like to share this opportunity to help our amazing school, by offering part of my commission back through fundraising.

Every order made will help. No matter the value! I am pleased to have the chance to work with you all (parents, staff, and members of the community), while supporting our children.

I will be submitting orders once a month on the 21st. Please follow the link below, and click on "Parties" ,then select "Chedoke School". By submitting all orders at one time, we are saving on shipping costs. Orders will be directly shipped to school within two weeks, and sent home with students, unless otherwise requested.

Thank you again for this opportunity to support our school. I look forward to working with you all in the future.

Sincerely,

Mrs. Collier

289 439 1185

<https://www.mythirtyone.ca/2603474>

*thirty-one®*

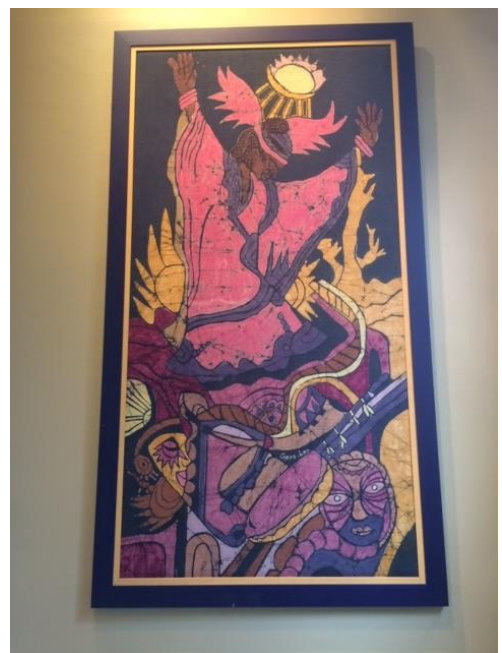
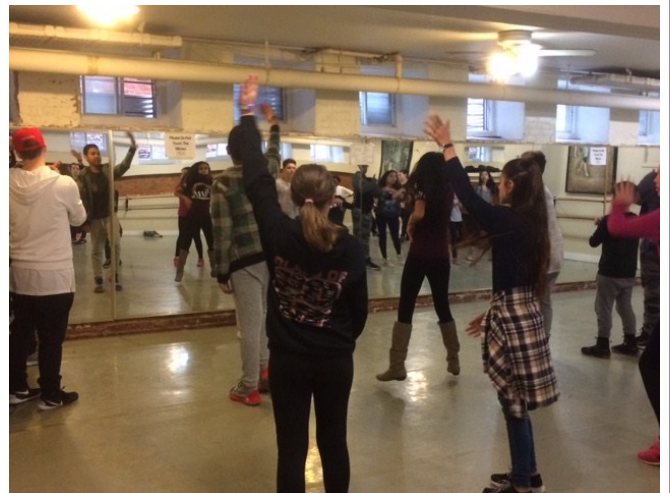
Thirty-One Gifts

[www.mythirtyone.ca](http://www.mythirtyone.ca)

More than just a bag



## Grade 7/8 trip to Hamilton Conservatory for the Arts



March 2017

Dear Parents/Guardians/Caregivers

Before and after-school programs provide children with more opportunities to learn and grow. Many schools already offer before and after-school programs for children in Kindergarten to grade 6 operated by not-for-profit agencies from the community. The attached survey will help us to see if more families need before and after-school programs. Some schools do not have before and after-school programs, and we may be able to offer a program at these schools if there is enough interest based on the information we receive from this survey.

Before and after-school programs are for families who need a program outside of regular school hours. These programs are optional programs, and children are not required to attend these programs. These programs are a fee-for-service program. The before and after-school programs for Kindergarten children will be led by Early Childhood Educators, and the grade 1-6 program will be led by staff with qualifications like recreation as an example.

We understand many families have before and after-school arrangements that work for their family, and we encourage families to remain with these programs if they are meeting your family's needs. School-based before and after-school programs are not intended to replace existing before and after-school arrangements families already have in place.

For more information about HWDSB school-based before and after-school programs, and a list of current fees, please visit the before and after-school programs link at:

<http://www.hwdsb.on.ca/earlyyears/childcare/> Choose your child's school from the drop down list provided. The average cost of a before and after-school program is \$18.00 per child per day.

Families who need help with before and after-school costs may be eligible for assistance (subsidy) through the City of Hamilton. For details of current eligibility criteria you can check the city's website at: <https://www.hamilton.ca/social-services/child-care/applying-child-care-fee-subsidy> or call 905.546.4870.

If you are interested in registering your child(ren) for a before and after-school program during the 2017-2018 school year, please complete this survey and return it to the school office by March 31<sup>st</sup>. You can also complete this survey on line at <http://bit.ly/HWDSB-Child-Care>

If you would like more information about school-based before and after-school programs within HWDSB, please call Kathy MacDonald, Early Years Department, by telephone: 905.527.5092, x 2333 or email: [kmmacdon@hwdsb.on.ca](mailto:kmmacdon@hwdsb.on.ca)



**TVOKids wants you to Push 2 Buttons and test the smoke alarms and carbon monoxide alarms in your home from February 27 to March 12, 2017.**

Presented by:

**tvokids.com**



400015001



- 01** Push the button for 10 seconds. If the alarm doesn't sound, it's time to replace the battery or the entire alarm.
- 02** Test your smoke alarms and carbon monoxide alarms monthly. If they are battery powered, change the batteries at least once a year.
- 03** Check the date on the alarms and replace them within the timeframe indicated in the manufacturer's instructions.
- 04** Go to [tvokids.com](http://tvokids.com) and let us know if you've checked your smoke alarms and carbon monoxide alarms in our interactive poll.



# Families Matter Hamilton Family Engagement Initiative

Working for a Safe and Happy Future  
for our Children and Ourselves

Afraid of a future that seems unable to accommodate a good life for your son or daughter?

What are the basic steps we can put in place now to bring peace of mind later?

- What is Estate planning?
- What is a Henson Trust; do I need one in my will?
- What is Guardianship?
- Should I have Power of Attorney? Should my son or daughter who has a disability, have a Power of Attorney
- What is the new Medical Assistance to Die law? How does it affect people with disabilities?
- How can I protect my child's benefits such as the ODSP?
- Can my child who has a developmental disability inherit my estate?

Please join us to explore these issues with lawyer, Michael McHugh.

Michael has worked with people with disabilities and their families for over 20 years providing important access and understanding to the many legal issues that concern their well-being. With his vast legal expertise and commitment to people with disabilities, he has enriched the lives of families in our community.

Date: March 23, 2017

Time: 7:00 pm to 9:00 pm

Location: 220 Cranbrook Drive, Hamilton

RSVP: [hamiltonfamiliesmatter@gmail.com](mailto:hamiltonfamiliesmatter@gmail.com)

or call 905-525-4311

*Sponsored By:*



Hosted by: Hamilton Family Engagement Planning Committee  
(representing Hamilton Family Network, Hamilton Down Syndrome Association, Rygiel Supports For Community Living, Community Ontario Family Engagement Steering Committee)



*You are invited to:*  
**FRESH AIR KIDS**  
*- celebration -*

*A free, engaging and interactive event for families, students and the public to learn more about the link between air quality and children's health – and what we can all do to reduce air pollution.*

**Thursday, March 23, 2017 at 6:30 p.m.**

**Nicholas Mancini Centre (44 Hunt St., Hamilton)**

**Highlights:**

- Learn how Fresh Air Kids get students thinking about how to improve air quality through school projects and behaviours.
- Hear keynote speaker Matthew Adams highlight his research in geography and environmental studies showing a link between poor air quality and the use of cars for travel to and from school.
- Cheer students from participating Fresh Air Kids schools as they present their findings to parents.
- A fun table activity to get everyone thinking about what we can do to improve air quality.

**About keynote speaker Matthew Adams:**

Dr. Matthew Adams is an Assistant Professor at Ryerson University in the Department of Geography & Environmental Studies, with a research focus on increasing our understanding of human exposure to environmental pollutants. He is the founding Executive Director of Geographers Without Borders, a Canadian not-for-profit corporation that is focused on connecting geographers with non-profits for improving social equality.



**Contact for more information:**

Kelly Scott, Physical Activity Specialist, Public Health Services  
[Kelly.Scott@Hamilton.ca](mailto:Kelly.Scott@Hamilton.ca) or 905-546-2424 ext. 1309

**HWDSB**



## HISTORY BOWL

Our Intermediate Students participated in the History Bowl, in Toronto, on March 4th, 2017. We are proud of their efforts. Our Team placed fourth overall. Well Done Team! Thank you to Miss Barr, Miss Kyle and Mrs. Paolini for your leadership and support.



# USE SUNSENSE

Get outdoors and be sun safe

1



**WEAR A  
BUCKET HAT!**

2



**PLAY IN THE  
SHADE!**

3



**PUT ON  
SUNSCREEN!**

4



**COVER UP!**

5



**WEAR  
SUNGLASSES!**



Outdoor play and learning are essential to children's health and development. Appropriate sun safety habits maximize health and enjoyment in the outdoors and prevent skin cancer from exposure to ultraviolet radiation (UVR).



# USE SUNSENSE

Get outdoors and be sun safe

## Effective sun safety involves the school community working together!

Schools, families and communities can work together to play a significant role in reducing exposure to UVR and changing behaviour through policy, education and role modeling.

**Protect your staff and students by creating a healthy sun safe environment and encouraging SunSense behaviour.**

Parents/guardians and caregivers can also provide support at home by practising the messages taught at school about sun safety.

Visit [cancer.ca/sunsense](https://cancer.ca/sunsense) to download your **SunSense** policy toolkit and to order **FREE** resources.



Canadian  
Cancer  
Society



# Prom Project HAMILTON



Prom Project Hamilton is a two day, two site location event that was created by the HWDSB Foundation to assist students in need with formal wear for their proms, graduations, formals and other special events so they can attend their events feeling stylish, confident and proud. Prom Project Hamilton does not require any proof of financial need, and promotes a positive and inclusive environment, created to support those students with formal needs who may choose not to attend their special event because of financial challenges. All items are new or gently used from the private and business communities and are free of charge to all clients. All clients are treated with respect, dignity and are assisted by volunteers who are dedicated to supporting students and making the experience an impactful journey towards their upcoming milestone event.

**If you are a student who could use this program, please join us...**

## ■ *Saturday, April 29, 2017*

**9:30 a.m. – 2:00 p.m.**

Sir Allan MacNab Secondary School  
(145 Magnolia Drive, Hamilton)

AND

## ■ *Saturday, May 6, 2017*

**9:30 a.m. – 2:00 p.m.**

Delta Secondary School  
(1284 Main Street East, Hamilton)



To donate, go to [www.promprojecthamilton.ca](http://www.promprojecthamilton.ca) for a list of participating drop-off points.

### What's available to visiting students?

- Formal wear: gowns, dresses, skirts / tops, suits, dress shirts, vests, dress pants, ties etc.
- Accessories, shoes, jewelry, shawls, purses, hygiene products
- Volunteers on-site to apply make-up, as well as demonstrate make-up tips and fun up-dos
- Seamstresses on-site to address minor fitting issues

HWDSB  
Foundation

JOHNSON 

THE  
HAMILTON SPECTATOR  
170  
years

For more information, please contact the HWDSB Foundation at [foundation@hwdsb.on.ca](mailto:foundation@hwdsb.on.ca)

# [www.promprojecthamilton.ca](http://www.promprojecthamilton.ca)

# SCHOOL STORE PRODUCT LIST

Open Daily during First Nutrition Break — 12:53 to 1:05 p.m.

S  
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**COOKIES**

**\$0.50**



**APPLE SAUCE**

**\$0.50**

(pineapple, peach, apple, field berry, grape)



**FRUIT TO GO**

**\$0.50**

(berry mania, strawberry watermelon, wild berry, strawberry)



**GRANOLA BAR**

**\$0.50**



**MILK** (chocolate and white)

**\$0.75**



**FROZEN YOGURT**

**\$1.00**



**YOGURT TUBES**

**\$1.00**



**FRUIT CUPS**

**\$1.00**



**POPCORN**

**\$2.00**

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