
Week of January 19, 2026

From Bonnie Shapardanis [Staff] <bshapard@hwdsb.on.ca>

Date Mon 2026-01-19 9:48 AM

To Bonnie Shapardanis [Staff] <bshapard@hwdsb.on.ca>



Buchanan Park Elementary School

PROUD SCHOOL OF HAMILTON-WENTWORTH DISTRICT SCHOOL BOARD

30 Laurier Avenue
Hamilton, Ontario L9C 3R9
Phone: 905.387.5212
Fax: 905.387.5268

EMAIL: buchananpark@hwdsb.on.ca

www.hwdsb.on.ca/buchanan

It's a fresh start to a new year, full of possibilities, opportunities, laughter, learning and friendships. Remember, you belong here, and together, we're ready to learn, grow, and shine!

FAMILY LITERACY WEEK - JANUARY 26-JANUARY 30

We have an exciting lineup of activities for our students and their families. We hope you will join us in celebrating the joy of reading!

All week - Family Literacy Bingo - activities sent home

Monday - Virtual Snuggle Up and Read Night AT 6:30 PM - LINK WILL BE SENT AFTER PARENT SIGNS UP

Wednesday - The Amazing Literacy Race 5:15 pm to 6:15 pm - MORE INFO TO COME

Friday - Snuggle Up and Read Day (STUDENTS ONLY)

ACTIVE TRAVEL

New Year, New Habits

January is a great time to build healthy routines. Walking, wheeling, rolling, taking transit,

or carpooling to school helps students start the day energized while reducing traffic around school zones. Even small changes like walking part of the way, can make a big difference.

Winter Active Travel

Active travel doesn't stop in winter! Dressing for the weather and travelling with a friend can make walking or rolling to school safe and enjoyable year-round. Staying active in winter supports both physical and mental wellbeing.

Mental Health & Movement

Did you know that daily physical activity, like walking to school, can help improve focus and mental wellbeing? This January, families are encouraged to try active or sustainable travel options when possible.

IDEAS CONCERNS OR ACCOLADES

Please contact Ms. Bonnie at bshapard@hwdsb.on.ca or buchananpark@hwdsb.on.ca and your idea, concern and/or accolade will be sent to the appropriate staff person.

NUTRITION PROGRAM

Here at Buchanan Park School we offer a daily nutrition program. We welcome food donations that are in compliance with our Nutrition Policy (nut-free). In addition to food donations, if you would like to donate a gift card for us to use for nutrition or for a family in need, we welcome these donations.

VOLUNTEERS NEEDED

If you would like to volunteer for reading buddies, math buddies, our hot lunch programs, volunteer for class trips/adventures, become a volunteer driver for teams and clubs.

Please complete your **Vulnerable Sector Screening** found here: [Get a Background Check | Hamilton Police Service](#). **Please only select Vulnerable Sector Check. Please note: ALL VOLUNTEERS MUST GO THROUGH THE OFFICE TO CONFIRM ANY VOLUNTEER ACTIVITIES.**

UPCOMING DATES

JANUARY 21 - SCHOOL COUNCIL MEETING 5:30 IN THE LIBRARY

JANUARY 22 - ACHIEVEMENT ASSEMBLY 2:30 IN THE GYM

JANUARY 26 - VIRTUAL SNUGGLE UP AND READ EVENING- link will be sent closer to date

JANUARY 28 - FAMILY LITERACY NIGHT 5:15-6:15 p.m. in the gym

JANUARY 30 - ACHIEVEMENT ASSEMBLY & PJ/COMFY CLOTHES DAY

APRIL 2 - MATHNASIUM - during the school day - parents invited - more info to follow closer to date

Kindest Regards,

Bonnie

Mrs. B. Shapardanis (she/her)

Office Administrator

Buchanan Park School

bshapard@hwdsb.on.ca

My workday hours may look different from your workday hours. Please do not feel obligated to respond outside of your normal working hours.

Corporate Office:

Hamilton-Wentworth District School Board

20 Education Court, P.O. Box 2558

Hamilton, ON L8N 3L1

T: 905.527.5092

BE YOU. BE EXCELLENT. HWDSB

CONFIDENTIALITY NOTICE: The contents of this email message and any attachments are intended solely for the addressee(s) and may contain confidential and/or privileged information and may be legally protected from disclosure. If you are not the intended recipient of this message or if this message has been addressed to you in error, please immediately alert me by reply email and then delete this message and any attachments. If you are not the intended recipient, you are hereby notified that any use, dissemination, copying, or storage of this message or its attachments is strictly prohibited.



[Book time to meet with me](#)