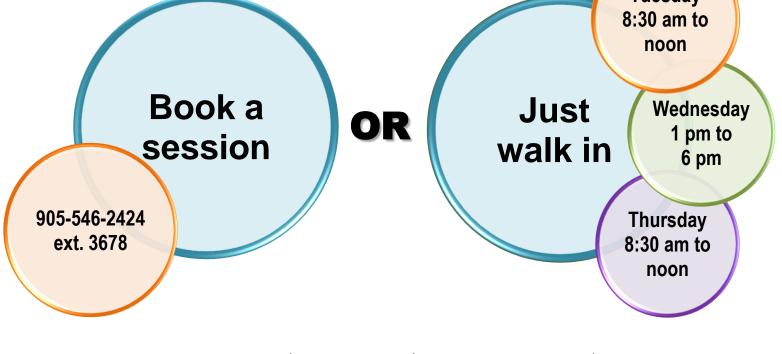
Healthy Families Division Public Health Services Healthy and Safe Communities Department







No appointment needed No cost No health card Confidential

One therapy session may be enough to help you begin to get back on track. By the end of the session, you will have a plan that makes sense for you. This may include referrals to other programs and services.

We invite caregivers and other supportive people to attend with the child or youth who has been referred for services. Some youth may choose to come here on their own. We suggest planning for a visit that will last approximately two hours.

Please let us know ahead of time if you would like cultural interpretation and/or translation services.

