



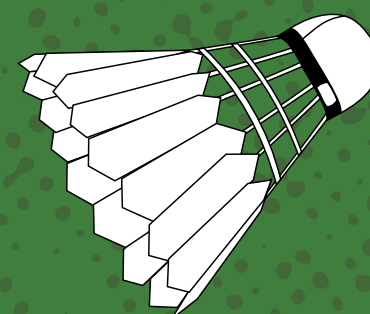
HAMILTON DISTRICT

ACCASPORTS

Develop physical literacy & Resilience through sports!



10 WEEK SESSIONS,
MULTIPLE SPORTS,
1 PROGRAM



First, the **'ACCA-Multisport'** will be for youth (5-9 yrs old) allowing them to participate in multiple sports (8 different) throughout the 12 weeks. Second, the **'ACCA-Rec'** will be a recreational league for youth (10-17 yrs old) allowing them to play (3) sports throughout the 12 weeks. Playing a new sport every 4 weeks. All sessions will be facilitated by recreation program coordinators and volunteers. Each lesson focuses on developing physical literacy and social competence through sports!

SPORTS

BASKETBALL - SOCCER - VOLLEYBALL - BALL HOCKEY - BADMINTON - TOUCH FOOTBALL - TCHOUKBALL - ATHLETICS



Register Now !



CONTACT INFORMATION

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accahamilton

When: Feb 9 - Apr 26, 2024
Fridays 6:00pm - 9:00pm

Where: Bennetto Elementary School
47 Simcoe St E, Hamilton