



## 2023 FALL PROGRAMMING

**CHECK OUR WEBSITE FOR ALL  
THE DETAILS & REGISTRATION**



### BLITZ KIDZ -JR NBA PROGRAM FOR BEGINNERS AGES 5-10

- Monday & Saturdays in Ancaster/Hamilton
- Wednesday in Binbrook



### BLITZ 3v3 WEEKDAY HOUSE LEAGUES FOR BOYS & GIRLS IN GRADES 3-11

- Tuesday & Wednesday in Ancaster/Hamilton
- Friday in Binbrook



### BLITZ 5v5 SATURDAY HOUSE LEAGUE FOR BOYS & GIRLS IN GRADES 3-11

- Traditional 5v5 House League with trained coaches who lead skill sessions & practices before each game. - Playoffs & Championship Games
- Free Tournament of Champions for all division winners



## LOOKING FOR AN ULTIMATE FUN ACITVITY???

### THE ULTIMATE DODGEBALL LEAGUE

- Thursday Night League - 6 weeks - Play with Friends - Details @ [www.theudl.ca](http://www.theudl.ca)



[www.blitzbasketball.net](http://www.blitzbasketball.net)