

HRIC is pleased to announce that we are now offering food bank supports to the Hamilton Community (targeted towards Indigenous community members).



HRIC COMMUNITY FOOD BANK

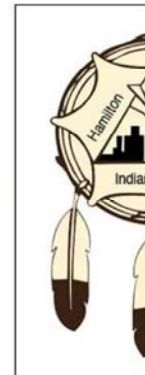
Hamilton Regional Indian
Centre
34 Ottawa St. N
Hamilton, ON. L8H 3Y7
Phone: (905) 548 9593
Fax: (905) 548 8594
www.hric.ca

*There will be NO
walk-ins allowed

**BY APPOINTMENT
ONLY**

WHAT YOU NEED TO ACCESS THESE SUPPORTS:

- ♦ Complete an intake prior to your first visit
- ♦ Provide proof of residency for ALL people in your household (ID, OW/ ODSP statement)
- ♦ Must arrive for food hamper pick-up during scheduled time
- ♦ Maintain and follow all physical distancing and safety requirements



For more information or to complete an intake, please call: Intake at (905) 869 9