

HWDSB Community Access Guidelines During COVID-19

You **must not** enter a HWDSB building if you are experiencing:

- Fever or Chills
- Cough (new or worsening)
- Barking cough, (making a squeaky or whistling noise when breathing)
Shortness of breath (out of breath, unable to breathe deeply)
- Sore throat or difficulty swallowing
- Hoarse voice (more harsh than normal)
Runny, stuffy or congested nose
- Lost sense of taste or smell
Headache
- Digestive issues (nausea/vomiting, diarrhea, stomach pain)
- Fatigue (lack of energy, extreme tiredness)
- Falling down more than usual

You **must not** enter a HWDSB building if:

- You have travelled outside of Canada in the last 14 days
- Someone you are in close contact with tested positive for COVID-19
- You are in close contact with a person who either is sick with new respiratory symptoms (e.g fever, cough, difficulty breathing) or recently travelled outside of Canada You are sick or feel unwell

If any of the following apply to you, you are considered to be in an at-risk group. If you have not already done so please contact your healthcare provider before entering .

- You have an immune compromised or chronic medical condition. (for example HIV/AIDs, Diabetes,
- COPD, Heart Conditions, Lupus, Other Autoimmune Disorders, Emphysema, Asthma)
- You are participating in medical treatment that is compromising your immune system (for example Chemotherapy, Corticosteroids, TNF Inhibitors) You are over the age of 65

While in the building, please follow *Public Health Guidelines*:

- follow the advice of your local Public Health authority
- wash your hands often with soap and water for at least 20 seconds
- use alcohol-based hand sanitizer if soap and water are not available
- try not to touch your eyes, nose or mouth
- maintain a distance of at least 2 m (6 feet) away from others at all times
- cough and sneeze into your sleeve and not your hands
- staff may bring a mask to wear for personal comfort reasons. Staff should take masks with them when they leave.