

What about playgrounds?

Playgrounds *are not* plowed or cleared. Head Caretakers inspect playgrounds and sand and/or salt areas made slippery by changing temperatures.

Students, take extra caution when walking or playing on school property that may be slippery. Principals concerned about weather or playground conditions may hold indoor recesses and lunch/nutrition breaks.



Benefits of outdoor play

Time spent outdoors is an integral part of the school day. There are great benefits when children **fresh air, exercise and time spent time outside**. Outdoor play is also a break from the structure of the classroom.

Preparing for the outdoors

It's important that children come to school **prepared for the cold**. This means boots, mittens/gloves, hats and even extra mittens and socks in case they are needed.

When is it too cold for outdoor play?

Principals decide whether to send students outside for recess. HWDSB asks Principals to follow the City of Hamilton guideline that we stay inside when it's at or **below -15C, or -20C with wind chill**.



*below -15C,
or -20C with
wind chill*

Learn more

Please direct questions or concerns about winter outdoor play to your school Principal.

Parents should check www.hamiltonschoolbus.ca
for any potential transportation delays.