

# Cool Little Kids®

*An Anxiety Prevention Program: Working with Parents/Primary Caregivers to support young Children*

## Information Night

Tuesday, January 21, 2020

6:30 pm-7:30pm

Education Centre

20 Education Court

Hamilton, Ontario

Cool Little Kids is an Evidence Based program grounded in Cognitive Behavioural Therapy



RSVP by:

January 14, 2020

Call: 905 527 5092 ext. 2923

Email: [coollittlekids@hwdsb.on.ca](mailto:coollittlekids@hwdsb.on.ca)

If you are a parent/primary caregiver of a student in JK-Grade 2 and if your child is described as shy, withdrawn or worried, come and learn about the Cool Little Kids Program. Learn practical strategies that will help to build your child's confidence.

**THIS IS A PROGRAM FOR PARENTS AND PRIMARY CAREGIVERS.  
CHILDREN DO NOT ATTEND.**



*This program is offered by the Hamilton-Wentworth District School Board Social Work Department.*