The Break Camp
Improve Your Skills

March Break Basketball Skills Camp

featuring

1000 Shot Program &
Advanced Ballhandling Series

The 20*th Annual Break Camp* will be a **Shooting & Ballhandling** focused week of camp giving your son or daughter an unbelievable opportunity to gain the tools necessary to become a more consistent shooter and better ball handler.

It will consist of:
▸ Individual Shooting Film Analysis
▸ Shooting elbow arm straps
▸ Rim reducer.
▸ Advanced ballhandling series
▸ Moves on the move
▸ How to beat your defender off of the catch, off of the move, off of a screen
▸ Defending a shooter
▸ Rebounding
▸ Passing
▸ Post entry; Post play: basic and advanced
▸ Fundamental Stations
▸ Group clinics: healthy active decision-making
▸ Team Games , 3 on 3, 1 on 1
▸ Great opportunity to improve your fundamentals in a competitive environment
▸ Players are grouped by age and skill level.

WHERE GREAT BALLHANDLERS & SHOOTERS ARE MADE, NOT BORN

The Camp is designed for **boys and girls** of all ages **(7-14)** and all skill levels. The Camp will focus on shooting fundamentals & a ballhandling series while offering ample opportunity to compete against other quality basketball players.

Ballhandling Series
One ball dribble series; stationary & dynamic, full court two ball dribbling; stationary, partner, full court moves on the move; beating your defender; ballhandling footwork; cardiovascular & strength training via ballhandling series

March 13-17, 2023 9am - 3 pm
Bishop Tonnos CSS
100 Panabaker Dr., Ancaster
$255   ($10 sibling disc., $235 team rate)
905.518.6778 steve@magabasketball.com
www.magabasketball.com

BE A PART OF A WINNING SYSTEM

POSITIVE LEARNING ENVIRONMENT

CERTIFIED TEACHER INSTRUCTORS

DESCRIPTIVE FEEDBACK

NEW SKILL ACQUISITION & COMPETITION

- -

REGISTRATION FORM ** MAIL REGISTRATION FORM & PAYMENT TO:
MAGA BASKETBALL – P.O. BOX 171, Mt Hope ON L0R1W0

Name_____   Grade _____   M_____ F _____

Email _____   Home Phone_____

$255 (HST Included)   Alt Phone _____