

# Today is Thursday May 19th, 2022 Day 5

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## MISSION

Balacava is an inclusive and engaging community where creativity and commitment to equity are utilized to optimize learning for all.

## VISION

We aspire to make the world a better place through informed, responsible, and compassionate action.

## MOTTO

When we look after ourselves and we look after one another, we all succeed.

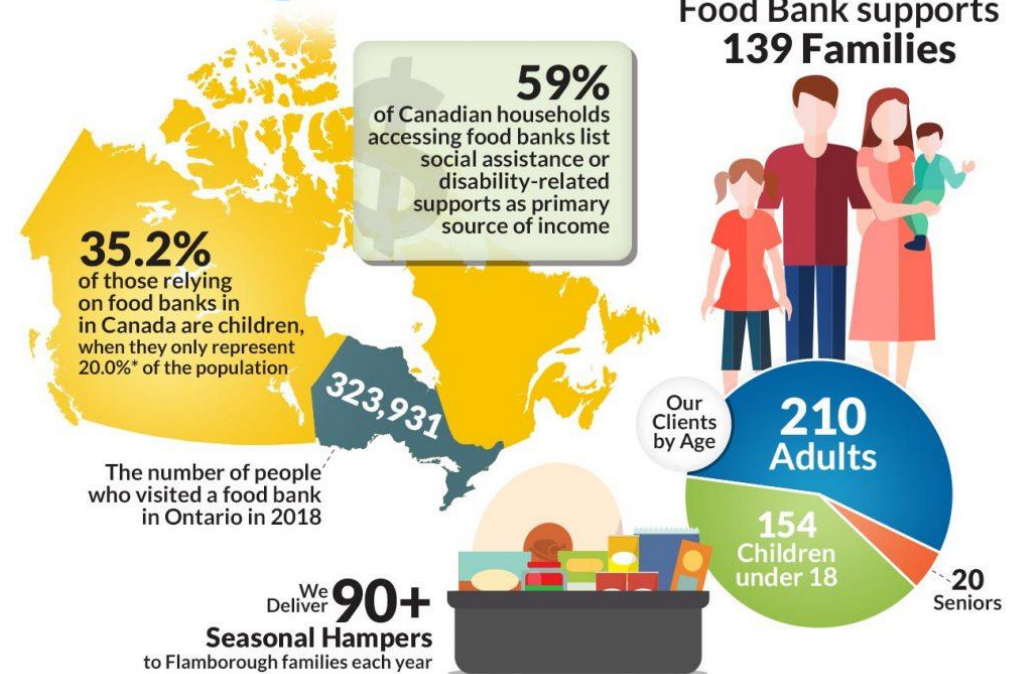
# FOOD INSECURITY:

## DID YOU KNOW...

1. Nearly 20,000 people every month access a food bank in Hamilton. That includes 6,000 children.
2. Nearly 12% of Hamilton households report food insecurity due to income, meaning they're not sure if they can put food on the table.
3. Between 1,200 to 2,000 children in Hamilton go without food every weekend.
4. Canadians waste 40% of all food produced in the country every year, worth \$27 billion. Much of this waste comes in the service industry (restaurants, hotels, and convention centers). Half of it happens in households.

Sources: City of Hamilton data; Hamilton Roundtable on Poverty; Neighbour to Neighbour Centre; Food4Kids; UN Food and Agriculture Organization Statistical Yearbook 2012; University of Guelph

## Some Quick Stats

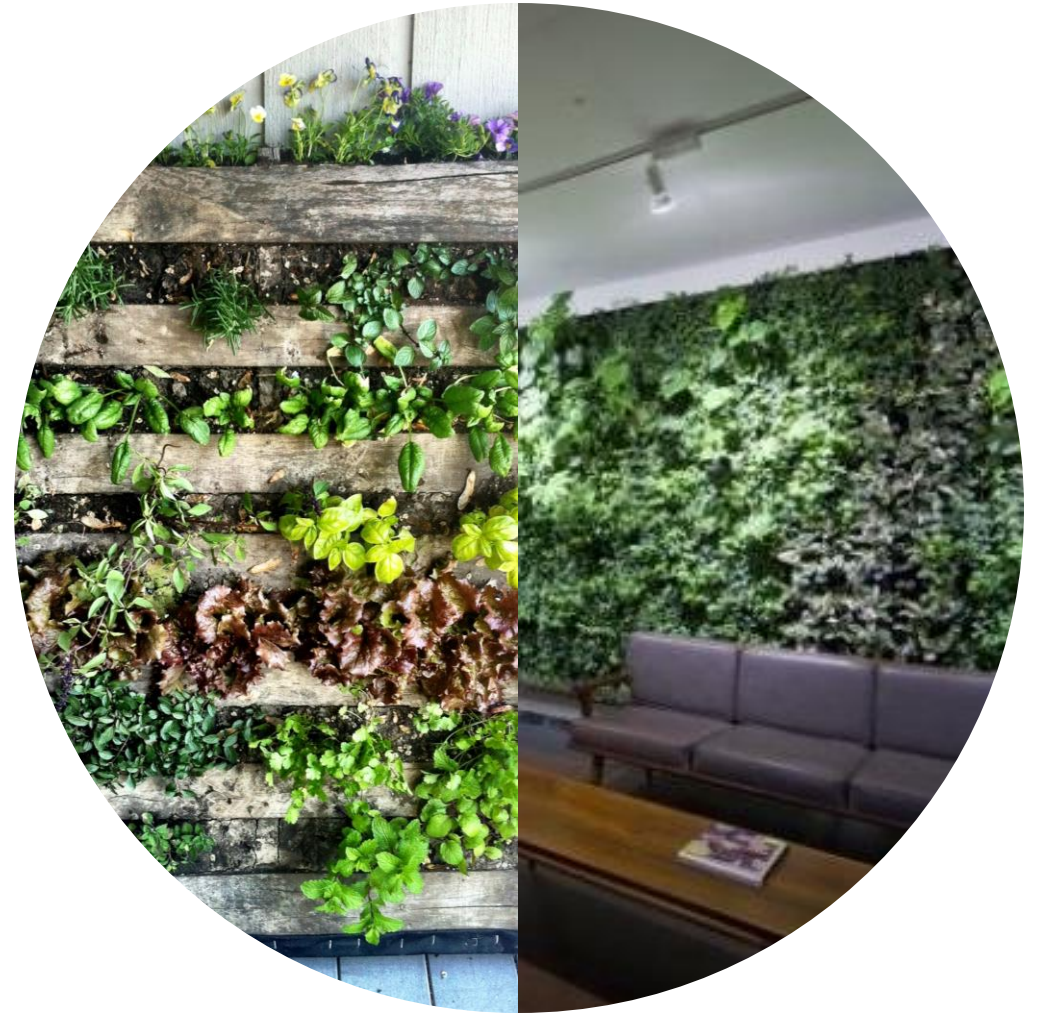


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# How can we help?

By planting an outdoor community garden, we at Balaclava can support the Flamborough Food Bank with fresh veggies all summer long!

Stay tuned for more information about our Living Wall project too, as we fundraise to buy a living wall for our school so that we can grow veggies indoors all year round!



# A Scholastic Book Fair is coming soon to Balaclava!

The Book Fair will be May 24th right through to our Open House and Fun Fair on May 26th. We can't wait!

Student Helpers are needed for setting up and during the fair.

If you are in grade 5,6,7, or 8 and would like to help, please come to the Library Learning Commons TODAY at 11:15 during first break to sign up.



# Tuck Shop

- **Tuck Shop Helpers today: 1st Nut. Break – Eden, Leah, Izzy**
- **2nd Nut. Break – Kian, Taylor, Hailey, Ella**

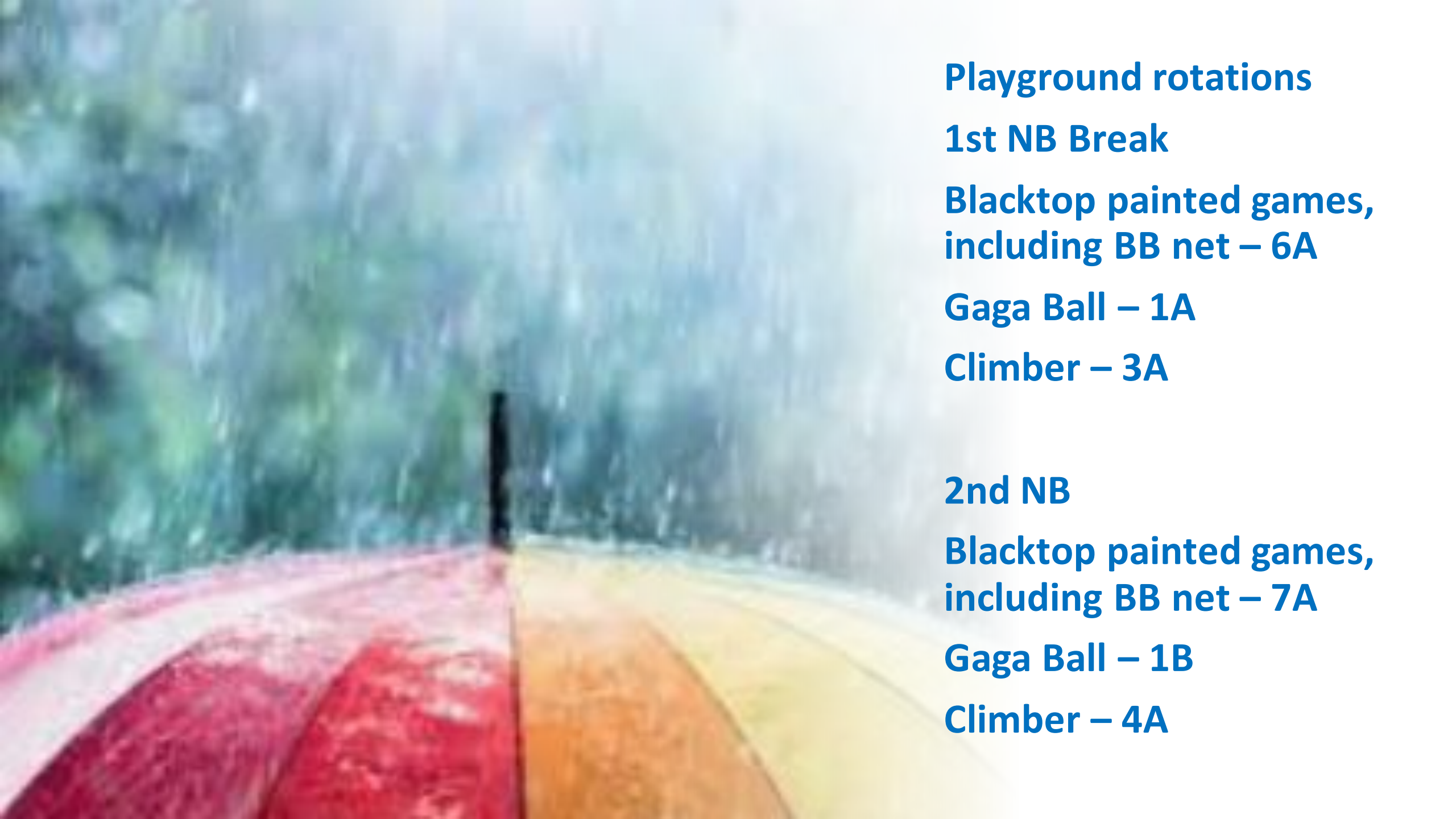


# Golden Tickets!

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- Be sure to check under your desks to see if you have won a GOLDEN TICKET!





## **Playground rotations**

### **1st NB Break**

**Blacktop painted games,  
including BB net – 6A**

**Gaga Ball – 1A**

**Climber – 3A**

### **2nd NB**

**Blacktop painted games,  
including BB net – 7A**

**Gaga Ball – 1B**

**Climber – 4A**



**Please stand and join in the singing or signing of our National Anthem.**

**When we look after ourselves and we look after one another, we all have a great day. Let's make it a great day Balaclava!**