



DO YOU HAVE QUESTIONS ABOUT YOUR CHILD OR TEEN'S MENTAL HEALTH AND WELL-BEING?

Virtual Drop-In

Meet with staff from Social Work and Psychological Services via MS Teams to learn of strategies and resources to help your child.

Do you have questions about your child or teen's mental health and well-being? Are you concerned about issues like anxiety or low mood? Join us via MS Teams to connect with HWDSB staff from Psychological Services and Social Work Services to discuss your concerns and learn of supports that are available through the school board and community. You can also connect with us at wehelp@hwdsb.on.ca.

DATE AND TIME	REGISTER AT:
Wednesday, April 27, 2022 6:30pm	hwdsb.info/Apr27drop-in
Tuesday, May 10, 2022 12pm	hwdsb.info/May10drop-in
Wednesday, May 25, 2022 6:30pm	hwdsb.info/May25drop-in
Tuesday, June 7, 2022 12pm	hwdsb.info/June7drop-in
Tuesday, June 21, 2022 12pm	hwdsb.info/June21drop-in