

FAMILY NIGHTS HAVE GONE VIRTUAL! The McMaster Children's Hospital Autism Program

The McMaster Children's Hospital Autism Program, Autism Ontario, and the Young Caregivers Association have teamed up to offer something for the whole family. Participate in a parent group, sibling group, or a recreational group for children with autism. Register to attend any or all of the groups!

PARENT CONNECTIONS

Take time for yourself to enjoy a coffee or tea and chat with other parents and caregivers of a child who has received a recent diagnosis of autism. This informal social time provides an opportunity to share experiences, ask questions, and make connections. This session is facilitated by a Family Service Coordinator from the McMaster Children's Hospital Autism Program in partnership with a Service Navigator from Autism Ontario

When: Tuesday, July 6th from

6:00-6:45 p.m.

Tuesday, July 27th from

9:30-10:15 a.m.

Tuesday, August 24th from

6:00-6:45 p.m.

To register: To learn more or register:

Please contact a Family Service

Coordinator at 905-521-2100 ext. 78972 or email

autismprogram@hhsc.ca.

RECREATIONAL GROUPS FOR **CHILDREN WITH AUTISM**

Children are invited to participate virtually in fun theme-based recreational groups offered throughout the summer months.

To register: To learn more or register:

> Please contact a Family Service Coordinator at 905-521-2100 ext.

78972 or email

autismprogram@hhsc.ca.

SIBLING SUPPORT GROUP

Sibling Summer Science (Ages 5-12)

Come join in the summer fun while we create some cool experiments. We may get a bit messy discovering some fun science tricks and chemical reactions that you can share with your whole family! This group is led by Cayleigh Sexton from Young Caregivers Association and is for children ages 5-12 years old who support a sibling with autism at home. The goal of this group is to bring siblings together during the summer months to connect and have some fun!

July 14th 10:30 a.m.-12:00 p.m. When:

Sibling Superhero Party! (Ages 5-12)

We are siblings...what's your superpower? This group will be filled with different games, snacks, and crafts! We will even be making our very own superheroes! We will talk about our favourite superheroes and how we are our family's superheroes! Come join us for a super good time! This group is led by Cayleigh Sexton from Young Caregivers Association and is for children ages 5-12 years old who support a sibling with autism at home. The goal of this group is to bring siblings together during the summer months to connect and have some fun!

When: August 18th 10:30 a.m.-12:00 p.m.

To register: Please contact

Cayleigh Sexton at 905-708-4347 or email

csexton@powerhouseproject.ca





