

Today is Monday September 23rd 2019  
Day 4

Here are today's announcements

## Activities during 1st NB

Any grade 3, 4 or 5 students interested in trying out for the Junior Swim Team please meet in Mrs. Cassidy's room at NB 1

Just a reminder to all students that spray deodorants, body sprays and perfumes are not permitted to be sprayed in the hallways, change rooms, classrooms or buses. This can trigger asthma attacks or allergic reactions. Wearing stick deodorant is acceptable.

Please remember that nature (living things, sticks, rocks, leaves, snow) does not belong to anyone. We might borrow them to observe or create something but we cannot keep them.

# Activities during 2nd NB

Students in grades 6, 7 and 8 are invited to join a cross-country running club. Please meet in the gym today dressed to run. 1:00 p.m.

Those students in Grades 3 to 5, today is your final tryout for the cross-country team. Please meet Mrs. Pyper and Mrs. Cassidy at the usual spot at the beginning of 2nd Nutrition Break. Please wait inside until at least one of the teachers is with you.

Please bring down your recycling after announcements.

There have been a number of students picking and eating wild grapes from the vines on our fences. Please do not pick or eat anything you cannot identify. While here at school no one is to consume wild produce - that means the grapes stay on the vines.

Student Leadership Quote of the Week: Alone we can do so little, together we do so much more “Helen Keller”

Please stand for the singing of our National Anthem.

When we look after ourselves and we look after one another we all will have a fantastic day!