



GIRLS VOLLEYBALL

The **Waterdown Raiders Volleyball Club** will be offering an **8 week developmental program** for girls in Grades 6 - 8 with an interest in developing their volleyball skills. The **2019 "Raider Ready" program** is presented by Ontario Volleyball Association (OVA) certified coaches, with the assistance of past and current Waterdown Raider athletes.

When: Sundays 12:30 - 2:30 pm Jan 13th - Mar 3rd inclusive
Where: St. Thomas the Apostle School, 170 Skinner Rd Waterdown
Who: Girls in Grades 6-8 with an interest in volleyball
Cost: \$120 Price includes T-shirt and a volleyball to keep
*****Register before Jan 1st and pay only \$110 – save \$10*****

This is an intensive program created by coaches with many years of developmental experience, aimed at athletes with any level of exposure to volleyball looking for an opportunity to take their abilities to the next level. Athletes playing interscholastic volleyball, especially those considering rep volleyball in the future, would benefit from this program.

Although game play will form part of the program, this is not a "House League" – these coaching sessions will focus on skill development through instruction and rally-based drills. **Enrollment will be limited** to provide a high coach to athlete ratio, ensuring participants have maximum involvement and instruction during each session.

If you are interested in more information, or to pre-register, please contact:

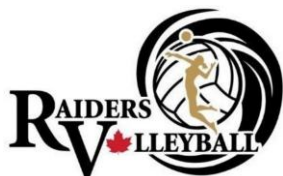
RaiderReadyDev@gmail.com

or check the Waterdown Raiders Volleyball Club website at

www.waterdownraiders.ca/developmental



Registration is OPEN – Enrollment is LIMITED



Waterdown Raiders Volleyball Club is a not-for-profit club registered with the Ontario Volleyball Association (OVA) offering volleyball programs for girls in the greater Hamilton/Burlington area.

For more information please visit www.waterdownraiders.ca

