



# Yum!

## Hot Lunch at School

[theLunchLady.ca](http://theLunchLady.ca)

M T W T F

**YOUR LUNCH  
LADY DAY(S) ARE:**

**Starting:**

# Lettuce take care of lunch!

Delicious lunches served  
to your child at school.



### Loved by Kids & Parents

Nutritionally balanced  
lunches with options  
kids love.

### Oodles of Choice

From pasta to perogies,  
salads to smoothies  
and so much more...

### It's Easy

Order, cancel or  
change. All Year.

19072\_08/2016

## Sign up today & see your school's menu!

Orders due    days before lunch day.



TRUSTED  
PROVIDER



HELPS YOUR  
SCHOOL



NUTRITION  
POLICY APPROVED



LOCALLY  
OWNED



NUT-FREE  
ALLERGY AWARE

# theLunchLady.ca

Healthy Lunches. Made Simple.