

# Cool Little Kids®

*An Anxiety Prevention Program: Working with Parents to support young Children*

Cool Little Kids is an Evidence Based program grounded in Cognitive Behavioural Therapy

## Parent Information Night

**October 16, 2018**

**6:30 pm-7:30pm**

**Education Centre**

**20 Education Court**

**Hamilton, Ontario**



RSVP by:

**October 12, 2018**

Call: 905 527 5092 ext. 2923

Email:

[coollittlekids@hwdsb.on.ca](mailto:coollittlekids@hwdsb.on.ca)

If you are a parent/primary caregiver of a student in JK-Grade 2 and if your child is described as shy, withdrawn or worried come and learn about the Cool Little Kids Program. Learn practical strategies that will help to build your child's confidence.

**THIS IS A PROGRAM FOR PARENTS AND PRIMARY CAREGIVERS.  
CHILDREN DO NOT ATTEND.**



*This program is offered by the  
Hamilton-Wentworth District School Board  
Social Work Department.*