

HWIAC BOYS' HOCKEY PLAYING REGULATIONS

Following is a summary of HWIAC eligibility requirements for teams and individual athletes. Full details can be found in the HWIAC constitution available on the Athletics website.

- Senior age – the individual's birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held **(2004 or later – maximum 5 years of eligibility)**.
- Students must be enrolled in at least three (3) full time, day school courses in each semester. Having achieved 22 credits a student may be enrolled in at least two (2) full time, day school courses in each semester. In both cases, eligibility is subject to Principal approval.
- Students are eligible for five (5) years of participation from entry into grade nine. Therefore, students who entered grade nine prior to **September 2019** are not eligible. Students that finished grade twelve last year and have returned to the same school for a 5th year are eligible to play provided age and course requirements are met.

To be eligible for competition, all student-athletes must appear on an team eligibility list via the OFSAA Hub (<https://ofsaa.athletesystems.ca/>). A completed eligibility list must be signed by the Principal and the Phys-Ed Head and available in the OFSAA Hub by the date specified in the current year playing regulations. **Teams that do not file an eligibility list by the due date will be ineligible for competition and subject to a \$25.00 per game fine levied against the offending school.**

Following the deadline a student-athlete may be added to the team eligibility list provided they are deemed eligible to compete; these student-athletes may compete once a revised team eligibility list is filed with the Principal, Phys-Ed Head and updated in the OFSAA Hub. **Omission of an otherwise eligible player from a team roster will result in a \$25.00 per game fine levied against the offending school (to a maximum of \$200.00);** said eligible player may be added to the roster without further penalty. This offence cannot be appealed under any circumstance.

A current team eligibility list must be complete with all relevant sections of the form completed and a copy must be always on file with the school Principal during the competition period for teams to remain eligible.

HWDSB Athletics retains the right to review a team's eligibility list and sanction offenders at any time.

Coaching Course Completion

Prior to the coaching course completion date, one (1) coach from every registered team participating in the league must complete the *HWDSB Athletics: Intro to Coaching Course* as well as the HWDSB Athletics: sport specific course found using the HWDSB HUB. This course is critical to understand all necessary requirements for fielding a team within HWDSB Athletics. Should a coach not be registered for these specific courses - please contact HWDSB Athletics (athletics@hwdsb.on.ca)

HWDSB Coaches Course due date: Friday November 17, 2023 (12:00pm)

Eligibility List due date: Friday, December 22, 2023 (12:00pm)

Deadline for Eligibility List Additions: Friday, January 12, 2024 (4:00pm)

1. TEAM ADMINISTRATION

1.1. STUDENT ATHLETE INFORMATION FORM

Copies of the Student Athlete Information Form are to be distributed to each player and must be returned with all sections completed and signed prior to first practice. The Code of Behaviour, printed on the back page of the form is to be signed and on file with the Principal. Teams are required to carry the Medical Information section for each player with them throughout the season. Any student athlete who has not returned this form with all sections complete and the necessary signatures in place is not eligible to participate in any team activities.

The Student-Athlete information form is available on the Parent Portal

1.2. COACHING SUPERVISION & FIRST AID CERTIFICATION

HWDSB follows policy set forth by OPHEA surrounding safety guidelines. For High Risk Sports such as hockey, OPHEA requires the following certification in Coaching and First Aid of which HWDSB hockey teams must follow:

Coaching Supervision

- a. Head coach must demonstrate knowledge of game, skills, and strategies to principal or designate.
- b. One member of the coaching staff must be knowledgeable of the **HWDSB Concussion Protocol** as well as the Ontario Physical Education Safety Guidelines concussion protocol.

Coaching qualifications must be derived from at least one of the following:

- a. NCCP Community Sport Coach – Coach Stream Course
- b. Completion of hockey NCCP level 1 and/or level 2 certification in the past
- c. Accreditation as a NCCP Hockey Learning Facilitator
- d. Attendance at a clinic or workshop within the last three years provided by an instructor who is knowledgeable of the activity (e.g., appropriate skills and progressions), and where safety is addressed as outlined in the Ontario Physical Education Safety Guidelines.
- e. Past experience within the last 3 years as a coach in hockey, having knowledge of the activity (e.g., appropriate skills and progressions) and current safety practices as outlined in the Ontario Physical Education Safety Guidelines.
- f. For more information on sport-specific NCCP training please visit coach.ca.

First Aid Certification:

An individual who takes responsibility for providing first aid to injured athletes must:

- a. as a minimum, have current first aid certification, from a recognized first aid provider (e.g., St. John Ambulance, Red Cross) that includes CPR B or C and introduction to spinal injury
- b. be in the area and readily accessible during the entire practice/competition
- c. be knowledgeable of school board's concussion protocol for a suspected concussion
- d. not be a participant in the activity.

It is the responsibility of the School Principal, Phys-Ed Head and Head Coach that these guidelines are met. HWDSB Athletics will offer programs to facilitate coaches to meet these requirements; however, schools need to be proactive in ensuring coaches are certified prior to play commencing

For more information on coaching certification visit: www.ophea.net or contact HWDSB Athletics

1.3. NON-TEACHER COACHES

Non-teacher coaches must have achieved, as a minimum, "Trained" status in the Community Sport stream of the National Coaching Certification Program (NCCP) or have successfully completed the Coaching In Ontario Schools program offered by OFSAA. A non-teacher coach must be registered as such with Athletics (for insurance reasons). An NCCP registration number will be required.

1.4. COMMUNICATION

The primary method of communication throughout the season and playoffs will be email. Game changes, playoff details and any other relevant information will be sent directly to coaches this way. Please be sure all individuals that are to receive this information are registered with the Athletics Department. Standings and playoff information will also be available on the Athletics website.

1.5. ONTARIO PHYSICAL ACTIVITY STANDARDS IN EDUCATION (formally OPHEA Safety Guidelines)

Coaches must be familiar with and be prepared to follow the provincial safety standards for schools (OPASSE) and ensure the team and its members function within the requirements of the standards. Each coach **must** review prior to practice and games commencing. Visit <https://safety.ophea.net/secondary/interschool/hockey-ice> for the most current standards.

1.6. WATER BOTTLES

Teams are prohibited from providing shared containers for fluid replacement to participants in HWIAC sanctioned activities. This restriction is in accordance with provincial safety guidelines which require schools to inform participants that they should provide their own containers and not share them with other participants.

1.7. REPORTING GAME RESULTS AND SCORE SHEETS

To maintain accurate team records and allow coaches to stay current with league standings, it is important that game scores be reported as soon as possible after the completion of a game.

- a. HWIAC policy requires the **WINNING TEAM** to report the score of a game as soon as possible after the game concludes.
- b. Scores are to be reported online at www.hwdsb.on.ca/athletics (See Secondary Score Submission - for your school's login and password details contact your Phys-Ed Head)
- c. Results must be reported to Athletics no later than 12:00 (noon), two (2) school days after the game was played (*ie. game played Monday requires a score reported no later than at 12:00 pm on Wednesday*) When a score is reported after the deadline the Phys-Ed Head will be notified of the late submission. **Teams who fail to report a second score in the same season will have the game recorded as a loss for both teams.**
- d. For the last regular season game and for all playoff games, scores must be reported at 10:00am the day after the game is played. **If the result of a playoff game is unreported at the deadline the team responsible for reporting is subject to a \$100.00 fine.**
- e. Score Sheets must be uploaded by the **WINNING TEAM** and reported online at www.hwdsb.on.ca/athletics (See Secondary Score Submission - for your school's login and password details contact your Phys-Ed Head). **Game results will not be recorded unless a game sheet is received.**

Game results and team standings will be available throughout the season on the Athletics website (www.hwdsb.on.ca/athletics).

1.8. TIE BREAKING & FORFEIT INFORMATION

HWDSB Athletics follows the procedures mandated by the District Athletic Council (DAC) via the HWIAC constitution for breaking ties and procedures used regarding forfeitures. Please see the [**"Playing Regulations Addendum: Tie Breaking & Forfeit Information"**](#) attached or the HWIAC Constitution for full details.

HWIAC Boy's Hockey will be played according to the Canadian Amateur Hockey Association rulebook except as noted below.

2.1. FORMAT

- Games will be **strictly** limited to 70 minutes and must start at the prescribed time. (*Start times do vary and are dependent on ice permits*).
- Periods will be structured as 10 minutes stop time for the first and second period, 12 minutes stop time for the third.
- It is possible that with each game facing a time limit, the third period will be less than 12 minutes. Coaches must confer with each other and the officials and agree on the amount of time available to play for the third period prior to setting the clock. It must be clearly understood that the game **MUST** finish at the prescribed time and going beyond the curfew is **absolutely unacceptable**.
- The ice will be resurfaced at the beginning of each game and not between the second and third period
- **Playoff games will consist of three, 12 minute stop-time period with the championship game being three 15 minute stop-time periods.**

2.3. STUDENT TIMERS/SCORESHEETS

The home team will supply the score sheet, a properly trained individual to operate the score clock, an individual to maintain the score sheet throughout the game, game pucks and disqualification sheets (**this includes playoff and championship games**). Player numbers and names - both first and last - are to be **printed** on the game sheet. There is no limit to the number of players a team may dress for an HWIAC game.

2.4. ELIMINATION OF THE RED LINE

All league and playoff games will be played without the red line.

2.5. THREE PENALTIES IN A GAME

- a. A player who receives three minor penalties in any one game will be removed from further play for the balance of that game but **will not** receive a demerit strike.
- b. If the same player receives three minor penalties two games in succession, he will be removed from further play in the game in which the infraction occurs, as well as his team's next league or playoff game.

2.6. GAME DISQUALIFICATION PENALTIES

- a. **A player receiving a game disqualification (other than by the three penalty rule) will automatically receive an additional one game suspension and be charged with one (1) strike.** (A player that receives two strikes in any sport within a twelve-month period will face automatic suspension from all HWIAC athletics for one year.) It is the responsibility of the team to assure that any player ejected from a game fulfills his suspension and sits out the next league game.
- b. If a player receives a match penalty, a gross misconduct penalty or a major 5 minute penalty (eg. fighting, high sticking, boarding) his/her team will play shorthanded and the player is ineligible to play for the remainder of the season.
- c. If a player is assessed a minor penalty for hitting from behind, the player will be removed from the game and a player designated by the coach will serve the minor penalty. If a player is assessed a major penalty for hitting from behind, the player will be removed from the game, receive an additional 1 game suspension and be charged with 1 strike. A player designated by the coach will serve the major penalty.
- d. **In the event a player or coach is disqualified from a game, the host school will provide the**

game officials with a Disqualification Form(s) and collect them from the officials when they have completed their report. The home team will provide a copy of the form(s) to the visiting team and fax the game sheet and any completed Disqualification Forms to the Athletic Office **within 24 hours (via email as a pdf to athletics@hwdsb.on.ca)**.

2.7. OFFENSIVE PLAYERS IN THE CREASE

If the goalie gains control of the puck and the offensive player enters the crease the whistle shall blow and the face-off shall come outside the blueline.

2.8. COINCIDENTAL MINORS

Teams will replace the penalized players.

2.9. DRESSING ROOMS

Teams will not be permitted access to dressing rooms earlier than 30 minutes prior to the scheduled start of a game or practice. It is the responsibility of each team to assure that the dressing rooms are clean after a game. Schools leaving dressing rooms damaged or requiring special attention by rink staff to clean up will be billed for repair/clean-up services by the municipality.

2.10. PRACTICES & GAME CHANGES

Coaches are not permitted on ice during practices without a helmet. Teams choosing not to use a designated practice time must inform Athletics at least 24 hours prior to the practice to avoid paying for unused ice.

Teams wishing to change a scheduled game must have the approval of their opponent and submit a game change form to Athletics. Changes requested within 7 days of a scheduled game will not be accommodated.

Teams should be aware of the "Zero Tolerance" policy that exists in all City of Hamilton arenas. Teams that are disrespectful to the facility, staff, spectators or opposition players are subject to expulsion from the facility and ban on entering any City of Hamilton facility. Please remind all team personnel of this policy.

2.11. LIMITATION OF PARTICIPATION

****NEW 2023-24:** In boys division 1 hockey, no competitor is eligible for HWDSB competition whose name has appeared on a game sheet, **after his association/board first regular season game or December 1**, whichever comes first, for a team in "A", "B", "C", "D", Major Junior, Junior, Intermediate, Senior or GMHL divisions in any National and/or International Association, or any league deemed equivalent to "A", "B", "C", or "D".

One exception to this rule: a Junior "C" or "D" team is allowed to AP a high school goalie to be called up in an emergency situation and appear on a game sheet and/or play up to a maximum of two exhibition/league and /or playoff games in total during the season after the Association's first regular season game

Eligibility: No student may appear on a game sheet for an organization (team or club) who can grant OSSD credits outside of where the student's OSR resides during the current school year in the same sport.

- **Blythe** – full time, one credit, OR just practice – practice route – name would never appear on a gamesheet

NOTE; Consequence of breaking this rule will be a forfeiture of HWIAC games in which the athlete in question appears on the game sheet.

Reference: [HWIAC Constitution By-Law III - Subsection: dii](#)

2.12. THROAT GUARDS & MOUTHGUARDS (MANDATORY USE)

Mouth and throat guards are mandatory for all players, in accordance with OPHEA and OSBIE regulations. Teams will be given a reminder by game officials prior to starting. First offence will be a minor penalty, second offence will be ejection from the game. *Note: throat guards must carry the "BNQ" label.*

2.13. LONG HAIR

Players with long hair (below shoulders) must put the hair in a ponytail to avoid entanglement with another player or arena equipment.

HWIAC BOYS HOCKEY OVERTIME FORMAT (PLAYOFFS ONLY)

COACHES: PLEASE REVIEW THIS INFORMATION WITH GAME OFFICIALS PRIOR TO THE START OF YOUR GAME

Regulation timing during quarterfinal and semi-final games will consist of three 15 minute stop-time periods. Teams will be allowed one (1) timeout during the game, which cannot be carried over into overtime. Timeouts in overtime are not permitted. The game is to be played through to completion, provided ice time is available.

OVERTIME FORMAT

1. If ice time is available, teams will play a 10 minute stop time sudden death periods until a winner is declared; if the game reaches the point where only 20 minutes of ice remains, the game is to be stopped and teams are to proceed to step #2 below.
2. When the game is tied with 20 minutes or less of ice remaining, a player elimination format is to be used. Both teams will begin with 4 skaters and a goalie and play a two (2) minute sudden-death period running time. If the game remains tied, successive two (2) minute sudden death periods, running time, will be played eliminating a player from each team until both teams are playing one on one with a goalie. Only in the second minute of a one on one situation, does either team have the option of pulling their goaltender.

If at this point the score is still tied, teams shall reverse the process, starting with 2 players. Teams will play successive two (2) minute sudden death periods, running time, adding a skater at the start of each 2 minute period.