

HWIAC Cross Country Championships 2023 - 10/18/2023**Christie Lake Conservation Area****Results****Event 1 Women 3k Run CC Para**

Name	School	Finals	Points
Results - Women			
1 Lilly Hudgins	Westdale S.S. - HWDSB	34:03	

Event 2 Men 3k Run CC Para

Name	School	Finals	Points
Results - Men			
1 Liam Curtis	Dundas Valley S.S. - HWDSB	23:12	
2 William Pink	Westdale S.S. - HWDSB	30:29	
3 Carter Burke	Nora Francis Henderson S.S. -	34:48	

Event 3 Women 4k Run CC Novice

Name	School	Finals	H#	Points
Results - Women				
1 Elaine Thomas	Westmount S.S. - HWDSB	16:53	1	
2 Amelia Bagnall	Ancaster High School - HWDSB	17:12	1	
3 Isla Mason	Dundas Valley S.S. - HWDSB	17:40	1	
4 Madelyn Lounsbury	Westdale S.S. - HWDSB	18:10	1	
5 Evvy Bennett	Dundas Valley S.S. - HWDSB	18:27	1	
6 Lily Pepper Curtain	Dundas Valley S.S. - HWDSB	18:43	1	
7 Hannah Owoleso	Westdale S.S. - HWDSB	18:50	1	
8 Jordyn Andree	Dundas Valley S.S. - HWDSB	18:56	1	
9 Maggie St. Aubin	Dundas Valley S.S. - HWDSB	19:07	1	
10 Parker Metham	Dundas Valley S.S. - HWDSB	19:18	1	
11 Manar Sidi Amar	Glendale S.S. - HWDSB	19:26	2	
12 Molly Macnay	Dundas Valley S.S. - HWDSB	19:29	2	
13 Maddie Myers	Dundas Valley S.S. - HWDSB	19:41	2	
14 Devyn Dufresne	Waterdown District - HWDSB	19:47	2	
15 Kennedy Connors	Nora Francis Henderson S.S. -	20:15	2	
16 Laurel Mallany	Westdale S.S. - HWDSB	20:28	2	
17 Samantha Ferguson	Ancaster High School - HWDSB	20:44	2	
18 Neve Corey	Westdale S.S. - HWDSB	20:45	2	
19 Evelyn Thompson	Westdale S.S. - HWDSB	21:17	2	
20 Emily Marie Bell	Glendale S.S. - HWDSB	21:55	2	
21 Amelia Ballantyne	Dundas Valley S.S. - HWDSB	22:35	3	
22 Raquel Okimi Atencio	Hamilton District C.H.S. - HWD	23:09	3	
23 Molly Gibbs	Sherwood S.S. - HWDSB	24:23	3	
24 Samsokunthea Youk	Glendale S.S. - HWDSB	24:28	3	
25 Chloe Postma	Westdale S.S. - HWDSB	24:29	3	
26 Folasade Fasakin	Hamilton District C.H.S. - HWD	24:41	3	
27 Mackenzie Clarke	Glendale S.S. - HWDSB	25:34	3	
28 Chloe Smith	Nora Francis Henderson S.S. -	26:08	3	
29 Ariel Corke	Waterdown District - HWDSB	27:47	3	
30 Redina Nejjar	Bernie Custis S.S. - HWDSB	28:01	3	
31 Katarina Maricic	Nora Francis Henderson S.S. -	28:56	4	
32 Aubrey Chuka	Sherwood S.S. - HWDSB	32:38	4	

Event 4 Men 4k Run CC Novice

Name	School	Finals	H#	Points
Results - Men				
1 Jackson Ortwein	Dundas Valley S.S. - HWDSB	13:20	1	

HWIAC Cross Country Championships 2023 - 10/18/2023**Christie Lake Conservation Area****Results****Results - Men ... (Event 4 Men 4k Run CC Novice)**

	Name	School	Finals	H#	Points
2	Owen Craddock	Dundas Valley S.S. - HWDSB	13:37	1	
3	Jake Peshko	Dundas Valley S.S. - HWDSB	14:38	1	
4	Fynn Gibson	Dundas Valley S.S. - HWDSB	14:38	1	
5	Noah Weingartner	Dundas Valley S.S. - HWDSB	15:19	1	
6	Naieem Foster	Sherwood S.S. - HWDSB	15:23	1	
7	Waleed Al Lamy	Bernie Custis S.S. - HWDSB	15:31	1	
8	Ryker Afonso-Jongeling	Sherwood S.S. - HWDSB	15:32	1	
9	Matthew Beyer	Dundas Valley S.S. - HWDSB	15:35	1	
10	Daeton Helder	Guido de Bres C.H.S. - HWDSB	15:42	1	
11	Jaxon Lakhapal	Dundas Valley S.S. - HWDSB	15:48	2	
12	Aidan Bury	Ancaster High School - HWDSB	16:02	2	
13	Aleksandar Zdravkovic	Ancaster High School - HWDSB	16:04	2	
14	Osama Hamada	Bernie Custis S.S. - HWDSB	16:40	2	
15	Faran Ahmad	Glendale S.S. - HWDSB	16:44	2	
16	Umer Zahid	Sherwood S.S. - HWDSB	16:58	2	
17	Giovani Borges Stella	Dundas Valley S.S. - HWDSB	17:01	2	
18	Jax McDuffee	Ancaster High School - HWDSB	17:02	2	
19	Nicholas Sherman	Waterdown District - HWDSB	17:10	2	
20	Corbin Ostrowercha	Saltfleet District - HWDSB	17:12	2	
21	Peter Scholman	Sherwood S.S. - HWDSB	17:19	3	
22	Logan Tenhage	Guido de Bres C.H.S. - HWDSB	17:39	3	
23	Lochlin Bennett	Ancaster High School - HWDSB	17:45	3	
24	Nolan Hamilton	Ancaster High School - HWDSB	17:58	3	
25	Nathaniel Dejong	Hamilton District C.H.S. - HWD	18:00	3	
26	Jackson Elliott	Sherwood S.S. - HWDSB	18:00	3	
27	William Zhai	Dundas Valley S.S. - HWDSB	18:31	3	
28	Kenrick Leung	Nora Francis Henderson S.S. -	18:33	3	
29	Clarence Sikma	Guido de Bres C.H.S. - HWDSB	18:37	3	
30	Micheal Ayodele-Oni	Hamilton District C.H.S. - HWD	18:37	3	
31	Alex Templeman	Orchard Park S.S. - HWDSB	18:48	4	
32	Elijah Beck	Hamilton District C.H.S. - HWD	18:53	4	
33	Usman Zahid	Sherwood S.S. - HWDSB	19:15	4	
34	Sachin Satheeskumar	Sherwood S.S. - HWDSB	19:24	4	
35	Gibson Harris	Sherwood S.S. - HWDSB	19:37	4	
36	Tyler Kok	Guido de Bres C.H.S. - HWDSB	19:57	4	
37	Ezra Weekhout	Hamilton District C.H.S. - HWD	20:13	4	
38	Ryan Smith	Sir Allan MacNab S.S. - HWDSB	21:07	4	
39	Ali Zahid	Sherwood S.S. - HWDSB	21:32	4	
40	James Mungai	Glendale S.S. - HWDSB	22:40	4	
41	Tamer Killisly	Sherwood S.S. - HWDSB	22:47	5	
42	Zachary Smink	Glendale S.S. - HWDSB	23:12	5	
43	Cj Purdun	Nora Francis Henderson S.S. -	26:41	5	

Event 5 Women 5k Run CC Junior

	Name	School	Finals	H#	Points
Results - Women					
1	Melisa Kekic	Saltfleet District - HWDSB	20:15	1	
2	Hannah Lanting	Guido de Bres C.H.S. - HWDSB	20:24	1	
3	Abiella Pribyl	Westdale S.S. - HWDSB	20:25	1	
4	Julia Gupta	Dundas Valley S.S. - HWDSB	20:34	1	

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Name	School	Finals	H#	Points
5 Morgan Deklerk	Guido de Bres C.H.S - HWDSB	20:36	1	
6 Marley Hargreave	Westdale S.S. - HWDSB	21:09	1	
7 Kay Wiersma	Westmount S.S. - HWDSB	22:24	1	
8 Marieka Da Silva	Guido de Bres C.H.S - HWDSB	22:50	1	
9 Nevaeh Palmer	Sherwood S.S. - HWDSB	24:00	1	
10 Brenna Dykema	Guido de Bres C.H.S - HWDSB	24:00	1	
11 Claire Griffiths	Ancaster High School - HWDSB	24:18	2	
12 Kaitlyn Masse	Ancaster High School - HWDSB	24:28	2	
13 Faith Rioux	Dundas Valley S.S. - HWDSB	24:44	2	
14 Alma Bauer	Dundas Valley S.S. - HWDSB	25:11	2	
15 Cheyenne Galer	Dundas Valley S.S. - HWDSB	25:33	2	
16 Mya Piecuch	Dundas Valley S.S. - HWDSB	25:35	2	
17 Ellie Stevens	Westdale S.S. - HWDSB	26:45	2	
18 Emily Burak	Westdale S.S. - HWDSB	26:52	2	
19 Arwynne Weekes	Glendale S.S. - HWDSB	28:49	2	
20 Addison Glenham	Sherwood S.S. - HWDSB	29:32	2	
21 Lorita Berisha	Nora Francis Henderson S.S. -	30:10	3	
22 Abigail Cameron	Bernie Custis S.S. - HWDSB	30:12	3	
23 Alicia Mugridge	Bernie Custis S.S. - HWDSB	30:30	3	
24 Alexa Bramwell	Westdale S.S. - HWDSB	30:44	3	
25 Izabell Surjic	Dundas Valley S.S. - HWDSB	31:17	3	
26 Sloane Curry	Westmount S.S. - HWDSB	32:02	3	
27 Sofia Lessa Fratini	Westmount S.S. - HWDSB	34:35	3	
28 Abby Baranas	Sherwood S.S. - HWDSB	34:47	3	
29 Aleah Brand	Hamilton District C.H.S. - HWD	36:05	3	
30 Jessica Boersema	Guido de Bres C.H.S - HWDSB	36:52	3	
31 Maiya See	Glendale S.S. - HWDSB	38:17	4	

Event 6 Men 5k Run CC Junior

Name	School	Finals	H#	Points
Results - Men				
1 Shakir Saleh	Bernie Custis S.S. - HWDSB	17:44	1	
2 Yuji Takatsu	Orchard Park S.S. - HWDSB	18:13	1	
3 Micheal Scott	Westdale S.S. - HWDSB	19:01	1	
4 Shane Dejager	Guido de Bres C.H.S - HWDSB	19:12	1	
5 Nassim Elmenouar	Ecole Secondaire Georges-P.-Va	19:37	1	
6 Cayden Sheculski	Sherwood S.S. - HWDSB	20:06	1	
7 Abd Almajed Al Khalil	Bernie Custis S.S. - HWDSB	20:09	1	
8 Edward Gaston	Ancaster High School - HWDSB	20:35	1	
9 Jack Jongsma	Westdale S.S. - HWDSB	20:42	1	
10 Zachary Reidy	Saltfleet District - HWDSB	20:43	1	
11 Danny Dion	Dundas Valley S.S. - HWDSB	21:30	2	
12 Mohamed Latrache	Ecole Secondaire Georges-P.-Va	21:39	2	
13 Blake Wallace	Sherwood S.S. - HWDSB	21:40	2	
14 Mateja Bauk	Sherwood S.S. - HWDSB	21:53	2	
15 Brody Neary	Dundas Valley S.S. - HWDSB	21:56	2	
16 Aj Flynn	Ancaster High School - HWDSB	22:15	2	
17 Magnus Lovelace	Dundas Valley S.S. - HWDSB	22:30	2	
18 Ben Vandenberg	Guido de Bres C.H.S - HWDSB	22:35	2	
19 Ben Smith	Dundas Valley S.S. - HWDSB	22:49	2	

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	Name	School	Finals	H#	Points
20	Owen Vandermunnik	Hamilton District C.H.S. - HWD	22:49	2	
21	Connor Bushell	Sherwood S.S. - HWDSB	23:20	3	
22	Liam Norgate Organ	Dundas Valley S.S. - HWDSB	23:20	3	
23	Ryan Wilson	Sherwood S.S. - HWDSB	23:55	3	
24	Danny Avila	Sherwood S.S. - HWDSB	24:15	3	
25	Harrison Halstead	Sherwood S.S. - HWDSB	24:30	3	
26	Nikhil Bottu	Waterdown District - HWDSB	24:36	3	
27	Austin Nunn	Westdale S.S. - HWDSB	24:45	3	
28	Allan Seunjio	Ecole Secondaire Georges-P.-Va	26:41	3	
29	Sanad Bizanti	Ancaster High School - HWDSB	26:42	3	
30	Angus Quinlan Catler	Westdale S.S. - HWDSB	26:42	3	

Event 7 Women 6k Run CC Senior

	Name	School	Finals	H#	Points
Results - Women					
1	Vanessa Giannou	Ancaster High School - HWDSB	24:21	1	
2	Erika Gordon	Ancaster High School - HWDSB	24:32	1	
3	Stella Ludviks Pitkin	Westdale S.S. - HWDSB	26:05	1	
4	Mora Berkelaar	Hamilton District C.H.S. - HWD	26:25	1	
5	Dorothy Brown	Westdale S.S. - HWDSB	26:30	1	
6	Mackenzie Craig	Ancaster High School - HWDSB	26:30	1	
7	Sylvia Nyakundi	Dundas Valley S.S. - HWDSB	26:59	1	
8	Audrey Peaker	Dundas Valley S.S. - HWDSB	28:35	1	
9	Molly Taylor	Westmount S.S. - HWDSB	28:49	1	
10	Dalia Mallany	Westdale S.S. - HWDSB	28:57	1	
11	Hannah Moes	Guido de Bres C.H.S. - HWDSB	29:20	2	
12	Lia Fransson	Westdale S.S. - HWDSB	29:39	2	
13	Kate McDonagh	Westdale S.S. - HWDSB	31:12	2	
14	Leah Murphy	Dundas Valley S.S. - HWDSB	32:09	2	
15	Noella Major	Westmount S.S. - HWDSB	32:11	2	
16	Hazel Templeman	Orchard Park S.S. - HWDSB	33:12	2	
17	Zenaba Mahamat Hadjar	Ecole Secondaire Georges-P.-Va	33:32	2	
18	Kaylin Sieders	Guido de Bres C.H.S. - HWDSB	33:39	2	
19	Ashley Cubitt	Westmount S.S. - HWDSB	34:07	2	
20	Megan Kosempel	Dundas Valley S.S. - HWDSB	34:10	2	
21	Andrea Tawse	Westmount S.S. - HWDSB	34:22	3	
22	Charlize Passfield	Orchard Park S.S. - HWDSB	35:25	3	
23	Violeta Ried-Diaz	Westdale S.S. - HWDSB	36:07	3	
24	Zapata Karolyn	Glendale S.S. - HWDSB	36:25	3	
25	Alejandra Okimi Atencio	Hamilton District C.H.S. - HWD	37:26	3	
26	Clara Henry	Waterdown District - HWDSB	38:32	3	
27	Eileen Sanchez	Westmount S.S. - HWDSB	39:09	3	
28	Maria Scholman	Sherwood S.S. - HWDSB	39:27	3	
29	Sonya Noack	Dundas Valley S.S. - HWDSB	39:33	3	
30	Kayla Cunningham	Saltfleet District - HWDSB	41:40	3	
31	Lauren Atlmeyer	Dundas Valley S.S. - HWDSB	44:29	4	

HWIAC Cross Country Championships 2023 - 10/18/2023**Christie Lake Conservation Area****Results****Event 8 Men 6k Run CC Senior**

Name	School	Finals	H#	Points
Results - Men				
1 Iain Thomson	Dundas Valley S.S. - HWDSB	20:23	1	
2 Cohen Ledger	Dundas Valley S.S. - HWDSB	21:03	1	
3 Thomas Spring	Waterdown District - HWDSB	21:50	1	
4 Pj Morgan	Ancaster High School - HWDSB	21:57	1	
5 Alec Aird	Westdale S.S. - HWDSB	22:18	1	
6 Mohammad Hamada	Bernie Custis S.S. - HWDSB	23:09	1	
7 Ben Fulton	Dundas Valley S.S. - HWDSB	23:27	1	
8 Julius Tafolla	Sherwood S.S. - HWDSB	23:34	1	
9 Cameron Mason	Dundas Valley S.S. - HWDSB	23:39	1	
10 Nickolas Cover	Glendale S.S. - HWDSB	24:13	1	
11 Kieran Walters	Westdale S.S. - HWDSB	24:20	2	
12 Justin Davidson	Ancaster High School - HWDSB	24:23	2	
13 Josh Vandam	Guido de Bres C.H.S. - HWDSB	24:31	2	
14 Abdallah Toke Dady	Ecole Secondaire Georges-P.-Va	25:09	2	
15 Owen Miller	Westmount S.S. - HWDSB	25:14	2	
16 Tyrus Maga	Dundas Valley S.S. - HWDSB	25:26	2	
17 Fisher Smith	Sherwood S.S. - HWDSB	25:27	2	
18 Robert Hanisco	Dundas Valley S.S. - HWDSB	25:29	2	
19 Jonah Burleigh	Ancaster High School - HWDSB	25:34	2	
20 Nikola Andjelic	Glendale S.S. - HWDSB	25:36	2	
21 Nathaniel Walsom	Westdale S.S. - HWDSB	25:41	3	
22 John Lanting	Guido de Bres C.H.S. - HWDSB	25:46	3	
23 Marcos Ara	Westdale S.S. - HWDSB	26:18	3	
24 Ethan Tumber	Westdale S.S. - HWDSB	26:19	3	
25 Darian Rezvan	Ancaster High School - HWDSB	26:21	3	
26 Ashton Strating	Guido de Bres C.H.S. - HWDSB	26:30	3	
27 Ethan Koning	Guido de Bres C.H.S. - HWDSB	26:43	3	
28 Aiden Bonner	Sherwood S.S. - HWDSB	27:13	3	
29 Duncan Pittet	Sherwood S.S. - HWDSB	27:22	3	
30 Brennan Clark	Dundas Valley S.S. - HWDSB	27:35	3	
31 Kevin Wang	Ancaster High School - HWDSB	27:40	4	
32 Leo Li	Waterdown District - HWDSB	28:09	4	
33 Saagar Desai	Ancaster High School - HWDSB	28:26	4	
34 Spiro Parashis	Westdale S.S. - HWDSB	28:39	4	
35 William Moon	Sherwood S.S. - HWDSB	28:44	4	
36 Derrick Vandyk	Hamilton District C.H.S. - HWD	28:50	4	
37 Kyle Haughie	Sherwood S.S. - HWDSB	28:56	4	
38 Thomas Brittain	Dundas Valley S.S. - HWDSB	29:07	4	
39 Rozi Hissein Tom	Ecole Secondaire Georges-P.-Va	29:09	4	
40 Seth Marachel	Sir Allan MacNab S.S. - HWDSB	29:18	4	
41 Hamza Zahid	Glendale S.S. - HWDSB	29:27	5	
42 Isa Hadier	Sherwood S.S. - HWDSB	29:27	5	
43 Nathaniel Silliker	Dundas Valley S.S. - HWDSB	29:45	5	
44 Oumar Hagggar Hagggar	Ecole Secondaire Georges-P.-Va	29:53	5	
45 Rowan Porter	Sherwood S.S. - HWDSB	29:54	5	
46 Batran Bashar Bashir	Ecole Secondaire Georges-P.-Va	30:49	5	
47 Casimir Pocius	Westdale S.S. - HWDSB	31:13	5	
48 Owen Chrysler	Sherwood S.S. - HWDSB	31:23	5	

HWIAC Cross Country Championships 2023 - 10/18/2023**Christie Lake Conservation Area****Results****Results - Men ... (Event 8 Men 6k Run CC Senior)**

	Name	School	Finals	H#	Points
49	Kayden Letchford	Sir Allan MacNab S.S. - HWDSB	31:26	5	
50	Griffen Wall	Westdale S.S. - HWDSB	32:56	5	
51	Ali Matar	Sir Allan MacNab S.S. - HWDSB	35:44	6	