

**HWIAC Cross Country Championships 2022 - 10/19/2022****Christie Lake Conservation Area****Results****Event 1 Women 3k Run CC Para**

Name	School	Finals	Points
<b>Results - Women</b>			
1 Zoe Venizelos Warren	Westdale S.S. - HWDSB	24:54	
2 Lillyanne Hudgins	Westdale S.S. - HWDSB	29:58	

**Event 2 Men 3k Run CC Para**

Name	School	Finals	Points
<b>Results - Men</b>			
1 Carter Burke	Nora Francis Henderson S.S. -	24:54	
2 Brandan Ploughman	Westdale S.S. - HWDSB	29:58	
3 William Pink	Westdale S.S. - HWDSB	30:34	
4 Jacob Gill	Westdale S.S. - HWDSB	35:44	

**Event 3 Women 4k Run CC Novice**

Name	School	Finals	H#	Points
<b>Results - Women</b>				
1 Marley Hargreave	Westdale S.S. - HWDSB	15:41	1	
2 Abiella Pribyl	Westdale S.S. - HWDSB	16:05	1	
3 Julia Gupta	Dundas Valley S.S. - HWDSB	16:11	1	
4 Marieka Dasilva	Guido de Bres C.H.S. - HWDSB	16:42	1	
5 Hailey Fennema	Orchard Park S.S. - HWDSB	16:47	1	
6 Morgan Deklerk	Guido de Bres C.H.S. - HWDSB	17:01	1	
7 Cindy He	Westmount Secondary School	17:03	1	
8 Gabrielle Mohart	Dundas Valley S.S. - HWDSB	17:12	1	
9 Evelyn Davenport	Waterdown District - HWDSB	17:18	1	
10 Kay Wiersma	Westmount Secondary School	17:22	1	
11 Addi Graves	Dundas Valley S.S. - HWDSB	17:35	2	
12 Annika Fairley	Dundas Valley S.S. - HWDSB	17:35	2	
13 Faith Rioux	Dundas Valley S.S. - HWDSB	17:41	2	
14 Abby Swackhammer	Hamilton District C.H.S. - HWD	17:47	2	
15 Mya Plas	Ancaster High School - HWDSB	18:19	2	
16 Alma Bauer	Dundas Valley S.S. - HWDSB	18:20	2	
17 Cheyanne Galer	Dundas Valley S.S. - HWDSB	18:22	2	
18 Claire Griffiths	Ancaster High School - HWDSB	18:24	2	
19 Mya Piecuch	Dundas Valley S.S. - HWDSB	18:27	2	
20 Kendra Roche	Dundas Valley S.S. - HWDSB	18:36	2	
21 Ellie Stevens	Westdale S.S. - HWDSB	18:39	3	
22 Olivia Gigliotti	Ecole Secondaire Georges-P.-Va	19:26	3	
23 Charlotte Riddle	Dundas Valley S.S. - HWDSB	19:58	3	
24 Nicola Ciavarella	Waterdown District - HWDSB	20:58	3	
25 Chelsea Krulikowski	Glendale S.S. - HWDSB	21:12	3	
26 Arwynne Weekes	Glendale S.S. - HWDSB	21:14	3	
27 Alexa Bramwell	Westdale S.S. - HWDSB	21:24	3	
28 Cara Bouwman	Guido de Bres C.H.S. - HWDSB	21:29	3	
29 Deyar Batarfi	Nora Francis Henderson S.S. -	21:41	3	
30 Mia McCcarroll	Westmount Secondary School	22:08	3	
31 Aleah Brand	Hamilton District C.H.S. - HWD	22:15	4	
32 Katie Haalstra	Nora Francis Henderson S.S. -	22:18	4	
33 Kaitlyn Dallan	Glendale S.S. - HWDSB	22:19	4	
34 April Tran	Sherwood S.S. - HWDSB	22:20	4	

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Name	School	Finals	H#	Points
35 Michelle Osmani	Nora Francis Henderson S.S. -	22:22	4	
36 Erica Game	Hamilton District C.H.S. - HWD	22:41	4	
37 Vivia Lee	Westmount Secondary School	23:43	4	
38 Midian LeBlanc	Bernie Custis S.S. - HWDSB	23:49	4	
39 Hailey Ward	Nora Francis Henderson S.S. -	24:31	4	
40 Sofia Fratini	Westmount Secondary School	26:16	4	

**Event 4 Men 4k Run CC Novice**

Name	School	Finals	H#	Points
<b>Results - Men</b>				
1 Shakir Saleh	Bernie Custis S.S. - HWDSB	14:53	1	
2 Ben Fulton	Dundas Valley S.S. - HWDSB	14:53	1	
3 Yuji Takatsu	Orchard Park S.S. - HWDSB	15:13	1	
4 Michael Scott	Westdale S.S. - HWDSB	15:17	1	
5 Shane Dejager	Guido de Bres C.H.S. - HWDSB	15:18	1	
6 Abdalmajed Al Khalil	Bernie Custis S.S. - HWDSB	15:22	1	
7 Jacob Hessels	Waterdown District - HWDSB	15:25	1	
8 Raphael Langlois	Ecole Secondaire Georges-P.-Va	15:53	1	
9 Theo Witten	Guido de Bres C.H.S. - HWDSB	15:56	1	
10 Zach Wardell	Westmount Secondary School	16:15	1	
11 Owen Vandermunnik	Hamilton District C.H.S. - HWD	16:24	2	
12 Liam Smith	Westdale S.S. - HWDSB	16:47	2	
13 Andrew Maricic	Dundas Valley S.S. - HWDSB	16:48	2	
14 Simon Ogden	Dundas Valley S.S. - HWDSB	16:54	2	
15 Caleb Martens	Orchard Park S.S. - HWDSB	16:58	2	
16 Logan Marcy	Westmount Secondary School	17:11	2	
17 Josiah Kinniburgh	Sherwood S.S. - HWDSB	17:12	2	
18 Aj Flynn	Ancaster High School - HWDSB	17:15	2	
19 Liam Norgate Organ	Dundas Valley S.S. - HWDSB	17:24	2	
20 Ben Jansen	Ancaster High School - HWDSB	17:24	2	
21 Owen Crooks	Ecole Secondaire Georges-P.-Va	17:28	3	
22 Clark Vaniperen	Guido de Bres C.H.S. - HWDSB	17:45	3	
23 Mateja Bauk	Sherwood S.S. - HWDSB	18:07	3	
24 Austin Alkema	Guido de Bres C.H.S. - HWDSB	18:15	3	
25 Atticus Singh	Westdale S.S. - HWDSB	19:18	3	
26 Austin Nunn	Westdale S.S. - HWDSB	19:19	3	
27 Alex Guibert	Ecole Secondaire Georges-P.-Va	20:02	3	
28 Harrison Halstead	Sherwood S.S. - HWDSB	20:25	3	
29 Ryan Wilson	Sherwood S.S. - HWDSB	20:35	3	
30 Keegan Massie	Westmount Secondary School	21:56	3	
31 Braden Votour	Sherwood S.S. - HWDSB	23:00	4	
32 Jacob Ferstl	Ecole Secondaire Georges-P.-Va	23:00	4	
33 Abdullah Labaniya	Bernie Custis S.S. - HWDSB	23:00	4	

**Event 5 Women 5k Run CC Junior**

Name	School	Finals	H#	Points
<b>Results - Women</b>				
1 Erika Gordon	Ancaster High School - HWDSB	19:36	1	
2 Mackenzie Craig	Ancaster High School - HWDSB	19:37	1	
3 Kianna Reppington	Hamilton District C.H.S. - HWD	20:28	1	

**HWIAC Cross Country Championships 2022 - 10/19/2022****Christie Lake Conservation Area****Results****Results - Women ... (Event 5 Women 5k Run CC Junior)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>	<b>Points</b>
4	Stella Ludvins-Pitkin	Westdale S.S. - HWDSB	21:16	1	
5	Mora Berkelaar	Hamilton District C.H.S. - HWD	21:24	1	
6	Adison Ighneski	Ancaster High School - HWDSB	21:39	1	
7	Lia Fransson	Westdale S.S. - HWDSB	21:49	1	
8	Molly Taylor	Westmount Secondary School	21:53	1	
9	Dalia Mallany	Westdale S.S. - HWDSB	22:40	1	
10	Audrey Peaker	Dundas Valley S.S. - HWDSB	22:45	1	
11	Olivia Cleva	Ancaster High School - HWDSB	23:40	2	
12	Mia Silva	Westdale S.S. - HWDSB	23:54	2	
13	Mia Wellington	Glendale S.S. - HWDSB	24:07	2	
14	Vera Sobotka	Sir Allan MacNab S.S. - HWDSB	24:23	2	
15	Cara Vanderwal	Guido de Bres C.H.S. - HWDSB	24:25	2	
16	Jayne Haalstra	Nora Francis Henderson S.S. -	25:59	2	
17	Megan Kotyk	Orchard Park S.S. - HWDSB	26:18	2	
18	Alina Buchanan	Dundas Valley S.S. - HWDSB	26:24	2	
19	Kaylin Sieders	Guido de Bres C.H.S. - HWDSB	26:29	2	
20	Mylana Campanaro	Westmount Secondary School	26:38	2	
21	Charlize Passfield	Orchard Park S.S. - HWDSB	27:00	3	
22	Dylan Neary	Dundas Valley S.S. - HWDSB	27:05	3	
23	Taryn Zimmerman	Dundas Valley S.S. - HWDSB	27:36	3	
24	Hazel Templeman	Orchard Park S.S. - HWDSB	27:51	3	
25	Elyse Bondy	Ancaster High School - HWDSB	27:56	3	
26	Zabel Stockton	Westdale S.S. - HWDSB	27:56	3	
27	Clara Henry	Waterdown District - HWDSB	28:12	3	
28	Sonya Noack	Dundas Valley S.S. - HWDSB	29:08	3	
29	Alejandra Okimi	Hamilton District C.H.S. - HWD	29:43	3	
30	Kayla Cunningham	Saltfleet District - HWDSB	30:46	3	
31	Charlie Arnold	Dundas Valley S.S. - HWDSB	30:49	4	

**Event 6 Men 5k Run CC Junior**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>	<b>Points</b>
<b>Results - Men</b>					
1	Derick Groombridge	Hamilton District C.H.S. - HWD	18:06	1	
2	Mohammad Hamada	Bernie Custis S.S. - HWDSB	18:25	1	
3	Luke Thomas	Westmount Secondary School	19:16	1	
4	Micah Dijkema	Hamilton District C.H.S. - HWD	19:39	1	
5	Isaac Hagen	Hamilton District C.H.S. - HWD	19:41	1	
6	Declan Carey	Westdale S.S. - HWDSB	19:50	1	
7	Keiran Bohuslawski	Orchard Park S.S. - HWDSB	19:55	1	
8	Josh Vandam	Guido de Bres C.H.S. - HWDSB	19:56	1	
9	Alec Aird	Westdale S.S. - HWDSB	20:06	1	
10	Marcos Ara	Westdale S.S. - HWDSB	20:07	1	
11	Caleb Van De Ban	Hamilton District C.H.S. - HWD	20:14	2	
12	Justine Davidson	Ancaster High School - HWDSB	20:24	2	
13	Jack Gibson	Dundas Valley S.S. - HWDSB	21:08	2	
14	Joss McFarlane	Dundas Valley S.S. - HWDSB	21:11	2	
15	Thomas Brittain	Dundas Valley S.S. - HWDSB	22:13	2	
16	Coltrane Singh	Westdale S.S. - HWDSB	22:15	2	
17	Yassine Bourenane	Ancaster High School - HWDSB	22:19	2	
18	Hermes Margarit	Nora Francis Henderson S.S. -	22:42	2	

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	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>	<b>Points</b>
19	Jack Curran-Blaney	Waterdown District - HWDSB	22:42	2	
20	Aziz Alekozai	Nora Francis Henderson S.S. -	22:42	2	
21	Jorryn Pergentile	Sherwood S.S. - HWDSB	22:44	3	
22	Saagar Desai	Ancaster High School - HWDSB	23:12	3	
23	Asifzaman Mohammad	Westmount Secondary School	23:12	3	
24	David Park	Westdale S.S. - HWDSB	23:14	3	
25	Dardan Murati	Nora Francis Henderson S.S. -	23:29	3	
26	Isaac Flosman Bourne	Waterdown District - HWDSB	23:32	3	
27	Vaaray Gehlot	Westmount Secondary School	23:36	3	
28	James Rivera	Westmount Secondary School	23:46	3	
29	Josiah Friesen	Sir Allan MacNab S.S. - HWDSB	24:19	3	
30	Sameer Desai	Ancaster High School - HWDSB	25:17	3	
31	Abraham Park	Westdale S.S. - HWDSB	26:03	4	
32	Joseph Farha	Waterdown District - HWDSB	26:04	4	
33	Tarryn Charnock	Dundas Valley S.S. - HWDSB	26:11	4	
34	Felipe Diaz-Torres	Waterdown District - HWDSB	30:04	4	
35	Randy Jackson	Sir Winston Churchill S.S. - H	31:06	4	
36	Khoi Vu	Nora Francis Henderson S.S. -	31:59	4	
37	Alexander Vrabac	Sherwood S.S. - HWDSB	33:34	4	
38	Mohamed Mataha	Bernie Custis S.S. - HWDSB	35:40	4	

**Event 7 Women 6k Run CC Senior**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>	<b>Points</b>
<b>Results - Women</b>					
1	Florina Keller	Westdale S.S. - HWDSB	24:20	1	
2	Karen Castillo	Westdale S.S. - HWDSB	24:29	1	
3	Vanessa Giannou	Ancaster High School - HWDSB	24:49	1	
4	Sylvia Nyakundi	Dundas Valley S.S. - HWDSB	25:12	1	
5	Dorothy Brown	Westdale S.S. - HWDSB	26:04	1	
6	Hannah Dietrich	Sir Allan MacNab S.S. - HWDSB	27:06	1	
7	Mya Fairchild	Hamilton District C.H.S. - HWD	27:11	1	
8	Clara Datema	Guido de Bres C.H.S. - HWDSB	28:59	1	
9	Ella Macintosh	Dundas Valley S.S. - HWDSB	29:29	1	
10	Kaelyn McNulty	Dundas Valley S.S. - HWDSB	29:34	1	
11	Serena ROUNG	Dundas Valley S.S. - HWDSB	29:42	2	
12	Kate Fox	Westdale S.S. - HWDSB	31:06	2	
13	Emilia Berg	Ancaster High School - HWDSB	31:19	2	
14	Kristin Dewaard	Hamilton District C.H.S. - HWD	31:20	2	
15	Sophia Hoffman	Glendale S.S. - HWDSB	31:21	2	
16	Hannah Vander Meulen	Hamilton District C.H.S. - HWD	31:25	2	
17	Ellen Scott	Westdale S.S. - HWDSB	31:46	2	
18	Isabella Goldner	Westmount Secondary School	31:49	2	
19	Nora Bauer	Dundas Valley S.S. - HWDSB	32:16	2	
20	Leah Murphy	Dundas Valley S.S. - HWDSB	32:17	2	
21	Maeve McCarthy	Nora Francis Henderson S.S. -	32:20	3	
22	Tiffany Lieu	Saltfleet District - HWDSB	32:39	3	
23	Ashley Cubitt	Westmount Secondary School	32:45	3	
24	Olivia Cleva	Ancaster High School - HWDSB	32:59	3	
25	Noella Major	Westmount Secondary School	33:11	3	
26	Molly Pysklywec	Westdale S.S. - HWDSB	36:03	3	

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	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>	<b>Points</b>
27	Deborah Cruz	Westmount Secondary School	37:01	3	
28	Anastasia Polulyakhova	Saltfleet District - HWDSB	39:35	3	
29	Julia Querol Alriols	Saltfleet District - HWDSB	39:38	3	
30	Madison Zuk	Sir Winston Churchill S.S. - H	40:30	3	
31	Elizabeth Aitchison	Sherwood S.S. - HWDSB	42:56	4	
32	Kayleigh Thoburn	Sir Winston Churchill S.S. - H	46:03	4	
33	Isabel Leva Mesa	Sir Winston Churchill S.S. - H	46:10	4	
34	Serenity Raouf	Sherwood S.S. - HWDSB	47:32	4	
35	Tiana Santoro	Sir Winston Churchill S.S. - H	50:35	4	

**Event 8 Men 6k Run CC Senior**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>	<b>Points</b>
<b>Results - Men</b>					
1	Iain Thompson	Dundas Valley S.S. - HWDSB	20:12	1	
2	Ben Keller	Westdale S.S. - HWDSB	20:16	1	
3	Porter Lakhanpal	Westmount Secondary School	20:17	1	
4	Cohen Ledger	Dundas Valley S.S. - HWDSB	21:01	1	
5	Yassin Saleh	Bernie Custis S.S. - HWDSB	21:19	1	
6	Albert Lanting	Guido de Bres C.H.S - HWDSB	21:25	1	
7	Pj Morgan	Ancaster High School - HWDSB	21:35	1	
8	Tyrus Maga	Dundas Valley S.S. - HWDSB	21:45	1	
9	Thomas Spring	Waterdown District - HWDSB	21:58	1	
10	Callum Holt	Ancaster High School - HWDSB	22:22	1	
11	Bryce Neary	Dundas Valley S.S. - HWDSB	22:29	2	
12	Nickolas Cover	Glendale S.S. - HWDSB	23:28	2	
13	Kai Sulentic	Dundas Valley S.S. - HWDSB	23:32	2	
14	Connor Dickson	Westdale S.S. - HWDSB	23:53	2	
15	Oskar Mills	Ancaster High School - HWDSB	23:55	2	
16	Nathaniel Walsom	Westdale S.S. - HWDSB	24:32	2	
17	Justin Fraleigh	Dundas Valley S.S. - HWDSB	24:37	2	
18	Hussien Aldama	Bernie Custis S.S. - HWDSB	24:37	2	
19	Fisher Smith	Sherwood S.S. - HWDSB	24:38	2	
20	Judah Bailey	Westmount Secondary School	24:54	2	
21	Cameron Mason	Dundas Valley S.S. - HWDSB	24:57	3	
22	Jonah Burleigh	Ancaster High School - HWDSB	25:07	3	
23	Holden Stoddart	Ancaster High School - HWDSB	25:11	3	
24	Kieran Walters	Westdale S.S. - HWDSB	25:11	3	
25	Benjamin Uretsky	Waterdown District - HWDSB	25:23	3	
26	Owen Miller	Westmount Secondary School	25:24	3	
27	William Kerr	Ancaster High School - HWDSB	25:25	3	
28	Leo Li	Waterdown District - HWDSB	25:33	3	
29	Robert Hanisco	Dundas Valley S.S. - HWDSB	25:40	3	
30	Alex Renwick	Dundas Valley S.S. - HWDSB	25:40	3	
31	Ashton Strating	Guido de Bres C.H.S - HWDSB	25:42	4	
32	Darian Rezvan	Ancaster High School - HWDSB	25:48	4	
33	Grant Fairley	Dundas Valley S.S. - HWDSB	25:48	4	
34	Luke Hodgson	Westdale S.S. - HWDSB	25:54	4	
35	Ethan Koning	Guido de Bres C.H.S - HWDSB	26:53	4	
36	Evan Martens	Orchard Park S.S. - HWDSB	27:18	4	
37	Hamza Zahid	Glendale S.S. - HWDSB	27:29	4	

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<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>	<b>Points</b>
38 Osama Batsh	Waterdown District - HWDSB	27:34	4	
39 Andrius Simonavitchious	Westmount Secondary School	28:01	4	
40 Ryan Weylie	Ancaster High School - HWDSB	29:31	4	
41 Cong Thanh Hoang	Nora Francis Henderson S.S. -	29:32	5	
42 Dylan Beattie	Sir Allan MacNab S.S. - HWDSB	29:34	5	
43 Daniel Li	Westmount Secondary School	30:09	5	
44 Spiro Parashis	Westdale S.S. - HWDSB	30:43	5	
45 Conrad He	Westmount Secondary School	30:44	5	
46 Ethan Tumber	Westdale S.S. - HWDSB	31:22	5	
47 Griffen Wall	Westdale S.S. - HWDSB	31:36	5	
48 Kaya Duyar	Saltfleet District - HWDSB	31:46	5	
49 Caleb Vanderstoep	Glendale S.S. - HWDSB	31:52	5	
50 Nathaniel Silliker	Dundas Valley S.S. - HWDSB	31:52	5	
51 Amal Chalayil Sreekumar	Waterdown District - HWDSB	32:40	6	
52 Lochlan Filman	Saltfleet District - HWDSB	33:03	6	
53 Kael Smith	Sir Winston Churchill S.S. - H	33:13	6	
54 Owen Chrysler	Sherwood S.S. - HWDSB	33:30	6	
55 Mustafa Abdullahi Mohamed	Bernie Custis S.S. - HWDSB	34:33	6	