

HWIAC Secondary
Track and Field - 5/16/2018
Mohawk Sports Park
Results

Event 1 Women Open 100 Meter Dash Midget

Name	Year	School	Prelims	H#
Preliminaries				
1 Ashanti Robertson		NORA HENDERSON	13.97q	4
2 Angel Aboagye		G.P. VANIER	14.05q	3
3 Jessica Barz		DUNDAS VALLEY	14.08q	5
4 Kaitlynn Stewart		MCKINNON PAR	14.15q	2
5 Hayley Murray		WESTDALE	14.30q	5
6 Kaelyn Vanderniet		HAMILTON DISTRICT	14.31q	6
6 Peyton Marof		WESTDALE	14.31q	3
8 Katie VanDam		GUIDO DE BRES	14.45q	3
9 Megan Sierdsma		DUNNVILLE SECONDARY	14.54	4
10 Jordan Sierdsma		DUNNVILLE SECONDARY	14.72	1
11 Hannah Crealock		G.P. VANIER	14.83	5
12 Ruth Ann Bos		HAMILTON DISTRICT	14.92	6
13 Tahnikwa Forbes-Dauphin		G.P. VANIER	14.96	1
14 Trinity Smith		WESTMOUNT	14.98	6
14 Emily Pickles		SALTFLEET	14.98	1
16 Bianca Ryerse		CAYUGA SECONDARY	15.10	5
16 Macy Timofejew		WESTMOUNT	15.10	2
18 Elyse Baigent		ORCHARD PARK	15.16	4
19 Hailey Rea		WESTMOUNT	15.21	5
20 Megan Castro		DUNDAS VALLEY	15.22	2
21 Jeevon Twana		ORCHARD PARK	15.25	4
22 Zoe Brotherston		WATERDOWN	15.26	1
23 Jenny Zhao		WESTMOUNT	15.31	6
24 Hannah James		WESTDALE	15.32	3
25 Haoua Abakar		G.P. VANIER	15.46	2
26 Jun Bennie		WESTMOUNT	15.47	1
27 Janina Furaha		SIR ALLAN MACNAB	15.70	6
28 Riana Anderson		SIR WINSTON	16.05	5
29 Betty Oman		ANCASTER HIGH	16.29	6
30 Kylie Minns		NORA HENDERSON	16.32	3
31 Emma Whitehouse		ANCASTER HIGH	16.51	6
32 Shanice Davis		ORCHARD PARK	16.63	2
33 Abbey Rowe		G.P. VANIER	17.58	4

Event 1 Women Open 100 Meter Dash Midget

Name	Year	School	Finals
Finals			
1 Kaelyn Vanderniet		HAMILTON DISTRICT	13.84
2 Ashanti Robertson		NORA HENDERSON	13.94
3 Kaitlynn Stewart		MCKINNON PAR	13.96
4 Jessica Barz		DUNDAS VALLEY	14.20
5 Peyton Marof		WESTDALE	14.25
6 Hayley Murray		WESTDALE	14.29
7 Katie VanDam		GUIDO DE BRES	14.62

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Event 2 Men Open 100 Meter Dash Midget

Name	Year School	Prelims	H#
Preliminaries			
1 Daniel Reader	WESTMOUNT	11.64q	4
2 Domenic Barresi	MCKINNON PAR	11.81q	3
3 Aidan Zimmerman	HAMILTON DISTRICT	12.67q	4
4 Ezra Rodil	NORA HENDERSON	12.69q	2
5 Bibbian Hamilton	DELTA	12.83q	2
6 Jaylan Caxton-Iduwo	HAMILTON DISTRICT	12.85q	4
7 Parson Whitehead	HAMILTON DISTRICT	12.87q	4
8 RJ Kroes	WATERDOWN	13.11q	3
9 Blake Vanegmond	GUIDO DE BRES	13.14	2
10 Elijah Jans	GUIDO DE BRES	13.19	1
11 Oliver Sant	ANCASTER HIGH	13.21	4
12 Carter Rhind	WATERDOWN	13.23	3
13 Josh Weisbrod	WATERDOWN	13.60	1
14 Jonas Korver	SIR ALLAN MACNAB	13.64	4
15 Patrick Woolsey	WATERDOWN	13.85	2
16 Kofi Donaldson	WESTDALE	13.90	1
17 Connor Davison	DUNNVILLE SECONDARY	14.17	1
18 Niraj Dhaliwal	WATERDOWN	14.45	1
19 Mark Kesman	DUNDAS VALLEY	14.47	2
20 Blake Barry	ANCASTER HIGH	14.67	3

Event 2 Men Open 100 Meter Dash Midget

Name	Year School	Finals
Finals		
1 Daniel Reader	WESTMOUNT	11.47
2 Domenic Barresi	MCKINNON PAR	11.53
3 Ezra Rodil	NORA HENDERSON	12.60
4 RJ Kroes	WATERDOWN	12.74
5 Aidan Zimmerman	HAMILTON DISTRICT	12.75
6 Parson Whitehead	HAMILTON DISTRICT	12.89
7 Jaylan Caxton-Iduwo	HAMILTON DISTRICT	12.94
8 Bibbian Hamilton	DELTA	12.97

Event 3 Women Open 200 Meter Dash Midget

Name	Year School	Finals	H#
1 Kaelyn Vanderniet	HAMILTON DISTRICT	29.31	3
2 Ashanti Robertson	NORA HENDERSON	29.62	2
3 Angel Aboagye	G.P. VANIER	29.79	1
4 Kaitlynn Stewart	MCKINNON PAR	30.21	2
5 Lily Riley	WESTMOUNT	30.32	5
6 Peyton Marof	WESTDALE	30.33	3
7 Tahnika Forbes-Dauphin	G.P. VANIER	30.55	3
8 Jane Whetstone	HAMILTON DISTRICT	30.65	5
9 Loudemina van der Mark	HAMILTON DISTRICT	31.01	5
10 Kylie Hemlock-Smith	MCKINNON PAR	31.16	4
11 Shantel Marulanda	WESTMOUNT	31.37	3
12 Jeevon Twana	ORCHARD PARK	31.44	4

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....Event 3 Women Open 200 Meter Dash Midget

13 Hailey Rea	WESTMOUNT	31.65	2
14 Hannah James	WESTDALE	31.95	2
15 Elysse Baigent	ORCHARD PARK	31.97	3
16 Emalee Stroud	CAYUGA SECONDARY	32.14	3
17 Bianca Ryerse	CAYUGA SECONDARY	32.22	4
18 Narayan Bolduc-Kindree	WATERDOWN	32.47	1
19 Lilianna Peirson	CAYUGA SECONDARY	32.60	1
20 Charlotte Molata	WESTMOUNT	32.67	4
21 Megan Castro	DUNDAS VALLEY	32.94	5
22 Betty Oman	ANCASTER HIGH	33.20	4

Event 4 Men Open 200 Meter Dash Midget

Name	Year School	Finals	H#
1 Domenic Barresi	MCKINNON PAR	23.41	1
2 Daniel Reader	WESTMOUNT	23.57	2
3 Parson Whitehead	HAMILTON DISTRICT	25.93	2
4 Calvin Vanderlaan	GUIDO DE BRES	26.07	1
5 RJ Kroes	WATERDOWN	26.54	2
6 Bibbian Hamilton	DELTA	27.15	2
7 Carter Rhind	WATERDOWN	27.61	1
8 Josh Weisbrod	WATERDOWN	28.42	1
9 Patrick Woolsey	WATERDOWN	28.95	1
10 Niraj Dhaliwal	WATERDOWN	29.70	2
11 Kofi Donaldson	WESTDALE	30.33	2

Event 5 Women Open 400 Meter Dash Midget

Name	Year School	Finals	H#
1 Kaylee Allen	DUNDAS VALLEY	1:04.93	2
2 Leah Waite	DUNDAS VALLEY	1:05.82	2
3 Hannah Whetstone	HAMILTON DISTRICT	1:06.37	2
4 Anna Knigavko	WESTMOUNT	1:09.64	1
5 Cathy Fan	WESTMOUNT	1:11.89	1
6 Aurora Thorpe	MCKINNON PAR	1:12.12	1
7 Kylie Hemlock-Smith	MCKINNON PAR	1:13.10	2
8 Lilianna Peirson	CAYUGA SECONDARY	1:13.31	2
9 Emalee Stroud	CAYUGA SECONDARY	1:17.71	1
10 Victorija Todorovic	DUNNVILLE SECONDARY	1:18.46	1
11 Jenny Zhao	WESTMOUNT	1:18.54	2

Event 6 Men Open 400 Meter Dash Midget

Name	Year School	Finals	H#
1 Daniel Reader	WESTMOUNT	53.05	2
2 Calvin Vanderlaan	GUIDO DE BRES	59.61	2
3 William Porterfield	ORCHARD PARK	1:01.08	1
4 Blake Vanegmond	GUIDO DE BRES	1:04.46	2
5 Patrick Woolsey	WATERDOWN	1:06.66	1
6 Niraj Dhaliwal	WATERDOWN	1:12.38	1

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Event 7 Women Open 800 Meter Run Midget

Name	Year	School	Finals	H#
1 Versailla Kahnamoui		WATERDOWN	2:32.53	1
2 Anna Grabowski		WATERDOWN	2:35.05	2
3 Jane Whetstone		HAMILTON DISTRICT	2:41.65	1
4 Emily Richer		DUNDAS VALLEY	2:45.79	2
5 Stephanie Spooner		WESTMOUNT	2:48.97	2
6 Rachel Hambly		HAMILTON DISTRICT	2:51.88	2
7 Anna Knigavko		WESTMOUNT	2:53.97	2
8 Kylie Hemlock-Smith		MCKINNON PAR	3:00.81	1
9 Aurora Thorpe		MCKINNON PAR	3:03.37	2
10 Meriah Fisher		SALTFLEET	3:04.83	1
11 Joanna Vallenga		HAMILTON DISTRICT	3:19.87	1
12 Zyanne Griffith		SIR JOHN A M	3:32.12	2
13 Amber Lee		SIR JOHN A M	3:49.01	1

Event 8 Men Open 800 Meter Run Midget

Name	Year	School	Finals
1 Jakob Koning		GUIDO DE BRES	2:26.66
2 Henry Vis		GUIDO DE BRES	2:28.86
3 Prince Deol		WATERDOWN	2:31.14
4 Craig Woolridge		NORA HENDERSON	2:32.55
5 Reuben Harsevoort		GUIDO DE BRES	2:32.83
6 Jimmy Singh		ROBERT LAND ACADEMY	2:33.03
7 Michael Paine		MCKINNON PAR	2:43.34

Event 9 Women Open 1500 Meter Run Midget

Name	Year	School	Finals
1 Anna Grabowski		WATERDOWN	5:18.92
2 Emma McNabney		ANCASTER HIGH	5:42.57
3 Hannah Whetstone		HAMILTON DISTRICT	5:48.04
4 Emily Richer		DUNDAS VALLEY	5:54.89
5 Ruth Ann Bos		HAMILTON DISTRICT	5:58.46
6 Stephanie Spooner		WESTMOUNT	6:03.34
7 Rachel Hambly		HAMILTON DISTRICT	6:05.86
8 Kylie Woodhall		WATERDOWN	6:10.07
9 Alberta Pullin		DUNDAS VALLEY	6:10.60
10 Rylie Abbott		ORCHARD PARK	6:21.96
11 Ingrid Christoffersen		WESTMOUNT	6:22.66
12 Meriah Fisher		SALTFLEET	6:25.67
13 Victorija Todorovic		DUNNVILLE SECONDARY	6:33.51
14 Joanna Vallenga		HAMILTON DISTRICT	6:41.84
15 Julia Colwell		ORCHARD PARK	6:45.83
-- Britney McDonald		WESTDALE	DNF
-- Kira Thoburn		SIR WINSTON	DNF
-- Ella Hendriks		DUNDAS VALLEY	DNF

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Event 10 Men Open 1500 Meter Run Midget

Name	Year	School	Finals
1 Jacob Chant		WATERDOWN	4:42.55
2 David Rule		WESTMOUNT	4:43.27
3 Jakob Koning		GUIDO DE BRES	5:02.56
4 Prince Deol		WATERDOWN	5:06.96
5 Samuel Jonker		GUIDO DE BRES	5:09.50
6 Craig Woolridge		NORA HENDERSON	5:12.98
7 Calvin Melanson		ANCASTER HIGH	5:15.05
8 Jimmy Singh		ROBERT LAND ACADEMY	5:15.12
9 John Greenhough		ANCASTER HIGH	5:22.35
10 Aaron Oppertshauser		HAMILTON DISTRICT	5:25.75
11 Henry Vis		GUIDO DE BRES	5:25.89
12 Michael Paine		MCKINNON PAR	5:28.89

Event 11 Women Open 3000 Meter Run Midget

Name	Year	School	Finals
1 Alberta Pullin		DUNDAS VALLEY	13:47.29
2 Camryn Bowler		WATERDOWN	13:56.45
3 Rylie Abbott		ORCHARD PARK	13:56.71
4 Emily Richer		DUNDAS VALLEY	16:58.62

Event 12 Men Open 3000 Meter Run Midget

Name	Year	School	Finals
1 Jacob Chant		WATERDOWN	9:55.61
2 William Porterfield		ORCHARD PARK	9:59.72
3 David Rule		WESTMOUNT	10:02.21
4 Calvin Melanson		ANCASTER HIGH	11:21.68
5 Samuel Jonker		GUIDO DE BRES	11:25.76
6 John Greenhough		ANCASTER HIGH	11:26.05

Event 13 Women Open 80 Meter Hurdles Midget

Name	Year	School	Finals	H#
1 Leah Waite		DUNDAS VALLEY	14.62	2
2 Haley Murray		WESTDALE	14.66	2
3 Kaylee Allen		DUNDAS VALLEY	15.14	2
4 Zoe Brotherston		WATERDOWN	16.10	1
5 Grace Terhljan		DUNDAS VALLEY	16.27	2
6 Alexis Doolittle		MCKINNON PAR	16.33	2
7 Shantel Marulanda		WESTMOUNT	16.66	1
8 Trinity Smith		WESTMOUNT	16.78	1
9 Janina Furaha		SIR ALLAN MACNAB	17.55	2
10 Autumn Fogal		NORA HENDERSON	17.83	1

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Event 14 Men Open 100 Meter Hurdles Midget

Name	Year School	Finals
1 Ezra Rodil	NORA HENDERSON	17.35
2 Connor Davison	DUNNVILLE SECONDARY	20.76

Event 15 Women Open 300 Meter Hurdles Midget

Name	Year School	Finals
1 Kaylee Allen	DUNDAS VALLEY	51.28
2 Leah Waite	DUNDAS VALLEY	52.38
3 Breagha Sharpe	MCKINNON PAR	55.46
4 Grace Terhljan	DUNDAS VALLEY	57.78
5 Zyanne Griffith	SIR JOHN A M	58.91

Event 16 Men Open 300 Meter Hurdles Midget

Name	Year School	Finals
1 Ezra Rodil	NORA HENDERSON	49.85
2 Michael Paine	MCKINNON PAR	54.37

Event 17 Women Open High Jump Midget

Name	Year School	Finals
1 Megan Sierdsma	DUNNVILLE SECONDARY	1.30m
2 Shaun Brennan	HAMILTON DISTRICT	1.30m
3 Alex Rorie	DUNDAS VALLEY	1.20m
-- Aless Cochran	DUNDAS VALLEY	DNF
-- Rylee Green	DUNDAS VALLEY	DNF

Event 18 Men Open High Jump Midget

Name	Year School	Finals
1 Brady Tanner	DUNDAS VALLEY	1.60m
2 Luke Bartels	GUIDO DE BRES	1.60m
3 Calvin Vanderlaan	GUIDO DE BRES	1.40m
4 Mark Kesman	DUNDAS VALLEY	1.35m
5 Jackson Bouwman	GUIDO DE BRES	1.35m

Event 21 Women Open Long Jump Midget

Name	Year School	Finals
1 Zoe Lowe	DUNDAS VALLEY	4.30m
1 Katie VanDam	GUIDO DE BRES	4.30m
3 Kaitlynn Stewart	MCKINNON PAR	4.26m
4 Versailla Kahnamoui	WATERDOWN	4.11m
5 Jordan Sierdsma	DUNNVILLE SECONDARY	4.10m
6 Jessica Barz	DUNDAS VALLEY	4.10m
7 Kaelyn Vanderniet	HAMILTON DISTRICT	4.08m
8 Janina Furaha	SIR ALLAN MACNAB	3.90m

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....Event 21 Women Open Long Jump Midget

9	Jadyn Westenberg	WESTMOUNT	3.80m
10	Aless Cochran	DUNDAS VALLEY	3.78m
10	Miriam Harris	HAMILTON DISTRICT	3.78m
12	Megan Hulzebosch	GUIDO DE BRES	3.70m
13	Shaun Brennan	HAMILTON DISTRICT	3.63m
14	Camryn Bowler	WATERDOWN	3.60m
15	Emalee Stroud	CAYUGA SECONDARY	3.55m
15	Lilianna Peirson	CAYUGA SECONDARY	3.55m
17	Breagha Sharpe	MCKINNON PAR	3.45m
17	Jun Bennie	WESTMOUNT	3.45m
19	Elysse Baigent	ORCHARD PARK	3.24m
20	Shantel Marulanda	WESTMOUNT	3.23m
20	Zyanne Griffith	SIR JOHN A M	3.23m
22	Joanna Vallenga	HAMILTON DISTRICT	3.11m
23	Aurora Thorpe	MCKINNON PAR	2.88m
24	Betty Oman	ANCASTER HIGH	2.39m
--	Lily Freeman	DUNDAS VALLEY	DNF
--	Macy Timofejew	WESTMOUNT	DNF
--	Amber Lee	SIR JOHN A M	DNF

Event 22 Men Open Long Jump Midget

Name	Year	School	Finals
1	Domenic Barresi	MCKINNON PAR	5.66m
2	Luke Bartels	GUIDO DE BRES	5.18m
3	Oliver Sant	ANCASTER HIGH	4.90m
4	Blake Vanegmond	GUIDO DE BRES	4.69m
5	Brenden Heeney	DUNDAS VALLEY	4.67m
6	Luke Diamond	WESTMOUNT	4.58m
7	Brady Tanner	DUNDAS VALLEY	4.51m
8	Jonas Korver	SIR ALLAN MACNAB	4.20m
9	Mark Kesman	DUNDAS VALLEY	4.06m
10	Kofi Donaldson	WESTDALE	3.94m
--	Bibbian Hamilton	DELTA	DNF

Event 23 Women Open Triple Jump Midget

Name	Year	School	Finals
1	Zoe Lowe	DUNDAS VALLEY	9.38m
2	Grace Terhljan	DUNDAS VALLEY	8.90m
3	Megan Hulzebosch	GUIDO DE BRES	8.67m
4	Megan Sierdsma	DUNNVILLE SECONDARY	8.63m
5	Jordan Sierdsma	DUNNVILLE SECONDARY	8.53m
6	Lily Freeman	DUNDAS VALLEY	8.30m
7	Jadyn Westenberg	WESTMOUNT	8.09m
8	Aless Cochran	DUNDAS VALLEY	7.90m
9	Loudemina van der Mark	HAMILTON DISTRICT	7.68m
10	Jane Whetstone	HAMILTON DISTRICT	7.33m

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Event 24 Men Open Triple Jump Midget

Name	Year School	Finals
1 Oliver Sant	ANCASTER HIGH	10.60m
2 Jeremy Salomons	GUIDO DE BRES	9.82m
3 William Porterfield	ORCHARD PARK	9.79m
4 Reuben Harsevoort	GUIDO DE BRES	9.40m
5 Jackson Bouwman	GUIDO DE BRES	9.32m
6 Brody Heeringa	GUIDO DE BRES	8.40m

Event 25 Women Open Shot Put 3 kg Midget

Name	Year School	Finals
1 Alexis Doolittle	MCKINNON PAR	9.44m
2 Samantha Bartels	GUIDO DE BRES	8.73m
3 Keona Hussan	DUNDAS VALLEY	8.26m
4 Katie Travis	DUNDAS VALLEY	8.20m
5 Jeevon Twana	ORCHARD PARK	7.43m
6 Shanice Davis	ORCHARD PARK	7.14m
7 Jenna Chrstianson	DUNDAS VALLEY	6.94m
8 Narayan Bolduc-Kindree	WATERDOWN	6.41m

Event 26 Men Open Shot Put 4 kg Midget

Name	Year School	Finals
1 Jaden Hoogsteen	GUIDO DE BRES	10.50m
2 Elijah Jans	GUIDO DE BRES	10.09m
3 Nathan Plummer	MCKINNON PAR	9.58m
4 Cash Cobb	DUNDAS VALLEY	9.27m
5 Jason Bryce	MCKINNON PAR	8.94m

Event 27 Women Open Discus Throw 1kg Midget

Name	Year School	Finals
1 Alexis Doolittle	MCKINNON PAR	22.11m
2 Jenna Chrstianson	DUNDAS VALLEY	19.86m
3 Samantha Bartels	GUIDO DE BRES	19.57m
4 Kira Verschoor	DUNDAS VALLEY	19.35m
5 Nina Kukic	SALTFLEET	18.90m
6 Katie Travis	DUNDAS VALLEY	18.85m
7 Melissa Tougher	SALTFLEET	15.96m
8 Keona Hussan	DUNDAS VALLEY	14.29m

Event 28 Men Open Discus Throw 1kg Midget

Name	Year School	Finals
1 Daniel Andric	SIR WINSTON	33.82m
2 Brenden Heeney	DUNDAS VALLEY	31.36m
3 Jason Bryce	MCKINNON PAR	27.99m
4 Nathan Plummer	MCKINNON PAR	27.93m
5 Kai Nunn	ANCASTER HIGH	24.65m

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....Event 28 Men Open Discus Throw 1kg Midget

6	Blake Barry	ANCASTER HIGH	23.48m
7	Brody Heeringa	GUIDO DE BRES	16.65m
8	Jeremy Salomons	GUIDO DE BRES	16.55m
--	Jaden Hoogsteen	GUIDO DE BRES	DNF

Event 29 Women Open Javelin Throw 600g Midget

Name	Year	School	Finals	
1		Melissa Tougher	SALTFLEET	28.24m
2		Samantha Bartels	GUIDO DE BRES	23.08m
3		Keona Hussan	DUNDAS VALLEY	22.77m
4		Kira Verschoor	DUNDAS VALLEY	22.66m
5		Katie Travis	DUNDAS VALLEY	22.55m
6		Breagha Sharpe	MCKINNON PAR	21.81m
7		Nina Kukic	SALTFLEET	21.65m
8		Hannah Pittman	ORCHARD PARK	19.22m
9		Jenna Chrstianson	DUNDAS VALLEY	14.97m
10		Shaun Brennan	HAMILTON DISTRICT	13.14m
11		Victorija Todorovic	DUNNVILLE SECONDARY	9.79m

Event 30 Men Open Javelin Throw 600g Midget

Name	Year	School	Finals	
1		Kai Nunn	ANCASTER HIGH	33.33m
2		Brenden Heeney	DUNDAS VALLEY	32.31m
3		Jason Bryce	MCKINNON PAR	29.47m
4		Samuel Jonker	GUIDO DE BRES	27.73m
5		Daniel Andric	SIR WINSTON	27.02m
6		Blake Barry	ANCASTER HIGH	24.64m
7		Jaden Hoogsteen	GUIDO DE BRES	24.58m
8		Nathan Plummer	MCKINNON PAR	24.46m
9		Brody Heeringa	GUIDO DE BRES	21.11m

Event 31 Women Open 4x100 Meter Relay Midget

School	Finals
1 DUNDAS VALLEY	57.28
2 MCKINNON PARK SECONDARY	57.39
1) Alexis Doolittle	2) Aurora Thorpe
3) Kaitlynn Stewart	4) Kylie Hemlock-Smith
3 G.P. VANIER	57.56
1) Haoua Abakar	2) Angel Aboagye
3) Hannah Crealock	4) Tahnikwa Forbes-Dauphin
4 HAMILTON DISTRICT	58.13
1) Ruth Ann Bos	2) Rachel Hambly
3) Miriam Harris	4) Loudemina van der Mark
5 WESTMOUNT	58.56
1) Lily Riley	2) Charlotte Molata
3) Cathy Fan	4) Stephanie Spooner
6 WATERDOWN	1:01.52
1) Caitlyn Burley	2) Carrie Springer

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....Event 31 Women Open 4x100 Meter Relay Midget

3) Zoe Brotherston	4) Narayan Bolduc-Kindree
7 SIR WINSTON CHURCHILL	1:03.39
1) Sierra Arsenault	2) Kira Thoburn
3) Kiana McBurnie	4) Riana Anderson

Event 32 Men Open 4x100 Meter Relay Midget

School	Finals
1 GUIDO DE BRES	50.69
1) Elijah Jans	2) Blake Vanegmond
3) Calvin Vanderlaan	4) Luke Bartels
2 WATERDOWN	53.52
1) Josh Weisbrod	2) Patrick Woolsey
3) Carter Rhind	4) RJ Kroes

Event 33 Women Open 100 Meter Dash Junior

Name	Year School	Prelims	H#
Preliminaries			
1 Patrice Temush	DUNDAS VALLEY	12.91q	2
2 Meaghan Koning	GUIDO DE BRES	13.66q	3
3 Jordan Rogers	WESTMOUNT	13.73q	3
4 Lauren Kennedy	ANCASTER HIGH	13.98q	1
5 Kiernan Knight	ANCASTER HIGH	14.19q	2
6 Clare Malhinha	WATERDOWN	14.21q	1
7 Hannah Wolfenden	HAMILTON DISTRICT	14.38q	3
8 Vanessa Olayiwola	NORA HENDERSON	14.74q	2
9 Lily Kuilboer	CAYUGA SECONDARY	15.07	1
10 Emily Holjak	WESTMOUNT	15.20	3
11 Janea Achioso	SALTFLEET	15.30	2
12 Dema Darwish	NORA HENDERSON	15.47	1
13 Nikki Kim	SALTFLEET	15.55	2
14 Kedrea Bond	DELTA	16.59	1
15 Siddrha Marks	SALTFLEET	16.83	2

Event 33 Women Open 100 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Patrice Temush	DUNDAS VALLEY	12.96
2 Meaghan Koning	GUIDO DE BRES	13.41
3 Jordan Rogers	WESTMOUNT	13.62
4 Clare Malhinha	WATERDOWN	13.79
5 Lauren Kennedy	ANCASTER HIGH	13.86
6 Kiernan Knight	ANCASTER HIGH	14.29
7 Hannah Wolfenden	HAMILTON DISTRICT	14.38
8 Vanessa Olayiwola	NORA HENDERSON	14.83

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Event 34 Men Open 100 Meter Dash Junior

Name	Year School	Prelims	H#
Preliminaries			
1 Shakeele Simon	WESTDALE	11.95q	3
2 Evan Regnerus	MCKINNON PAR	12.22q	3
3 Raiyan bin Sayeed	WESTDALE	12.26q	2
4 Denver Reitsma	ANCASTER HIGH	12.49q	4
5 Cameron Thompson	WESTDALE	12.50q	4
6 Nicholas Alkema	GUIDO DE BRES	12.51q	3
7 Ben Vos	GUIDO DE BRES	12.55q	2
8 Owen Chapman	MCKINNON PAR	12.66q	2
9 Anthony Fraser	WESTMOUNT	12.68	4
10 Ken Luong	WESTMOUNT	12.72	4
11 Matthew Begbie	WESTMOUNT	12.86	1
12 Turjo Rafid	WESTDALE	12.87	4
13 Brendan Podvorac	ANCASTER HIGH	12.89	2
14 Demarco Lawrence	WESTDALE	12.90	1
15 Vincent Ali	DUNNVILLE SECONDARY	13.40	1
16 Eduardo Guzman	SIR WINSTON	13.74	3
17 Pablo Lescure Epifanio	ROBERT LAND ACADEMY	13.78	3
18 Marcus Werner	ROBERT LAND ACADEMY	14.11	1
19 Victoire Ndambaka	G.P. VANIER	14.18	4

Event 34 Men Open 100 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Shakeele Simon	WESTDALE	11.75
2 Evan Regnerus	MCKINNON PAR	12.01
3 Raiyan bin Sayeed	WESTDALE	12.21
4 Nicholas Alkema	GUIDO DE BRES	12.29
5 Ben Vos	GUIDO DE BRES	12.34
6 Denver Reitsma	ANCASTER HIGH	12.41
7 Cameron Thompson	WESTDALE	12.50
8 Owen Chapman	MCKINNON PAR	12.66

Event 35 Women Open 200 Meter Dash Junior

Name	Year School	Finals	H#
1 Patrice Temush	DUNDAS VALLEY	27.41	3
2 Meaghan Koning	GUIDO DE BRES	28.26	3
3 Sarah Bland	WESTMOUNT	28.63	3
4 Jordan Rogers	WESTMOUNT	28.77	1
5 Clare Malhinha	WATERDOWN	28.82	2
6 Heidi Nelson	WESTDALE	28.96	3
7 Gurman Neve	DELTA	29.79	1
8 Lauren Kennedy	ANCASTER HIGH	30.40	3
9 Emily Holjak	WESTMOUNT	31.53	2
10 Vanessa Olayiwola	NORA HENDERSON	31.61	2
11 Dema Darwish	NORA HENDERSON	31.78	1
12 Janea Achioso	SALTFLEET	32.34	2
13 Tritinty Wilson	DELTA	33.22	3

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Event 36 Men Open 200 Meter Dash Junior

Name	Year	School	Finals	H#
1 Declan Sutherland-Case		WESTDALE	24.60	4
2 Shakeele Simon		WESTDALE	24.94	2
3 Dawsen Schutten		GUIDO DE BRES	25.20	4
4 Nicholas Alkema		GUIDO DE BRES	25.45	4
5 Raiyan bin Sayeed		WESTDALE	25.60	1
6 Denver Reitsma		ANCASTER HIGH	25.70	1
7 Ken Luong		WESTMOUNT	25.92	3
8 Ben Vos		GUIDO DE BRES	25.94	4
9 Cameron Thompson		WESTDALE	26.13	3
10 Anthony Fraser		WESTMOUNT	26.20	2
11 Zach Maharaj		DUNDAS VALLEY	26.38	4
12 Brayden Schutten		GUIDO DE BRES	27.33	1
13 Matthew Begbie		WESTMOUNT	28.00	3
14 Matthew Starr		SIR WINSTON	28.49	3
15 Eduardo Guzman		SIR WINSTON	29.62	2
16 Victoire Ndambaka		G.P. VANIER	29.79	3

Event 37 Women Open 400 Meter Dash Junior

Name	Year	School	Finals
1 Kylie Frost		DUNNVILLE SECONDARY	1:05.87
2 Emily Law		DUNDAS VALLEY	1:13.61
3 Tritinty Wilson		DELTA	1:19.31
4 Maddy Breadner		DUNNVILLE SECONDARY	1:26.45

Event 38 Men Open 400 Meter Dash Junior

Name	Year	School	Finals	H#
1 Declan Sutherland-Case		WESTDALE	53.00	3
2 Leikeze Cheruiyot		SIR ALLAN MACNAB	53.62	3
3 Noah Mulkewich		WESTDALE	54.73	3
4 DaCosta Trotman		NORA HENDERSON	56.95	3
5 Andrew Vandervelde		GUIDO DE BRES	58.20	3
6 Owen Chapman		MCKINNON PAR	58.42	1
7 Yash Matharu		ANCASTER HIGH	1:01.57	1
8 Zach Maharaj		DUNDAS VALLEY	1:01.95	3
9 Cameron Thompson		WESTDALE	1:02.59	2
10 Demarco Lawrence		WESTDALE	1:02.73	2
11 Brayden Schutten		GUIDO DE BRES	1:03.40	2
12 Turjo Rafid		WESTDALE	1:04.27	2
13 Vincent Ali		DUNNVILLE SECONDARY	1:06.10	2
14 Calum Percival		ROBERT LAND ACADEMY	1:09.75	1
15 Isaiah Lopez		SIR JOHN A M	1:14.18	1

Event 39 Women Open 800 Meter Run Junior

Name	Year	School	Finals
1 Sarah Cushnie		WESTDALE	2:25.84
2 Claire Vernon-Pope		WESTDALE	2:35.31

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....Event 39 Women Open 800 Meter Run Junior

3	Courtney Widmer	GUIDO DE BRES	2:46.16
4	Lexie Annonech	DUNDAS VALLEY	2:46.42
5	Erin Schuller	GUIDO DE BRES	2:50.83
6	Nathalie Robinson	NORA HENDERSON	2:52.09
7	Sydney Matheson	WESTMOUNT	2:54.24
8	Samantha Murray	SIR JOHN A M	3:06.80

Event 40 Men Open 800 Meter Run Junior

Name	Year School	Finals	
1	Leikeze Cheruiyot	SIR ALLAN MACNAB	2:13.05
2	Noah Mulkewich	WESTDALE	2:17.73
3	Gerrit Oldejaans	DUNDAS VALLEY	2:18.35
4	Daniel Vanderwal	GUIDO DE BRES	2:20.53
5	Graden Hodgins	WESTMOUNT	2:20.75
6	Yash Matharu	ANCASTER HIGH	2:24.61
7	Liam Yoell	WESTDALE	2:25.80
8	Levi VanVeen	GUIDO DE BRES	2:26.94

Event 41 Women Open 1500 Meter Run Junior

Name	Year School	Finals	
1	Sarah Cushnie	WESTDALE	4:57.56
2	Claire Vernon-Pope	WESTDALE	5:24.13
3	Lexie Annonech	DUNDAS VALLEY	5:41.83
4	Bridget LeDonne	WESTMOUNT	5:47.14
5	Courtney Widmer	GUIDO DE BRES	5:48.82
6	Erin Schuller	GUIDO DE BRES	5:54.76
7	Reagan Minor	DUNNVILLE SECONDARY	6:05.31
8	Emma Frketich	WESTMOUNT	6:44.67

Event 42 Men Open 1500 Meter Run Junior

Name	Year School	Finals	
1	Ethan Summerhays	HAMILTON DISTRICT	4:43.81
2	Liam Yoell	WESTDALE	4:48.23
3	Gerrit Oldejaans	DUNDAS VALLEY	4:51.33
4	Daniel Vanderwal	GUIDO DE BRES	4:58.46
5	Henrique Ghili	HAMILTON DISTRICT	4:59.66
6	Wesley Chapman	WATERDOWN	4:59.80
7	Justin Vanderwoude	GUIDO DE BRES	5:00.24
8	Graden Hodgins	WESTMOUNT	5:04.04
9	Doug Linkert	DUNDAS VALLEY	5:10.04
10	Troy Bowden	ANCASTER HIGH	5:17.56
11	Ethan May	WESTMOUNT	5:18.90
12	Marcus Werner	ROBERT LAND ACADEMY	5:27.68
13	Dariche Nguyen	WESTMOUNT	6:26.67

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Event 43 Women Open 3000 Meter Run Junior

Name	Year School	Finals
1 Claire Vernon-Pope	WESTDALE	11:44.68
2 Lexie Annonech	DUNDAS VALLEY	16:58.69

Event 44 Men Open 3000 Meter Run Junior

Name	Year School	Finals
1 Ethan Summerhays	HAMILTON DISTRICT	9:50.53
2 Rayane Sennaoui	ORCHARD PARK	10:28.66
3 Gerrit Oldejaans	DUNDAS VALLEY	10:29.26
4 Ben Cooper	MCKINNON PAR	10:44.24
5 Justin Vanderwoude	GUIDO DE BRES	10:44.97
6 Levi VanVeen	GUIDO DE BRES	10:47.28
7 Doug Linkert	DUNDAS VALLEY	11:21.62

Event 45 Women Open 80 Meter Hurdles Junior

Name	Year School	Finals
1 Patrice Temush	DUNDAS VALLEY	13.45
2 Emily Law	DUNDAS VALLEY	15.52
3 Vanessa Olayiwola	NORA HENDERSON	16.20
4 Hannah Wolfenden	HAMILTON DISTRICT	16.74
5 Reagan Minor	DUNNVILLE SECONDARY	16.82
6 Regan Berlin	DUNDAS VALLEY	17.83

Event 46 Men Open 100 Meter Hurdles Junior

Name	Year School	Finals
1 Xander Roper	WESTDALE	17.11
2 Ethan May	WESTMOUNT	18.64
3 Anthony Fraser	WESTMOUNT	21.06
4 Aidan Bridge	CAYUGA SECONDARY	25.51

Event 47 Women Open 300 Meter Hurdles Junior

Name	Year School	Finals
1 Grace Cooper	MCKINNON PAR	51.14
2 Emily Law	DUNDAS VALLEY	56.18
3 Reagan Minor	DUNNVILLE SECONDARY	57.46
4 Jayden Bousfield	DUNNVILLE SECONDARY	59.40
5 Emma Frketich	WESTMOUNT	1:03.75
6 Regan Berlin	DUNDAS VALLEY	1:05.05

Event 48 Men Open 300 Meter Hurdles Junior

Name	Year School	Finals
1 Leikeze Cheruiyot	SIR ALLAN MACNAB	42.93
2 Kelvin Luu	SIR JOHN A M	43.77

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....Event 48 Men Open 300 Meter Hurdles Junior

3	DaCosta Trotman	NORA HENDERSON	43.83
4	Dawsen Schutten	GUIDO DE BRES	45.63
5	Xander Roper	WESTDALE	46.67
6	Aidan Bridge	CAYUGA SECONDARY	56.30

Event 49 Women Open High Jump Junior

Name	Year School	Finals
1 Reagan Minor	DUNNVILLE SECONDARY	1.25m

Event 50 Men Open High Jump Junior

Name	Year School	Finals
1 Ayden Dorschner	DUNNVILLE SECONDARY	1.70m
2 Fred Fledderus	HAMILTON DISTRICT	1.65m
3 Andrew Vandervelde	GUIDO DE BRES	1.60m

Event 53 Women Open Long Jump Junior

Name	Year School	Finals
1 Heidi Nelson	WESTDALE	4.75m
2 Grace Cooper	MCKINNON PAR	4.60m
3 Cassandra Joseph	WESTMOUNT	4.48m
4 Mairi Long	CAYUGA SECONDARY	4.13m
5 Tritinty Wilson	DELTA	3.95m

Event 54 Men Open Long Jump Junior

Name	Year School	Finals
1 Kelvin Luu	SIR JOHN A M	5.86m
2 Jacob Dutcher	MCKINNON PAR	5.20m
3 Evan Regnerus	MCKINNON PAR	5.17m
4 Andrew Vandervelde	GUIDO DE BRES	5.02m
5 Owen Chapman	MCKINNON PAR	5.01m
6 Matthew Begbie	WESTMOUNT	4.98m
7 Ethan May	WESTMOUNT	4.81m
8 Mason Oxley	MCKINNON PAR	4.61m
9 Nicholas Alkema	GUIDO DE BRES	4.33m
10 Bailey Hordyk	GUIDO DE BRES	4.27m
11 Xander Roper	WESTDALE	4.16m
12 Kiernan Bridge	MCKINNON PAR	4.14m
13 Wesley Chapman	WATERDOWN	3.98m
14 Hussein Zeno	SIR JOHN A M	3.86m
15 Navonil Tirtho	SIR JOHN A M	3.81m
16 Aidan Bridge	CAYUGA SECONDARY	3.70m

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Event 55 Women Open Triple Jump Junior

Name	Year School	Finals
1 Grace Cooper	MCKINNON PAR	10.46m
2 Mairi Long	CAYUGA SECONDARY	8.73m
3 Jayden Bousfield	DUNNVILLE SECONDARY	8.65m
4 Ellie McMaster	MCKINNON PAR	8.54m
5 Amber Swent	CAYUGA SECONDARY	8.44m

Event 56 Men Open Triple Jump Junior

Name	Year School	Finals
1 Kelvin Luu	SIR JOHN A M	12.08m
2 Jacob Dutcher	MCKINNON PAR	11.38m
3 Matt Heikamp	GUIDO DE BRES	10.03m
4 Kiernan Bridge	MCKINNON PAR	9.54m

Event 57 Women Open Shot Put 3 kg Junior

Name	Year School	Finals
1 Natalie Gelms	GUIDO DE BRES	9.32m
2 Amy Barlow	ORCHARD PARK	8.85m
3 Jordan Matthews	DUNDAS VALLEY	8.80m
4 Larissa Howard	NORA HENDERSON	8.22m
5 Jahnee Edwards	NORA HENDERSON	7.40m
6 Maddie Disalvo	DUNDAS VALLEY	6.80m
7 McKayla Britton	NORA HENDERSON	6.10m
8 Vanna Culjak	WESTMOUNT	5.78m

Event 58 Men Open Shot Put 4kg Junior

Name	Year School	Finals
1 Thomas Matsell	SALTFLEET	13.04m
2 Cameron Lof	GUIDO DE BRES	11.89m
3 Jared Hutten	GUIDO DE BRES	11.29m
4 Quinn Mcgregor	DUNDAS VALLEY	10.79m
5 Chris DeJong	GUIDO DE BRES	10.00m
6 Mike Norris	DUNDAS VALLEY	9.65m
7 Matthew Starr	SIR WINSTON	9.63m
8 Kiernan Bridge	MCKINNON PAR	9.58m
9 Shawn Vanderlaan	GUIDO DE BRES	9.41m
10 Mason Oxley	MCKINNON PAR	8.50m

Event 59 Women Open Discus Throw 1kg Junior

Name	Year School	Finals
1 Natalie Gelms	GUIDO DE BRES	22.70m
2 Jordan Matthews	DUNDAS VALLEY	21.45m
3 Ellie McMaster	MCKINNON PAR	19.65m
4 Maddie Disalvo	DUNDAS VALLEY	19.61m
5 Larissa Howard	NORA HENDERSON	19.52m

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....Event 59 Women Open Discus Throw 1kg Junior

6	Jahnee Edwards	NORA HENDERSON	18.91m
7	Cassandra Joseph	WESTMOUNT	17.57m
8	McKayla Britton	NORA HENDERSON	14.86m
9	Vanna Culjak	WESTMOUNT	14.13m

Event 60 Men Open Discus Throw 1kg Junior

Name	Year School	Finals
1 Thomas Matsell	SALTFLEET	45.28m
2 Jared Hutten	GUIDO DE BRES	34.53m
3 Derek Nash	DUNDAS VALLEY	29.64m
4 Aidan Schenkel	GUIDO DE BRES	27.63m
5 Bailey Hordyk	GUIDO DE BRES	26.49m
6 Quinn Mcgregor	DUNDAS VALLEY	25.60m
7 Pablo Lescure Epifanio	ROBERT LAND ACADEMY	25.57m
8 Mike Norris	DUNDAS VALLEY	23.44m
9 Shawn Vanderlaan	GUIDO DE BRES	22.24m
-- Tim Schoon	HAMILTON DISTRICT	DNF
-- Henrique Ghili	HAMILTON DISTRICT	DNF

Event 61 Women Open Javelin Throw 600g Junior

Name	Year School	Finals
1 Natalie Gelms	GUIDO DE BRES	27.76m
2 Jordan Matthews	DUNDAS VALLEY	25.51m
3 Emily Cox	DUNDAS VALLEY	22.45m
4 Amy Barlow	ORCHARD PARK	22.38m
5 Vanna Culjak	WESTMOUNT	20.38m
6 Maddie Disalvo	DUNDAS VALLEY	19.24m
7 Jahnee Edwards	NORA HENDERSON	18.97m
8 Larissa Howard	NORA HENDERSON	17.96m
9 McKayla Britton	NORA HENDERSON	15.79m

Event 62 Men Open Javelin Throw 600g Junior

Name	Year School	Finals
1 Thomas Matsell	SALTFLEET	45.46m
2 Derek Nash	DUNDAS VALLEY	37.24m
3 Cameron Lof	GUIDO DE BRES	32.89m
4 Jacob Dutcher	MCKINNON PAR	32.63m
5 Zubin Bulsara	SIR JOHN A M	29.61m
6 Mike Norris	DUNDAS VALLEY	28.38m
7 Kaz Nizielski	WESTDALE	28.34m
8 Tim Schoon	HAMILTON DISTRICT	26.59m
9 Aidan Schenkel	GUIDO DE BRES	23.97m
10 Chris DeJong	GUIDO DE BRES	20.53m
11 Pablo Lescure Epifanio	ROBERT LAND ACADEMY	17.29m
-- Calum Percival	ROBERT LAND ACADEMY	DNF

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Event 63 Women Open 4x100 Meter Relay Junior

School	Finals	H#
1 DUNDAS VALLEY	55.02	2
1) Patrice Temush		
3) Kaylee Allen		
2) Emily Law		
4) Leah Waite		
2 WESTMOUNT	56.39	2
1) Sarah Bland		
3) Cassandra Joseph		
2) Jordan Rogers		
4) Emily Holjak		
3 WESTDALE	57.22	1
1) Peyton Marof		
3) Hannah James		
2) Hayley Murray		
4) Heidi Nelson		
4 GUIDO DE BRES	58.74	1
1) Katie VanDam		
3) Erin Schuller		
2) Courtney Widmer		
4) Natalie Gelms		
5 SALTFLEET	1:00.22	1
1) Janea Achioso		
3) Donya Mohamed		
2) Nikki Kim		
4) Siddrha Marks		
6 NORA HENDERSON	1:00.48	2
1) Ashanti Robertson		
3) Dema Darwish		
2) Vanessa Olayiwola		
4) Autumn Fogal		

Event 64 Men Open 4x100 Meter Relay Junior

School	Finals
1 MCKINNON PARK SECONDARY	48.53
1) Evan Regnerus	
3) Jacob Dutcher	
2) Owen Chapman	
4) Domenic Barresi	
2 WESTDALE	48.67
1) Noah Mulkewich	
3) Raiyan bin Sayeed	
2) Shakeele Simon	
4) Declan Sutherland-Case	
3 GUIDO DE BRES	49.96
1) Dawsen Schutten	
3) Ben Vos	
2) Brayden Schutten	
4) Nicholas Alkema	
4 DUNDAS VALLEY	50.29
5 WESTMOUNT	53.84
1) Ethan May	
3) Anthony Fraser	
2) Ken Luong	
4) Luke Diamond	

Event 65 Women Open 100 Meter Dash Senior

Name	Year School	Prelims	H#
Preliminaries			
1 Cree Bell	SIR ALLAN MACNAB	13.22q	4
2 Dax Chamot	WESTDALE	13.23q	3
3 Katelyn Kennedy	ANCASTER HIGH	13.35q	2
4 Abbey Dikaitis	MCKINNON PAR	13.57q	2
5 Emma Greenhough	ANCASTER HIGH	13.68q	4
6 Laura Van Houten	HAMILTON DISTRICT	14.12q	4
7 Megan Cameron	DUNDAS VALLEY	14.30q	3
8 Jenah Viquiera	WESTMOUNT	14.34q	2
9 Magda Teeuwssen	HAMILTON DISTRICT	14.42	4
10 Taya Evans	MCKINNON PAR	14.54	1

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11 Hannah Smith	ANCASTER HIGH	14.68	4
12 Lauren Reeves	DUNDAS VALLEY	14.86	2
13 Heather Tuck	CAYUGA SECONDARY	14.95	1
14 Rushel Forrester	SIR WINSTON	15.13	1
14 Kelly Keopradith	WESTMOUNT	15.13	4
16 Katie Bartels	GUIDO DE BRES	15.30	3
17 Mackenzie Brownhill	ANCASTER HIGH	15.45	4
18 Danna Abakar	G.P. VANIER	15.56	1
19 Jadziah Hymering	GUIDO DE BRES	16.00	3
20 Courtney Hedger	NORA HENDERSON	16.62	2
21 Sarah Battrick	NORA HENDERSON	17.00	3

Event 65 Women Open 100 Meter Dash Senior

Name	Year School	Finals
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Finals

1 Dax Chamot	WESTDALE	13.02
2 Cree Bell	SIR ALLAN MACNAB	13.09
3 Katelyn Kennedy	ANCASTER HIGH	13.30
4 Abbey Dikaitis	MCKINNON PAR	13.53
5 Emma Greenhough	ANCASTER HIGH	13.74
6 Laura Van Houten	HAMILTON DISTRICT	14.10
7 Jenah Viquiera	WESTMOUNT	14.28
8 Megan Cameron	DUNDAS VALLEY	14.29

Event 66 Men Open 100 Meter Dash Senior

Name	Year School	Prelims	H#
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Preliminaries

1 Myles Misener-Daley	WESTDALE	11.52q	2
2 Jevon Lennox	SIR ALLAN MACNAB	11.71q	3
3 Joshua Boisvert	HAGERSVILLE	11.95q	2
4 Blake Dunford	WESTMOUNT	11.96q	3
5 Eric Justason	DUNDAS VALLEY	11.99q	1
6 Omeechi Williams	SIR ALLAN MACNAB	12.00q	3
7 Ryan Nienhuis	GUIDO DE BRES	12.06q	1
8 Gabe Millikin	DUNDAS VALLEY	12.38q	2
9 Malik Blunt	SALTFLEET	12.45	1
10 Jonas Mallett	SALTFLEET	12.52	3
10 Matthew Wolfe	SALTFLEET	12.52	3
12 Kenny Uche Anumba	ANCASTER HIGH	12.57	2
13 Richard Barret	SIR WINSTON	12.61	2
14 Evan Czarmuch	WESTDALE	12.64	3
14 Cole Pont	CAYUGA SECONDARY	12.64	2
16 Steven Michael	SALTFLEET	12.76	2
17 Johnny Kanagaratnam	SALTFLEET	13.38	1
18 Justin DeGelder	GUIDO DE BRES	13.43	1

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Event 66 Men Open 100 Meter Dash Senior

Name	Year School	Finals
Finals		
1 Myles Misener-Daley	WESTDALE	11.30
2 Jevon Lennox	SIR ALLAN MACNAB	11.56
3 Ryan Nienhuis	GUIDO DE BRES	11.81
4 Joshua Boisvert	HAGERSVILLE	11.86
5 Blake Dunford	WESTMOUNT	11.93
6 Eric Justason	DUNDAS VALLEY	12.19
7 Gabe Millikin	DUNDAS VALLEY	12.25
8 Omeechi Williams	SIR ALLAN MACNAB	16.14

Event 67 Women Open 200 Meter Dash Senior

Name	Year School	Finals	H#
1 Cree Bell	SIR ALLAN MACNAB	26.48	3
2 Dax Chamot	WESTDALE	27.20	3
3 Emma Greenhough	ANCASTER HIGH	28.17	1
4 Katelyn Kennedy	ANCASTER HIGH	28.33	2
5 Sage Kraftcheck	WESTDALE	28.60	3
6 Beth Vansydenborgh	GUIDO DE BRES	28.61	3
7 Laura Van Houten	HAMILTON DISTRICT	29.28	3
8 Lauren Patiakas	WESTDALE	29.74	2
9 Magda Teeuwesen	HAMILTON DISTRICT	30.67	3
10 Heather Tuck	CAYUGA SECONDARY	31.00	1
10 Gabby LeDonne	WESTMOUNT	31.00	2
12 Naomi Terhljan	DUNDAS VALLEY	31.42	3
13 Amy VanEs	GUIDO DE BRES	31.64	2
14 Katie Bartels	GUIDO DE BRES	32.25	1
15 Courtney Hedger	NORA HENDERSON	34.94	1
16 Sarah Battrick	NORA HENDERSON	37.67	2

Event 68 Men Open 200 Meter Dash Senior

Name	Year School	Finals	H#
1 Myles Misener-Daley	WESTDALE	21.66	3
2 Cameron McLeod	NORA HENDERSON	23.45	1
3 Jevon Lennox	SIR ALLAN MACNAB	23.45	3
4 Braydan Mattice	CAYUGA SECONDARY	24.47	1
5 Nathaniel Steele	SIR JOHN A M	24.55	3
6 Eric Justason	DUNDAS VALLEY	24.66	3
7 Gabe Millikin	DUNDAS VALLEY	24.67	3
8 TD Whittaker	WESTMOUNT	24.86	1
9 Ryan Nienhuis	GUIDO DE BRES	25.14	3
10 Malik Blunt	SALTFLEET	25.19	2
11 Kenny Uche Anumba	ANCASTER HIGH	25.42	2
12 Richard Barret	SIR WINSTON	26.06	1
13 Ryan Bouchard	G.P. VANIER	26.74	2
14 Justin DeGelder	GUIDO DE BRES	27.29	1
15 Johnny Kanagaratnam	SALTFLEET	27.33	1

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Event 69 Women Open 400 Meter Dash Senior

Name	Year School	Finals
1 Sage Kraftcheck	WESTDALE	1:06.73
2 Beth Vansydenborgh	GUIDO DE BRES	1:06.99
3 Jenna Button	DUNDAS VALLEY	1:07.90
4 Natasha Hillman	ANCASTER HIGH	1:20.37

Event 70 Men Open 400 Meter Dash Senior

Name	Year School	Finals	H#
1 Myles Misener-Daley	WESTDALE	52.74	3
2 Nathaniel Steele	SIR JOHN A M	55.02	1
3 Evan Carbert	NORA HENDERSON	55.36	3
4 Cameron McLeod	NORA HENDERSON	55.47	3
5 Ethan RotsaertSmith	DUNDAS VALLEY	55.75	3
6 Braydan Mattice	CAYUGA SECONDARY	56.03	2
7 Abdullah Dwyer	SIR ALLAN MACNAB	56.71	3
8 Julian Rogers	WESTDALE	57.79	2
9 Matthew Wolfe	SALTFLEET	58.15	1
10 Zach Stulla	DUNDAS VALLEY	58.84	3
11 Riley McConachie	DUNNVILLE SECONDARY	59.24	1
12 Owen Blokker	GUIDO DE BRES	59.93	3
13 Kenton Slaa	GUIDO DE BRES	1:00.98	1
14 Justin DeGelder	GUIDO DE BRES	1:03.13	2
15 Ryan Bouchard	G.P. VANIER	1:05.88	2
16 Dennis Jimenez	ROBERT LAND ACADEMY	1:07.80	2

Event 71 Women Open 800 Meter Run Senior

Name	Year School	Finals
1 Allyson Sober	DUNDAS VALLEY	2:30.50
2 Meaghan Boatsmith	WESTDALE	2:31.67
3 Jenna Button	DUNDAS VALLEY	2:39.81
4 Kristen deBoer	GUIDO DE BRES	2:44.06

Event 72 Men Open 800 Meter Run Senior

Name	Year School	Finals	H#
1 Alec Purnell	DUNDAS VALLEY	2:00.35	3
2 Ian Klassen	DUNDAS VALLEY	2:09.12	3
3 Zachary Brown	SIR JOHN A M	2:10.66	3
4 Christian Ligtenberg	GUIDO DE BRES	2:12.55	2
5 Evan Carbert	NORA HENDERSON	2:12.73	3
6 Greg Forester	NORA HENDERSON	2:14.06	3
7 Dennis Linkert	WESTDALE	2:15.02	3
8 Ethan RotsaertSmith	DUNDAS VALLEY	2:21.91	3
9 Zach Stulla	DUNDAS VALLEY	2:24.15	2
10 Julian Rogers	WESTDALE	2:28.15	2
11 Malcolm Green	WESTDALE	2:28.85	3
12 Noah Albano	SALTFLEET	2:29.93	2
13 Riley McConachie	DUNNVILLE SECONDARY	2:38.97	2

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....Event 72 Men Open 800 Meter Run Senior

14 Shayne Butler DUNNVILLE SECONDARY 2:40.61 2

Event 73 Women Open 1500 Meter Run Senior

Name	Year	School	Finals
1 Allyson Sober		DUNDAS VALLEY	5:28.73
2 Kristen deBoer		GUIDO DE BRES	5:33.32
3 Finn Sulentic		DUNDAS VALLEY	5:36.52
4 Deborah Hart		HAMILTON DISTRICT	5:51.01
5 Jessie Thompson		WESTMOUNT	5:57.84
6 Madilyn Carey		WATERDOWN	6:04.37

Event 74 Men Open 1500 Meter Run Senior

Name	Year	School	Finals
1 Alec Purnell		DUNDAS VALLEY	4:01.54
2 Ian Klassen		DUNDAS VALLEY	4:16.91
3 Nathaniel Leighninger		WESTDALE	4:18.21
4 Justin DeJong		HAMILTON DISTRICT	4:30.20
5 Christian Ligtenberg		GUIDO DE BRES	4:32.45
6 Dennis Linkert		WESTDALE	4:34.05
7 Malcolm Green		WESTDALE	4:34.49
8 Gerrit Verrips		HAMILTON DISTRICT	4:42.36
9 Roussel Jacob		DELTA	4:43.65
10 Liam Garcia		ANCASTER HIGH	5:02.10
11 Takicho Miracle Szocs		ROBERT LAND ACADEMY	5:14.86
12 Abraham Doupe		ROBERT LAND ACADEMY	6:03.96

Event 75 Women Open 3000 Meter Run Senior

Name	Year	School	Finals
1 Finn Sulentic		DUNDAS VALLEY	11:57.33
2 Maddy Rule		WESTMOUNT	12:34.36
3 Deborah Hart		HAMILTON DISTRICT	12:53.68

Event 76 Men Open 3000 Meter Run Senior

Name	Year	School	Finals
1 Nathaniel Leighninger		WESTDALE	9:30.86
2 Justin DeJong		HAMILTON DISTRICT	9:39.59
3 Doug Keen		DUNDAS VALLEY	9:49.20
4 Tristan Richards		DUNDAS VALLEY	10:03.98
5 Roussel Jacob		DELTA	10:24.28
6 Noah Albano		SALTFLEET	12:29.14
7 Takicho Miracle Szocs		ROBERT LAND ACADEMY	12:37.14

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Event 77 Women Open 100 Meter Hurdles Senior

Name	Year School	Finals	H#
1 Abby McEwen	WESTMOUNT	18.39	1
2 Abbey Dikaitis	MCKINNON PAR	18.66	2
3 Aislin Osbourne	DUNDAS VALLEY	18.95	1
4 Lorelai Burke	CAYUGA SECONDARY	19.39	2
5 Lauren Reeves	DUNDAS VALLEY	19.50	1
6 Gabby LeDonne	WESTMOUNT	19.62	2
7 Mackenzie Martindale	CAYUGA SECONDARY	19.71	1
8 Sara Vogel	DUNDAS VALLEY	20.93	2
9 Amanda Marshall	SIR ALLAN MACNAB	22.83	2

Event 78 Men Open 110 Meter Hurdles Senior

Name	Year School	Finals
1 TD Whittaker	WESTMOUNT	17.03
2 Tyler Williams	WESTMOUNT	17.88
3 Cole Pont	CAYUGA SECONDARY	19.28

Event 79 Women Open 400 Meter Hurdles Senior

Name	Year School	Finals
1 Sara Vogel	DUNDAS VALLEY	1:16.80
2 Taya Evans	MCKINNON PAR	1:17.16
3 Mackenzie Martindale	CAYUGA SECONDARY	1:18.56
4 Jenah Viquiera	WESTMOUNT	1:22.76

Event 80 Men Open 400 Meter Hurdles Senior

Name	Year School	Finals
1 Cameron McLeod	NORA HENDERSON	1:00.50
2 Abdullah Dwyer	SIR ALLAN MACNAB	1:03.41
3 Zachary Brown	SIR JOHN A M	1:07.37

Event 81 Women Open High Jump Senior

Name	Year School	Finals
1 Jamie Bouwman	GUIDO DE BRES	1.40m
2 Mackenzie Hordyk	GUIDO DE BRES	1.35m
3 Emma Vanderwoude	GUIDO DE BRES	1.30m
-- Tristan Ricker	DUNNVILLE SECONDARY	NH

Event 82 Men Open High Jump Senior

Name	Year School	Finals
1 Owen Blokker	GUIDO DE BRES	1.78m
2 Kenny Uche Anumba	ANCASTER HIGH	1.65m
3 Joshua Boisvert	HAGERSVILLE	1.65m
4 Kenton Slaa	GUIDO DE BRES	1.65m

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....Event 82 Men Open High Jump Senior

5	Kolby Deschner	ROBERT LAND ACADEMY	1.60m
6	Gideon Vanderwoude	GUIDO DE BRES	1.60m
7	Brady Wright	DUNDAS VALLEY	1.60m
8	Jonathan Spears	HAMILTON DISTRICT	1.60m
9	Alex Kosobuvich	DUNDAS VALLEY	1.55m

Event 85 Women Open Long Jump Senior

Name	Year	School	Finals
1	Dax Chamot	WESTDALE	5.10m
2	Megan Cameron	DUNDAS VALLEY	4.64m
3	Abbey Dikaitis	MCKINNON PAR	4.51m
4	Mackenzie Hordyk	GUIDO DE BRES	4.28m
5	Aislin Osbourne	DUNDAS VALLEY	4.18m
6	Naomi Terhljan	DUNDAS VALLEY	4.16m
7	Taya Evans	MCKINNON PAR	4.12m
8	Heather Tuck	CAYUGA SECONDARY	3.83m
9	Jadziah Hymering	GUIDO DE BRES	3.77m
10	Rushel Forrester	SIR WINSTON	3.59m
11	Lindsay Townsend	CAYUGA SECONDARY	3.10m

Event 86 Men Open Long Jump Senior

Name	Year	School	Finals
1	Joshua Boisvert	HAGERSVILLE	6.01m
2	Blake Dunford	WESTMOUNT	5.84m
3	Tyler Williams	WESTMOUNT	5.81m
4	Lucas Eising	HAMILTON DISTRICT	5.59m
5	Nathaniel Steele	SIR JOHN A M	5.44m
6	Carter Gray	MCKINNON PAR	5.42m
7	Greg Garson	MCKINNON PAR	5.40m
8	Richard Barret	SIR WINSTON	5.16m
9	Dennis Jimenez	ROBERT LAND ACADEMY	5.09m
10	Alex Kosobuvich	DUNDAS VALLEY	5.03m
11	Julian Rogers	WESTDALE	4.89m
12	Marcus Rosetto	DUNDAS VALLEY	4.84m
13	Faisel Mohammed	SIR JOHN A M	4.72m
14	Dumbi Mbah	ROBERT LAND ACADEMY	4.66m
15	Jack Maudsley	SALTFLEET	3.15m

Event 87 Women Open Triple Jump Senior

Name	Year	School	Finals
1	Megan Cameron	DUNDAS VALLEY	10.41m
2	Mackenzie Martindale	CAYUGA SECONDARY	9.55m
3	Amy VanEs	GUIDO DE BRES	8.88m
4	Aislin Osbourne	DUNDAS VALLEY	8.66m
5	Naomi Terhljan	DUNDAS VALLEY	8.63m
6	Abby McEwen	WESTMOUNT	8.58m
7	Mackenzie Hordyk	GUIDO DE BRES	8.37m

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Event 88 Men Open Triple Jump Senior

Name	Year School	Finals
1 Lucas Eising	HAMILTON DISTRICT	12.11m
2 Carter Gray	MCKINNON PAR	12.03m
3 Greg Garson	MCKINNON PAR	10.28m
4 Alex Kosobuvich	DUNDAS VALLEY	10.25m
5 Jonathan Spears	HAMILTON DISTRICT	9.64m
6 Duncan Eldridge	DUNDAS VALLEY	9.46m

Event 89 Women Open Shot Put 4 kg Senior

Name	Year School	Finals
1 Shirley Hill	MCKINNON PAR	8.53m
2 Emily Gondar	ORCHARD PARK	8.20m
3 Lindsay Townsend	CAYUGA SECONDARY	8.12m
4 Holly Connor	ANCASTER HIGH	8.02m
5 Melanie Vanderboom	GUIDO DE BRES	7.72m
6 Hailey Bartels	GUIDO DE BRES	7.65m
7 Rachel Kudrenski	NORA HENDERSON	7.40m
8 Mikayla Robertson	DELTA	6.82m
9 Arissa Vandeburgt	GUIDO DE BRES	6.44m
10 Raquel Johnson	MCKINNON PAR	6.39m
11 Cara Hill	MCKINNON PAR	5.68m
12 Hannah Jones	WESTMOUNT	5.49m

Event 90 Men Open Shot Put 12 lb Senior

Name	Year School	Finals
1 Miguel Banuelos Franco	ROBERT LAND ACADEMY	11.24m
2 Logan Harnett	NORA HENDERSON	10.43m
3 Ahmed Alreada	DUNDAS VALLEY	10.04m
4 Alex Nevills	WESTDALE	9.99m
5 Nigel Thomas	DELTA	9.88m
6 Joey Woodcroft	MCKINNON PAR	9.18m
7 Dumbi Mbah	ROBERT LAND ACADEMY	9.11m
8 Marcus Rosetto	DUNDAS VALLEY	8.70m
9 Takicho Miracle Szocs	ROBERT LAND ACADEMY	8.33m

Event 91 Women Open Discus Throw 1kg Senior

Name	Year School	Finals
1 Shirley Hill	MCKINNON PAR	22.62m
2 Lindsay Townsend	CAYUGA SECONDARY	21.77m
3 Arissa Vandeburgt	GUIDO DE BRES	20.20m
4 Laura Bishop	DUNDAS VALLEY	19.84m
5 Hailey Bartels	GUIDO DE BRES	18.92m
6 Rachel Kudrenski	NORA HENDERSON	18.59m
7 Cara Hill	MCKINNON PAR	18.32m
8 Melanie Vanderboom	GUIDO DE BRES	16.82m
9 Sophia Barrow	ANCASTER HIGH	15.49m
10 Raquel Johnson	MCKINNON PAR	14.94m

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....Event 91 Women Open Discus Throw 1kg Senior

11 Hannah Jones	WESTMOUNT	14.80m
12 Kayla Kerssies	HAMILTON DISTRICT	12.61m

Event 92 Men Open Discus Throw 1.613kg Senior

Name	Year School	Finals
1 Logan Harnett	NORA HENDERSON	28.96m
2 Brady Wright	DUNDAS VALLEY	25.67m
3 Miguel Banuelos Franco	ROBERT LAND ACADEMY	25.20m
4 Joey Woodcroft	MCKINNON PAR	25.18m
5 Jonathan Spears	HAMILTON DISTRICT	24.31m
6 Kolby Deschner	ROBERT LAND ACADEMY	24.15m
7 Alex Nevills	WESTDALE	23.07m
8 Liam Boatsmith	WESTDALE	18.86m

Event 93 Women Open Javelin Throw 600g Senior

Name	Year School	Finals
1 Holly Connor	ANCASTER HIGH	31.95m
2 Laura Bishop	DUNDAS VALLEY	28.42m
3 Emily Gondar	ORCHARD PARK	25.68m
4 Abby McEwen	WESTMOUNT	24.83m
5 Sophia Barrow	ANCASTER HIGH	24.59m
6 Hannah Smith	ANCASTER HIGH	22.59m
7 Arissa Vandeburgt	GUIDO DE BRES	22.15m
8 Shirley Hill	MCKINNON PAR	20.12m
9 Kayla Kerssies	HAMILTON DISTRICT	16.41m
10 Cara Hill	MCKINNON PAR	15.11m
11 Hannah Jones	WESTMOUNT	13.64m
12 Raquel Johnson	MCKINNON PAR	8.22m

Event 94 Men Open Javelin Throw 800g Senior

Name	Year School	Finals
1 Conrad Vonpalleske	DUNDAS VALLEY	43.36m
2 Zack Stevens	ANCASTER HIGH	35.04m
3 Greg Garson	MCKINNON PAR	33.85m
4 Miguel Banuelos Franco	ROBERT LAND ACADEMY	33.58m
5 Liam Boatsmith	WESTDALE	33.54m
6 Blake Dunford	WESTMOUNT	31.46m
7 Kolby Deschner	ROBERT LAND ACADEMY	30.40m
8 Marcus Rosetto	DUNDAS VALLEY	29.68m
9 Carter Gray	MCKINNON PAR	29.59m
10 Kevin De Orellana	ROBERT LAND ACADEMY	28.03m
11 Joey Woodcroft	MCKINNON PAR	24.64m
12 Shayne Butler	DUNNVILLE SECONDARY	24.51m
13 Gideon Vanderwoude	GUIDO DE BRES	24.07m

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Event 95 Women Open 4x100 Meter Relay Senior

School	Finals	H#
1 WESTDALE	53.54	2
1) Sage Kraftcheck	2) Claire Sutherland-Case	
3) Lauren Patiakas	4) Dax Chamot	
2 GUIDO DE BRES	53.96	2
1) Beth Vansydenborgh	2) Kristen deBoer	
3) Mackenzie Hordyk	4) Meaghan Koning	
3 MCKINNON PARK SECONDARY	55.79	2
1) Abbey Dikaitis	2) Taya Evans	
3) Ellie McMaster	4) Grace Cooper	
4 DUNDAS VALLEY	56.80	2
5 WESTMOUNT	57.54	2
1) Jenah Viquiera	2) Kelly Keopradith	
3) Jessie Thompson	4) Gabby LeDonne	
6 CAYUGA SECONDARY	57.86	1
1) Lorelai Burke	2) Mackenzie Martindale	
3) Heather Tuck	4) Lily Kuilboer	

Event 96 Men Open 4x100 Meter Relay Senior

School	Finals
1 WESTMOUNT	48.25
1) TD Whittaker	2) Blake Dunford
3) Tyler Williams	4) Daniel Reader
2 SALTFLEET	49.10
1) Matthew Wolfe	2) Malik Blunt
3) Jonas Mallett	4) Johnny Kanagaratnam
3 MCKINNON PARK SECONDARY	50.48
1) Greg Garson	2) Nathan Plummer
3) Carter Gray	4) Joey Woodcroft
4 WESTDALE	50.51
1) Alex Nevills	2) Julian Rogers
3) Evan Czarmuch	4) Myles Misener-Daley
5 SIR JOHN A MACDONALD	51.23
1) Don Do	2) Zachary Brown
3) Faisal Mohammed	4) Nathaniel Steele
6 DUNDAS VALLEY	1:16.95

Event 97 Women Open 1500 Meter Steeplechase Open

Name	Year School	Finals
1 Nathalie Robinson	NORA HENDERSON	7:04.35
2 Gabby LeDonne	WESTMOUNT	7:10.81
3 Emma Frketich	WESTMOUNT	7:19.57

Event 98 Men Open 2000 Meter Steeplechase Open

Name	Year School	Finals
1 Justin DeJong	HAMILTON DISTRICT	6:48.20
2 Tristan Richards	DUNDAS VALLEY	7:14.68

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....Event 98 Men Open 2000 Meter Steeplechase Open

3	Doug Keen	DUNDAS VALLEY	7:16.84
4	TD Whittaker	WESTMOUNT	7:24.44
5	Christian Ligtenberg	GUIDO DE BRES	7:24.48
6	Riley McConachie	DUNNVILLE SECONDARY	8:04.97

Event 99 Women Open 4x400 Meter Relay Open

School	Finals
1 DUNDAS VALLEY	4:26.62
2 WESTDALE	4:28.28
3 GUIDO DE BRES	4:37.29

Event 100 Men Open 4x400 Meter Relay Open

School	Finals
1 DUNDAS VALLEY	3:45.06
2 NORA HENDERSON	3:46.02
3 GUIDO DE BRES	3:58.44
4 MCKINNON PARK SECONDARY	4:06.73
5 WESTDALE	4:08.03

Event 102 Men Open 100 Meter Dash Ambulatory Ambulatory

Name	Year School	Finals
1 Maximus Hewer	MCKINNON PAR	24.67

Event 106 Men Open 100 Meter Dash Intellectual I

Name	Year School	Finals
1 Isaha Vanduzen	WESTDALE	14.86
2 Mohsin Syed	WESTDALE	17.09

Event 112 Men Open 800 Meter Run Intellectual I

Name	Year School	Finals
1 Mohsin Syed	WESTDALE	3:46.41