

Sr. Elementary Track - Division 1 -2013 - 10/06/2013  
Mohawk Sports Park  
Results

Girls 100 Meter Dash Grade6

HWDSB Record: R 13.28 2003		Sarah Rosso, Flamborough Centre	
Name	Age	School	Prelims H#
Preliminaries			
1 Swift, Kiersten		R.A. Riddell	14.16q 1
2 Kivlin, Olivia		Gatestone	14.69q 2
3 Joseph, Chantal		Lawfield (Ve	15.00q 1
4 Nelson, Taylor		Ancaster Mea	15.18q 2
5 Brown, Kimberly		Hillcrest	15.23q 4
6 Kavanagh, Carly		Ryerson	15.27q 4
7 Oconnor, Jersie		Ancaster Mea	15.32q 1
8 Marof, Taylor		Dalewood	15.41q 3
9 Waddell, Rebecca		Ryerson	15.45 4
10 Thompson, Tykayla		Lawfield (Ve	15.53 4
11 Corning, Theryn		Sir William	15.54 2
12 Ciaglia, Julia		R.A. Riddell	15.59 3
13 Webb, McKenna		Chedoke	15.69 1
14 Hils, Jessica		Sir William	15.76 2
15 Fejza, Laura		Cardinal Hei	15.82 3
16 Andres Chavez, Gabriela		Glen Brae	15.89 3
17 Alhumuzi, Huda		Hillcrest	15.91 2
18 Kolludra, Adelina		Dalewood	16.08 1
19 Kristensen, Hanna		Gatestone	16.19 1
20 Balkhi, Katy		Cardinal Hei	16.27 4
21 Hybens, Brooklyn		Chedoke	16.36 4
22 Mitchie, Chloe		W.H. Ballard	16.70 2
23 McDougall, Megyn		W.H. Ballard	17.86 4

Girls 100 Meter Dash Grade6

HWDSB Record: R 13.28 2003		Sarah Rosso, Flamborough Centre	
Name	Age	School	Finals
Finals			
1 Swift, Kiersten		R.A. Riddell	14.42
2 Joseph, Chantal		Lawfield (Ve	14.48
3 Kivlin, Olivia		Gatestone	15.09
4 Nelson, Taylor		Ancaster Mea	15.41
5 Brown, Kimberly		Hillcrest	15.52
6 Marof, Taylor		Dalewood	15.53
7 Oconnor, Jersie		Ancaster Mea	15.57
8 Kavanagh, Carly		Ryerson	15.59

Girls 200 Meter Dash Grade6

HWDSB Record: R 28.70 1990		Tanya Garvey, Tweedsmuir	
Name	Age	School	Finals H#
1 Hils, Jessica		Sir William	31.53 2
2 Greaves, Madison		Dundas Centr	31.68 1
3 Dann, Marissa		Cardinal Hei	31.82 1

4	Cooper, Hunter	Chedoke	32.27	2
5	Buenaventure, Natasha	Lawfield (Ve	32.32	1
6	Behiel, Delaney	Ancaster Mea	32.51	2
7	Kivlin, Olivia	Gatestone	32.56	1
7	Cleland, Taite	R.A. Riddell	32.56	2
9	Kavanagh, Carly	Ryerson	32.65	2
9	Anderson, Erin	Dalewood	32.65	1
11	Alhumuzi, Huda	Hillcrest	33.69	2
12	Badesha, Diljot	Glen Brae	33.95	2
13	Flav, Viva	W.H. Ballard	37.50	1

Girls 400 Meter Dash Grade6

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HWDSB Record: R 1:08.40 1988 Beck Sharp, C.B .Stirling

Name	Age	School	Finals	H#
1	Martindale, Emily	Ancaster Mea	1:13.43	1
2	Madjercic, Maya	Gatestone	1:15.24	2
3	Cooper, Hunter	Chedoke	1:15.65	1
4	Cumming, Taylor	Sir William	1:19.13	2
5	Bagallon, Abigayle	Lawfield (Ve	1:19.22	1
6	Battersby, Madeline	Ryerson	1:19.88	1
7	Bordin, Hannah	Dalewood	1:22.51	1
8	Fraser, Kenya	R.A. Riddell	1:24.60	1
9	Alhumuzi, Huda	Hillcrest	1:25.28	2
10	Meanwell, Jessie	Glen Brae	1:25.39	1
11	Fejza, Laura	Cardinal Hei	1:27.04	2
12	McDougall, Megyn	W.H. Ballard	1:31.27	2

Girls 1500 Meter Run Grade6

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HWDSB Record: R 5:09.12 11/06/2012 Madison Johnstone, Ancaster Mea

Name	Age	School	Finals
1	Martindale, Emily	Ancaster Mea	5:29.48
2	Witt, Mikaela	Ryerson	5:47.83
3	Button, Jenna	Sir William	5:48.81
4	Tougher, Melissa	Gatestone	5:54.82
5	Badesha, Diljot	Glen Brae	6:03.23
6	Hall, Kaillie	R.A. Riddell	6:08.42
7	Botting, Macayla	Chedoke	6:08.85
8	Marof, Taylor	Dalewood	6:09.89
9	Cumming, Taylor	Sir William	6:15.72
10	Madjercic, Maya	Gatestone	6:16.02
11	Lee, Tae-Lin	Chedoke	6:20.65
12	Bordin, Hannah	Dalewood	6:27.67
13	Ecker, Julia	Lawfield (Ve	6:35.42
14	Brown, Kimberly	Hillcrest	6:53.50
15	Duguay, Kristina	Hillcrest	7:07.55
16	Cuk, Mihaila	Glen Brae	7:13.29
17	Flav, Viva	W.H. Ballard	7:15.62
18	Hayes, Linnea	Ancaster Mea	7:58.69
--	Stuart, Abigail	R.A. Riddell	DNF
--	McIlveen, Keira	Lawfield (Ve	DNF

Girls 4x100 Meter Relay Grade6

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HWDSB Record: R 57.70 1977  
School

Chedoke, Chedoke

Finals H#

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1	Lawfield 'A'	1:00.55	1
2	R.A. Riddell 'A'	1:00.66	1
3	Sir William Osler 'A'	1:02.15	1
4	Ancaster Meadow 'A'	1:02.31	2
5	Gatestone 'A'	1:02.94	2
6	Hillcrest 'A'	1:04.29	1
7	Ryerson 'A'	1:04.52	1
8	Chedoke 'A'	1:04.87	2
9	Dalewood 'A'	1:05.29	1
10	Cardinal Heights 'A'	1:06.77	2
11	Glen Brae 'A'	1:07.72	2
12	W.H. Ballard 'A'	1:09.43	1

Girls High Jump Grade6

HWDSB Record: R 1.40m 1982

Christina Garrish, Chedoke

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Name	Age School	Finals
1 Balvers, Josie	Dundas Centr	1.35m
2 Martindale, Emily	Ancaster Mea	1.25m
3 Kristensen, Hanna	Gatestone	1.20m
4 Gillis, Maddy	Sir William	J1.20m
5 Hollingshead, Sophie	Ryerson	J1.20m
6 Felix, Kathleen	Hillcrest	1.15m
7 Jury, Kylee	R.A. Riddell	J1.15m
8 Leger, Hayley	Lawfield (Ve	J1.15m
-- Andres Chavez, Gabriela	Glen Brae	NH

Girls Long Jump Grade6

HWDSB Record: R 4.60m 1983

Kelly Upper, C.B. Stirling

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Name	Age School	Finals
1 Joseph, Chantal	Lawfield (Ve	3.73m
2 Johnston, Claire	Chedoke	3.61m
3 Cameron, Megan	Sir William	3.52m
4 Dekar, Abigail	Ryerson	3.42m
5 Cleland, Taite	R.A. Riddell	3.41m
6 Oconnor, Jersie	Ancaster Mea	3.26m
7 Forrester, Rushel	Hillcrest	3.13m
8 Kuduzovic, Sanja	Glen Brae	2.83m
9 Lively, Vanessa	Gatestone	2.77m
-- Kraftcheck, Sage	Dalewood	FOUL

Girls Shot Put Grade6

HWDSB Record: R 8.96m 2003

Christina Albrecht, Adelaide Hoodless

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Name	Age School	Finals
1 Webb, McKenna	Chedoke	7.77m
2 Marshall, Jordan	Gatestone	7.40m
3 Santi, Zoe	R.A. Riddell	6.90m
4 Brunton, Katie	Ancaster Mea	6.85m
5 Ceko, Kristina	Glen Brae	6.80m

6	Alexanian, Kira	Sir William	6.75m
7	Gibson, Alyssa	Hillcrest	6.70m
8	Al Akhras, Rawan	Lawfield (Ve	6.20m
9	Wilcox, Heather	Cardinal Hei	6.15m
10	Ziemann, Maya	Ryerson	6.00m
11	Drew, Abby	Dalewood	3.80m

Girls 100 Meter Dash Grade7

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HWDSB Record: R 13.20 1971                      Lourie Thur, Chedoke  
Name    Age School                                      Prelims   H#

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Preliminaries

1	Swaby-Wallerson, Maya	R.A. Riddell	14.03q	1
2	Harrington, Caelan	Hillcrest	14.05q	4
3	Dias, Kevisha	Hillcrest	14.47q	3
4	Freeman-Wills, Taylor	Lawfield (Ve	14.66q	2
5	Tasker, Hailey	Ancaster Sen	14.75q	3
6	Rothwell, Katie	Sir William	14.78q	1
7	Johnston, Shannon	Flamborough	14.79q	4
7	Tran, Jenny	Glen Brae	14.79q	3
9	Williams, Shanice	Glen Brae	15.01	1
10	Milley, Emily	Ryerson	15.03	4
11	Dliepe, Mikayla	R.A. Riddell	15.05	3
12	Kennedy, Katelyn	Ancaster Sen	15.09	2
13	Hill, Charlie	Dalewood	15.39	1
14	Hudspeth, Bailey	W.H. Ballard	15.52	3
15	Tarnopolsky, Milla	Dalewood	15.59	2
16	Geyer, Emily	Sir William	15.60	3
17	Krug, Karmen	Flamborough	15.62	3
18	Clarke, Trinity	Lawfield (Ve	15.75	1
19	Trudel, Sydney	Gatestone	15.79	4
20	Morrison, Taylor	Cardinal Hei	15.86	4
21	Anderson, Myla	Ryerson	16.03	2
22	Coombs, Mackenzie	Ancaster Mea	16.09	4
23	Yeun, Atira	Ancaster Mea	16.16	4
24	Matijevic, Natasa	Gatestone	16.20	1
25	Giles, Rebecca	Cardinal Hei	16.35	2
26	Martin, Alexandra	Chedoke	16.88	1

Girls 100 Meter Dash Grade7

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HWDSB Record: R 13.20 1971                      Lourie Thur, Chedoke  
Name    Age School                                      Finals

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Finals

1	Swaby-Wallerson, Maya	R.A. Riddell	13.64
2	Harrington, Caelan	Hillcrest	14.04
3	Dias, Kevisha	Hillcrest	14.34
4	Tasker, Hailey	Ancaster Sen	14.40
5	Freeman-Wills, Taylor	Lawfield (Ve	14.73
6	Rothwell, Katie	Sir William	14.83
7	Tran, Jenny	Glen Brae	14.85
8	Johnston, Shannon	Flamborough	15.23

Girls 200 Meter Dash Grade7

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HWDSB Record: R 27.20 1974

Athea Nurse, G.L. Armstrong

Name	Age	School	Finals	H#
1 Harrington, Caelan		Hillcrest	29.66	2
2 Johnstone, Brittany		R.A. Riddell	29.98	2
3 Tarnopolsky, Milla		Dalewood	31.40	1
4 Kennedy, Katelyn		Ancaster Sen	31.57	1
5 Johnston, Shannon		Flamborough	31.64	2
6 Rothwell, Katie		Sir William	32.75	1
7 Burns, Sydney		Cardinal Hei	32.98	1
8 Ingram, Jenna		Lawfield (Ve	33.02	1
9 Delsey, Rae		Ancaster Mea	33.52	2
10 Grbovich, Sara		Glen Brae	33.78	2
11 Martin, Alexandra		Chedoke	35.09	1
12 Muirhead, Miriam		Ryerson	35.19	2
13 Zubyk, Isobel		Gatestone	35.23	1
14 Healey, Kayla		W.H. Ballard	37.75	1

Girls 400 Meter Dash Grade7

HWDSB Record: R 1:02.28 24/05/2011 Jenna Smith, Sir William

Name	Age	School	Finals	H#
1 Johnstone, Madison		R.A. Riddell	1:06.91	2
2 Quade, Hannah		Dalewood	1:10.03	1
3 Roberts, Jessica		Ancaster Sen	1:10.27	1
4 Krug, Karmen		Flamborough	1:14.37	2
5 Wagner, Lauren		Cardinal Hei	1:15.59	1
6 Deng, Priscilla		Lawfield (Ve	1:17.01	1
7 Ross, Shannon		Glen Brae	1:18.22	2
8 Terhljan, Naomi		Sir William	1:18.75	1
9 Young, Emma		W.H. Ballard	1:20.47	1
10 Muirhead, Miriam		Ryerson	1:21.81	1
11 Zubyk, Isobel		Gatestone	1:23.40	2
12 Munro, Nicki		Chedoke	1:34.50	2
13 Delsey, Rae		Ancaster Mea	1:38.34	1

Girls 1500 Meter Run Grade7

HWDSB Record: R 5:03.00 1978

Nancy Brown, Westview

Name	Age	School	Finals
1 Johnstone, Madison		R.A. Riddell	5:02.67R
2 Johnstone, Brittany		R.A. Riddell	5:22.06
3 BoatSmith, Meaghan		Dalewood	5:24.22
4 Roberts, Jessica		Ancaster Sen	5:38.10
5 Morrison, Freya		Flamborough	5:47.00
6 Bell, Paige		Ancaster Sen	5:53.13
7 Matijevic, Natasa		Gatestone	6:05.01
8 Deng, Priscilla		Lawfield (Ve	6:11.15
9 Terhljan, Naomi		Sir William	6:42.51
10 Johnson, Emma		Sir William	6:45.15
11 Nguyen, Kiera		Gatestone	6:55.60
12 Fedorick, Hannah		Ryerson	7:04.22
13 Lawford, Nicola		Dalewood	7:04.64
14 Haslam, Holly		Chedoke	7:12.29
15 Omar, Akifa		Cardinal Hei	7:14.67

16	Evink, Beth	Lawfield (Ve	7:22.49
17	Robertson, Nicole	Ancaster Mea	7:33.51
18	Rivet, Daniella	Cardinal Hei	7:35.96
19	Hudspeth, Ryley	W.H. Ballard	7:59.22
--	Hudspeth, Bailey	W.H. Ballard	DNF

Girls 4x100 Meter Relay Grade7

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HWDSB Record: R 54.90		1991	Ryerson, Ryerson
School		Finals	H#
=====			
1	R.A. Riddell 'A'	57.85	2
2	Ancaster Senior 'A'	1:00.24	2
3	Glen Brae 'A'	1:01.34	2
4	Sir William Osler 'A'	1:01.50	2
5	Dalewood 'A'	1:01.54	2
6	Flamborough Cent 'A'	1:01.60	2
7	Lawfield 'A'	1:01.88	1
8	Ryerson 'A'	1:03.38	1
9	Cardinal Heights 'A'	1:04.59	1
10	Gatestone 'A'	1:04.88	2
11	Ancaster Meadow 'A'	1:06.15	1
12	W.H. Ballard 'A'	1:08.41	1
13	Chedoke 'A'	1:11.55	2

Girls High Jump Grade7

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HWDSB Record: R 1.47m		1979	Karen Goodger, Chedoke	
Name	Age	School	Finals	
=====				
1		Lasica, Heidi	Sir William	1.30m
2		Morrison, Freya	Flamborough	1.25m
2		Sotherst, Livvy	Ancaster Sen	1.25m
4		Freeman-Wills, Taylor	Lawfield (Ve	J1.25m
5		Sheldrick, Grace	Ryerson	1.20m
6		Ross, Shannon	Glen Brae	J1.20m
6		Tulk, Brianne	R.A. Riddell	J1.20m
8		Jensen, Sophie	Ancaster Mea	1.10m
9		DeSantis, Danielle	Gatestone	1.05m

Girls Long Jump Grade7

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HWDSB Record: R 4.33m		1976	Fiona Warner, Glen Brae	
Name	Age	School	Finals	
=====				
1		Zambiasi, Aja	R.A. Riddell	3.72m
2		Clapham, Emma	Ancaster Sen	3.69m
3		Terhljan, Naomi	Sir William	3.67m
4		Kleven, Sydney	Flamborough	J3.67m
5		Deng, Priscilla	Lawfield (Ve	3.63m
6		Oconnell, Jillian	Chedoke	3.61m
7		Jensen, Sophie	Ancaster Mea	3.44m
8		Webb, Madeline	Dalewood	3.42m
9		Sheldrick, Grace	Ryerson	3.22m
10		Williams, Shanice	Glen Brae	3.09m
11		Wright, Makayla	Hillcrest	2.65m
12		Trudel, Sydney	Gatestone	2.33m

Girls Shot Put Grade7

=====			
HWDSB Record: R 10.03m 1990		Nancy Ross, Westview	
Name	Age	School	Finals
=====			
1	Wagner, Lauren	Cardinal Hei	9.48m
2	Perco, Julia	R.A. Riddell	9.11m
3	Tasker, Hailey	Ancaster Sen	8.44m
4	DeSantis, Danielle	Gatestone	8.24m
5	Lasica, Heidi	Sir William	8.02m
6	Mulholland, Ashley	Flamborough	7.69m
7	Mills, D`angelina	Glen Brae	7.67m
8	Proc, Kylie	Ancaster Mea	6.49m
9	Godkin, Alex	Lawfield (Ve	6.33m
10	Kim, Yuna	Ryerson	5.95m
11	Kruizinga, Hannah	Dalewood	5.91m
12	Myrie, Odessa	Chedoke	5.37m

Girls 100 Meter Dash Grade8

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HWDSB Record: R 12.80 1975		Ingrid Noel, Westview		
Name	Age	School	Prelims	H#
=====				
Preliminaries				
1	Lundanzi Attebi, Angeliq	Hillcrest	13.50q	2
2	Leek, Madeline	Ryerson	13.80q	1
3	Grant, Melissa	Lawfield (Ve	13.95q	4
4	Vivian, Abi	Flamborough	14.20q	2
5	MacDonnell, Siobhan	R.A. Riddell	14.32q	3
6	Garber, Laura	Dalewood	14.36q	1
7	El-Helou, Zoe	Ryerson	14.46q	4
8	Lula, Cassandra	Dalewood	14.59q	1
9	Amoah, Stephanie	Chedoke	14.63	1
10	Pejam, Bita	Ancaster Sen	14.91	1
11	Pickthall, Ashlyn	Lawfield (Ve	14.93	3
12	Rynne, Paige	Ancaster Mea	15.14	2
13	Carswell, Abigail	R.A. Riddell	15.15	4
14	Happy, Jessica	Ancaster Mea	15.17	1
15	Webb, Ashleigh	Sir William	15.22	1
16	Blayney, Fawne	Glen Brae	15.24	3
17	Peckham, Chantel	Glen Brae	15.30	4
18	Weston, Emme	Ancaster Sen	15.36	2
19	Tsounis, Katie	Sir William	15.40	3
20	Cole, Courtney	Gatestone	15.46	3
21	Gatannesh, Hajer	Cardinal Hei	16.02	4
22	Ohare, Breanna	Flamborough	16.04	1
23	Gwanzura, Vuyelwa	Gatestone	16.06	2
24	Davis, Laura	Chedoke	16.22	2
25	Nassif, Ayah	Cardinal Hei	16.92	2

Girls 100 Meter Dash Grade8

=====			
HWDSB Record: R 12.80 1975		Ingrid Noel, Westview	
Name	Age	School	Finals
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Finals			

1	Lundanzi Attebi, Angeliq	Hillcrest	13.71
2	Leek, Madeline	Ryerson	13.78
3	Grant, Melissa	Lawfield (Ve	13.97
4	Vivian, Abi	Flamborough	14.02
5	Garber, Laura	Dalewood	14.62
6	MacDonnell, Siobhan	R.A. Riddell	14.64
7	El-Helou, Zoe	Ryerson	14.65
8	Lula, Cassandra	Dalewood	14.80

Girls 200 Meter Dash Grade8

HWDSB Record: R 27.23 11/06/2012 Jenna Smith, Sir William

Name	Age	School	Finals	H#
1	Lundanzi Attebi, Angeliq	Hillcrest	28.52	2
2	Grant, Melissa	Lawfield (Ve	29.00	1
3	Vivian, Abi	Flamborough	29.29	1
4	Lula, Cassandra	Dalewood	30.12	2
5	Amoah, Stephanie	Chedoke	30.22	2
6	Weston, Emme	Ancaster Sen	31.11	2
7	Loucks, Taylor	Sir William	31.39	1
8	Wiepjes, Amanda	Ancaster Mea	32.47	2
9	Scime, Emily	R.A. Riddell	33.07	1
10	Kauth, Mackenzie	Gatestone	34.09	1
11	Nassif, Ayah	Cardinal Hei	34.22	1
12	Boyter, Sadie	Glen Brae	34.24	2
13	Parr, Caitlin	Ryerson	36.16	1

Girls 400 Meter Dash Grade8

HWDSB Record: R 59.95 11/06/2012 Jenna Smith, Sir William

Name	Age	School	Finals	H#
1	Cummings, Kyra	Glen Brae	1:05.16	1
2	Wang, Peiyao	Dalewood	1:08.13	1
3	Moore, Jennifer	R.A. Riddell	1:09.93	1
4	Kenyerer, Alexis	Sir William	1:10.42	2
5	Farnworth, Hannah	Ancaster Sen	1:12.41	1
6	Elstone, Meredith	Chedoke	1:12.94	1
7	Rynne, Paige	Ancaster Mea	1:14.18	2
8	Pickthall, Ashlyn	Lawfield (Ve	1:16.78	2
9	Boyd, Isabel	Ryerson	1:21.36	2
10	Mezgec, Annie	Flamborough	1:24.51	2

Girls 1500 Meter Run Grade8

HWDSB Record: R 4:56.12 24/05/2011 Stephanie Ryall, Ryerson

Name	Age	School	Finals
1	West, Ruby	Ryerson	5:37.73
2	Baker, Olivia	Flamborough	5:39.15
3	Kenyerer, Alexis	Sir William	5:40.57
4	Kaptyn, Erin	R.A. Riddell	5:42.92
5	Loucks, Taylor	Sir William	5:59.47
6	Dean, Samantha	Dundas Centr	6:06.26
7	Moore, Astrid	Dundas Centr	6:15.48
8	Amer, Adan	R.A. Riddell	6:21.81



9 Hilbert, Lucy	Glen Brae	6:22.01
10 Li, Carolina	Dalewood	6:25.41
11 deJonge, Juliette	Dalewood	6:26.88
12 Symons-Webb, Kristen	Glen Brae	6:30.31
13 Kastrau, Kyra	Ancaster Mea	6:33.16
14 Faux, Lauren	Ancaster Mea	6:33.71
15 Altin, Nilsu	Chedoke	6:37.94
16 Carnegie, Sonya	Ancaster Sen	6:38.80
17 Mezgec, Annie	Flamborough	6:50.04
18 Henatzyen, Phoebe	Lawfield (Ve	6:59.12
19 Zhou, Judy	Lawfield (Ve	7:05.63
20 Haw, Tiffany	Hillcrest	7:30.44
21 Mahmood, Danya	Cardinal Hei	7:44.33
-- Ahmad, Mariam	Cardinal Hei	DNF

Girls 4x100 Meter Relay Grade8

HWDSB Record: R 54.40 1979		Chedoke, Chedoke	
School		Finals	H#
1 R.A. Riddell 'A'		57.03	2
2 Ryerson 'A'		57.88	1
3 Dalewood 'A'		58.74	2
4 Hillcrest 'A'		59.13	1
5 Flamborough Cent 'A'		59.64	1
6 Sir William Osler 'A'		1:00.11	2
7 Ancaster Senior 'A'		1:00.36	2
8 Lawfield 'A'		1:00.59	2
9 Chedoke 'A'		1:01.36	1
10 Ancaster Meadow 'A'		1:01.60	1
11 Glen Brae 'A'		1:02.09	1
12 Gatestone 'A'		1:05.07	2
13 Cardinal Heights 'A'		1:05.18	2
14 W.H. Ballard 'A'		1:08.90	1

Girls Distance Medley Grade8

HWDSB Record: R 4:46.83 11/06/2012 Dalewood, Dalewood		
School		Finals
1 Dalewood 'A'		5:01.76
2 Ancaster Senior 'A'		5:10.51
3 Ryerson 'A'		5:12.49
4 Sir William Osler 'A'		5:17.66
5 R.A. Riddell 'A'		5:27.31
6 Glen Brae 'A'		5:44.90
7 Chedoke 'A'		5:48.63
8 Ancaster Meadow 'A'		5:50.34
9 Lawfield 'A'		5:52.62
10 Flamborough Cent 'A'		5:56.19
11 Gatestone 'A'		6:12.50

Girls High Jump Grade8

HWDSB Record: R 1.53m 1980		Karen Goodger, Chedoke	
Name	Age School		Finals

1	Almaguer-Sheldrick, Jasm	Ryerson	1.55mR
2	Davies-Barlow, Sierra	R.A. Riddell	1.40m
3	Martin, Lauren	Flamborough	J1.40m
4	Ketsetzis, Sophia	Ancaster Mea	1.35m
5	Hamilton, Lindsay	Ancaster Sen	1.30m
6	Bowen, Hailey	Lawfield (Ve	J1.30m
6	Northrup, Robin	Sir William	J1.30m
8	Cummings, Kyra	Glen Brae	1.25m
9	Chudha, Ramnik	Gatestone	1.15m

Girls Long Jump Grade8

=====			
HWDSB Record: R 4.68m 1986		Shelly Ryder, Adelaide Hoodless	
Name	Age	School	Finals
=====			
1	Baker, Olivia	Flamborough	4.33m
2	Almaguer-Sheldrick, Jasm	Ryerson	4.31m
3	Bowen, Hailey	Lawfield (Ve	4.18m
4	Raymond, Nora	Ancaster Sen	3.97m
5	Ye, Robyn	Ancaster Mea	3.78m
6	Swanborough, Lara	Sir William	3.76m
7	Bairns, Cassandra	R.A. Riddell	3.69m
8	Leadbetter, Sophie	Dalewood	3.58m
9	Peckham, Chantel	Glen Brae	3.54m
10	Beaver, Shayna	W.H. Ballard	3.43m
11	Altin, Nilsu	Chedoke	3.26m
12	Chudha, Ramnik	Gatestone	2.76m

Girls Shot Put Grade8

=====			
HWDSB Record: R 11.50m 24/05/2011		Shaneal Wilson, Glen Brae	
Name	Age	School	Finals
=====			
1	Rynne, Paige	Ancaster Mea	10.82m
2	Lundanzi Attebi, Angeliq	Hillcrest	9.66m
3	Haunton, Rachael	Flamborough	8.49m
4	Henderson, Deirdre	Glen Brae	8.41m
5	Egan, Cassandra	Sir William	8.20m
6	Magna, Felicia	R.A. Riddell	8.03m
7	Cole, Courtney	Gatestone	7.84m
8	Henatzyen, Phoebe	Lawfield (Ve	7.65m
9	Elazali, Rita	Ryerson	7.63m
10	Agar, Katie	Dalewood	7.33m
11	Raymond, Nora	Ancaster Sen	7.07m
12	Hassan, Mimi	Cardinal Hei	6.87m

Boys 100 Meter Dash Grade6

=====				
HWDSB Record: R 12.40 1992		Fred Boateng, Bennetto		
Name	Age	School	Prelims	H#
=====				
Preliminaries				
1	Salazar, Jalen	Ryerson	13.84q	3
2	Vanderpol, Emile	Ryerson	14.20q	2
3	Palmer, Naithen	R.A. Riddell	14.27q	3
4	Baiton, Derek	Sir William	14.42q	1
5	McGinn, Shawn	Cardinal Hei	14.66q	2

6	Metcalfe-Smith, Michael	Hillcrest	14.70q	4
7	Miller, Thomas	Glen Brae	14.94q	4
8	Teatero, Freddie	Lawfield (Ve	14.97q	1
9	Paulos, Ethan	Ancaster Mea	15.08	4
10	Dunford, Blake	R.A. Riddell	15.09	3
11	Glaze, Jalen	Hillcrest	15.25	1
12	Hudspeth, Shayne	W.H. Ballard	15.26	2
13	Collins, Zac	Glen Brae	15.44	2
14	Feng, Brian	Sir William	15.45	4
15	Murray, Spencer	Gatestone	15.53	1
16	Diehl, Dylan	W.H. Ballard	15.66	3
17	Waye, Cooper	Dalewood	15.71	3
18	Drohan, Ryan	Ancaster Mea	15.82	3
19	Meki, Mohammed	Lawfield (Ve	15.84	3
20	Dwyer, Abdulla	Chedoke	16.12	3
21	Barker, Nick	Cardinal Hei	16.24	1
21	Bjelajac, Nick	Gatestone	16.24	2
23	McCarthy, Blake	Chedoke	16.37	2
24	Boatsmith, Liam	Dalewood	16.70	4

Boys 100 Meter Dash Grade6

=====  
 HWDSB Record: R 12.40 1992 Fred Boateng, Bennetto  
 Name Age School Finals  
 =====

Finals

1	Salazar, Jalen	Ryerson	13.80
2	Palmer, Naithen	R.A. Riddell	14.08
3	Vanderpol, Emile	Ryerson	14.20
4	McGinn, Shawn	Cardinal Hei	14.83
5	Baiton, Derek	Sir William	14.98
6	Metcalfe-Smith, Michael	Hillcrest	15.15
7	Teatero, Freddie	Lawfield (Ve	15.27
8	Miller, Thomas	Glen Brae	15.35

Boys 200 Meter Dash Grade6

=====  
 HWDSB Record: R 27.14 1988 Delawn Grandison, Adelaide Hoodless  
 Name Age School Finals H#  
 =====

1	Vanderpol, Emile	Ryerson	28.58	1
2	Milsner-Davis, Myles	R.A. Riddell	30.06	2
3	McGinn, Shawn	Cardinal Hei	30.75	2
4	Hughes, Ben	W.H. Ballard	31.35	1
5	Linkert, Dennis	Sir William	31.41	1
6	Miller, Thomas	Glen Brae	31.79	2
7	Sass, Braedan	Chedoke	31.80	1
8	Drohan, Ryan	Ancaster Mea	31.98	2
9	Teatero, Freddie	Lawfield (Ve	32.03	1
10	Johnston, Chase	Gatestone	32.17	1
11	Lee-Heathcote, Devin	Hillcrest	33.82	2
12	Opie, Patrick	Dalewood	35.55	1

Boys 400 Meter Dash Grade6

=====  
 HWDSB Record: R 1:01.50 1988 Mark Springer, Hillfield  
 Name Age School Finals H#

1	Davidson-Thomas, Lashaw	Ryerson	1:06.68	2
2	Baiton, Derek	Sir William	1:09.03	1
3	Jones, Owen	Dalewood	1:09.30	1
4	Tran, Steven	Cardinal Hei	1:09.79	1
5	Murray, Spencer	Gatestone	1:13.25	1
6	Metcalfe-Smith, Michael	Hillcrest	1:13.40	2
7	Hughes, Ben	W.H. Ballard	1:13.53	1
8	Rogers, Holden	R.A. Riddell	1:14.32	1
9	Rakem, Ali	Ancaster Mea	1:15.76	2
10	Dunne, Jacob	Lawfield (Ve	1:16.70	1
11	Dwyer, Abdulla	Chedoke	1:21.73	1
12	Josipovic, Marko	Glen Brae	1:22.49	2

Boys 1500 Meter Run Grade6

HWDSB Record: R 4:59.90 2010 Ian MacKinnon, Dalewood

Name	Age	School	Finals	
1		Davidson-Thomas, Lashaw	Ryerson	5:15.01
2		Whitmore, Dale	Dalewood	5:25.87
3		Rogers, Holden	R.A. Riddell	5:26.00
4		Kotter, Nick	Ancaster Mea	5:29.52
5		Leighninger, Nathaniel	Ryerson	5:31.62
6		Green, Malcolm	Sir William	5:36.14
7		Nash, Kyle	Ancaster Mea	5:40.68
8		Manzin, Jesse	Dalewood	5:42.31
9		Dimmock, Brodie	Cardinal Hei	5:48.04
10		Bulushi, Shihab	Gatestone	5:48.09
11		Coulter, Seth	Gatestone	5:53.75
12		Collins, Zac	Glen Brae	5:54.37
13		Jenkins, Scott	R.A. Riddell	5:56.17
14		Linkert, Dennis	Sir William	5:58.37
15		Sweeny, Zack	Lawfield (Ve	6:03.17
16		Robinson, Jack	Cardinal Hei	6:04.46
17		Dunne, Jacob	Lawfield (Ve	6:06.71
18		McCauley, Riley	Hillcrest	6:17.38
19		Diehl, Dylan	W.H. Ballard	6:24.84
20		Hicks, Eric	W.H. Ballard	6:26.26
21		Nevilles, Alex	Chedoke	6:55.92
22		Josipovic, Marko	Glen Brae	7:32.95

Boys 4x100 Meter Relay Grade6

HWDSB Record: R 55.12 1988 Hillfield, Hillfield

School	Finals	H#	
1	Ryerson 'A'	58.92	2
2	R.A. Riddell 'A'	59.33	2
3	Hillcrest 'A'	1:01.45	1
4	Sir William Osler 'A'	1:02.40	1
5	Ancaster Meadow 'A'	1:02.70	1
6	Dalewood 'A'	1:03.11	2
7	Gatestone 'A'	1:03.79	1
8	Cardinal Heights 'A'	1:03.81	2
9	Glen Brae 'A'	1:05.46	1
10	Chedoke 'A'	1:05.75	1

## Boys High Jump Grade6

HWDSB Record: R 1.49m 1987 Jason Leaist, Memorial (City)			
Name	Age	School	Finals
1 Salazar, Jalen		Ryerson	1.45m
2 Jenkins, Scott		R.A. Riddell	1.30m
3 Collins, Zac		Glen Brae	1.20m
3 Cullen, Sam		Hillcrest	1.20m
5 Nash, Kyle		Ancaster Mea	1.15m
6 Bjelajac, Nick		Gatestone	J1.15m
7 Goede, Liam		Sir William	1.10m
8 Meki, Mohammed		Lawfield (Ve	J1.10m

## Boys Long Jump Grade6

HWDSB Record: R 4.70m 1991 Wayne Loyer, Dalewood			
Name	Age	School	Finals
1 Feng, Brian		Sir William	3.98m
2 Manzin, Jesse		Dalewood	3.83m
3 Cheng, Jacob		Ryerson	3.67m
4 Hassel, Daniel		Dundas Centr	3.65m
5 Xhekaj, Arber		R.A. Riddell	3.63m
6 Meki, Mohammed		Lawfield (Ve	3.62m
7 Paulos, Ethan		Ancaster Mea	3.53m
8 Wilson, Austin		Hillcrest	3.42m
9 Gill, Jagroop		Glen Brae	3.33m
10 Coulter, Seth		Gatestone	J3.33m
11 Nevilles, Alex		Chedoke	2.22m

## Boys Shot Put Grade6

HWDSB Record: R 11.20m 2012 Luca Robinson, Ray Lewis			
Name	Age	School	Finals
1 Dhindsa, Steven		Glen Brae	9.13m
2 Grace, Michael		R.A. Riddell	9.03m
3 Mercier, Graham		Dalewood	8.98m
4 Walker, Bryce		Chedoke	8.70m
5 Martindale, Emmett		Dundas Centr	8.55m
6 Labelle, Brad		Cardinal Hei	8.42m
7 Douglas, Amarion		Hillcrest	7.48m
7 Wrench, Daniel		Lawfield (Ve	7.48m
9 Liddicoat, Justin		Ancaster Mea	7.27m
10 Fowler, Lucas		Sir William	7.15m
11 Buch, Christopher		Gatestone	7.10m
12 Burns, Rhiley		Ryerson	5.38m

## Boys 100 Meter Dash Grade7

HWDSB Record: R 12.10 1990 Sam Boateng, Bennetto				
Name	Age	School	Prelims	H#

Preliminaries

1	Usifo, Ike	R.A. Riddell	13.12q	2
2	Adamu, Caleb	Flamborough	13.61q	1
3	Park, Sam	Ryerson	13.91q	3
4	Slater, Jalen	Gatestone	13.92q	4
5	Maramba, Stanley	R.A. Riddell	13.93q	1
6	Yusuf, Akshay	Ancaster Mea	13.96q	1
7	Mason, Travis	Ancaster Sen	14.10q	1
8	Delsey, Garnet	Ancaster Mea	14.16q	3
9	Guppy, Tyler	Cardinal Hei	14.32	1
10	Ormerod, Tyler	Chedoke	14.35	4
11	Mazzadi, Alex	Ancaster Sen	14.37	4
12	Robertson-Roper, Brenden	Dalewood	14.41	4
13	Vanderkamp, Patrick	Flamborough	14.49	3
14	Khan, Ihsen	Gatestone	14.59	4
15	Rogers, Julian	Dalewood	14.61	2
16	Wright, Keon	Lawfield (Ve	14.62	1
17	King, Jacob-Carter	Ryerson	14.70	2
18	Benipal, Prabdeep	Glen Brae	15.04	2
19	Glanville, Roland	Glen Brae	15.06	4
20	Peters, Eric	Lawfield (Ve	15.07	2
21	Hampton, James	Cardinal Hei	15.21	3
22	Sadat, Abrar	Chedoke	15.51	3
23	Wright, Brad	Sir William	15.63	4
24	Barwinski, Andrew	Sir William	16.26	3
25	Bomberry, Tristan	W.H. Ballard	16.40	3
26	Chandler, Ryan	W.H. Ballard	16.48	3

Boys 100 Meter Dash Grade7

=====  
 HWDSB Record: R 12.10 1990 Sam Boateng, Bennetto  
 Name Age School Finals

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 Finals

1	Usifo, Ike	R.A. Riddell	13.12
2	Adamu, Caleb	Flamborough	13.47
3	Slater, Jalen	Gatestone	13.90
4	Yusuf, Akshay	Ancaster Mea	13.99
5	Park, Sam	Ryerson	14.03
6	Mason, Travis	Ancaster Sen	14.09
7	Delsey, Garnet	Ancaster Mea	14.27
8	Maramba, Stanley	R.A. Riddell	14.58

Boys 200 Meter Dash Grade7

=====  
 HWDSB Record: R 24.90 1990 Sam Boateng, Bennetto  
 Name Age School Finals H#

1	Purnell, Alec	Sir William	24.95	2
2	Colao, Aaron	R.A. Riddell	26.90	2
3	Ormerod, Tyler	Chedoke	28.63	1
4	Guppy, Tyler	Cardinal Hei	28.65	2
5	Delsey, Garnet	Ancaster Mea	29.01	1
6	Mason, Travis	Ancaster Sen	29.14	1
7	Vanderkamp, Patrick	Flamborough	29.74	1
8	Slater, Jalen	Gatestone	29.99	2
9	Gebara, Gabriel	Dalewood	30.64	2
10	Wright, Keon	Lawfield (Ve	30.79	1

11 Labreche, Luke	Glen Brae	31.36	2
12 Neziri, Darden	W.H. Ballard	34.67	2

Boys 400 Meter Dash Grade7

=====			
HWDSB Record: R 56.40		1991	Andrew Harris, Elizabeth Bagshaw
Name	Age	School	Finals H#
=====			
1 Purnell, Alec		Sir William	58.66 2
2 Mills, Finn		Ancaster Mea	1:03.41 1
3 Cushie, Jimmy		Dalewood	1:05.12 2
4 Woodhouse, Ben		Lawfield (Ve	1:07.86 2
5 Mehdi, Ayat		R.A. Riddell	1:08.05 2
6 Scott, Aidan		Chedoke	1:14.46 2
7 McFaul, Dustyn		Flamborough	1:15.03 1
8 Zivkovic, Luka		Gatestone	1:15.75 2
9 Cherriere, Justin		W.H. Ballard	1:17.63 1
10 Malcolm, Jevon		Cardinal Hei	1:18.04 1
11 Farrand, Graeme		Ryerson	1:19.42 2
12 Peters, Tyler		Glen Brae	1:22.53 1

Boys 1500 Meter Run Grade7

=====			
HWDSB Record: R 4:51.10		1975	Colin Brown, Westview
Name	Age	School	Finals
=====			
1 Purnell, Alec		Sir William	4:42.90R
2 Mills, Finn		Ancaster Mea	5:01.95
3 Hennessey, Zach		R.A. Riddell	5:19.05
4 Yusuf, Akshay		Ancaster Mea	5:22.50
5 Cushie, Jimmy		Dalewood	5:22.56
6 Martin, Kyle		R.A. Riddell	5:28.99
7 Sadat, Abrar		Chedoke	5:31.34
8 Fitzpatrick, Cameron		Ancaster Sen	5:38.63
9 McFaul, Dustyn		Flamborough	5:40.19
10 McGreal, Hayden		Ryerson	5:40.43
11 Krist, Kyle		Flamborough	5:42.87
12 Woodhouse, Ben		Lawfield (Ve	5:44.35
13 Moore, Jason		W.H. Ballard	5:52.38
14 Braaten, Trevor		Gatestone	5:53.94
15 Camillo, Tony		Dalewood	5:55.54
16 Milanovich, Nick		Gatestone	5:59.37
17 Holton, Will		Ancaster Sen	6:02.71
18 Cherriere, Justin		W.H. Ballard	6:05.06
19 Rowson, Lucas		Lawfield (Ve	6:05.99
20 Blinkhorn, Peyton		Cardinal Hei	6:13.67
21 Farrand, Graeme		Ryerson	6:14.60
22 Khan, Sharukh		Chedoke	6:27.82
23 Hawley, Ben		Sir William	6:37.03
24 Williams, Tiger		Cardinal Hei	6:55.16

Boys 4x100 Meter Relay Grade7

=====			
HWDSB Record: R 51.30		1987	Westview, Westview
School			Finals H#
=====			
1 R.A. Riddell	'A'		54.53 1

2	Ancaster Meadow	'A'	56.60	2
3	Gatestone	'A'	57.75	2
4	Ryerson	'A'	58.87	2
5	Lawfield	'A'	58.95	1
6	Ancaster Senior	'A'	59.23	1
7	Dalewood	'A'	1:00.45	2
8	Flamborough Cent	'A'	1:00.55	2
9	Cardinal Heights	'A'	1:00.73	1
10	Chedoke	'A'	1:03.09	1
11	Sir William Osler	'A'	1:04.63	2
12	Hillcrest	'A'	1:05.72	2
13	Glen Brae	'A'	1:06.74	1

#### Boys High Jump Grade7

HWDSB Record: R 1.64m 1989		Ed Omaboe, Westview	
Name	Age	School	Finals
1	Adamu, Caleb	Flamborough	1.50m
2	Salvo, Joe	R.A. Riddell	1.40m
3	Atlija, Luke	Ancaster Sen	1.35m
4	Deon, Sam	Ryerson	J1.35m
5	Pawlec, Michael	Ancaster Mea	1.30m
6	Wright, Brad	Sir William	J1.30m
7	Khan, Ihsen	Gatestone	1.25m
8	Beitz, Zach	Lawfield (Ve	1.15m
--	Labreche, Luke	Glen Brae	NH

#### Boys Long Jump Grade7

HWDSB Record: R 5.03m 1985		Francisco Figueroa, Ryerson	
Name	Age	School	Finals
1	Adamu, Caleb	Flamborough	5.00m
2	McLeod, Cameron	R.A. Riddell	4.34m
3	Coffen, Lian	Ancaster Sen	4.18m
4	Park, Sam	Ryerson	4.07m
5	DiSabitino, Daniel	Gatestone	3.88m
6	Robertson-Roper, Brenden	Dalewood	3.86m
7	Ahmadi, Seyar	Lawfield (Ve	J3.86m
8	Cremasco, Mark	Chedoke	3.77m
9	Sweezey-Munroe, Evan	Ancaster Mea	3.68m
10	Peters, Tyler	Glen Brae	3.52m
11	Barwinski, Andrew	Sir William	2.49m

#### Boys Shot Put Grade7

HWDSB Record: R 12.54m 2008		Lee Borders, Cardinal Hei	
Name	Age	School	Finals
1	Meikle, Dan	Ancaster Sen	11.80m
2	Hager, Cal	R.A. Riddell	11.00m
3	Thapar, Akash	Ancaster Mea	J11.00m
4	Peck, Brenden	Sir William	10.48m
5	Bennett, Spencer	Flamborough	10.22m
6	Pierce, Daniel	Cardinal Hei	9.80m
7	Ahmadi, Seyar	Lawfield (Ve	9.75m



8 Simpson, Jordan	Gatestone	8.90m
9 Kudian, Artem	Glen Brae	8.05m
10 Rogers, Julian	Dalewood	8.01m
11 Todoruck, Jacob	Chedoke	7.88m

Boys 100 Meter Dash Grade8

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HWDSB Record: R 11.80 1991 Sam Boateng, Bennetto

Name	Age	School	Prelims	H#
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Preliminaries

1 Doyle, Dylan		Dundas Centr	12.44q	3
2 Cantwell, Sean		Gatestone	12.88q	4
3 Curran, Liam		Ryerson	12.90q	3
4 Haedrich, Owen		Ryerson	12.91q	4
5 Webber, Drew		W.H. Ballard	12.95q	3
6 Jivani, Zohir		Ancaster Mea	12.98q	2
7 Mady, BB		R.A. Riddell	12.99q	1
8 Hall, Josh		Sir William	13.11q	4
9 Miller, Ryan		Dalewood	13.23	2
10 Morris, Noah		Flamborough	13.28	4
11 Schurer, Paul		Flamborough	13.29	1
11 Lima, Tyler		Dalewood	13.29	3
13 Vile, Mitchell		Sir William	13.41	1
14 Barker, Dakota		Gatestone	13.48	1
15 Beno, Zach		R.A. Riddell	13.52	2
16 Macadangdang, Angelo		Lawfield (Ve	13.57	1
17 Watts, Ryan		Hillcrest	13.59	1
18 Drysdale, Quinn		Cardinal Hei	13.84	2
19 Adli, Subhan		Chedoke	13.86	4
20 Friesen, Dylan		Glen Brae	13.88	2
21 Al-Badran, Ahmad		Ancaster Mea	13.97	3
22 Figaro, Abdu		Chedoke	14.08	4
23 Levniac, Steven		Glen Brae	14.10	2
24 Rapp, Matt		Lawfield (Ve	14.11	3
25 MacMillan, Josh		Cardinal Hei	14.28	1
26 Pendlebury, Chris		Ancaster Sen	15.53	3
27 Crouse, Jake		W.H. Ballard	15.81	2

Boys 100 Meter Dash Grade8

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HWDSB Record: R 11.80 1991 Sam Boateng, Bennetto

Name	Age	School	Finals
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Finals

1 Doyle, Dylan		Dundas Centr	12.72
2 Mady, BB		R.A. Riddell	12.75
3 Haedrich, Owen		Ryerson	12.76
4 Jivani, Zohir		Ancaster Mea	12.77
5 Cantwell, Sean		Gatestone	12.92
6 Curran, Liam		Ryerson	12.98
7 Hall, Josh		Sir William	13.01
8 Webber, Drew		W.H. Ballard	13.11

Boys 200 Meter Dash Grade8

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HWDSB Record: R 24.20 1991 Sam Boateng, Bennetto

Name	Age	School	Finals	H#
1 Morris, Noah		Flamborough	26.62	2
2 Jivani, Zohir		Ancaster Mea	26.63	1
3 Margaritis, Zeke		Ryerson	26.95	1
4 Walkling, Jared		Lawfield (Ve	27.10	2
5 Barker, Dakota		Gatestone	27.21	2
6 Sergeant, Anand		Dalewood	27.96	1
7 Drysdale, Quinn		Cardinal Hei	28.02	2
8 Friesen, Dylan		Glen Brae	28.35	2
9 Stewart, Jacob		R.A. Riddell	28.37	2
10 Adli, Subhan		Chedoke	28.49	2
11 Smith, Devon		Hillcrest	28.57	2
12 Davis, Jack		Sir William	28.96	1
13 Crouse, Joey		W.H. Ballard	29.23	1
14 Pendlebury, Chris		Ancaster Sen	31.24	1

Boys 400 Meter Dash Grade8

Name		Age	School	Finals	H#
HWDSB Record: R 54.80		1988	Haldane Innes, Westview		
1 Broekhuyse, Alex			R.A. Riddell	59.36	2
2 Walkling, Jared			Lawfield (Ve	59.37	1
3 Bauer Marr, Aidan			Flamborough	1:02.98	1
4 Davis, Jack			Sir William	1:04.24	1
5 Crouse, Joey			W.H. Ballard	1:05.35	2
6 Singh, Harraj			Gatestone	1:05.67	2
7 Rawson, Michael			Chedoke	1:07.84	1
8 Lazdins, Zachary			Ancaster Mea	1:08.24	2
9 Geer-Timmins, Drake			Glen Brae	1:08.76	1
10 Heinbecker, Eric			Dalewood	1:09.46	1
11 Bentley, Micha			Ryerson	1:12.96	2
12 Francis, Isaiah			Cardinal Hei	1:19.78	2

Boys 1500 Meter Run Grade8

Name		Age	School	Finals
HWDSB Record: R 4:31.70		1979	Kevin Kozicz, Dalewood	
1 Broekhuyse, Alex			R.A. Riddell	4:42.25
2 Walkling, Jared			Lawfield (Ve	5:00.03
3 Opie, Owen			Dalewood	5:02.72
4 Mizener, Derek			Sir William	5:06.30
5 Bilal, Mobeane			Gatestone	5:12.80
6 Bowers, Jordan			Sir William	5:15.42
7 Liao, Richard			Ancaster Mea	5:17.62
8 Bauer Marr, Aidan			Flamborough	5:18.17
9 Nofhle, Luke			Dalewood	5:21.48
10 Mashie, Ryan			R.A. Riddell	5:22.92
11 Bechir, Rachat			Ryerson	5:25.27
12 Mott, Malik			Lawfield (Ve	5:27.41
13 Crouse, Jake			W.H. Ballard	5:31.00
14 Sussman, Daniel			Ryerson	5:31.83
15 Orsorto Molina, Frankie			Gatestone	5:40.65
16 Wauben-Scott, Silas			Dundas Centr	5:42.57
17 Johnston, Max			Chedoke	5:43.34

18	Lazdins, Zachary	Ancaster Mea	5:50.92
19	Shearer, Jefferson	W.H. Ballard	5:54.78
20	Cosgun, Hasan	Cardinal Hei	6:16.58
21	Lewis, Tyler	Glen Brae	6:17.58

Boys 4x100 Meter Relay Grade8

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HWDSB Record: R 49.20		1978	Glen Brae, Glen Brae
School		Finals	H#
=====			
1	Ryerson 'A'	52.19	2
2	Sir William Osler 'A'	52.87	1
3	Gatestone 'A'	53.39	1
4	R.A. Riddell 'A'	53.47	1
5	Ancaster Meadow 'A'	53.70	2
6	Dalewood 'A'	53.73	1
7	Flamborough Cent 'A'	54.28	1
8	Lawfield 'A'	55.22	2
9	Glen Brae 'A'	55.44	2
10	Chedoke 'A'	56.10	2
11	Cardinal Heights 'A'	56.42	2
12	W.H. Ballard 'A'	57.10	1

Boys Distance Medley Grade8

=====			
HWDSB Record: R 4:22.64		10/06/2009	Sir Wilfrid Laurier, Sir Wilfrid
School		Finals	
=====			
1	R.A. Riddell 'A'	4:26.29	
2	Dalewood 'A'	4:30.73	
3	Sir William Osler 'A'	4:38.40	
4	Ancaster Meadow 'A'	4:39.15	
5	Ryerson 'A'	4:49.85	
6	Gatestone 'A'	4:54.11	
7	Lawfield 'A'	4:56.61	
8	Flamborough Cent 'A'	5:13.18	
9	Glen Brae 'A'	5:15.55	
10	Ancaster Senior 'A'	5:17.72	
11	Chedoke 'A'	5:25.10	

Boys High Jump Grade8

=====			
HWDSB Record: R 1.76m		2006	Satar Wahidi, Green Acres
Name	Age	School	Finals
=====			
1	Janzen, Christian	Gatestone	1.55m
2	Pitter, Jayden	Hillcrest	1.50m
3	Maye, Dravin	R.A. Riddell	J1.50m
4	Mizener, Derek	Sir William	1.45m
5	Mclean, Malcolm	Ryerson	J1.45m
6	Webber, Drew	W.H. Ballard	J1.45m
7	Berlin, Brandin	Ancaster Mea	1.40m
7	Ngong, Kur	Lawfield (Ve	1.40m
9	Ramolla, Cam	Flamborough	1.35m
10	Gagic, Aidan	Chedoke	1.30m
11	Huynh, Eric	Ancaster Sen	1.25m

Boys Long Jump Grade8

HWDSB Record: R 5.61m 1984		Ian Robinson, R.A. Riddell	
Name	Age	School	Finals
1 Berlin, Brandin		Ancaster Mea	4.85m
2 Gregory, Mitchell		Sir William	4.59m
3 Schurer, Paul		Flamborough	4.46m
4 Proctor, Nicky		R.A. Riddell	4.33m
5 Gagic, Aidan		Chedoke	4.28m
6 Whalen, Tyler		W.H. Ballard	4.08m
7 Mott, Malik		Lawfield (Ve	4.03m
8 Petrovic, Djordje		Ancaster Sen	3.98m
9 McCann, Harrison		Dalewood	3.97m
10 Singh, Harraj		Gatestone	3.95m
11 Swenor, Gordon		Glen Brae	J3.95m
12 Bechir, Rachat		Ryerson	3.91m

Boys Shot Put Grade8

HWDSB Record: R 15.41m 2002		Jerome Walker, Tweedsmuir	
Name	Age	School	Finals
1 Janzen, Christian		Gatestone	14.50m
2 Davis, Hayden		R.A. Riddell	12.83m
3 Fidler, Brady		Flamborough	12.80m
4 Sauer, Nicoli		Chedoke	12.70m
5 Al-Badran, Ahmad		Ancaster Mea	12.20m
6 Skutta, Daniel		Lawfield (Ve	12.12m
7 Bourdages, Dawlson		Cardinal Hei	12.10m
8 Whalen, Tyler		W.H. Ballard	J12.10m
9 Peterson, Oliver		Ryerson	11.67m
10 Hall, Josh		Sir William	11.47m
11 Geer-Timmins, Drake		Glen Brae	10.90m
12 Daiber, Eric		Dalewood	8.80m