

Sr. Elementary Track - Division 1 -2012 - 11/06/2012
Mohawk Sports Park
Results

Girls 100 Meter Dash Grade6

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 HWDSB Record: R 13.28 2003 Sarah Rosso, Flamborough Centre
 Name Age School Prelims H#
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Preliminaries

1	Faith, Paige	A.A. Greenle	13.97q	1
2	Dias, Keveisha	Hillcrest	14.72q	4
3	Harrington, Caelan	Hillcrest	15.15q	3
4	Pathak, Kaitlyn	Sir William	15.25q	3
5	Johnston, Shannon	Flamborough	15.32q	1
6	Rothwell, Kaitlyn	Sir William	15.38q	2
7	Milley, Emily	Ryerson	15.42q	1
8	Teatero, Morgan	Lawfield (Ve	15.51q	1
9	Widdup, Bronwyn	A.A. Greenle	15.68	2
10	Mahmoud, Rahila	Lawfield (Ve	15.70	2
11	Zambiasi, Aja	Glen Brae	15.75	3
12	Craciun, Anca	Glen Brae	15.79	4
13	Kleven, Sydney	Flamborough	15.86	3
14	Burns, Sydney	Cardinal Hei	15.87	3
15	Dao, Jennifer	Ancaster Mea	16.31	1
16	Yasin, Chinelo	Westview	16.39	2
17	Tarnopolsky, Milla	Dalewood	16.43	4
18	Giles, Rebecca	Cardinal Hei	16.58	2
19	Yuen, Atira	Ancaster Mea	16.66	3
20	Smith, Chelsea	W.H. Ballard	16.77	1
21	Henry, Andrena	R.A. Riddell	16.83	2
22	Moro, Malaina	R.A. Riddell	17.00	4
23	Muirhead, Miriam	Ryerson	17.07	4
24	Yurkov, Ania	Gatestone	18.88	2
24	Abd, Daniah	Westview	18.88	1
26	Mohamed, Mia	W.H. Ballard	20.09	4

Girls 100 Meter Dash Grade6

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 HWDSB Record: R 13.28 2003 Sarah Rosso, Flamborough Centre
 Name Age School Finals
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Finals

1	Faith, Paige	A.A. Greenle	14.62
2	Dias, Keveisha	Hillcrest	15.08
3	Harrington, Caelan	Hillcrest	15.46
4	Johnston, Shannon	Flamborough	15.53
5	Pathak, Kaitlyn	Sir William	15.58
6	Rothwell, Kaitlyn	Sir William	15.69
7	Milley, Emily	Ryerson	16.04
8	Teatero, Morgan	Lawfield (Ve	16.07

Girls 200 Meter Dash Grade6

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 HWDSB Record: R 28.70 1990 Tanya Garvey, Tweedsmuir
 Name Age School Finals H#

1	Faith, Paige	A.A. Greenle	30.44	2
2	DiPietro, Lauren	R.A. Riddell	31.76	1
3	Harrington, Caelan	Hillcrest	31.84	1
4	Johnstone, Brittany	Ancaster Mea	32.45	2
5	Rothwell, Kaitlyn	Sir William	32.69	1
6	Johnston, Shannon	Flamborough	33.25	1
7	Nguyen, May	Westview	34.11	2
8	Buchanan, Becky	Glen Brae	34.82	1
9	Tarnopolsky, Milla	Dalewood	35.35	2
10	Muirhead, Miriam	Ryerson	35.71	1
11	Smith, Chelsea	W.H. Ballard	36.75	2
12	Bourque, Kylie	Cardinal Hei	37.66	1
13	Mahmoud, Rahila	Lawfield (Ve	38.15	2
14	Yurkov, Ania	Gatestone	40.94	2

Girls 400 Meter Dash Grade6

HWDSB Record: R 1:08.40 1988 Beck Sharp, C.B .Stirling				
Name	Age	School	Finals	H#
1	Johnstone, Madison	Ancaster Mea	1:09.30	1
2	Boatsmith, Meaghan	Dalewood	1:10.89	2
3	Lowndes, Jessica	A.A. Greenle	1:13.90	2
4	Malik, Maima	Hillcrest	1:16.26	1
5	Magliocco, Alex	R.A. Riddell	1:16.33	2
6	Deng, Priscilla	Lawfield (Ve	1:16.80	2
7	Nguyen, May	Westview	1:19.06	2
8	Krug, Karmen	Flamborough	1:19.23	1
9	Johnson, Emma	Sir William	1:20.07	1
10	Thornberry, Jessica	Cardinal Hei	1:25.55	2
11	Sheldrick, Grace	Ryerson	1:30.16	1
12	Dedrick, Jiliann	Glen Brae	1:31.63	1
13	Willson, Hailey	Gatestone	1:31.70	2
14	McKay, Kaylee	W.H. Ballard	1:52.58	1

Girls 1500 Meter Run Grade6

HWDSB Record: R 5:15.61 24/05/2011 Finley Adams, Dalewood				
Name	Age	School	Finals	
1	Johnstone, Madison	Ancaster Mea	5:09.12R	
2	Boatsmith, Meaghan	Dalewood	5:28.32	
3	Lowndes, Jessica	A.A. Greenle	5:50.09	
4	Deng, Priscilla	Lawfield (Ve	5:56.73	
5	Johnstone, Brittany	Ancaster Mea	5:57.40	
6	Kaminski, Alyssa	Hillcrest	6:00.40	
7	Floris, Marina	R.A. Riddell	6:07.54	
8	Venneri, Alyssa	R.A. Riddell	6:08.22	
9	Kleven, Payton	Sir William	7:29.55	
10	Ingram, Jenna	Lawfield (Ve	7:48.07	
11	McMenemy, Brooke	Dalewood	7:58.06	
12	Rivet, Daniella	Cardinal Hei	8:30.01	
--	Levy, Tess	Sir William	DNF	
--	Widdup, Bronwyn	A.A. Greenle	DNF	

Girls 4x100 Meter Relay Grade6

HWDSB Record: R 57.70 1977		Chedoke, Chedoke	
School		Finals	H#
1	R.A. Riddell 'A'	1:00.26	1
2	Sir William Osler 'A'	1:01.53	1
3	A.A. Greenleaf 'A'	1:01.67	1
4	Glen Brae 'A'	1:02.78	1
5	Hillcrest 'A'	1:04.70	1
6	Flamborough Cent 'A'	1:04.76	2
7	Ancaster Meadow 'A'	1:05.80	1
8	Lawfield 'A'	1:06.35	1
9	Cardinal Heights 'A'	1:06.39	2
10	Ryerson 'A'	1:09.45	2
11	W.H. Ballard 'A'	1:12.54	2

Girls High Jump Grade6

HWDSB Record: R 1.40m 1982		Christina Garrish, Chedoke	
Name	Age School	Finals	
1	Swaby-Wallerson, Maya	R.A. Riddell	1.25m
2	Johnstone, Brittany	Ancaster Mea	1.20m
3	Procunier, Claire	A.A. Greenle	1.15m
3	Kleven, Sydney	Flamborough	1.15m
5	Harrington, Caelan	Hillcrest	1.10m
6	Hall, Natasha	W.H. Ballard	J1.10m
8	Levy, Tess	Sir William	J1.10m
8	Deng, Priscilla	Lawfield (Ve	1.05m
8	Sheldrick, Grace	Ryerson	1.05m

Girls Long Jump Grade6

HWDSB Record: R 4.60m 1983		Kelly Upper, C.B. Stirling	
Name	Age School	Finals	
1	Zambiasi, Aja	Glen Brae	3.88m
2	Ternljan, Naomi	Sir William	3.61m
3	Bovell, Bailey	R.A. Riddell	3.59m
4	McAslan, Morgan	A.A. Greenle	3.53m
5	Milley, Emily	Ryerson	3.39m
6	Brewer, Sydney	Lawfield (Ve	3.05m
7	Jensen, Sophie	Ancaster Mea	3.04m
8	Hallam, Karlee	Flamborough	2.95m
9	Dias, Keveisha	Hillcrest	2.53m
10	Yasin, Chinelo	Westview	2.50m
11	Hall, Natasha	W.H. Ballard	2.30m
12	Willson, Hailey	Gatestone	2.19m

Girls Shot Put Grade6

HWDSB Record: R 8.96m 2003		Christina Albrecht, Adelaide Hoodless	
Name	Age School	Finals	
1	Caglia, Olivia	R.A. Riddell	7.27m
2	Pathak, Kaitlyn	Sir William	7.10m
3	Hulev, Victoia	Hillcrest	7.08m

4	Gooding, Julia	Flamborough	6.97m
5	BoatSmith, Meaghan	Dalewood	6.90m
6	Mills, D`angeliena	Glen Brae	6.80m
7	Hall, Shaune	Cardinal Hei	6.78m
8	Zhao, Sarah	Ancaster Mea	6.77m
9	Teatero, Morgan	Lawfield (Ve	6.71m
10	Fox, Emma	A.A. Greenle	5.55m
11	Kim, Yuna	Ryerson	4.81m

Girls 100 Meter Dash Grade7

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 HWDSB Record: R 13.20 1971 Lourie Thur, Chedoke
 Name Age School Prelims H#
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Preliminaries

1	Lundanzi, Angelique	Hillcrest	13.66q	4
2	Leek, Maddy	Ryerson	13.89q	1
3	Vivian, Abby	Flamborough	14.01q	1
4	Grant, Melissa	Lawfield (Ve	14.07q	1
5	Cummings, Kyra	Glen Brae	14.45q	4
6	Charmee, Yasamin	Cardinal Hei	14.58q	3
7	DeLorenzis, Cassie	Ancaster Sen	14.75q	2
8	Albanese, Jessica	R.A. Riddell	14.85q	3
9	Garber, Laura	Dalewood	14.86	1
10	Wang, Peiyao	Dalewood	15.10	3
11	Goombs, Mary	Hillcrest	15.11	3
12	Miller, Emily	Ancaster Sen	15.16	4
13	Peckham, Chantel	Glen Brae	15.27	3
14	Happy, Jessica	Ancaster Mea	15.28	3
15	Taylor, Jhenelle	W.H. Ballard	15.29	2
16	Cole, Courtney	Gatestone	15.30	1
17	Lorenzci-Boutillier, Des	Ryerson	15.52	2
18	Clark, Stephanie	Cardinal Hei	15.54	1
19	Chant, Emily	A.A. Greenle	15.58	2
20	Pillinini, Sarah	Westview	15.59	4
20	Case, Kaitlyn	Sir William	15.59	1
22	Spadafora, Mia	R.A. Riddell	15.61	3
23	Paul, Sam	Flamborough	15.64	2
24	Louks, Taylor	Sir William	15.74	2
25	Wiejpes, Amanda	Ancaster Mea	15.87	4
26	Pickthall, Ashlyn	Lawfield (Ve	15.90	2
27	Soni, Teagan	A.A. Greenle	16.07	4
28	Ranalli, Nicole	Westview	16.10	4
29	Murray, Lauren	Gatestone	16.19	4
30	Barron, Tamara	W.H. Ballard	17.18	3

Girls 100 Meter Dash Grade7

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 HWDSB Record: R 13.20 1971 Lourie Thur, Chedoke
 Name Age School Finals
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Finals

1	Lundanzi, Angelique	Hillcrest	13.77
2	Leek, Maddy	Ryerson	14.03
3	Grant, Melissa	Lawfield (Ve	14.34
4	Vivian, Abby	Flamborough	14.39
5	Cummings, Kyra	Glen Brae	14.41

6 Albanese, Jessica	R.A. Riddell	14.95
7 DeLorenzis, Cassie	Ancaster Sen	15.01
8 Charmee, Yasamin	Cardinal Hei	15.03

Girls 200 Meter Dash Grade7

HWDSB Record: R 27.20 1974		Athea Nurse, G.L. Armstrong	
Name	Age School	Finals	H#
1 Lundanzi, Angelique	Hillcrest	29.36	1
2 Vivian, Abby	Flamborough	29.47	2
3 Grant, Melissa	Lawfield (Ve	29.85	2
4 Leek, Maddy	Ryerson	31.06	1
5 Yakiwchuk, Taylor	Gatestone	31.60	1
6 MacDonell, Siobhan	R.A. Riddell	31.70	1
7 Urbina, Monica	Westview	32.14	1
8 Grimbleby, Quinlan	A.A. Greenle	32.30	2
9 Hamilton, Lindsay	Ancaster Sen	32.48	2
10 Charmee, Yasamin	Cardinal Hei	32.75	1
11 Happy, Jessica	Ancaster Mea	32.98	2
12 Webb, Ashely	Sir William	33.34	1
13 Adams, Finley	Dalewood	33.88	1
14 Morris, Haley	Glen Brae	33.92	2

Girls 400 Meter Dash Grade7

HWDSB Record: R 1:02.28 24/05/2011		Jenna Smith, Sir William	
Name	Age School	Finals	H#
1 Howcroft, Kathleen	A.A. Greenle	1:06.90	1
2 Paupst, Gabi	Hillcrest	1:08.48	1
3 Kenyeres, Alexis	Sir William	1:08.87	1
4 Baker, Olivia	Flamborough	1:10.80	2
5 Urbina, Monica	Westview	1:11.58	2
6 Wang, Peiyao	Dalewood	1:12.06	2
7 Weston, Emme	Ancaster Sen	1:12.38	1
8 Duffy, Laura	Ancaster Mea	1:15.40	1
9 Smith, Taylor	W.H. Ballard	1:15.80	1
10 Badesha, Maneetpal	Glen Brae	1:18.35	2
11 Pettit, Amber	Lawfield (Ve	1:19.15	2
12 Kauth, Mackenzie	Gatestone	1:19.83	1
13 Robinson, Chloe	Cardinal Hei	1:20.31	2
14 Baird, Cassandra	R.A. Riddell	1:21.45	2
15 Parr, Caitlyn	Ryerson	1:22.52	1

Girls 1500 Meter Run Grade7

HWDSB Record: R 5:03.00 1978		Nancy Brown, Westview	
Name	Age School	Finals	
1 Barnett, Lauren	A.A. Greenle	5:25.14	
2 Erb, Danielle	A.A. Greenle	5:40.44	
3 Baker, Olivia	Flamborough	5:50.06	
4 Farnworth, Hannah	Ancaster Sen	6:11.07	
5 Duffy, Laura	Ancaster Mea	6:12.85	
6 West, Ruby	Ryerson	6:14.25	
7 Kauth, Mackenzie	Gatestone	6:15.53	

8 Webb, Ashely	Sir William	6:16.44
9 Li, Carolina	Dalewood	6:19.49
10 Kaptyn, Erin	R.A. Riddell	6:27.76
11 Boyter, Sadie	Glen Brae	6:30.70
12 Lamb, Emily	Ryerson	6:34.98
13 Carnegie, Sonya	Ancaster Sen	6:37.50
14 Pickthall, Ashlyn	Lawfield (Ve	6:40.84
15 Dunford, Faith	R.A. Riddell	6:48.78
16 Sullivan, Caitlin	Ancaster Mea	6:53.45
17 Mathew, Anila	Cardinal Hei	6:57.11
18 Kanjirappallil, Raina	Cardinal Hei	6:59.20
19 Smith, Taylor	W.H. Ballard	7:01.38
20 Marchesan, Kylee	Hillcrest	7:07.71
21 McNally, Rebecca	Hillcrest	7:11.13
22 Chudha, Ramnik	Gatestone	8:05.13
-- Louks, Taylor	Sir William	DNF
-- Barron, Tamara	W.H. Ballard	DNF

Girls 4x100 Meter Relay Grade7

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HWDSB Record: R 54.90	1991	Ryerson, Ryerson	
School		Finals	H#
=====			
1 Hillcrest 'A'		58.83	1
2 Ryerson 'A'		59.91	2
3 R.A. Riddell 'A'		1:00.50	2
4 Dalewood 'A'		1:00.71	1
5 A.A. Greenleaf 'A'		1:00.89	1
6 Cardinal Heights 'A'		1:01.38	1
7 Ancaster Meadow 'A'		1:01.47	1
8 Glen Brae 'A'		1:01.48	2
9 Flamborough Cent 'A'		1:01.92	2
10 Sir William Osler 'A'		1:02.27	1
11 Ancaster Senior 'A'		1:03.01	2
12 Gatestone 'A'		1:03.91	1
13 W.H. Ballard 'A'		1:04.07	2
14 Westview 'A'		1:05.70	2
15 Lawfield 'A'		1:10.38	1

Girls High Jump Grade7

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HWDSB Record: R 1.47m	1979	Karen Goodger, Chedoke	
Name	Age	School	Finals
=====			
1 Sheldrick- Almuguer, Jas		Ryerson	1.35m
2 Duffy, Laura		Ancaster Mea	1.30m
3 Martin, Lauren		Flamborough	J1.30m
4 Cummings, Kyra		Glen Brae	1.20m
5 Howcroft, Kathleen		A.A. Greenle	J1.20m
6 Hamilton, Lindsay		Ancaster Sen	J1.20m
7 Taylor, Jhenelle		W.H. Ballard	1.15m
7 Lundanzi, Angelique		Hillcrest	1.15m
9 Yakiwchuk, Taylor		Gatestone	J1.15m
9 Pickthall, Ashlyn		Lawfield (Ve	J1.15m
11 Northrup, Robyn		Sir William	1.10m

Girls Long Jump Grade7

HWDSB Record: R 4.33m 1976		Fiona Warner, Glen Brae	
Name	Age	School	Finals
1 Vivian, Abby		Flamborough	4.16m
2 El-Helou, Zoe		Ryerson	3.92m
3 Miller, Emily		Ancaster Sen	3.87m
4 Erb, Danielle		A.A. Greenle	3.86m
5 Scime, Emily		R.A. Riddell	3.71m
6 Yee, Robyn		Ancaster Mea	3.59m
7 Northrup, Robyn		Sir William	3.48m
8 Peckham, Chantel		Glen Brae	3.41m
9 Slater, Ashley		W.H. Ballard	3.32m
10 Henatzyn, Phoebe		Lawfield (Ve	3.23m
11 Larocque, Destiny		Hillcrest	3.20m
12 Schramp, Anna		Westview	2.62m
13 Shanlin, Jordy		Dalewood	2.50m
14 Gauthier, Joelle		Gatestone	2.32m

Girls Shot Put Grade7

HWDSB Record: R 10.03m 1990		Nancy Ross, Westview	
Name	Age	School	Finals
1 Reid, Jekyla		Hillcrest	7.95m
2 Shannon, Rachael		Ancaster Sen	7.85m
3 Cole, Courtney		Gatestone	7.80m
4 Kiesetzis, Sophia		Ancaster Mea	J7.80m
5 Huizinga, Danika		R.A. Riddell	7.65m
6 Johnson, Robin		Cardinal Hei	7.55m
7 Pillinini, Sarah		Westview	7.50m
8 Suffoletta, Rowan		Glen Brae	7.20m
9 Jacobs, Nicole		Sir William	6.95m
10 Henatzyn, Phoebe		Lawfield (Ve	6.90m
11 Egan, Cassandra		Flamborough	J6.90m
12 McKenna, Laura		A.A. Greenle	6.60m
13 Bordin, Emily		Dalewood	5.75m
14 Morreale, Anna		Ryerson	5.60m
15 Powell, Brittany		W.H. Ballard	5.55m

Girls 100 Meter Dash Grade8

HWDSB Record: R 12.80 1975		Ingrid Noel, Westview	
Name	Age	School	Prelims H#
Preliminaries			
1 Sacchetti, Miceala		R.A. Riddell	13.87q 3
2 Blacklock, Victoria		Ryerson	14.05q 4
3 Jardine, Brielle		Ancaster Mea	14.24q 2
4 Brownell, Nicole		Ancaster Sen	14.39q 4
5 Kostyshyn, Hayley		Hillcrest	14.44q 4
6 Donoff, Kelly		Sir William	14.48q 4
7 White, Ashaunta		Westview	14.56q 3
8 Howell, Kailey		A.A. Greenle	14.69q 2
9 Weusten, Erica		A.A. Greenle	14.70 4
10 Gillis, Camille		Sir William	14.80 1
11 Webb, Kathryn		Dalewood	14.87 2

12	Kochuk, Hannah	Flamborough	14.94	2
12	Woods, London	Lawfield (Ve	14.94	1
14	Trpcic, MacKenzie	R.A. Riddell	15.04	4
15	Hassoun, Joud	Ancaster Mea	15.12	1
16	Hanaka, Madi	Ryerson	15.17	1
17	Datzkiw, Danielle	Cardinal Hei	15.24	2
18	Dalfonso, Sydney	Ancaster Sen	15.33	3
19	Whitmore, Nicole	Dalewood	15.35	4
20	Easter, Joelle	Flamborough	15.58	3
21	Dzamba, Natalie	Gatestone	15.72	3
21	Smith, Libby	W.H. Ballard	15.72	1
23	Swift, Kailyn	Cardinal Hei	15.76	3
24	Harris, Tristen	Hillcrest	15.81	1
25	Slaght, Shaylyn	Lawfield (Ve	15.96	3
26	Rodgers, Halee	Glen Brae	16.01	1
27	Berical, Tori	Glen Brae	16.09	2
28	Sorely, Rachel	Gatestone	17.40	2

Girls 100 Meter Dash Grade8

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 HWDSB Record: R 12.80 1975 Ingrid Noel, Westview
 Name Age School Finals

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 Finals

1	Sacchetti, Miceala	R.A. Riddell	13.91	
2	Jardine, Brielle	Ancaster Mea	14.26	
3	Brownell, Nicole	Ancaster Sen	14.43	
4	Blacklock, Victoria	Ryerson	14.49	
5	Kostyshyn, Hayley	Hillcrest	14.52	
6	Donoff, Kelly	Sir William	14.57	
7	Howell, Kailey	A.A. Greenle	14.82	
8	White, Ashaunta	Westview	14.94	

Girls 200 Meter Dash Grade8

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 HWDSB Record: R 27.50 1974 Ramona Baldwin, Tweedsmuir
 Name Age School Finals H#

1	Smith, Jenna	Sir William	27.23R	1
2	Hewitt, Chole	Dalewood	27.82	2
3	Howell, Kailey	A.A. Greenle	30.17	1
4	Vinkin, Emily	Ancaster Mea	30.40	2
5	Brownell, Nicole	Ancaster Sen	30.50	1
6	Stock, Nicole	Glen Brae	31.03	2
7	Fraser, Serena	Flamborough	31.81	2
8	Patrick, Samantha	R.A. Riddell	31.91	1
9	Balfour, Khyanna	Ryerson	32.25	2
10	Smith, Libby	W.H. Ballard	32.63	2
11	Giacinti, Bella	Hillcrest	33.03	1
12	Sorely, Rachel	Gatestone	33.21	2
13	Swift, Kailyn	Cardinal Hei	33.22	1
14	Hassan, Vadar	Lawfield (Ve	33.81	1

Girls 400 Meter Dash Grade8

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 HWDSB Record: R 1:03.50 1977 Linda Streeter, Ryerson
 Name Age School Finals H#

1	Smith, Jenna	Sir William	59.95R	2
2	Hewitt, Chole	Dalewood	1:01.26R	1
3	Bovell, Halle	R.A. Riddell	1:04.63	1
4	Barron, Stephanie	A.A. Greenle	1:07.38	1
5	Lyons, Yasmine	Glen Brae	1:10.77	2
6	Dehghan, Camille	Ancaster Sen	1:11.19	2
7	Kerr, Journie	Flamborough	1:11.95	2
8	Magliocco, Jessica	W.H. Ballard	1:13.09	1
9	Hill, Abby	Gatestone	1:14.04	1
10	Hutter, Tori	Cardinal Hei	1:14.45	2
11	Kostyshyn, Hayley	Hillcrest	1:15.08	1
12	Wiejpes, Julia	Ancaster Mea	1:15.44	2
13	Wilson, Carley	Lawfield (Ve	1:20.35	2

Girls 1500 Meter Run Grade8

HWDSB Record: R 4:56.12 24/05/2011 Stephanie Ryall, Ryerson

Name	Age	School	Finals
1	Waddington, Emma	Dalewood	5:41.54
2	Rogers, Olivia	Dalewood	5:41.87
3	Rumple, Darragh	A.A. Greenle	5:47.45
4	Trpcic, MacKenzie	R.A. Riddell	5:48.53
5	McClure, Riley	Ancaster Sen	5:57.34
6	Rintoul, Sidney	Sir William	6:00.27
7	Wilkinson, Cassy	W.H. Ballard	6:09.22
8	Kroll, Sara	Flamborough	6:10.74
9	Dehghan, Camille	Ancaster Sen	6:10.95
10	Edwards, Maddie	R.A. Riddell	6:12.42
11	Somerville, Amber	W.H. Ballard	6:15.85
12	Procunier, Chantelle	A.A. Greenle	6:16.99
13	Majander, Camryn	Flamborough	6:21.53
14	Zarac, Natalie	Ancaster Mea	6:23.96
15	Hassoun, Joud	Ancaster Mea	6:24.88
16	Dzamba, Natalie	Gatestone	6:41.39
17	Savoy, Mason	Glen Brae	6:42.33
18	Wright, Emily	Hillcrest	6:51.80
19	Slaght, Shaylyn	Lawfield (Ve	7:08.23
20	Mach, Jasmin	Cardinal Hei	7:26.81
21	Mahmood, Danya	Cardinal Hei	7:30.90
--	Coulter, Kalysta	Gatestone	DNF
--	Redmond, Kirsty	Lawfield (Ve	DNF
--	Van, Sandra	Hillcrest	DNF

Girls 4x100 Meter Relay Grade8

HWDSB Record: R 54.40 1979 Chedoke, Chedoke

School	Finals	H#
1 R.A. Riddell 'A'	54.89	1
2 Dalewood 'A'	56.24	1
3 A.A. Greenleaf 'A'	56.77	1
4 Ancaster Meadow 'A'	58.02	1
5 Sir William Osler 'A'	59.27	1
6 Flamborough Cent 'A'	59.36	2
7 Hillcrest 'A'	59.58	2

8	Ancaster Senior 'A'	1:00.65	2
9	Lawfield 'A'	1:01.98	2
10	Ryerson 'A'	1:02.18	1
11	Glen Brae 'A'	1:02.38	2
12	Cardinal Heights 'A'	1:03.34	2
13	Gatestone 'A'	1:03.47	1
14	W.H. Ballard 'A'	1:04.02	1

Girls Distance Medley Grade8

HWDSB Record: R 4:51.09 24/05/2011 Ryerson, Ryerson			
	School		Finals
1	Dalewood 'A'	4:46.83R	
2	Sir William Osler 'A'	5:04.03	
3	A.A. Greenleaf 'A'	5:05.66	
4	R.A. Riddell 'A'	5:10.03	
5	Flamborough Cent 'A'	5:15.48	
6	Hillcrest 'A'	5:18.00	
7	Ancaster Senior 'A'	5:22.11	
8	Gatestone 'A'	5:30.83	
9	Ryerson 'A'	5:34.85	
10	Ancaster Meadow 'A'	5:35.56	
11	W.H. Ballard 'A'	5:45.80	
12	Cardinal Heights 'A'	5:52.75	
13	Lawfield 'A'	5:55.56	

Girls High Jump Grade8

HWDSB Record: R 1.53m 1980 Karen Goodger, Chedoke			
	Name	Age School	Finals
1	Smith, Jenna	Sir William	1.40m
2	Brown, Sam	Flamborough	1.35m
3	Weusten, Erica	A.A. Greenle	J1.35m
4	Vinkin, Emily	Ancaster Mea	J1.35m
5	Brewer, Elizabeth	Ryerson	J1.35m
6	Zwicker, Charlotte	Glen Brae	1.30m
7	Wolanski, Lindsay	Ancaster Sen	1.25m
8	Sacchetti, Miceala	R.A. Riddell	J1.25m
9	Simpson, Jessica	Gatestone	1.20m
10	Shaban, Maeb	Lawfield (Ve	J1.20m
11	Wright, Emily	Hillcrest	1.15m

Girls Long Jump Grade8

HWDSB Record: R 4.68m 1986 Shelly Ryder, Adelaide Hoodless			
	Name	Age School	Finals
1	Rogers, Olivia	Dalewood	4.25m
2	Blacklock, Victoria	Ryerson	4.22m
3	Brownell, Nicole	Ancaster Sen	4.16m
4	Jardine, Brielle	Ancaster Mea	4.15m
5	Magliocco, Jessica	W.H. Ballard	4.11m
6	Bovell, Halle	R.A. Riddell	4.02m
7	Nichols, Heather	Sir William	4.00m
8	Barron, Stephanie	A.A. Greenle	3.73m

9	Fraser, Serena	Flamborough	3.57m
10	Wright, Emily	Hillcrest	3.53m
11	White, Ashaunta	Westview	3.50m
12	Lockhart, Deidra	Lawfield (Ve	3.40m
13	Bilal, Sima	Gatestone	3.12m
14	Prascevic, Jelica	Glen Brae	2.63m

Girls Shot Put Grade8

=====			
HWDSB Record: R 11.50m 24/05/2011 Shaneal Wilson, Glen Brae			
Name	Age	School	Finals
=====			
1	Glenney, Stephanie	Flamborough	10.00m
2	Kalkat, Harvir	Glen Brae	9.03m
3	Whitmore, Nicole	Dalewood	8.85m
4	Bentley, Hailey	A.A. Greenle	8.70m
5	Datzkiw, Danielle	Cardinal Hei	8.50m
6	McGregor, Laurel	Ancaster Sen	8.45m
7	Redmond, Kirsty	Lawfield (Ve	J8.45m
8	Pasalic, Nerma	Gatestone	8.10m
9	Tran, Daisy	Ancaster Mea	7.85m
10	Barker, Taylor	Ryerson	7.65m
11	Hayward, Shelby	R.A. Riddell	J7.65m
12	Nichols, Heather	Sir William	7.50m
13	Olliver, Tatianna	Hillcrest	7.25m

Boys 100 Meter Dash Grade6

=====				
HWDSB Record: R 12.40 1992 Fred Boateng, Bennetto				
Name	Age	School	Prelims	H#
=====				
Preliminaries				
1	Snider, Connor	A.A. Greenle	14.66q	1
2	Mills, Finn	Ancaster Mea	14.74q	2
3	Adamu, caleb	Flamborough	14.81q	4
4	Slomka, Liam	Ryerson	14.92q	2
5	Vanderkamp, Patrick	Flamborough	14.94q	1
6	Rogers, Julian	Dalewood	14.96q	3
7	Wright, Keon	Lawfield (Ve	14.98q	4
8	Barwinski, Andrew	Sir William	15.03q	3
9	Reid, Kuzari	Hillcrest	15.05	1
10	Vandyk, James	A.A. Greenle	15.09	2
11	Monk, Rowan	Ryerson	15.12	1
12	Riggs, /ethan	Sir William	15.23	2
13	Parkinson, Isaiah	R.A. Riddell	15.43	4
14	MacPherson, Ethan	W.H. Ballard	15.55	3
15	Falls, Jeremiah	Hillcrest	15.58	3
16	Stratton, Jack	Ancaster Mea	15.67	3
17	Teeple, Freddie	W.H. Ballard	15.76	3
18	Gray, Donald	Westview	15.83	2
19	Peters, Eric	Lawfield (Ve	15.92	1
20	Mehdi, Ayaat	R.A. Riddell	15.93	3
21	Srdic, Jovan	Glen Brae	16.18	2
22	Peters, Tyler	Glen Brae	16.32	2
23	Pierce, Daniel	Cardinal Hei	16.54	4
24	McGriff, Kevon	Westview	16.57	1
25	Shalaby, Adam	Cardinal Hei	16.63	4

26	Papanaum, Peter	Gatestone	16.90	1
27	McVittie, Matthew	Gatestone	16.92	4

Boys 100 Meter Dash Grade6

=====
 HWDSB Record: R 12.40 1992 Fred Boateng, Bennetto
 Name Age School Finals
 =====

Finals

1	Adamu, caleb	Flamborough	14.79
2	Mills, Finn	Ancaster Mea	14.80
3	Snider, Connor	A.A. Greenle	14.95
4	Vanderkamp, Patrick	Flamborough	15.18
5	Barwinski, Andrew	Sir William	15.32
6	Wright, Keon	Lawfield (Ve	15.34
7	Rogers, Julian	Dalewood	15.41
8	Slomka, Liam	Ryerson	15.81

Boys 200 Meter Dash Grade6

=====
 HWDSB Record: R 27.14 1988 Delawn Grandison, Adelaide Hoodless
 Name Age School Finals H#
 =====

1	Delsey, Garnet	Ancaster Mea	30.55	2
2	Snider, Connor	A.A. Greenle	30.80	1
3	Park, Sam	Ryerson	31.25	2
4	Steele, Devon	Westview	31.28	1
5	Riggs, /ethan	Sir William	31.78	1
6	Albers-Wallace, Jaylen	R.A. Riddell	32.12	2
7	Wright, Keon	Lawfield (Ve	32.23	2
8	Vanderkamp, Patrick	Flamborough	32.42	1
9	Bastarache, Ethan	Hillcrest	32.54	1
10	Rogers, Julian	Dalewood	33.16	2
11	MacPherson, Ethan	W.H. Ballard	35.32	1
12	Shalaby, Adam	Cardinal Hei	35.69	1
13	Peters, Tyler	Glen Brae	36.75	2
14	Papanaum, Peter	Gatestone	38.12	2

Boys 400 Meter Dash Grade6

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 HWDSB Record: R 1:01.50 1988 Mark Springer, Hillfield
 Name Age School Finals H#
 =====

1	Purnell, Alec	Sir William	1:03.10	1
2	Delsey, Garnet	Ancaster Mea	1:06.85	1
3	Hager, Cal	R.A. Riddell	1:10.52	1
4	McFaul, Dustyn	Flamborough	1:12.84	1
5	Woodhouse, Ben	Lawfield (Ve	1:13.56	1
6	Saresky, Quintin	Hillcrest	1:16.84	2
7	Corry, James	A.A. Greenle	1:18.81	2
8	Guppy, Tyler	Cardinal Hei	1:19.94	1
9	McVittie, Matthew	Gatestone	1:22.66	2
10	Benipal, Prabhdeep	Glen Brae	1:23.40	1
11	Vasiliauskas, Jeremy	W.H. Ballard	1:44.42	2
12	Al-Nasih, Mohamed	Westview	1:50.84	2

Boys 1500 Meter Run Grade6

HWDSB Record: R 5:05.40 1983 Chris Hamel, Ryerson			
Name	Age	School	Finals
1 Purnell, Alec		Sir William	5:04.80R
2 Mills, Finn		Ancaster Mea	5:18.19
3 Delsey, Garnet		Ancaster Mea	5:19.13
4 Hennessy, Zach		R.A. Riddell	5:19.15
5 McFaul, Dustyn		Flamborough	5:47.37
6 Krist, Kyle		Flamborough	5:50.21
7 Tobias-Murray, Ben		Sir William	5:57.30
8 Bartlett, Aiden		Ryerson	6:03.26
9 Braaten, Trevor		Gatestone	6:04.96
10 Moxley, Mitchell		Ryerson	6:10.86
11 Rowson, Lucas		Lawfield (Ve	6:16.25
12 Kislinsky, Adam		R.A. Riddell	6:18.23
13 Beitz, Zack		Lawfield (Ve	6:20.73
14 Stam, Hayden		A.A. Greenle	6:21.95
15 Guppy, Tyler		Cardinal Hei	6:29.26
16 Metham, Josh		A.A. Greenle	6:32.70
17 Airefiie, Yousef		Cardinal Hei	7:14.32
18 Williams, Tiger		Westview	7:14.59
19 Singh, Brandon		Gatestone	7:19.10

Boys 4x100 Meter Relay Grade6

HWDSB Record: R 55.12 1988 Hillfield, Hillfield				
School			Finals	H#
1 A.A. Greenleaf 'A'			1:00.77	1
2 Ancaster Meadow 'A'			1:00.88	2
3 Sir William Osler 'A'			1:00.91	2
4 Flamborough Cent 'A'			1:01.12	1
5 R.A. Riddell 'A'			1:02.44	2
6 Ryerson 'A'			1:02.87	2
7 Hillcrest 'A'			1:03.47	1
8 Lawfield 'A'			1:06.31	1
9 W.H. Ballard 'A'			1:06.80	1
10 Cardinal Heights 'A'			1:07.21	2
11 Glen Brae 'A'			1:07.51	2
12 Westview 'A'			1:07.70	1
13 Gatestone 'A'			1:08.23	1

Boys High Jump Grade6

HWDSB Record: R 1.49m 1987 Jason Leaist, Memorial (City)			
Name	Age	School	Finals
1 Gordon, Mitchell		A.A. Greenle	1.30m
2 Deon, Sam		Ryerson	1.25m
3 Krist, Kyle		Flamborough	1.20m
4 Barwinski, Andrew		Sir William	J1.20m
5 Reid, Kuzari		Hillcrest	J1.20m
6 Jesso, Jordan		W.H. Ballard	1.15m
-- Woodhouse, Ben		Lawfield (Ve	NH
-- Proc, Kyle		Ancaster Mea	NH

Boys Long Jump Grade6

HWDSB Record: R 4.70m 1991 Wayne Loyer, Dalewood			
Name	Age	School	Finals
1 Adamu, caleb		Flamborough	4.21m
2 Sweezy-Munroe, Evan		Ancaster Mea	3.72m
3 Deon, Sam		Ryerson	3.67m
4 Gordon, Mitchell		A.A. Greenle	3.59m
5 Steele, Devon		Westview	3.53m
6 MacPherson, Ethan		W.H. Ballard	J3.53m
7 Woodhouse, Ben		Lawfield (Ve	3.51m
8 Eldridge, Duncan		Sir William	3.42m
9 Kislinsky, Adam		R.A. Riddell	3.31m
10 Rogers, Julian		Dalewood	3.27m
11 Hooper, Riley		Hillcrest	3.10m
12 Srdic, Jovan		Glen Brae	2.94m
13 Hanniford, Jhorel		Cardinal Hei	2.86m
14 Singh, Brandon		Gatestone	2.38m

Boys Shot Put Grade6

HWDSB Record: R 10.64m 2008 Tyler Russo, Ray Lewis			
Name	Age	School	Finals
1 Bennett, Spencer		Flamborough	9.13m
2 Wright, Bradely		Sir William	9.11m
3 Jesso, Jordan		W.H. Ballard	7.98m
4 Hill, Nicholas		Ancaster Mea	7.63m
5 Vandyk, James		A.A. Greenle	7.53m
6 Pierce, Daniel		Cardinal Hei	7.10m
7 Rouleau, Ray		R.A. Riddell	7.00m
8 Paddock, Samuel		Glen Brae	6.94m
9 Beitz, Zack		Lawfield (Ve	6.79m
10 Saresky, Quintin		Hillcrest	6.53m
11 Purnell, Zac		Ryerson	5.66m
12 Dixon, Jacob		Westview	4.64m

Boys 100 Meter Dash Grade7

HWDSB Record: R 12.10 1990 Sam Boateng, Bennetto				
Name	Age	School	Prelims	H#
Preliminaries				
1 Curran, Liam		Ryerson	13.07q	3
2 Lowe, Matt		Ancaster Sen	13.64q	1
3 Hall, Josh		Sir William	13.84q	3
4 Haedrich, Owen		Ryerson	13.88q	1
5 Pendlebury, Chris		Ancaster Sen	13.89q	3
6 Gordon, Maliek		Hillcrest	13.93q	1
7 Macadangdang, Angelo		Lawfield (Ve	13.94q	3
8 Morris, Noah		Flamborough	13.97q	3
9 Huang, Nicky		Cardinal Hei	13.98	4
10 Schurer, Paul		Flamborough	14.04	4
11 Friesan, Dylan		Glen Brae	14.09	2
12 Cantwell, Sean		Gatestone	14.12	3
13 Sergeant, Anand		Dalewood	14.13	2

13	Mady, BB	R.A. Riddell	14.13	4
15	Jivani, Zohir	Ancaster Mea	14.28	3
16	Neat, Andrew	A.A. Greenle	14.50	2
17	Levnaic, Steven	Glen Brae	14.58	2
18	Singh, Harraj	Gatestone	14.62	4
19	Macmillan, Josh	Cardinal Hei	14.65	2
20	Riddles, Noah	R.A. Riddell	14.78	1
21	Davis, Jack	Sir William	15.16	4
22	Liao, Richard	Ancaster Mea	15.43	4
23	Farquhar, Cavan	Dalewood	15.50	1
24	Link, Jordan	A.A. Greenle	15.67	1
25	Yang, Meng-Yu	W.H. Ballard	15.70	1
26	Kinkhath, Mike	Lawfield (Ve	16.16	2
27	Crouse, Joey	W.H. Ballard	16.22	2
28	De Beradis, Skyler	Westview	16.91	1
29	Crocket, Nathaniel	Westview	19.20	4

Boys 100 Meter Dash Grade7

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HWDSB Record: R 12.10 1990 Sam Boateng, Bennetto

Name	Age	School	Finals
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Finals

1	Curran, Liam	Ryerson	13.34
2	Lowe, Matt	Ancaster Sen	13.59
3	Hall, Josh	Sir William	13.71
4	Gordon, Maliek	Hillcrest	13.77
5	Haedrich, Owen	Ryerson	13.80
6	Pendlebury, Chris	Ancaster Sen	13.87
7	Macadangang, Angelo	Lawfield (Ve	13.95
8	Morris, Noah	Flamborough	14.09

Boys 200 Meter Dash Grade7

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HWDSB Record: R 24.90 1990 Sam Boateng, Bennetto

Name	Age	School	Finals	H#
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1	Smith, Devon	Hillcrest	26.04	1
2	Curran, Liam	Ryerson	27.58	1
3	Morris, Noah	Flamborough	28.35	2
4	Lowe, Matt	Ancaster Sen	28.63	1
5	Cantwell, Sean	Gatestone	28.72	2
6	Huang, Nicky	Cardinal Hei	28.80	2
7	Vernon, Antoine	R.A. Riddell	29.52	2
8	Walkling, Jared	Lawfield (Ve	29.81	2
9	Jivani, Zohir	Ancaster Mea	29.91	1
10	Sergeant, Anand	Dalewood	30.61	1
11	Vile, Mitchell	Sir William	31.49	1
12	Swenor, Gordon	Glen Brae	31.58	1
13	Booker, Alex	A.A. Greenle	32.67	1
14	Steele, Jacob	Westview	35.19	2
15	Crouse, Jake	W.H. Ballard	36.63	2

Boys 400 Meter Dash Grade7

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HWDSB Record: R 56.40 1991 Andrew Harris, Elizabeth Bagshaw

Name	Age	School	Finals	H#
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1	Smith, Devon	Hillcrest	1:00.31	2
2	Bauer Marr, Aidan	Flamborough	1:02.97	2
3	Mizener, Derek	Sir William	1:03.41	2
4	Walkling, Jared	Lawfield (Ve	1:04.71	2
5	Buckingham, Andrew	Dalewood	1:06.80	1
6	Stewart, Ovaun	Cardinal Hei	1:08.22	2
7	Lazdins, Zach	Ancaster Mea	1:08.28	1
8	Mahshie, Ryan	Gatestone	1:08.54	1
9	Friesan, Dylan	Glen Brae	1:10.22	2
10	Wilkins, Dylan	A.A. Greenle	1:11.61	1
11	Jackson, Eric	R.A. Riddell	1:18.72	1
12	Whalen, Tyler	W.H. Ballard	1:27.83	1
13	Thomas, Stewart	Ryerson	1:33.46	1

Boys 1500 Meter Run Grade7

HWDSB Record: R 4:51.10 1975 Colin Brown, Westview

Name	Age	School	Finals
1	Drysdale, Quinn	Cardinal Hei	4:59.82
2	Mizener, Derek	Sir William	5:02.70
3	Walkling, Jared	Lawfield (Ve	5:08.63
4	Mahshie, Ryan	Gatestone	5:15.73
5	Bowers, Jordan	Sir William	5:18.21
6	Bauer Marr, Aidan	Flamborough	5:23.70
7	Bechir, Rachat	Ryerson	5:26.00
8	Petrovic, Djordje	Ancaster Sen	5:29.52
9	Copeland, Carter	Ancaster Sen	5:30.10
10	Maye, Dravin	R.A. Riddell	5:31.59
11	Wilkins, Dylan	A.A. Greenle	5:36.25
12	Heathcote, Dorian	Hillcrest	5:37.69
13	Lazdins, Zach	Ancaster Mea	5:39.67
14	Williamson, Justin	Ancaster Mea	5:46.44
15	Macmillan, Josh	Cardinal Hei	5:48.76
16	Treener, Jackson	A.A. Greenle	5:49.09
17	Templeton, Michael	Flamborough	5:49.19
18	Orsorto, Frankie	Gatestone	5:54.10
19	Geer-Timmins, Drake	Glen Brae	5:57.55
20	Heinbecker, Erik	Dalewood	6:02.42
21	Mott, Malik	Lawfield (Ve	6:04.03
22	Lefebour, Michael	R.A. Riddell	6:10.64
23	Butterworth, John	W.H. Ballard	6:41.11
24	Whalen, Tyler	W.H. Ballard	6:53.32
25	Hussenei, Imad	Dalewood	8:11.65

Boys 4x100 Meter Relay Grade7

HWDSB Record: R 51.30 1987 Westview, Westview

School	Finals	H#
1 Hillcrest 'A'	52.85	1
2 Ryerson 'A'	55.60	2
3 Ancaster Senior 'A'	55.69	1
4 R.A. Riddell 'A'	55.76	1
5 Flamborough Cent 'A'	56.90	2
6 Gatestone 'A'	57.16	2

7	Cardinal Heights 'A'	57.19	1
8	Sir William Osler 'A'	58.07	2
9	Ancaster Meadow 'A'	58.62	1
10	Glen Brae 'A'	59.63	1
11	A.A. Greenleaf 'A'	59.86	2
12	Dalewood 'A'	1:01.22	1
13	W.H. Ballard 'A'	1:05.71	2
14	Westview 'A'	1:08.48	1
15	Lawfield 'A'	1:13.98	2

Boys High Jump Grade7

=====			
HWDSB Record: R 1.64m 1989		Ed Omaboe, Westview	
Name	Age	School	Finals
=====			
1	Huynh, Eric	Ancaster Sen	1.35m
2	Vernon, Antoine	R.A. Riddell	J1.35m
3	Levnaic, Steven	Glen Brae	J1.35m
4	Neat, Andrew	A.A. Greenle	1.30m
4	Janzen, Christian	Gatestone	1.30m
4	Schurer, Paul	Flamborough	1.30m
4	Pah, Day	Hillcrest	1.30m
8	Kinkhath, Mike	Lawfield (Ve	1.25m
8	Hilson, Aaron	Ryerson	1.25m
10	Whalen, Tyler	W.H. Ballard	1.20m
10	Gregory, Mitchell	Sir William	1.20m
--	Berlin, Brandin	Ancaster Mea	NH

Boys Long Jump Grade7

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HWDSB Record: R 5.03m 1985		Francisco Figueroa, Ryerson	
Name	Age	School	Finals
=====			
1	Tun, Thaw Tee	Hillcrest	4.27m
2	Hopkins, Trevor	Sir William	4.16m
3	Berlin, Brandin	Ancaster Mea	4.10m
4	Buckingham, Andrew	Dalewood	4.05m
5	Proctor, Nicky	R.A. Riddell	4.03m
6	Fidler, Brady	Flamborough	3.98m
7	Macadangdang, Angelo	Lawfield (Ve	3.89m
8	Singh, Harraj	Gatestone	3.88m
9	Kamil, Dodi	Westview	J3.88m
10	Ritchie, Colin	Ryerson	J3.88m
11	Bennett, Khaleem	Cardinal Hei	3.87m
12	Wilkins, Dylan	A.A. Greenle	3.71m
13	Huynh, Eric	Ancaster Sen	3.65m
14	Swenor, Gordon	Glen Brae	3.45m
15	Kowalski, Daniel	W.H. Ballard	2.44m

Boys Shot Put Grade7

=====			
HWDSB Record: R 12.54m 2008		Lee Borders, Cardinal Hei	
Name	Age	School	Finals
=====			
1	Janzen, Christian	Gatestone	11.52m
2	Beno, Zach	R.A. Riddell	10.75m
3	Cooper, Liam	Ancaster Mea	10.27m

4	Terrett, James	Ancaster Sen	10.17m
5	Mizener, Derek	Sir William	10.15m
6	Fidler, Brady	Flamborough	J10.15m
7	Skutta, Daniel	Lawfield (Ve	10.06m
8	Hong, Ker-Yung	A.A. Greenle	9.97m
9	Tun, Thaw Tee	Hillcrest	9.57m
10	Geer-Timmins, Drake	Glen Brae	9.42m
11	Bennett, Khaleem	Cardinal Hei	9.24m
12	Rombout, Justin	W.H. Ballard	8.54m
13	Ray-Daniels, Kai	Ryerson	7.93m
14	Frater, Akeam	Westview	7.82m
15	Daiber, Eric	Dalewood	6.16m

Boys 100 Meter Dash Grade8

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HWDSB Record: R 11.80 1991 Sam Boateng, Bennetto

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Name	Age	School	Prelims	H#
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Preliminaries

1	Dorontic, Stefan	Gatestone	12.93q	1
2	Ferguson, Sam	Ancaster Sen	13.12q	2
3	Abdul Rauf, Rohin	Dalewood	13.33q	4
4	Rashid, Jacob	Ryerson	13.34q	4
5	Gardner, Trey	Flamborough	13.36q	2
6	Storer, Sheydon	Gatestone	13.38q	2
7	Staz, Jack	Sir William	13.49q	3
8	Jenkins, Sam	Ancaster Sen	13.55q	3
9	Newport, Owen	Glen Brae	13.61	4
10	Gray, Ryan	A.A. Greenle	13.62	1
10	Casmier, Clinton	Glen Brae	13.62	2
12	McClung, Alex	Sir William	13.63	4
13	Power, Brendan	Dalewood	13.64	1
13	Anderson, Charlie	R.A. Riddell	13.64	2
15	Perks, Riley	A.A. Greenle	13.73	2
16	Chong, Brandon	Ancaster Mea	13.74	4
17	Shukla, Neil	Ancaster Mea	13.78	1
18	Haddad, Mohammed	Lawfield (Ve	13.98	2
19	Lar, Lay Taw	Hillcrest	14.00	3
20	Roughsedge, Keegan	Ryerson	14.05	1
21	White, Daryan	W.H. Ballard	14.11	2
22	Homles, Sean	R.A. Riddell	14.14	3
23	Ho, Johnson	Cardinal Hei	14.20	3
24	Barker, Ryan	Cardinal Hei	14.26	1
25	Leblanc, Owen	W.H. Ballard	14.56	3
26	Greiner, Marcus	Flamborough	15.05	3
27	Tadeson, Brian	Westview	16.54	1
28	Shamsabadi, Parsa	Westview	16.99	1
29	Fletcher, Darnell	Hillcrest	17.65	4

Boys 100 Meter Dash Grade8

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HWDSB Record: R 11.80 1991 Sam Boateng, Bennetto

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Name	Age	School	Finals
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Finals

1	Ferguson, Sam	Ancaster Sen	13.06
2	Dorontic, Stefan	Gatestone	13.12

3	Rashid, Jacob	Ryerson	13.20
4	Abdul Rauf, Rohin	Dalewood	13.21
5	Jenkins, Sam	Ancaster Sen	13.40
6	Staz, Jack	Sir William	13.52
7	Gardner, Trey	Flamborough	13.65
8	Storer, Sheydon	Gatestone	13.81

Boys 200 Meter Dash Grade8

HWDSB Record: R 24.20 1991		Sam Boateng, Bennetto	
Name	Age	School	Finals H#
1	Albers-Wallace, Denzell	R.A. Riddell	26.20 1
2	Jenkins, Sam	Ancaster Sen	27.40 1
3	Abdul Rauf, Rohin	Dalewood	27.50 1
4	Shukla, Neil	Ancaster Mea	28.09 2
5	Perks, Riley	A.A. Greenle	28.10 2
6	McCullough, Ty	Gatestone	28.42 2
7	Greene, Kyle	Ryerson	28.56 2
8	Petendra, Logan	Sir William	28.61 1
9	Ahmad, Waqar	Hillcrest	29.54 1
10	Kleinstauber, Jacob	Flamborough	29.66 1
10	Barker, Ryan	Cardinal Hei	29.66 2
12	Haddad, Mohammed	Lawfield (Ve	30.31 1
13	Zaina, Hesham	Glen Brae	31.48 2
14	Shah, Priyam	Westview	32.89 2
15	White, Daryan	W.H. Ballard	34.33 1

Boys 400 Meter Dash Grade8

HWDSB Record: R 54.80 1988		Haldane Innes, Westview	
Name	Age	School	Finals H#
1	Mackinnon, Ian	Dalewood	59.84 1
2	Russell, Connor	Ancaster Sen	1:00.30 2
3	Wylie, Alex	A.A. Greenle	1:02.92 2
4	Newport, Owen	Glen Brae	1:03.64 2
5	Draycotte-West, Jacob	Hillcrest	1:03.93 1
6	Houston, Chad	Sir William	1:04.39 2
7	Henry, Jake	R.A. Riddell	1:04.62 2
8	Alcock, Mitchell	Ancaster Mea	1:05.46 1
9	Haddad, Mohammed	Lawfield (Ve	1:05.88 1
10	Ho, Danny	Cardinal Hei	1:07.04 1
11	Blanchette, Cooper	Ryerson	1:07.50 1
12	Hill, Justin	W.H. Ballard	1:10.21 2
13	Speight, Matthew	Gatestone	1:11.33 1
14	Strevett, Cam	Westview	1:14.35 1
15	Greiner, Marcus	Flamborough	1:14.81 2

Boys 1500 Meter Run Grade8

HWDSB Record: R 4:31.70 1979		Kevin Kozicz, Dalewood	
Name	Age	School	Finals
1	Mackinnon, Ian	Dalewood	4:44.45
2	Mac, Albert	Ancaster Sen	5:00.44
3	Hambly, Riley	Ancaster Mea	5:03.81

4	Morse, Peter	Ancaster Sen	5:05.14
5	Reid, Ben	R.A. Riddell	5:10.74
6	Dorontic, Stefan	Gatestone	5:17.06
7	Margetts, Max	Dalewood	5:17.80
8	Morrone, Spencer	Ancaster Mea	5:20.94
9	Markov, Bobby	Ryerson	5:22.10
10	Ternowski, Tyler	Lawfield (Ve	5:25.69
11	Staz, Jack	Sir William	5:28.37
12	Greiner, Brendan	Flamborough	5:35.70
13	Low, Jake	Hillcrest	5:38.33
14	Ruiz Reyes, Mario	Cardinal Hei	5:40.56
15	Kennedy, Tyler	A.A. Greenle	5:40.62
16	Boehmer, Nick	A.A. Greenle	5:41.09
17	Torosantucci, Jacob	R.A. Riddell	5:43.45
18	Hall, Ryan	Sir William	6:04.94
19	Patel, Dev	Lawfield (Ve	6:05.49
20	Davies, David	Hillcrest	6:14.23
21	Stanton, Jamie	Flamborough	6:35.93
22	McCullough, Ty	Gatestone	6:36.05
23	Inrig, Justin	Cardinal Hei	6:50.00
--	DiLabbio, Joey	W.H. Ballard	DNF

Boys 4x100 Meter Relay Grade8

HWDSB Record: R 49.20 1978		Glen Brae, Glen Brae	
School		Finals	H#
1	R.A. Riddell 'A'	52.15	1
2	Dalewood 'A'	52.89	1
3	Ryerson 'A'	53.45	1
4	Ancaster Senior 'A'	53.99	2
5	Gatestone 'A'	54.01	2
5	Hillcrest 'A'	54.01	1
7	Sir William Osler 'A'	54.26	1
8	Ancaster Meadow 'A'	54.41	1
9	A.A. Greenleaf 'A'	54.53	1
10	Cardinal Heights 'A'	55.38	2
11	W.H. Ballard 'A'	56.92	2
12	Flamborough Cent 'A'	57.21	2
13	Lawfield 'A'	57.30	2
14	Glen Brae 'A'	1:00.16	1

Boys Distance Medley Grade8

HWDSB Record: R 4:22.64 10/06/2009		Sir Wilfrid Laurier, Sir Wilfrid	
School		Finals	
1	Dalewood 'A'	4:29.81	
2	Ancaster Senior 'A'	4:30.04	
3	Cardinal Heights 'A'	4:32.82	
4	R.A. Riddell 'A'	4:37.18	
5	Hillcrest 'A'	4:39.46	
6	Ancaster Meadow 'A'	4:39.99	
7	Sir William Osler 'A'	4:43.60	
8	Ryerson 'A'	4:53.74	
9	A.A. Greenleaf 'A'	4:55.56	
10	Gatestone 'A'	5:01.08	

11	Flamborough Cent	'A'	5:01.70
12	Lawfield	'A'	5:19.84
13	W.H. Ballard	'A'	5:49.88

Boys High Jump Grade8

HWDSB Record: R 1.76m 2006		Satar Wahidi, Green Acres	
Name	Age	School	Finals
1	Gardner, Trey	Flamborough	1.50m
2	Tomalin, Ryan	Ancaster Sen	J1.50m
3	Houston, Chad	Sir William	J1.50m
4	Blanchette, Cooper	Ryerson	1.45m
5	Scullion, Shayne	A.A. Greenle	J1.45m
6	Ternowski, Tyler	Lawfield (Ve	1.40m
7	French, Taylor	Ancaster Mea	J1.40m
8	Campbell, Damen	R.A. Riddell	J1.40m
8	Fletcher, Darnell	Hillcrest	J1.40m
10	Speight, Matthew	Gatestone	1.30m
11	Gallagher, Riley	W.H. Ballard	J1.30m
--	Zaina, Hesham	Glen Brae	NH

Boys Long Jump Grade8

HWDSB Record: R 5.61m 1984		Ian Robinson, R.A. Riddell	
Name	Age	School	Finals
1	Rashid, Jacob	Ryerson	5.27m
2	McArthur-Bolton, Jonah	R.A. Riddell	4.80m
3	Wylie, Alex	A.A. Greenle	4.72m
4	Wrench, Brandon	Lawfield (Ve	4.63m
5	Ahmad, Waqar	Hillcrest	4.42m
6	Gardner, Trey	Flamborough	4.41m
7	Tomalin, Ryan	Ancaster Sen	4.13m
8	Ho, Johnson	Cardinal Hei	4.08m
9	Storer, Sheydon	Gatestone	4.00m
10	McClung, Alex	Sir William	3.93m
11	Alcock, Mitchell	Ancaster Mea	3.83m
12	Stuckless, Chris	Westview	3.37m
13	Garcia, Jon	Glen Brae	3.35m
14	Hawley, Kaden	Dalewood	3.33m

Boys Shot Put Grade8

HWDSB Record: R 15.41m 2002		Jerome Walker, Tweedsmuir	
Name	Age	School	Finals
1	Wrench, Brandon	Lawfield (Ve	13.79m
2	Stevenson, Justin	R.A. Riddell	13.11m
3	Power, Brendan	Dalewood	11.85m
4	Mingay, Mitch	A.A. Greenle	11.68m
5	Petendra, Logan	Sir William	11.66m
6	Wohl, Aiden	Ancaster Mea	10.88m
7	Barbour, Paul	Cardinal Hei	10.76m
8	Davies, David	Hillcrest	10.73m
9	Lawson, Mike	Flamborough	10.62m
10	Ferguson, Sam	Ancaster Sen	10.45m

11 Lewis, Kyle	Gatestone	J10.45m
12 Willis, Coleton	Glen Brae	10.00m
13 Jones, Austin	Westview	9.96m
14 Gallagher, Riley	W.H. Ballard	9.00m
15 Markov, Bobby	Ryerson	8.74m