

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 1 Women Open 100 Meter Dash Midget (37)

| Lane | Comp# | Name | School | Seed Time |
|----------------------------|--------------|--------------------|-------------------|------------------|
| Heat 1 of 5 Prelims | | | | |
| 1 | 8 | Kiernan Knight | ANCASTER HIGH | NT |
| 2 | 368 | Sianda Bikker | SIR ALLAN MACNAB | 14.00 |
| 3 | 516 | Emily Holjak | WESTMOUNT | NT |
| 4 | 345 | Priya Norayan | SALTFLEET | NT |
| 5 | 285 | Jaden Tomlinson | NORA HENDERSON | 15.00 |
| 6 | 31 | Lily Kuilboer | CAYUGA | NT |
| 7 | 446 | Mya Markewich | WATERDOWN | NT |
| 8 | 52 | Nev Gurman | DELTA | NT |
| Heat 2 of 5 Prelims | | | | |
| 1 | 83 | Vanessa Gyoffrey | DUNDAS VALLEY | NT |
| 2 | 418 | Molena Pok | CHURCHILL | NT |
| 3 | 169 | Meaghan Koning | GUIDO DE BRES | NT |
| 4 | 357 | Izabella Achkewich | SHERWOOD | NT |
| 5 | 299 | Anisah Aden | ORCHARD PARK | NT |
| 6 | 508 | Sarah Bland | WESTMOUNT | 13.85 |
| 7 | 278 | Dema Darwish | NORA HENDERSON | 15.00 |
| 8 | 339 | Anusha Khalid | SALTFLEET | NT |
| Heat 3 of 5 Prelims | | | | |
| 2 | 521 | Jordan Rogers | WESTMOUNT | 14.16 |
| 3 | 334 | Janea Achiosio | SALTFLEET | NT |
| 4 | 372 | Lina Nsabinan | SIR ALLAN MACNAB | NT |
| 5 | 277 | Emma Cooper | NORA HENDERSON | 14.50 |
| 6 | 415 | Laschma Corrielant | CHURCHILL | NT |
| 7 | 444 | Bailey Lowe | WATERDOWN | NT |
| 8 | 107 | Sophia Wilson | DUNDAS VALLEY | NT |
| Heat 4 of 5 Prelims | | | | |
| 1 | 445 | Clare Malhinha | WATERDOWN | NT |
| 2 | 338 | Hannah Fletcher | SALTFLEET | NT |
| 3 | 305 | Mikaelle Heyens | ORCHARD PARK | NT |
| 4 | 234 | Hannah Wolfenden | HAMILTON DISTRICT | NT |
| 5 | 105 | Chloe Trujano | DUNDAS VALLEY | NT |
| 6 | 374 | Kari Om | SIR ALLAN MACNAB | 13.00 |
| 7 | 51 | Kendrea Bond | DELTA | NT |
| Heat 5 of 5 Prelims | | | | |
| 1 | 287 | Lilian Tran | NORA HENDERSON | 15.00 |
| 2 | 309 | Arianna Ross | ORCHARD PARK | NT |
| 3 | 340 | Nikki Kim | SALTFLEET | NT |
| 4 | 419 | Sierra Ryan | CHURCHILL | NT |
| 5 | 102 | Patrice Temush | DUNDAS VALLEY | 13.19 |
| 6 | 7 | Lauren Kennedy | ANCASTER HIGH | NT |
| 7 | 54 | Makenna Obrien | DELTA | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 2 Men Open 100 Meter Dash Midget (33)

| Lane | Comp# | Name | School | Seed Time |
|----------------------------|--------------|-------------------------|------------------|------------------|
| Heat 1 of 5 Prelims | | | | |
| 2 | 264 | Ethan Hossack | MCKINNON PARK | NT |
| 3 | 219 | Ben Vos | GUIDO DE BRES | NT |
| 4 | 67 | Nathan Poelstra | DELTA | NT |
| 5 | 538 | Ethan May | WESTMOUNT | NT |
| 6 | 503 | Raiyan Sayeed | WESTDALE | NT |
| 7 | 116 | Logan Butler | DUNDAS VALLEY | NT |
| Heat 2 of 5 Prelims | | | | |
| 2 | 313 | Curtis McConnell | ORCHARD PARK | NT |
| 3 | 271 | Evan Regnerus | MCKINNON PARK | NT |
| 4 | 434 | Dylan Webber | CHURCHILL | NT |
| 5 | 359 | Tashfeen Ahmad | SHERWOOD | NT |
| 6 | 491 | Demarco Lawrence | WESTDALE | NT |
| 7 | 23 | Denver Reitsma | ANCASTER HIGH | NT |
| Heat 3 of 5 Prelims | | | | |
| 1 | 201 | Brayden Schutten | GUIDO DE BRES | NT |
| 2 | 430 | Isaiah Hill-Layne | CHURCHILL | NT |
| 3 | 331 | Angelo Treasure | ROBERT LAND | NT |
| 4 | 365 | Nifaiya Robinson | SHERWOOD | NT |
| 5 | 293 | Omar Maklid | NORA HENDERSON | 12.00 |
| 6 | 137 | Derek Nash | DUNDAS VALLEY | NT |
| 7 | 390 | Denizhan Morali | SIR ALLAN MACNAB | NT |
| Heat 4 of 5 Prelims | | | | |
| 1 | 381 | Keaun Clarke | SIR ALLAN MACNAB | 12.40 |
| 2 | 14 | David Chung | ANCASTER HIGH | NT |
| 3 | 425 | Noah Frise | CHURCHILL | NT |
| 4 | 546 | Eshanu Sarker | WESTMOUNT | NT |
| 5 | 452 | Jacob Baldwin-Timperley | WATERDOWN | NT |
| 6 | 194 | Malachi Lodder | GUIDO DE BRES | NT |
| 7 | 269 | Mason Oxley | MCKINNON PARK | NT |
| Heat 5 of 5 Prelims | | | | |
| 1 | 70 | Christian Riley | DELTA | NT |
| 2 | 199 | Caleb Schulenberg | GUIDO DE BRES | NT |
| 3 | 504 | Shakeele Simon | WESTDALE | NT |
| 4 | 155 | Jacob Parker | DUNNVILLE | NT |
| 5 | 461 | Elijah Martineau | WATERDOWN | NT |
| 6 | 121 | Carter Gyori | DUNDAS VALLEY | NT |
| 7 | 380 | Jahdiel Chipembere | SIR ALLAN MACNAB | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 3 Women Open 200 Meter Dash Midget (29)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|------------------|-----------|
| Section 1 of 4 Timed Finals | | | | |
| 1 | 399 | Valentinna Oum | MACDONALD | NT |
| 2 | 469 | Beth Cushnie | WESTDALE | NT |
| 3 | 368 | Sianda Bikker | SIR ALLAN MACNAB | NT |
| 4 | 445 | Clare Malhinha | WATERDOWN | NT |
| 5 | 419 | Sierra Ryan | CHURCHILL | NT |
| 6 | 31 | Lily Kuilboer | CAYUGA | NT |
| 7 | 8 | Kiernan Knight | ANCASTER HIGH | NT |
| Section 2 of 4 Timed Finals | | | | |
| 1 | 468 | Anne Clock | WESTDALE | NT |
| 2 | 55 | Trinity Wilson | DELTA | NT |
| 3 | 339 | Anusha Khalid | SALTFLEET | NT |
| 4 | 418 | Molena Pok | CHURCHILL | NT |
| 5 | 446 | Mya Markewich | WATERDOWN | NT |
| 6 | 372 | Lina Nsabinan | SIR ALLAN MACNAB | NT |
| 7 | 309 | Arianna Ross | ORCHARD PARK | NT |
| Section 3 of 4 Timed Finals | | | | |
| 1 | 451 | Addi Smith | WATERDOWN | NT |
| 2 | 7 | Lauren Kennedy | ANCASTER HIGH | NT |
| 3 | 516 | Emily Holjak | WESTMOUNT | 33.00 |
| 4 | 277 | Emma Cooper | NORA HENDERSON | 33.00 |
| 5 | 287 | Lilian Tran | NORA HENDERSON | 32.00 |
| 6 | 414 | Alexis Campbell | CHURCHILL | NT |
| 7 | 299 | Anisah Aden | ORCHARD PARK | NT |
| Section 4 of 4 Timed Finals | | | | |
| 1 | 83 | Vanessa Gyoffrey | DUNDAS VALLEY | 32.00 |
| 2 | 285 | Jaden Tomlinson | NORA HENDERSON | 32.00 |
| 3 | 508 | Sarah Bland | WESTMOUNT | 30.44 |
| 4 | 169 | Meaghan Koning | GUIDO DE BRES | 28.00 |
| 5 | 474 | Heidi Nelson | WESTDALE | 29.00 |
| 6 | 282 | Vanessa Olayiwola | NORA HENDERSON | 29.00 |
| 7 | 521 | Jordan Rogers | WESTMOUNT | 30.94 |
| 8 | 278 | Dema Darwish | NORA HENDERSON | 32.00 |

Event 4 Men Open 200 Meter Dash Midget (36)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|---------------|-----------|
| Section 1 of 5 Timed Finals | | | | |
| 2 | 14 | David Chung | ANCASTER HIGH | NT |
| 3 | 70 | Christian Riley | DELTA | NT |
| 4 | 202 | Dawsen Schutten | GUIDO DE BRES | NT |
| 5 | 410 | Naym Salam | MACDONALD | NT |
| 6 | 425 | Noah Frise | CHURCHILL | NT |
| 7 | 359 | Tashfeen Ahmad | SHERWOOD | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 2 of 5 Timed Finals...(Event 4 Men Open 200 Meter Dash Midget (36))

| | | | | |
|---|-----|------------------|---------------|----|
| 1 | 57 | Danial Bennett | DELTA | NT |
| 2 | 491 | Demarco Lawrence | WESTDALE | NT |
| 3 | 264 | Ethan Hossack | MCKINNON PARK | NT |
| 4 | 454 | Paras Dhillon | WATERDOWN | NT |
| 5 | 432 | Matthew Starr | CHURCHILL | NT |
| 6 | 504 | Shakeele Simon | WESTDALE | NT |
| 7 | 405 | Isaiah Lopez | MACDONALD | NT |

Section 3 of 5 Timed Finals

| | | | | |
|---|-----|------------------|---------------|----|
| 1 | 67 | Nathan Poelstra | DELTA | NT |
| 2 | 201 | Brayden Schutten | GUIDO DE BRES | NT |
| 3 | 503 | Raiyan Sayeed | WESTDALE | NT |
| 4 | 546 | Eshanu Sarker | WESTMOUNT | NT |
| 5 | 434 | Dylan Webber | CHURCHILL | NT |
| 6 | 461 | Elijah Martineau | WATERDOWN | NT |
| 7 | 155 | Jacob Parker | DUNNVILLE | NT |

Section 4 of 5 Timed Finals

| | | | | |
|---|-----|-------------------------|------------------|-------|
| 1 | 542 | Dariche Nguyen | WESTMOUNT | NT |
| 2 | 452 | Jacob Baldwin-Timperley | WATERDOWN | NT |
| 3 | 313 | Curtis McConnell | ORCHARD PARK | NT |
| 4 | 382 | Jordan Coward | SIR ALLAN MACNAB | 29.10 |
| 5 | 199 | Caleb Schulenberg | GUIDO DE BRES | 27.50 |
| 6 | 430 | Isaiah Hill-Layne | CHURCHILL | NT |
| 7 | 23 | Denver Reitsma | ANCASTER HIGH | NT |
| 8 | 406 | Kelvin Luu | MACDONALD | NT |

Section 5 of 5 Timed Finals

| | | | | |
|---|-----|------------------------|------------------|-------|
| 1 | 381 | Keaun Clarke | SIR ALLAN MACNAB | 28.20 |
| 2 | 137 | Derek Nash | DUNDAS VALLEY | 27.00 |
| 3 | 365 | Nifaiya Robinson | SHERWOOD | NT |
| 4 | 505 | Declan Sutherland Case | WESTDALE | 26.00 |
| 5 | 219 | Ben Vos | GUIDO DE BRES | 26.00 |
| 6 | 497 | Noah Mulkewich | WESTDALE | 26.00 |
| 7 | 293 | Omar Maklid | NORA HENDERSON | 27.00 |
| 8 | 115 | Lukas Brooks | DUNDAS VALLEY | 28.00 |

Event 5 Women Open 400 Meter Dash Midget (10)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 2 | 368 | Sianda Bikker | SIR ALLAN MACNAB | NT |
| 3 | 446 | Mya Markewich | WATERDOWN | NT |
| 4 | 414 | Alexis Campbell | CHURCHILL | NT |
| 5 | 88 | Emily Law | DUNDAS VALLEY | NT |
| 6 | 476 | Alex Pysklwec | WESTDALE | NT |
| Section 2 of 2 Timed Finals | | | | |
| 2 | 469 | Beth Cushnie | WESTDALE | NT |
| 3 | 474 | Heidi Nelson | WESTDALE | NT |
| 4 | 419 | Sierra Ryan | CHURCHILL | NT |
| 5 | 179 | Courtney Widmer | GUIDO DE BRES | 1:05.00 |
| 6 | 468 | Anne Clock | WESTDALE | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 6 Men Open 400 Meter Dash Midget (21)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------------|-------------------|-----------|
| Section 1 of 3 Timed Finals | | | | |
| 1 | 120 | Rory Faraquer | DUNDAS VALLEY | NT |
| 2 | 405 | Isaiah Lopez | MACDONALD | NT |
| 3 | 454 | Paras Dhillon | WATERDOWN | NT |
| 4 | 217 | Reuben Vanwoudenberg | GUIDO DE BRES | NT |
| 5 | 260 | Owen Chapman | MCKINNON PARK | NT |
| 6 | 57 | Danial Bennett | DELTA | NT |
| 7 | 244 | Ethan Summerhays | HAMILTON DISTRICT | NT |
| Section 2 of 3 Timed Finals | | | | |
| 1 | 67 | Nathan Poelstra | DELTA | NT |
| 2 | 237 | Joffre du Preez | HAMILTON DISTRICT | NT |
| 3 | 410 | Naym Salam | MACDONALD | NT |
| 4 | 359 | Tashfeen Ahmad | SHERWOOD | NT |
| 5 | 538 | Ethan May | WESTMOUNT | NT |
| 6 | 432 | Matthew Starr | CHURCHILL | NT |
| 7 | 210 | Andrew Vandervelde | GUIDO DE BRES | NT |
| Section 3 of 3 Timed Finals | | | | |
| 1 | 297 | DaCosta Trotman | NORA HENDERSON | 1:03.00 |
| 2 | 115 | Lukas Brooks | DUNDAS VALLEY | 1:01.00 |
| 3 | 497 | Noah Mulkewich | WESTDALE | 59.00 |
| 4 | 379 | Leikeze Cheruiyot | SIR ALLAN MACNAB | 58.00 |
| 5 | 505 | Declan Sutherland Case | WESTDALE | 56.00 |
| 6 | 212 | Dan Vanderwal | GUIDO DE BRES | 59.00 |
| 7 | 382 | Jordan Coward | SIR ALLAN MACNAB | 1:02.00 |

Event 7 Women Open 800 Meter Run Midget (11)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|----------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 2 | 338 | Hannah Fletcher | SALTFLEET | NT |
| 3 | 476 | Alex Pysklwec | WESTDALE | NT |
| 4 | 396 | Samantha Murray | MACDONALD | NT |
| 5 | 179 | Courtney Widmer | GUIDO DE BRES | NT |
| 6 | 469 | Beth Cushnie | WESTDALE | NT |
| Section 2 of 2 Timed Finals | | | | |
| 2 | 519 | Sydney Matheson | WESTMOUNT | 3:03.00 |
| 3 | 482 | Maya Wandler | WESTDALE | 2:45.00 |
| 4 | 75 | Lexie Anonech | DUNDAS VALLEY | 2:40.00 |
| 5 | 470 | Sarah Cushnie | WESTDALE | 2:40.00 |
| 6 | 284 | Ajin Saidali | NORA HENDERSON | 3:00.00 |
| 7 | 111 | Emily Zeleynt | DUNDAS VALLEY | 3:00.00 |

Event 8 Men Open 800 Meter Run Midget (18)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------|-------------------|-----------|
| Section 1 of 3 Timed Finals | | | | |
| 2 | 366 | Anthony Tran | SHERWOOD | NT |
| 3 | 244 | Ethan Summerhays | HAMILTON DISTRICT | NT |
| 4 | 216 | Levi VanVeen | GUIDO DE BRES | NT |
| 5 | 311 | Mam Kittani | ORCHARD PARK | NT |
| 6 | 386 | Jacob Horcastle | SIR ALLAN MACNAB | NT |
| 7 | 507 | Liam Yoell | WESTDALE | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 2 of 3 Timed Finals...(Event 8 Men Open 800 Meter Run Midget (18))

| | | | | |
|---|-----|----------------|------------------|----|
| 2 | 389 | Nick Moore | SIR ALLAN MACNAB | NT |
| 3 | 490 | Ehsaan M Khan | WESTDALE | NT |
| 4 | 362 | Dylan Mitha | SHERWOOD | NT |
| 5 | 182 | Levi Bartels | GUIDO DE BRES | NT |
| 6 | 273 | Mitchell Sauve | MCKINNON PARK | NT |
| 7 | 314 | Michael Nott | ORCHARD PARK | NT |

Section 3 of 3 Timed Finals

| | | | | |
|---|-----|-----------------|----------------|---------|
| 2 | 212 | Dan Vanderwal | GUIDO DE BRES | NT |
| 3 | 296 | Nathan Shedden | NORA HENDERSON | 2:29.00 |
| 4 | 148 | Logan Yates | DUNDAS VALLEY | 2:18.00 |
| 5 | 297 | DaCosta Trotman | NORA HENDERSON | 2:25.00 |
| 6 | 115 | Lukas Brooks | DUNDAS VALLEY | 2:30.00 |
| 7 | 57 | Danial Bennett | DELTA | NT |

Event 9 Women Open 1500 Meter Run Midget (12)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Section 1 of 1 Timed Finals

| | | | | |
|----|-----|------------------|----------------|---------|
| 1 | 75 | Lexie Anonech | DUNDAS VALLEY | 5:40.00 |
| 2 | 81 | Emily Cox | DUNDAS VALLEY | 5:50.00 |
| 3 | 111 | Emily Zeleynt | DUNDAS VALLEY | 6:00.00 |
| 4 | 284 | Ajin Saidali | NORA HENDERSON | 6:10.00 |
| 5 | 514 | Emma Frketich | WESTMOUNT | 7:07.00 |
| 6 | 396 | Samantha Murray | MACDONALD | NT |
| 7 | 347 | Keerit Shergill | SALTFLEET | NT |
| 8 | 470 | Sarah Cushnie | WESTDALE | NT |
| 9 | 481 | Maja Wandler | WESTDALE | NT |
| 10 | 179 | Courtney Widmer | GUIDO DE BRES | NT |
| 11 | 397 | Chelsea Opperman | MACDONALD | NT |
| 12 | 519 | Sydney Matheson | WESTMOUNT | NT |

Event 10 Men Open 1500 Meter Run Midget (24)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|----|-----|--------------------|-------------------|----|
| 1 | 214 | Justin Vanderwoude | GUIDO DE BRES | NT |
| 2 | 237 | Joffre du Preez | HAMILTON DISTRICT | NT |
| 3 | 315 | Rayane Sennaoui | ORCHARD PARK | NT |
| 4 | 362 | Dylan Mitha | SHERWOOD | NT |
| 5 | 12 | Troy Bowden | ANCASTER HIGH | NT |
| 6 | 332 | Marcus Werner | ROBERT LAND | NT |
| 7 | 490 | Ehsaan M Khan | WESTDALE | NT |
| 8 | 216 | Levi VanVeen | GUIDO DE BRES | NT |
| 9 | 273 | Mitchell Sauve | MCKINNON PARK | NT |
| 10 | 386 | Jacob Horcastle | SIR ALLAN MACNAB | NT |
| 11 | 408 | Cameron Prosic | MACDONALD | NT |
| 12 | 542 | Dariche Nguyen | WESTMOUNT | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 2 of 2 Timed Finals...(Event 10 Men Open 1500 Meter Run Midget (24))

| | | | | |
|----|-----|------------------|-------------------|---------|
| 1 | 148 | Logan Yates | DUNDAS VALLEY | 4:35.00 |
| 2 | 138 | Gerrit Oldejans | DUNDAS VALLEY | 4:50.00 |
| 3 | 533 | Sammy Dods | WESTMOUNT | 5:14.00 |
| 4 | 134 | Doug Linkert | DUNDAS VALLEY | 5:15.00 |
| 5 | 296 | Nathan Shedden | NORA HENDERSON | 5:21.00 |
| 6 | 507 | Liam Yoell | WESTDALE | NT |
| 7 | 389 | Nick Moore | SIR ALLAN MACNAB | NT |
| 8 | 218 | Caleb Vermeulen | GUIDO DE BRES | NT |
| 9 | 311 | Mam Kittani | ORCHARD PARK | NT |
| 10 | 21 | Sam Mills | ANCASTER HIGH | NT |
| 11 | 182 | Levi Bartels | GUIDO DE BRES | NT |
| 12 | 244 | Ethan Summerhays | HAMILTON DISTRICT | NT |

Event 11 Women Open 3000 Meter Run Midget (4)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Section 1 of 1 Timed Finals

| | | | | |
|---|-----|------------------|---------------|----|
| 1 | 511 | Emma Cubitt | WESTMOUNT | NT |
| 2 | 470 | Sarah Cushnie | WESTDALE | NT |
| 3 | 81 | Emily Cox | DUNDAS VALLEY | NT |
| 4 | 397 | Chelsea Opperman | MACDONALD | NT |

Event 12 Men Open 3000 Meter Run Midget (11)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Section 1 of 1 Timed Finals

| | | | | |
|----|-----|--------------------|---------------|----|
| 1 | 207 | Brett Tenhage | GUIDO DE BRES | NT |
| 2 | 214 | Justin Vanderwoude | GUIDO DE BRES | NT |
| 3 | 490 | Ehsaan M Khan | WESTDALE | NT |
| 4 | 507 | Liam Yoell | WESTDALE | NT |
| 5 | 408 | Cameron Prosic | MACDONALD | NT |
| 6 | 218 | Caleb Vermeulen | GUIDO DE BRES | NT |
| 7 | 315 | Rayane Sennaoui | ORCHARD PARK | NT |
| 8 | 332 | Marcus Werner | ROBERT LAND | NT |
| 9 | 138 | Gerrit Oldejans | DUNDAS VALLEY | NT |
| 10 | 134 | Doug Linkert | DUNDAS VALLEY | NT |
| 11 | 21 | Sam Mills | ANCASTER HIGH | NT |

Event 13 Women Open 80 Meter Hurdles Midget (11)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|---|-----|-------------------|-------------------|----|
| 2 | 234 | Hannah Wolfenden | HAMILTON DISTRICT | NT |
| 3 | 277 | Emma Cooper | NORA HENDERSON | NT |
| 4 | 282 | Vanessa Olayiwola | NORA HENDERSON | NT |
| 5 | 305 | Mikaelle Heyens | ORCHARD PARK | NT |
| 6 | 76 | Regan Berlin | DUNDAS VALLEY | NT |

Section 2 of 2 Timed Finals

| | | | | |
|---|-----|-----------------|----------------|-------|
| 2 | 514 | Emma Frketich | WESTMOUNT | NT |
| 3 | 105 | Chloe Trujano | DUNDAS VALLEY | NT |
| 4 | 102 | Patrice Temush | DUNDAS VALLEY | 14.00 |
| 5 | 107 | Sophia Wilson | DUNDAS VALLEY | 14.00 |
| 6 | 88 | Emily Law | DUNDAS VALLEY | 15.00 |
| 7 | 285 | Jaden Tomlinson | NORA HENDERSON | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 14 Men Open 100 Meter Hurdles Midget (4)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|--------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 121 | Carter Gyori | DUNDAS VALLEY | NT |
| 4 | 406 | Kelvin Luu | MACDONALD | NT |
| 5 | 116 | Logan Butler | DUNDAS VALLEY | 17.00 |
| 6 | 538 | Ethan May | WESTMOUNT | NT |

Event 15 Women Open 300 Meter Hurdles Midget (4)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|----------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 76 | Regan Berlin | DUNDAS VALLEY | NT |
| 4 | 88 | Emily Law | DUNDAS VALLEY | 55.00 |
| 5 | 102 | Patrice Temush | DUNDAS VALLEY | 50.00 |
| 6 | 282 | Vanessa Olayiwola | NORA HENDERSON | NT |

Event 16 Men Open 300 Meter Hurdles Midget (6)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 2 | 264 | Ethan Hossack | MCKINNON PARK | NT |
| 3 | 202 | Dawsen Schutten | GUIDO DE BRES | NT |
| 4 | 116 | Logan Butler | DUNDAS VALLEY | 48.00 |
| 5 | 297 | DaCosta Trotman | NORA HENDERSON | 45.00 |
| 6 | 379 | Leikeze Cheruiyot | SIR ALLAN MACNAB | NT |
| 7 | 201 | Brayden Schutten | GUIDO DE BRES | NT |

Event 17 Women Open High Jump Midget (2)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|-----------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 95 | Emma Smith | DUNDAS VALLEY | NH |
| 2 | 78 | Caelyn Brittain | DUNDAS VALLEY | NH |

Event 18 Men Open High Jump Midget (4)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|----------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 377 | Michael Barry | SIR ALLAN MACNAB | NH |
| 2 | 261 | Jacob Dutcher | MCKINNON PARK | NH |
| 3 | 153 | Aydan Doschner | DUNNVILLE | NH |
| 4 | 239 | Fred Fledderus | HAMILTON DISTRICT | NH |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 21 Women Open Long Jump Midget (20)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 253 | Brooklin Duff | MCKINNON PARK | ND |
| 2 | 95 | Emma Smith | DUNDAS VALLEY | ND |
| 3 | 444 | Bailey Lowe | WATERDOWN | ND |
| 4 | 372 | Lina Nsabinan | SIR ALLAN MACNAB | ND |
| 5 | 357 | Izabella Achkewich | SHERWOOD | ND |
| 6 | 468 | Anne Clock | WESTDALE | ND |
| 7 | 374 | Kari Om | SIR ALLAN MACNAB | ND |
| 8 | 105 | Chloe Trujano | DUNDAS VALLEY | ND |
| 9 | 518 | Cassandre Joseph | WESTMOUNT | ND |
| 10 | 305 | Mikaelle Heyens | ORCHARD PARK | ND |
| 11 | 107 | Sophia Wilson | DUNDAS VALLEY | ND |
| 12 | 251 | Grace Cooper | MCKINNON PARK | ND |
| 13 | 168 | Rachel Kampen | GUIDO DE BRES | ND |
| 14 | 399 | Valentinna Oum | MACDONALD | ND |
| 15 | 78 | Caelyn Brittain | DUNDAS VALLEY | ND |
| 16 | 474 | Heidi Nelson | WESTDALE | ND |
| 17 | 55 | Trinity Wilson | DELTA | ND |
| 18 | 451 | Addi Smith | WATERDOWN | ND |
| 19 | 418 | Molena Pok | CHURCHILL | ND |
| 20 | 398 | Ella Oucharek | MACDONALD | ND |

Event 22 Men Open Long Jump Midget (19)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|-------------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 381 | Keaun Clarke | SIR ALLAN MACNAB | ND |
| 2 | 380 | Jahdiel Chipembere | SIR ALLAN MACNAB | ND |
| 3 | 121 | Carter Gyori | DUNDAS VALLEY | ND |
| 4 | 219 | Ben Vos | GUIDO DE BRES | ND |
| 5 | 390 | Denizhan Morali | SIR ALLAN MACNAB | ND |
| 6 | 461 | Elijah Martineau | WATERDOWN | ND |
| 7 | 331 | Angelo Treasure | ROBERT LAND | ND |
| 8 | 452 | Jacob Baldwin-Timperley | WATERDOWN | ND |
| 9 | 314 | Michael Nott | ORCHARD PARK | ND |
| 10 | 408 | Cameron Prosic | MACDONALD | ND |
| 11 | 155 | Jacob Parker | DUNNVILLE | ND |
| 12 | 491 | Demarco Lawrence | WESTDALE | ND |
| 13 | 425 | Noah Frise | CHURCHILL | ND |
| 14 | 406 | Kelvin Luu | MACDONALD | ND |
| 15 | 269 | Mason Oxley | MCKINNON PARK | ND |
| 16 | 377 | Michael Barry | SIR ALLAN MACNAB | ND |
| 17 | 503 | Raiyan Sayeed | WESTDALE | ND |
| 18 | 199 | Caleb Schulenberg | GUIDO DE BRES | ND |
| 19 | 434 | Dylan Webber | CHURCHILL | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 23 Women Open Triple Jump Midget (7)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|-----------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 251 | Grace Cooper | MCKINNON PARK | ND |
| 2 | 78 | Caelyn Brittain | DUNDAS VALLEY | ND |
| 3 | 258 | Ellie McMaster | MCKINNON PARK | ND |
| 4 | 168 | Rachel Kampen | GUIDO DE BRES | ND |
| 5 | 35 | Amber Swent | CAYUGA | ND |
| 6 | 95 | Emma Smith | DUNDAS VALLEY | ND |
| 7 | 253 | Brooklin Duff | MCKINNON PARK | ND |

Event 24 Men Open Triple Jump Midget (8)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|----------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 260 | Owen Chapman | MCKINNON PARK | ND |
| 2 | 271 | Evan Regnerus | MCKINNON PARK | ND |
| 3 | 377 | Michael Barry | SIR ALLAN MACNAB | ND |
| 4 | 217 | Reuben Vanwoudenberg | GUIDO DE BRES | ND |
| 5 | 153 | Aydan Doschner | DUNNVILLE | ND |
| 6 | 202 | Dawsen Schutten | GUIDO DE BRES | ND |
| 7 | 379 | Leikeze Cheruiyot | SIR ALLAN MACNAB | ND |
| 8 | 261 | Jacob Dutcher | MCKINNON PARK | ND |

Event 25 Women Open Shot Put 3 kg Midget (15)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|---------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 279 | Jahnee Edwards | NORA HENDERSON | ND |
| 2 | 275 | McKayla Britton | NORA HENDERSON | ND |
| 3 | 82 | Maddie Disalvo | DUNDAS VALLEY | ND |
| 4 | 397 | Chelsea Opperman | MACDONALD | ND |
| 5 | 90 | Jordan Matthews | DUNDAS VALLEY | ND |
| 6 | 400 | Isabella Thompson | MACDONALD | ND |
| 7 | 336 | Ally Carver | SALTFLEET | ND |
| 8 | 94 | Jenna Rucchin | DUNDAS VALLEY | ND |
| 9 | 357 | Izabella Achkewich | SHERWOOD | ND |
| 10 | 374 | Kari Om | SIR ALLAN MACNAB | ND |
| 11 | 304 | Isabela Gondar | ORCHARD PARK | ND |
| 12 | 369 | Kyra Guzylak-Nessam | SIR ALLAN MACNAB | ND |
| 13 | 276 | Victoria Cale | NORA HENDERSON | ND |
| 14 | 280 | Larissa Howard | NORA HENDERSON | ND |
| 15 | 509 | Tia Chan | WESTMOUNT | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 26 Men Open Shot Put 4 kg Midget (9)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 380 | Jahdiel Chipembere | SIR ALLAN MACNAB | ND |
| 2 | 190 | Matt Heikamp | GUIDO DE BRES | ND |
| 3 | 354 | Thomas Matsell | SALTFLEET | ND |
| 4 | 403 | Zubin Bulsara | MACDONALD | ND |
| 5 | 401 | Tawhid Ahmed | MACDONALD | ND |
| 6 | 331 | Angelo Treasure | ROBERT LAND | ND |
| 7 | 153 | Aydan Doschner | DUNNVILLE | ND |
| 8 | 194 | Malachi Lodder | GUIDO DE BRES | ND |
| 9 | 195 | Cameron Lof | GUIDO DE BRES | ND |

Event 27 Women Open Discus Throw 1kg Midget (11)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|---------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 276 | Victoria Cale | NORA HENDERSON | ND |
| 2 | 279 | Jahnee Edwards | NORA HENDERSON | ND |
| 3 | 369 | Kyra Guzylak-Nessam | SIR ALLAN MACNAB | ND |
| 4 | 517 | Cassandra Joseph | WESTMOUNT | ND |
| 5 | 275 | McKayla Britton | NORA HENDERSON | ND |
| 6 | 400 | Isabella Thompson | MACDONALD | ND |
| 7 | 82 | Maddie Disalvo | DUNDAS VALLEY | ND |
| 8 | 94 | Jenna Rucchin | DUNDAS VALLEY | ND |
| 9 | 509 | Tia Chan | WESTMOUNT | ND |
| 10 | 90 | Jordan Matthews | DUNDAS VALLEY | ND |
| 11 | 35 | Amber Swent | CAYUGA | ND |

Event 28 Men Open Discus Throw 1kg Midget (7)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 195 | Cameron Lof | GUIDO DE BRES | ND |
| 2 | 120 | Rory Faraquer | DUNDAS VALLEY | ND |
| 3 | 403 | Zubin Bulsara | MACDONALD | ND |
| 4 | 210 | Andrew Vandervelde | GUIDO DE BRES | ND |
| 5 | 354 | Thomas Matsell | SALTFLEET | ND |
| 6 | 401 | Tawhid Ahmed | MACDONALD | ND |
| 7 | 198 | Aidan Schenkel | GUIDO DE BRES | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 29 Women Open Javelin Throw 600g Midget (15)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|---------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 82 | Maddie Disalvo | DUNDAS VALLEY | ND |
| 2 | 279 | Jahnee Edwards | NORA HENDERSON | ND |
| 3 | 336 | Ally Carver | SALTFLEET | ND |
| 4 | 369 | Kyra Guzylak-Nessam | SIR ALLAN MACNAB | ND |
| 5 | 94 | Jenna Rucchin | DUNDAS VALLEY | ND |
| 6 | 275 | McKayla Britton | NORA HENDERSON | ND |
| 7 | 509 | Tia Chan | WESTMOUNT | ND |
| 8 | 90 | Jordan Matthews | DUNDAS VALLEY | ND |
| 9 | 304 | Isabela Gondar | ORCHARD PARK | ND |
| 10 | 400 | Isabella Thompson | MACDONALD | ND |
| 11 | 280 | Larissa Howard | NORA HENDERSON | ND |
| 12 | 251 | Grace Cooper | MCKINNON PARK | ND |
| 13 | 258 | Ellie McMaster | MCKINNON PARK | ND |
| 14 | 334 | Janea Achiosio | SALTFLEET | ND |
| 15 | 398 | Ella Oucharek | MACDONALD | ND |

Event 30 Men Open Javelin Throw 600g Midget (10)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|----------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 190 | Matt Heikamp | GUIDO DE BRES | ND |
| 2 | 195 | Cameron Lof | GUIDO DE BRES | ND |
| 3 | 120 | Rory Faraquer | DUNDAS VALLEY | ND |
| 4 | 403 | Zubin Bulsara | MACDONALD | ND |
| 5 | 39 | Dallas Abbott | CAYUGA | ND |
| 6 | 137 | Derek Nash | DUNDAS VALLEY | ND |
| 7 | 401 | Tawhid Ahmed | MACDONALD | ND |
| 8 | 354 | Thomas Matsell | SALTFLEET | ND |
| 9 | 198 | Aidan Schenkel | GUIDO DE BRES | ND |
| 10 | 261 | Jacob Dutcher | MCKINNON PARK | ND |

Event 31 Women Open 4x100 Meter Relay Midget (9)

| Lane | Comp# | Team | Relay | Seed Time |
|------------------------------------|---------------------|----------------------------|-------------------------|-----------------------|
| Section 1 of 2 Timed Finals | | | | |
| 3 | | WESTMOUNT | | NT |
| | 1) #508 Sarah Bland | 2) #519 Sydney Matheson | 3) #515 Emily Holjack | 4) #521 Jordan Rogers |
| 4 | | DELTA | | NT |
| | 1) #50 Kedrea Bond | 2) #52 Nev Gurman | 3) #54 Makenna Obrien | 4) #55 Trinity Wilson |
| 5 | | WATERDOWN | | NT |
| 6 | | SIR WINSTON CHURCHILL | | NT |
| | 1) #418 Molena Pok | 2) #415 Laschma Corrielant | 3) #414 Alexis Campbell | 4) #419 Sierra Ryan |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 2 of 2 Timed Finals...(Event 31 Women Open 4x100 Meter Relay Midget (9))

| | | | | |
|---|---------------------------|----------------------|-----------------------------|--------------------------|
| 2 | WESTDALE | | | NT |
| | 1) #469 Beth Cushnie | 2) #474 Heidi Nelson | 3) #468 Anne Clock | 4) #481 Maja Wandler |
| 3 | NORA FRANCES HENDERSON | | | 59.00 |
| | 1) #282 Vanessa Olayiwola | 2) #277 Emma Cooper | 3) #278 Dema Darwish | 4) #287 Lilian Tran |
| 4 | DUNDAS VALLEY | | | 53.00 |
| | 1) #107 Sophia Wilson | 2) #88 Emily Law | 3) #102 Patrice Temush | 4) #84 Victoria Gyoffrey |
| 5 | SIR ALLAN MACNAB | | | 1:00.00 |
| | 1) #368 Sianda Bikker | 2) #374 Kari Om | 3) #369 Kyra Guzylak-Nessam | 4) #371 Lina Nsabimana |
| 6 | SALTFLEET | | | NT |
| | 1) #339 Anusha Khalid | 2) #340 Nikki Kim | 3) #338 Hannah Fletcher | 4) #334 Janea Achioso |

Event 32 Men Open 4x100 Meter Relay Midget (5)

| Lane | Comp# | Team | Relay | Seed Time |
|------------------------------------|--------------------------|-------------------------|--------------------------------|--------------------------|
| Section 1 of 1 Timed Finals | | | | |
| 2 | WESTDALE | | | NT |
| | 1) #504 Shakeele Simon | 2) #497 Noah Mulkewich | 3) #506 Declan Sutherland-Case | 4) #491 Demarco Lawrence |
| 3 | GUIDO DE BRES | | | NT |
| | 1) #201 Brayden Schutten | 2) #202 Dawsen Schutten | 3) #199 Caleb Schulenberg | 4) #219 Ben Vos |
| 4 | DUNDAS VALLEY | | | 49.00 |
| | 1) #137 Derek Nash | 2) #121 Carter Gyori | 3) #116 Logan Butler | 4) #115 Lukas Brooks |
| 5 | SIR ALLAN MACNAB | | | 52.50 |
| 6 | MCKINNON PARK - CALEDON | | | NT |
| | 1) #261 Jacob Dutcher | 2) #260 Owen Chapman | 3) #271 Evan Regnerus | 4) #264 Ethan Hossack |

Event 33 Women Open 100 Meter Dash Junior (30)

| Lane | Comp# | Name | School | Seed Time |
|----------------------------|-------|------------------------|-------------------|-----------|
| Heat 1 of 4 Prelims | | | | |
| 1 | 80 | Megan Cameron | DUNDAS VALLEY | NT |
| 2 | 232 | Laura Van Houten | HAMILTON DISTRICT | NT |
| 3 | 307 | Jeannie Nadorozny | ORCHARD PARK | NT |
| 4 | 510 | Zainab Chaudri | WESTMOUNT | NT |
| 5 | 472 | Sage Kraftcheck | WESTDALE | NT |
| 6 | 438 | Miranda Burke | WATERDOWN | NT |
| 7 | 161 | Kristen deBoer | GUIDO DE BRES | NT |
| 8 | 30 | Juliet Kett | CAYUGA | NT |
| Heat 2 of 4 Prelims | | | | |
| 1 | 370 | Amanda Marshall | SIR ALLAN MACNAB | NT |
| 2 | 478 | Claire Sutherland Case | WESTDALE | NT |
| 3 | 180 | Cherilyn Yeboah | GUIDO DE BRES | NT |
| 4 | 4 | Emma Greenhough | ANCASTER HIGH | 13.86 |
| 5 | 443 | Ashley Hood | WATERDOWN | NT |
| 6 | 28 | Lorelai Burke | CAYUGA | NT |
| 7 | 93 | Lauren Reeves | DUNDAS VALLEY | NT |
| 8 | 229 | Alicia Ritskes | HAMILTON DISTRICT | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Heat 3 of 4 Prelims...(Event 33 Women Open 100 Meter Dash Junior (30))

| | | | | |
|---|-----|--------------------|---------------|----|
| 1 | 306 | Alannah Holman | ORCHARD PARK | NT |
| 2 | 348 | Tamilore Sowunmi | SALTFLEET | NT |
| 3 | 252 | Abbey Dikaitis | MCKINNON PARK | NT |
| 4 | 162 | Shaelyn DenBroeder | GUIDO DE BRES | NT |
| 5 | 437 | Sarah Brophy | WATERDOWN | NT |
| 6 | 467 | Dax Chamot | WESTDALE | NT |
| 7 | 34 | Maddison McCulloch | CAYUGA | NT |

Heat 4 of 4 Prelims

| | | | | |
|---|-----|------------------|-------------------|-------|
| 1 | 308 | Ashley Reniewick | ORCHARD PARK | NT |
| 2 | 167 | Jadziah Hymering | GUIDO DE BRES | NT |
| 3 | 440 | Anna Chernobab | WATERDOWN | NT |
| 4 | 226 | Lucia Jerez | HAMILTON DISTRICT | NT |
| 5 | 38 | Heather Tuck | CAYUGA | NT |
| 6 | 527 | Ena Youn | WESTMOUNT | 15.78 |
| 7 | 441 | Lauren Dee | WATERDOWN | NT |

Event 34 Men Open 100 Meter Dash Junior (23)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Heat 1 of 3 Prelims

| | | | | |
|---|-----|---------------------|---------------|----|
| 1 | 49 | Cole Pont | CAYUGA | NT |
| 2 | 486 | Jacob Cheng | WESTDALE | NT |
| 3 | 136 | Oliver Naruse | DUNDAS VALLEY | NT |
| 4 | 352 | Johnny Kanagaratnam | SALTFLEET | NT |
| 5 | 420 | Malik Allen | CHURCHILL | NT |
| 6 | 197 | Kyle Nordeman | GUIDO DE BRES | NT |
| 7 | 534 | Blake Dunford | WESTMOUNT | NT |

Heat 2 of 3 Prelims

| | | | | |
|---|-----|----------------|------------------|-------|
| 1 | 72 | Jeffred Simeon | DELTA | NT |
| 2 | 356 | Matthew Wolfe | SALTFLEET | NT |
| 3 | 124 | Logan Hatcher | DUNDAS VALLEY | NT |
| 4 | 489 | Remi Jarvis | WESTDALE | NT |
| 5 | 493 | Daniel Lesiuk | WESTDALE | NT |
| 6 | 456 | Raul Hernandez | WATERDOWN | NT |
| 7 | 388 | Jevon Lennox | SIR ALLAN MACNAB | 11.70 |
| 8 | 181 | Calvin Bartels | GUIDO DE BRES | NT |

Heat 3 of 3 Prelims

| | | | | |
|---|-----|---------------------|------------------|-------|
| 1 | 196 | Ryan Nienhuis | GUIDO DE BRES | NT |
| 2 | 353 | Jonas Mallett | SALTFLEET | NT |
| 3 | 361 | Luke Lynch | SHERWOOD | NT |
| 4 | 495 | Myles Misener-Daley | WESTDALE | 10.96 |
| 5 | 15 | Ryan Drohan | ANCASTER HIGH | NT |
| 6 | 43 | Decoda Jacysyn | CAYUGA | NT |
| 7 | 351 | Malik Blunt | SALTFLEET | NT |
| 8 | 384 | Quavon Ferron | SIR ALLAN MACNAB | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 35 Women Open 200 Meter Dash Junior (24)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------------|-------------------|-----------|
| Section 1 of 3 Timed Finals | | | | |
| 1 | 510 | Zainab Chaudri | WESTMOUNT | NT |
| 2 | 34 | Maddison McCulloch | CAYUGA | NT |
| 3 | 308 | Ashley Reniewick | ORCHARD PARK | NT |
| 4 | 417 | Rylee Murphy-Scott | CHURCHILL | NT |
| 5 | 180 | Cherilyn Yeboah | GUIDO DE BRES | NT |
| 6 | 450 | Reagan Selinger | WATERDOWN | NT |
| 7 | 28 | Lorelai Burke | CAYUGA | NT |
| 8 | 4 | Emma Greenhough | ANCASTER HIGH | NT |
| Section 2 of 3 Timed Finals | | | | |
| 1 | 437 | Sarah Brophy | WATERDOWN | NT |
| 2 | 30 | Juliet Kett | CAYUGA | NT |
| 3 | 232 | Laura Van Houten | HAMILTON DISTRICT | NT |
| 4 | 438 | Miranda Burke | WATERDOWN | NT |
| 5 | 412 | Katie Benoska | CHURCHILL | NT |
| 6 | 167 | Jadziah Hymering | GUIDO DE BRES | NT |
| 7 | 11 | Hannah Terrett | ANCASTER HIGH | NT |
| 8 | 443 | Ashley Hood | WATERDOWN | NT |
| Section 3 of 3 Timed Finals | | | | |
| 1 | 527 | Ena Youn | WESTMOUNT | 34.28 |
| 2 | 475 | Lauren Patiakas | WESTDALE | 30.00 |
| 3 | 106 | Sara Vogel | DUNDAS VALLEY | 30.00 |
| 4 | 467 | Dax Chamot | WESTDALE | 28.00 |
| 5 | 478 | Claire Sutherland Case | WESTDALE | 28.00 |
| 6 | 473 | Sage Kraftchek | WESTDALE | 29.00 |
| 7 | 97 | Megan Spenler | DUNDAS VALLEY | 30.00 |
| 8 | 441 | Lauren Dee | WATERDOWN | NT |

Event 36 Men Open 200 Meter Dash Junior (19)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------|------------------|-----------|
| Section 1 of 3 Timed Finals | | | | |
| 2 | 420 | Malik Allen | CHURCHILL | NT |
| 3 | 411 | Nathaniel Steele | MACDONALD | NT |
| 4 | 351 | Malik Blunt | SALTFLEET | NT |
| 5 | 361 | Luke Lynch | SHERWOOD | NT |
| 6 | 384 | Quavon Ferron | SIR ALLAN MACNAB | NT |
| 7 | 456 | Raul Hernandez | WATERDOWN | NT |
| Section 2 of 3 Timed Finals | | | | |
| 2 | 136 | Oliver Naruse | DUNDAS VALLEY | NT |
| 3 | 545 | Ahmed Sarhan | WESTMOUNT | 30.84 |
| 4 | 383 | Abdullah Dwyer | SIR ALLAN MACNAB | 26.40 |
| 5 | 181 | Calvin Bartels | GUIDO DE BRES | 26.10 |
| 6 | 220 | Nathan Wanders | GUIDO DE BRES | 26.50 |
| 7 | 534 | Blake Dunford | WESTMOUNT | 26.38 |
| 8 | 289 | Shane Fleming | NORA HENDERSON | 27.00 |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 3 of 3 Timed Finals...(Event 36 Men Open 200 Meter Dash Junior (19))

| | | | | |
|---|-----|---------------------|------------------|-------|
| 2 | 196 | Ryan Nienhuis | GUIDO DE BRES | 25.90 |
| 3 | 388 | Jevon Lennox | SIR ALLAN MACNAB | 25.40 |
| 4 | 495 | Myles Misener-Daley | WESTDALE | 22.30 |
| 5 | 124 | Logan Hatcher | DUNDAS VALLEY | 25.00 |
| 6 | 197 | Kyle Nordeman | GUIDO DE BRES | 25.80 |
| 7 | 150 | Brendan Zimmerman | DUNDAS VALLEY | 26.00 |

Event 37 Women Open 400 Meter Dash Junior (15)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|---|-----|--------------------|---------------|---------|
| 2 | 9 | Maddy Moschos | ANCASTER HIGH | NT |
| 3 | 11 | Hannah Terrett | ANCASTER HIGH | NT |
| 4 | 162 | Shaelyn DenBroeder | GUIDO DE BRES | NT |
| 5 | 475 | Lauren Patiakas | WESTDALE | 1:10.00 |
| 6 | 53 | Faith McRae | DELTA | NT |
| 7 | 34 | Maddison McCulloch | CAYUGA | NT |
| 8 | 450 | Reagan Selinger | WATERDOWN | NT |

Section 2 of 2 Timed Finals

| | | | | |
|---|-----|------------------------|---------------|---------|
| 1 | 106 | Sara Vogel | DUNDAS VALLEY | 1:06.00 |
| 2 | 85 | Jessica Hils | DUNDAS VALLEY | 1:06.00 |
| 3 | 177 | Beth Vansydenborgh | GUIDO DE BRES | 1:03.00 |
| 4 | 96 | Allyson Sober | DUNDAS VALLEY | 1:02.00 |
| 5 | 79 | Jenna Button | DUNDAS VALLEY | 1:05.00 |
| 6 | 478 | Claire Sutherland Case | WESTDALE | 1:03.00 |
| 7 | 473 | Sage Kraftchek | WESTDALE | 1:08.00 |
| 8 | 97 | Megan Spenler | DUNDAS VALLEY | 1:07.00 |

Event 38 Men Open 400 Meter Dash Junior (12)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|---|-----|------------------|---------------|----|
| 2 | 411 | Nathaniel Steele | MACDONALD | NT |
| 3 | 183 | Anthony Beijes | GUIDO DE BRES | NT |
| 4 | 72 | Jeffred Simeon | DELTA | NT |
| 5 | 187 | Owen Blokker | GUIDO DE BRES | NT |
| 6 | 47 | Ashton Murray | CAYUGA | NT |

Section 2 of 2 Timed Finals

| | | | | |
|---|-----|-------------------|------------------|---------|
| 1 | 402 | Zachary Brown | MACDONALD | NT |
| 2 | 388 | Jevon Lennox | SIR ALLAN MACNAB | 1:00.00 |
| 3 | 488 | Malcolm Green | WESTDALE | 1:00.00 |
| 4 | 150 | Brendan Zimmerman | DUNDAS VALLEY | 58.00 |
| 5 | 220 | Nathan Wanders | GUIDO DE BRES | 57.10 |
| 6 | 289 | Shane Fleming | NORA HENDERSON | 1:00.00 |
| 7 | 46 | Braydan Mattice | CAYUGA | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 39 Women Open 800 Meter Run Junior (8)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|----------------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 161 | Kristen deBoer | GUIDO DE BRES | NT |
| 2 | 9 | Maddy Moschos | ANCASTER HIGH | NT |
| 3 | 96 | Allyson Sober | DUNDAS VALLEY | 2:30.00 |
| 4 | 79 | Jenna Button | DUNDAS VALLEY | 2:34.00 |
| 5 | 33 | Mackenzie Martindale | CAYUGA | NT |
| 6 | 301 | Abby Clarke | ORCHARD PARK | NT |
| 7 | 53 | Faith McRae | DELTA | NT |
| 8 | 520 | Abby McEwan | WESTMOUNT | NT |

Event 40 Men Open 800 Meter Run Junior (11)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------------|----------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 2 | 402 | Zachary Brown | MACDONALD | NT |
| 3 | 191 | Levi Jans | GUIDO DE BRES | NT |
| 4 | 193 | Christian Ligtenberg | GUIDO DE BRES | NT |
| 5 | 321 | Christopher Ellul | ROBERT LAND | NT |
| 6 | 266 | Owen Leng | MCKINNON PARK | NT |
| Section 2 of 2 Timed Finals | | | | |
| 2 | 289 | Shane Fleming | NORA HENDERSON | 2:30.00 |
| 3 | 291 | Greg Forester | NORA HENDERSON | 2:15.00 |
| 4 | 488 | Malcolm Green | WESTDALE | 2:16.00 |
| 5 | 142 | Ethan RoseteartSmith | DUNDAS VALLEY | 2:18.00 |
| 6 | 288 | Evan Carbert | NORA HENDERSON | 2:15.00 |
| 7 | 492 | Nathaniel Leighninger | WESTDALE | 2:20.00 |

Event 41 Women Open 1500 Meter Run Junior (12)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 96 | Allyson Sober | DUNDAS VALLEY | 5:10.00 |
| 2 | 99 | Finn Sulentic | DUNDAS VALLEY | 5:30.00 |
| 3 | 161 | Kristen deBoer | GUIDO DE BRES | NT |
| 4 | 53 | Faith McRae | DELTA | NT |
| 5 | 370 | Amanda Marshall | SIR ALLAN MACNAB | NT |
| 6 | 526 | Deanna Wardell | WESTMOUNT | NT |
| 7 | 301 | Abby Clarke | ORCHARD PARK | NT |
| 8 | 358 | Amber Hewitt | SHERWOOD | NT |
| 9 | 522 | Madeleine Rule | WESTMOUNT | NT |
| 10 | 164 | Amber Hordyk | GUIDO DE BRES | NT |
| 11 | 450 | Reagan Selinger | WATERDOWN | NT |
| 12 | 439 | Madilyn Carey | WATERDOWN | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 42 Men Open 1500 Meter Run Junior (11)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------------|----------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 142 | Ethan RoseteartSmith | DUNDAS VALLEY | 4:30.00 |
| 2 | 141 | Tristan Richards | DUNDAS VALLEY | 4:30.00 |
| 3 | 291 | Greg Forester | NORA HENDERSON | 4:58.00 |
| 4 | 288 | Evan Carbert | NORA HENDERSON | 4:58.00 |
| 5 | 492 | Nathaniel Leighninger | WESTDALE | NT |
| 6 | 200 | Hudson Schulenberg | GUIDO DE BRES | NT |
| 7 | 266 | Owen Leng | MCKINNON PARK | NT |
| 8 | 319 | Kevin Deorellana | ROBERT LAND | NT |
| 9 | 485 | Liam BoatSmith | WESTDALE | NT |
| 10 | 193 | Christian Ligtenberg | GUIDO DE BRES | NT |
| 11 | 528 | Hunnaan Arif | WESTMOUNT | NT |

Event 43 Women Open 3000 Meter Run Junior (5)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|----------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 522 | Madeleine Rule | WESTMOUNT | NT |
| 2 | 439 | Madilyn Carey | WATERDOWN | NT |
| 3 | 164 | Amber Hordyk | GUIDO DE BRES | NT |
| 4 | 99 | Finn Sulentic | DUNDAS VALLEY | NT |
| 5 | 163 | Nicole Gelms | GUIDO DE BRES | NT |

Event 44 Men Open 3000 Meter Run Junior (6)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 528 | Hunnaan Arif | WESTMOUNT | 13:02.00 |
| 2 | 492 | Nathaniel Leighninger | WESTDALE | NT |
| 3 | 200 | Hudson Schulenberg | GUIDO DE BRES | NT |
| 4 | 142 | Ethan RoseteartSmith | DUNDAS VALLEY | NT |
| 5 | 184 | Jordan Beijes | GUIDO DE BRES | NT |
| 6 | 141 | Tristan Richards | DUNDAS VALLEY | NT |

Event 45 Women Open 80 Meter Hurdles Junior (6)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 252 | Abbey Dikaitis | MCKINNON PARK | NT |
| 4 | 28 | Lorelai Burke | CAYUGA | NT |
| 5 | 93 | Lauren Reeves | DUNDAS VALLEY | 15.00 |
| 6 | 370 | Amanda Marshall | SIR ALLAN MACNAB | 20.20 |
| 7 | 510 | Zainab Chaudri | WESTMOUNT | NT |
| 8 | 100 | Julia Sylvester | DUNDAS VALLEY | NT |

Event 46 Men Open 100 Meter Hurdles Junior (5)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 486 | Jacob Cheng | WESTDALE | NT |
| 4 | 46 | Braydan Mattice | CAYUGA | NT |
| 5 | 124 | Logan Hatcher | DUNDAS VALLEY | NT |
| 6 | 43 | Decoda Jacysyn | CAYUGA | NT |
| 7 | 49 | Cole Pont | CAYUGA | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 47 Women Open 300 Meter Hurdles Junior (4)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|----------------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 520 | Abby McEwan | WESTMOUNT | NT |
| 4 | 106 | Sara Vogel | DUNDAS VALLEY | 55.00 |
| 5 | 33 | Mackenzie Martindale | CAYUGA | NT |
| 6 | 177 | Beth Vansydenborgh | GUIDO DE BRES | NT |

Event 48 Men Open 300 Meter Hurdles Junior (3)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 187 | Owen Blokker | GUIDO DE BRES | NT |
| 4 | 383 | Abdullah Dwyer | SIR ALLAN MACNAB | NT |
| 5 | 46 | Braydan Mattice | CAYUGA | NT |

Event 49 Women Open High Jump Junior (4)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 175 | Emma Vanderwoude | GUIDO DE BRES | NH |
| 2 | 165 | Mackenzie Hordyk | GUIDO DE BRES | NH |
| 3 | 159 | Jamie Bouwman | GUIDO DE BRES | NH |
| 4 | 306 | Alannah Holman | ORCHARD PARK | NH |

Event 50 Men Open High Jump Junior (6)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 112 | Seth Allan | DUNDAS VALLEY | NH |
| 2 | 213 | Gideon Vanderwoude | GUIDO DE BRES | NH |
| 3 | 133 | Alex Kosobuvich | DUNDAS VALLEY | NH |
| 4 | 187 | Owen Blokker | GUIDO DE BRES | NH |
| 5 | 47 | Ashton Murray | CAYUGA | NH |
| 6 | 183 | Anthony Beijes | GUIDO DE BRES | NH |

Event 53 Women Open Long Jump Junior (14)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 165 | Mackenzie Hordyk | GUIDO DE BRES | ND |
| 2 | 467 | Dax Chamot | WESTDALE | ND |
| 3 | 412 | Katie Benoska | CHURCHILL | ND |
| 4 | 93 | Lauren Reeves | DUNDAS VALLEY | ND |
| 5 | 100 | Julia Sylvester | DUNDAS VALLEY | ND |
| 6 | 417 | Rylee Murphy-Scott | CHURCHILL | ND |
| 7 | 176 | Amy VanEs | GUIDO DE BRES | ND |
| 8 | 232 | Laura Van Houten | HAMILTON DISTRICT | ND |
| 9 | 4 | Emma Greenhough | ANCASTER HIGH | ND |
| 10 | 224 | Joanie Hart | HAMILTON DISTRICT | ND |
| 11 | 38 | Heather Tuck | CAYUGA | ND |
| 12 | 167 | Jadziah Hymering | GUIDO DE BRES | ND |
| 13 | 80 | Megan Cameron | DUNDAS VALLEY | ND |
| 14 | 307 | Jeannie Nadorozny | ORCHARD PARK | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 54 Men Open Long Jump Junior (20)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 204 | Noah Spanninga | GUIDO DE BRES | ND |
| 2 | 262 | Greg Garson | MCKINNON PARK | ND |
| 3 | 534 | Blake Dunford | WESTMOUNT | ND |
| 4 | 112 | Seth Allan | DUNDAS VALLEY | ND |
| 5 | 540 | Spencer Murray | WESTMOUNT | ND |
| 6 | 486 | Jacob Cheng | WESTDALE | ND |
| 7 | 209 | Jaydon Vanandel | GUIDO DE BRES | ND |
| 8 | 384 | Quavon Ferron | SIR ALLAN MACNAB | ND |
| 9 | 499 | Alex Nevills | WESTDALE | ND |
| 10 | 411 | Nathaniel Steele | MACDONALD | ND |
| 11 | 319 | Kevin Deorellana | ROBERT LAND | ND |
| 12 | 41 | Noah Cowan | CAYUGA | ND |
| 13 | 493 | Daniel Lesiuk | WESTDALE | ND |
| 14 | 47 | Ashton Murray | CAYUGA | ND |
| 15 | 387 | Aaron Johnson | SIR ALLAN MACNAB | ND |
| 16 | 191 | Levi Jans | GUIDO DE BRES | ND |
| 17 | 133 | Alex Kosobuvich | DUNDAS VALLEY | ND |
| 18 | 383 | Abdullah Dwyer | SIR ALLAN MACNAB | ND |
| 19 | 489 | Remi Jarvis | WESTDALE | ND |
| 20 | 420 | Malik Allen | CHURCHILL | ND |

Event 55 Women Open Triple Jump Junior (9)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|----------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 165 | Mackenzie Hordyk | GUIDO DE BRES | ND |
| 2 | 33 | Mackenzie Martindale | CAYUGA | ND |
| 3 | 80 | Megan Cameron | DUNDAS VALLEY | ND |
| 4 | 176 | Amy VanEs | GUIDO DE BRES | ND |
| 5 | 229 | Alicia Ritskes | HAMILTON DISTRICT | ND |
| 6 | 100 | Julia Sylvester | DUNDAS VALLEY | ND |
| 7 | 37 | Lindsay Townsend | CAYUGA | ND |
| 8 | 257 | Morgan Kuepfer | MCKINNON PARK | ND |
| 9 | 172 | Arissa VandeBurgt | GUIDO DE BRES | ND |

Event 56 Men Open Triple Jump Junior (7)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 319 | Kevin Deorellana | ROBERT LAND | ND |
| 2 | 361 | Luke Lynch | SHERWOOD | ND |
| 3 | 211 | Garret Vandervelde | GUIDO DE BRES | ND |
| 4 | 204 | Noah Spanninga | GUIDO DE BRES | ND |
| 5 | 133 | Alex Kosobuvich | DUNDAS VALLEY | ND |
| 6 | 262 | Greg Garson | MCKINNON PARK | ND |
| 7 | 494 | Dennis Linkert | WESTDALE | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 57 Women Open Shot Put 3 kg Junior (15)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 417 | Rylee Murphy-Scott | CHURCHILL | ND |
| 2 | 178 | Ruth VanVliet | GUIDO DE BRES | ND |
| 3 | 77 | Laura Bishop | DUNDAS VALLEY | ND |
| 4 | 413 | Katie Benoskca | CHURCHILL | ND |
| 5 | 151 | Nicole Brown | DUNNVILLE | ND |
| 6 | 157 | Hailey Bartels | GUIDO DE BRES | ND |
| 7 | 87 | Ciara Korda | DUNDAS VALLEY | ND |
| 8 | 307 | Jeannie Nadorozny | ORCHARD PARK | ND |
| 9 | 158 | Megan Bos | GUIDO DE BRES | ND |
| 10 | 224 | Joanie Hart | HAMILTON DISTRICT | ND |
| 11 | 37 | Lindsay Townsend | CAYUGA | ND |
| 12 | 308 | Ashley Reniewick | ORCHARD PARK | ND |
| 13 | 85 | Jessica Hils | DUNDAS VALLEY | ND |
| 14 | 255 | Cara Hill | MCKINNON PARK | ND |
| 15 | 110 | Sophia Wright | DUNDAS VALLEY | ND |

Event 58 Men Open Shot Put 4kg Junior (11)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 326 | Ezekiel Kennedy | ROBERT LAND | ND |
| 2 | 407 | David Mandez | MACDONALD | ND |
| 3 | 42 | Logan Jacobs | CAYUGA | ND |
| 4 | 499 | Alex Nevills | WESTDALE | ND |
| 5 | 144 | Grant Shewchuk | DUNDAS VALLEY | ND |
| 6 | 211 | Garret Vandervelde | GUIDO DE BRES | ND |
| 7 | 206 | Dustin Spoolstra | GUIDO DE BRES | ND |
| 8 | 122 | Zack Hampstead | DUNDAS VALLEY | ND |
| 9 | 15 | Ryan Drohan | ANCASTER HIGH | ND |
| 10 | 333 | Jiang Hang Zhang | ROBERT LAND | ND |
| 11 | 181 | Calvin Bartels | GUIDO DE BRES | ND |

Event 59 Women Open Discus Throw 1kg Junior (12)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 172 | Arissa VandeBurgt | GUIDO DE BRES | ND |
| 2 | 85 | Jessica Hils | DUNDAS VALLEY | ND |
| 3 | 110 | Sophia Wright | DUNDAS VALLEY | ND |
| 4 | 37 | Lindsay Townsend | CAYUGA | ND |
| 5 | 87 | Ciara Korda | DUNDAS VALLEY | ND |
| 6 | 255 | Cara Hill | MCKINNON PARK | ND |
| 7 | 173 | Melanie Vanderboom | GUIDO DE BRES | ND |
| 8 | 224 | Joanie Hart | HAMILTON DISTRICT | ND |
| 9 | 77 | Laura Bishop | DUNDAS VALLEY | ND |
| 10 | 157 | Hailey Bartels | GUIDO DE BRES | ND |
| 11 | 158 | Megan Bos | GUIDO DE BRES | ND |
| 12 | 222 | Beverly Bergsma | HAMILTON DISTRICT | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 60 Men Open Discus Throw 1kg Junior (12)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 122 | Zack Hampstead | DUNDAS VALLEY | ND |
| 2 | 144 | Grant Shewchuk | DUNDAS VALLEY | ND |
| 3 | 499 | Alex Nevills | WESTDALE | ND |
| 4 | 206 | Dustin Spoolstra | GUIDO DE BRES | ND |
| 5 | 209 | Jaydon Vanandel | GUIDO DE BRES | ND |
| 6 | 485 | Liam Boatsmith | WESTDALE | ND |
| 7 | 136 | Oliver Naruse | DUNDAS VALLEY | ND |
| 8 | 184 | Jordan Beijes | GUIDO DE BRES | ND |
| 9 | 326 | Ezekiel Kennedy | ROBERT LAND | ND |
| 10 | 40 | Jaden Barrick | CAYUGA | ND |
| 11 | 407 | David Mandez | MACDONALD | ND |
| 12 | 41 | Noah Cowan | CAYUGA | ND |

Event 61 Women Open Javelin Throw 600g Junior (11)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 178 | Ruth VanVliet | GUIDO DE BRES | ND |
| 2 | 173 | Melanie Vanderboom | GUIDO DE BRES | ND |
| 3 | 77 | Laura Bishop | DUNDAS VALLEY | ND |
| 4 | 222 | Beverly Bergsma | HAMILTON DISTRICT | ND |
| 5 | 151 | Nicole Brown | DUNNVILLE | ND |
| 6 | 110 | Sophia Wright | DUNDAS VALLEY | ND |
| 7 | 87 | Ciara Korda | DUNDAS VALLEY | ND |
| 8 | 172 | Arissa VandeBurgt | GUIDO DE BRES | ND |
| 9 | 520 | Abby McEwan | WESTMOUNT | ND |
| 10 | 255 | Cara Hill | MCKINNON PARK | ND |
| 11 | 257 | Morgan Kuepfer | MCKINNON PARK | ND |

Event 62 Men Open Javelin Throw 600g Junior (11)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 493 | Daniel Lesiuk | WESTDALE | ND |
| 2 | 213 | Gideon Vanderwoude | GUIDO DE BRES | ND |
| 3 | 220 | Nathan Wanders | GUIDO DE BRES | ND |
| 4 | 407 | David Mandez | MACDONALD | ND |
| 5 | 42 | Logan Jacobs | CAYUGA | ND |
| 6 | 321 | Christopher Ellul | ROBERT LAND | ND |
| 7 | 262 | Greg Garson | MCKINNON PARK | ND |
| 8 | 485 | Liam Boatsmith | WESTDALE | ND |
| 9 | 206 | Dustin Spoolstra | GUIDO DE BRES | ND |
| 10 | 326 | Ezekiel Kennedy | ROBERT LAND | ND |
| 11 | 40 | Jaden Barrick | CAYUGA | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 63 Women Open 4x100 Meter Relay Junior (7)

| Lane | Comp# | Team | Relay | Seed Time | |
|------------------------------------|---------|-------------------------|--------------------------------|-----------------------------|--------------------------|
| Section 1 of 1 Timed Finals | | | | | |
| 1 | | CAYUGA | | NT | |
| | 1) #28 | Lorelai Burke | 2) #30 Juliet Kett | 3) #33 Mackenzie Martindale | 4) #38 Heather Tuck |
| 2 | | MCKINNON PARK - CALEDON | | NT | |
| | 1) #251 | Grace Cooper | 2) #253 Brooklin Duff | 3) #258 Ellie McMaster | 4) #257 Morgan Kuepfer |
| 3 | | WATERDOWN | | NT | |
| 4 | | DUNDAS VALLEY | | 54.00 | |
| | 1) #98 | Megan Stager | 2) #93 Lauren Reeves | 3) #80 Megan Cameron | 4) #106 Sara Vogel |
| 5 | | HAMILTON DISTRICT | | NT | |
| | 1) #227 | Lucia Jerez Sanjurjo | 2) #229 Alicia Ritskes | 3) #232 Laura Van Houten | 4) #234 Hannah Wolfenden |
| 6 | | GUIDO DE BRES | | NT | |
| | 1) #169 | Meaghan Koning | 2) #161 Kristen deBoer | 3) #177 Beth Vansydenborgh | 4) #165 Mackenzie Hordyk |
| 7 | | WESTDALE | | NT | |
| | 1) #467 | Dax Chamot | 2) #479 Claire Sutherland-Case | 3) #475 Lauren Patiakas | 4) #472 Sage Kraftcheck |

Event 64 Men Open 4x100 Meter Relay Junior (10)

| Lane | Comp# | Team | Relay | Seed Time | |
|------------------------------------|---------|-----------------------|------------------------|---------------------------|-----------------------------|
| Section 1 of 2 Timed Finals | | | | | |
| 2 | | CAYUGA | | NT | |
| | 1) #49 | Cole Pont | 2) #47 Ashton Murray | 3) #43 Decoda Jacysyn | 4) #46 Braydan Mattice |
| 3 | | SALTFLEET | | NT | |
| | 1) #356 | Matthew Wolfe | 2) #351 Malik Blunt | 3) #353 Jonas Mallett | 4) #352 Johnny Kanagaratnam |
| 4 | | DELTA | | NT | |
| | 1) #57 | Danial Bennett | 2) #67 Nathan Poelstra | 3) #69 Christain Riley | 4) #72 Jeffred Simeon |
| 5 | | WATERDOWN | | NT | |
| 6 | | GUIDO DE BRES | | NT | |
| | 1) #197 | Kyle Nordeman | 2) #196 Ryan Nienhuis | 3) #181 Calvin Bartels | 4) #205 Dustin Spoolsta |
| Section 2 of 2 Timed Finals | | | | | |
| 2 | | WESTDALE | | NT | |
| | 1) #485 | Liam Boatsmith | 2) #489 Remi Jarvis | 3) #493 Daniel Lesiuk | 4) #486 Jacob Cheng |
| 3 | | SIR ALLAN MACNAB | | 49.60 | |
| 4 | | DUNDAS VALLEY | | 50.00 | |
| | 1) #113 | Seth Allen | 2) #124 Logan Hatcher | 3) #150 Brendan Zimmerman | 4) #144 Grant Shewchuk |
| 5 | | SIR WINSTON CHURCHILL | | NT | |
| | 1) #430 | Isaiah Hill-Layne | 2) #434 Dylan Webber | 3) #432 Matthew Starr | 4) #420 Malik Allen |
| 6 | | WESTMOUNT | | NT | |
| | 1) #545 | Ahmed Sarhan | 2) #534 Blake Dunford | 3) #546 Eshanu Sarker | 4) #538 Ethan May |

Event 65 Women Open 100 Meter Dash Senior (23)

| Lane | Comp# | Name | School | Seed Time |
|----------------------------|-------|-------------------|------------------|-----------|
| Heat 1 of 3 Prelims | | | | |
| 1 | 254 | Taya Evans | MCKINNON PARK | NT |
| 2 | 283 | Tatyana Remani | NORA HENDERSON | NT |
| 3 | 342 | Mackenzie McQueen | SALTFLEET | NT |
| 4 | 89 | Zoe Lawrence | DUNDAS VALLEY | NT |
| 5 | 10 | Hannah Smith | ANCASTER HIGH | NT |
| 6 | 171 | Karissa Stegenga | GUIDO DE BRES | NT |
| 7 | 525 | Jenah Viquiera | WESTMOUNT | NT |
| 8 | 373 | Dora Nsbhimana | SIR ALLAN MACNAB | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Heat 2 of 3 Prelims...(Event 65 Women Open 100 Meter Dash Senior (23))

| | | | | |
|---|-----|---------------------|-------------------|-------|
| 1 | 152 | Tristan Ricker | DUNNVILLE | NT |
| 2 | 231 | Magda Teeuwssen | HAMILTON DISTRICT | NT |
| 3 | 367 | Cree Bell | SIR ALLAN MACNAB | 12.50 |
| 4 | 259 | Jazzmine Thomas | MCKINNON PARK | NT |
| 5 | 513 | Erika Ecklund | WESTMOUNT | NT |
| 6 | 436 | Brittany Bouteiller | WATERDOWN | NT |
| 7 | 101 | Georgia Temush | DUNDAS VALLEY | NT |

Heat 3 of 3 Prelims

| | | | | |
|---|-----|--------------------|-------------------|-------|
| 1 | 447 | Sophia Martineau | WATERDOWN | NT |
| 2 | 395 | Jody-Ann Griffiths | MACDONALD | NT |
| 3 | 174 | Debra Vanderlaan | GUIDO DE BRES | NT |
| 4 | 343 | Jordan Mostboeck | SALTFLEET | NT |
| 5 | 281 | Rachel Kudrenski | NORA HENDERSON | NT |
| 6 | 6 | Katelyn Kennedy | ANCASTER HIGH | 13.41 |
| 7 | 225 | Leah Hart | HAMILTON DISTRICT | NT |
| 8 | 108 | Jess Woodsworth | DUNDAS VALLEY | NT |

Event 66 Men Open 100 Meter Dash Senior (40)

| Lane | Comp# | Name | School | Seed Time |
|------|-------|------|--------|-----------|
|------|-------|------|--------|-----------|

Heat 1 of 5 Prelims

| | | | | |
|---|-----|----------------------------|------------------|-------|
| 1 | 292 | William Loi | NORA HENDERSON | 12.10 |
| 2 | 363 | Brandon Peck | SHERWOOD | NT |
| 3 | 310 | Carson Carne | ORCHARD PARK | NT |
| 4 | 59 | Westen Fahey | DELTA | NT |
| 5 | 484 | Rachat Bechir | WESTDALE | NT |
| 6 | 544 | Joshua Perl | WESTMOUNT | NT |
| 7 | 123 | Patrick Harrison | DUNDAS VALLEY | NT |
| 8 | 394 | Gilgeous-Alexander Thomasi | SIR ALLAN MACNAB | NT |

Heat 2 of 5 Prelims

| | | | | |
|---|-----|--------------------|------------------|-------|
| 1 | 531 | Chris Buccella | WESTMOUNT | NT |
| 2 | 378 | Tafara Chademana | SIR ALLAN MACNAB | NT |
| 3 | 267 | Colton Mason | MCKINNON PARK | NT |
| 4 | 459 | Maxwell Lymburner | WATERDOWN | NT |
| 5 | 295 | Peyton Meloche | NORA HENDERSON | 12.20 |
| 6 | 62 | Josh Hill | DELTA | NT |
| 7 | 16 | Liam Garcia | ANCASTER HIGH | 12.89 |
| 8 | 355 | Jonathan Stathakos | SALTFLEET | NT |

Heat 3 of 5 Prelims

| | | | | |
|---|-----|-----------------|-------------------|-------|
| 1 | 73 | Nigel Thomas | DELTA | NT |
| 2 | 290 | Jason Flores | NORA HENDERSON | 12.20 |
| 3 | 539 | Ayaat Mehdi | WESTMOUNT | NT |
| 4 | 48 | Myles Pearce | CAYUGA | NT |
| 5 | 215 | Luke Vansprosen | GUIDO DE BRES | NT |
| 6 | 118 | Noah Doan | DUNDAS VALLEY | NT |
| 7 | 241 | Will Ghesquiere | HAMILTON DISTRICT | NT |
| 8 | 25 | Bardaysun Talya | ANCASTER HIGH | 12.42 |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Heat 4 of 5 Prelims...(Event 66 Men Open 100 Meter Dash Senior (40))

| | | | | |
|---|-----|-----------------|-------------------|-------|
| 1 | 68 | Derek Reimann | DELTA | NT |
| 2 | 392 | Devon Steele | SIR ALLAN MACNAB | 12.00 |
| 3 | 128 | Eric Justason | DUNDAS VALLEY | NT |
| 4 | 274 | Mitchell Szarko | MCKINNON PARK | NT |
| 5 | 238 | Lucas Eising | HAMILTON DISTRICT | NT |
| 6 | 536 | Maxwell Gyimah | WESTMOUNT | NT |
| 7 | 453 | Kyle Cashin | WATERDOWN | NT |
| 8 | 421 | Richard Barrett | CHURCHILL | NT |

Heat 5 of 5 Prelims

| | | | | |
|---|-----|------------------------|-------------------|-------|
| 1 | 324 | Ridwan Kanja | ROBERT LAND | NT |
| 2 | 125 | Trevor Hopkins | DUNDAS VALLEY | NT |
| 3 | 530 | Troy Bromfield | WESTMOUNT | NT |
| 4 | 235 | Kenton Bill | HAMILTON DISTRICT | NT |
| 5 | 487 | Liam Curran | WESTDALE | NT |
| 6 | 385 | Tom Ho | SIR ALLAN MACNAB | 11.50 |
| 7 | 427 | Kane Godschalk-Howarth | CHURCHILL | NT |
| 8 | 409 | Bailey Robillard | MACDONALD | NT |

Event 67 Women Open 200 Meter Dash Senior (14)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|---------------------------|-------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 2 | 6 | Katelyn Kennedy | ANCASTER HIGH | NT |
| 3 | 464 | Jasmine Almagner Sheldrek | WESTDALE | NT |
| 4 | 259 | Jazzmine Thomas | MCKINNON PARK | NT |
| 5 | 103 | Naomi Terhijan | DUNDAS VALLEY | NT |
| 6 | 225 | Leah Hart | HAMILTON DISTRICT | NT |
| 7 | 174 | Debra Vanderlaan | GUIDO DE BRES | NT |
| 8 | 416 | Santana Dorey | CHURCHILL | NT |
| Section 2 of 2 Timed Finals | | | | |
| 2 | 152 | Tristan Ricker | DUNNVILLE | NT |
| 3 | 231 | Magda Teeuwssen | HAMILTON DISTRICT | NT |
| 4 | 483 | Peipei Wang | WESTDALE | 29.00 |
| 5 | 367 | Cree Bell | SIR ALLAN MACNAB | 25.50 |
| 6 | 108 | Jess Woodsworth | DUNDAS VALLEY | 29.00 |
| 7 | 449 | Emily Moffat | WATERDOWN | NT |
| 8 | 171 | Karissa Stegenga | GUIDO DE BRES | NT |

Event 68 Men Open 200 Meter Dash Senior (38)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------|-------------------|-----------|
| Section 1 of 5 Timed Finals | | | | |
| 1 | 241 | Will Ghesquiere | HAMILTON DISTRICT | NT |
| 2 | 409 | Bailey Robillard | MACDONALD | NT |
| 3 | 74 | Vincent Wey | DELTA | NT |
| 4 | 16 | Liam Garcia | ANCASTER HIGH | NT |
| 5 | 324 | Ridwan Kanja | ROBERT LAND | NT |
| 6 | 530 | Troy Bromfield | WESTMOUNT | NT |
| 7 | 267 | Colton Mason | MCKINNON PARK | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 2 of 5 Timed Finals...(Event 68 Men Open 200 Meter Dash Senior (38))

| | | | | |
|---|-----|------------------------|-------------------|----|
| 1 | 247 | Gerrit Verrips | HAMILTON DISTRICT | NT |
| 2 | 428 | Josh Hill | CHURCHILL | NT |
| 3 | 376 | Mohammed Balousha | SIR ALLAN MACNAB | NT |
| 4 | 73 | Nigel Thomas | DELTA | NT |
| 5 | 484 | Rachat Bechir | WESTDALE | NT |
| 6 | 427 | Kane Godschalk-Howarth | CHURCHILL | NT |
| 7 | 536 | Maxwell Gyimah | WESTMOUNT | NT |

Section 3 of 5 Timed Finals

| | | | | |
|---|-----|-------------------|------------------|----|
| 1 | 500 | Stephane Nzapa | WESTDALE | NT |
| 2 | 544 | Joshua Perl | WESTMOUNT | NT |
| 3 | 431 | Nathan McDonald | CHURCHILL | NT |
| 4 | 59 | Westen Fahey | DELTA | NT |
| 5 | 272 | Sam Richardson | MCKINNON PARK | NT |
| 6 | 60 | Andrew Faulkner | DELTA | NT |
| 7 | 393 | Giovani Swaby | SIR ALLAN MACNAB | NT |
| 8 | 459 | Maxwell Lymburner | WATERDOWN | NT |

Section 4 of 5 Timed Finals

| | | | | |
|---|-----|------------------|----------------|-------|
| 1 | 539 | Ayaat Mehdi | WESTMOUNT | NT |
| 2 | 421 | Richard Barrett | CHURCHILL | NT |
| 3 | 128 | Eric Justason | DUNDAS VALLEY | 25.00 |
| 4 | 295 | Peyton Meloche | NORA HENDERSON | 26.60 |
| 5 | 123 | Patrick Harrison | DUNDAS VALLEY | 25.00 |
| 6 | 292 | William Loi | NORA HENDERSON | 26.10 |
| 7 | 487 | Liam Curran | WESTDALE | NT |
| 8 | 274 | Mitchell Szarko | MCKINNON PARK | NT |

Section 5 of 5 Timed Finals

| | | | | |
|---|-----|------------------|------------------|-------|
| 1 | 215 | Luke Vanspronsen | GUIDO DE BRES | 25.80 |
| 2 | 385 | Tom Ho | SIR ALLAN MACNAB | 26.30 |
| 3 | 118 | Noah Doan | DUNDAS VALLEY | 26.00 |
| 4 | 140 | Alec Purnell | DUNDAS VALLEY | 23.70 |
| 5 | 294 | Cameron McLeod | NORA HENDERSON | 24.30 |
| 6 | 126 | Adam Johnson | DUNDAS VALLEY | 26.00 |
| 7 | 290 | Jason Flores | NORA HENDERSON | 27.00 |
| 8 | 496 | Jordie Morgan | WESTDALE | NT |

Event 69 Women Open 400 Meter Dash Senior (6)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 2 | 471 | Juliette DeJong | WESTDALE | NT |
| 3 | 2 | Rawan Ashi | ANCASTER HIGH | NT |
| 4 | 483 | Peipei Wang | WESTDALE | 1:05.00 |
| 5 | 465 | Meaghan Boatsmith | WESTDALE | 1:05.00 |
| 6 | 32 | Amy Martin | CAYUGA | NT |
| 7 | 254 | Taya Evans | MCKINNON PARK | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 70 Men Open 400 Meter Dash Senior (21)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|------------------|-----------|
| Section 1 of 3 Timed Finals | | | | |
| 2 | 74 | Vincent Wey | DELTA | NT |
| 3 | 500 | Stephane Nzapa | WESTDALE | NT |
| 4 | 22 | Aidan Outerbridge | ANCASTER HIGH | NT |
| 5 | 117 | Jesse Davis | DUNDAS VALLEY | NT |
| 6 | 317 | Abdullh Basurrah | ROBERT LAND | NT |
| 7 | 56 | Hunter Alexander | DELTA | NT |
| Section 2 of 3 Timed Finals | | | | |
| 1 | 221 | Josh Boisvert | HAGERSVILLE | NT |
| 2 | 409 | Bailey Robillard | MACDONALD | NT |
| 3 | 58 | Elija Cipola | DELTA | NT |
| 4 | 25 | Bardaysun Talya | ANCASTER HIGH | NT |
| 5 | 272 | Sam Richardson | MCKINNON PARK | NT |
| 6 | 156 | Milos Todorovic | DUNNVILLE | NT |
| 7 | 496 | Jordie Morgan | WESTDALE | NT |
| 8 | 185 | Ian Bergsma | GUIDO DE BRES | NT |
| Section 3 of 3 Timed Finals | | | | |
| 2 | 60 | Andrew Faulkner | DELTA | NT |
| 3 | 404 | Abdikhani Hared | MACDONALD | NT |
| 4 | 203 | Myko Smid | GUIDO DE BRES | 56.50 |
| 5 | 298 | Omar Ulloa | NORA HENDERSON | 58.00 |
| 6 | 140 | Alec Purnell | DUNDAS VALLEY | 50.65 |
| 7 | 393 | Giovani Swaby | SIR ALLAN MACNAB | NT |
| 8 | 66 | Elijah Perrie | DELTA | NT |

Event 71 Women Open 800 Meter Run Senior (7)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 2 | 32 | Amy Martin | CAYUGA | NT |
| 3 | 471 | Juliette DeJong | WESTDALE | NT |
| 4 | 465 | Meaghan Boatsmith | WESTDALE | 2:30.00 |
| 5 | 466 | Jasmine Buckridge | WESTDALE | 2:25.00 |
| 6 | 3 | Serene Belkhir | ANCASTER HIGH | NT |
| 7 | 2 | Rawan Ashi | ANCASTER HIGH | NT |
| 8 | 1 | Nadeen Abdalaal | ANCASTER HIGH | NT |

Event 72 Men Open 800 Meter Run Senior (21)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|---------------|-----------|
| Section 1 of 3 Timed Finals | | | | |
| 1 | 460 | Bryan Mann | WATERDOWN | NT |
| 2 | 22 | Aidan Outerbridge | ANCASTER HIGH | NT |
| 3 | 185 | Ian Bergsma | GUIDO DE BRES | NT |
| 4 | 317 | Abdullh Basurrah | ROBERT LAND | NT |
| 5 | 56 | Hunter Alexander | DELTA | NT |
| 6 | 156 | Milos Todorovic | DUNNVILLE | NT |
| 7 | 364 | Evan Potts | SHERWOOD | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 2 of 3 Timed Finals...(Event 72 Men Open 800 Meter Run Senior (21))

| | | | | |
|---|-----|------------------|---------------|----|
| 1 | 154 | Riley McConachie | DUNNVILLE | NT |
| 2 | 64 | Nick Mitchell | DELTA | NT |
| 3 | 330 | Takicho Szocs | ROBERT LAND | NT |
| 4 | 188 | Jack Buitenhuis | GUIDO DE BRES | NT |
| 5 | 312 | Abdi Mahdi | ORCHARD PARK | NT |
| 6 | 463 | Keith Will | WATERDOWN | NT |
| 7 | 360 | Tyler Lenk | SHERWOOD | NT |

Section 3 of 3 Timed Finals

| | | | | |
|---|-----|----------------|----------------|---------|
| 1 | 323 | Dennis Jimenez | ROBERT LAND | NT |
| 2 | 13 | Steve Bruun | ANCASTER HIGH | NT |
| 3 | 298 | Omar Ulloa | NORA HENDERSON | 2:10.00 |
| 4 | 140 | Alec Purnell | DUNDAS VALLEY | 1:56.00 |
| 5 | 502 | Owen Opie | WESTDALE | 2:00.00 |
| 6 | 131 | Ian Klassen | DUNDAS VALLEY | 2:06.00 |
| 7 | 203 | Myko Smid | GUIDO DE BRES | NT |

Event 73 Women Open 1500 Meter Run Senior (10)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|-------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 448 | Annie Mezgec | WATERDOWN | NT |
| 2 | 1 | Nadeen Abdalaal | ANCASTER HIGH | NT |
| 3 | 32 | Amy Martin | CAYUGA | NT |
| 4 | 302 | Abbey Gauthier | ORCHARD PARK | NT |
| 5 | 5 | Madison Johnstone | ANCASTER HIGH | NT |
| 6 | 300 | Hailey Adzija | ORCHARD PARK | NT |
| 7 | 223 | Debbie Hart | HAMILTON DISTRICT | NT |
| 8 | 170 | Ashley Lof | GUIDO DE BRES | NT |
| 9 | 466 | Jasmine Buckridge | WESTDALE | NT |
| 10 | 442 | Danielle Erb | WATERDOWN | NT |

Event 74 Men Open 1500 Meter Run Senior (25)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------|-------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | 17 | Haris Husic | ANCASTER HIGH | NT |
| 2 | 247 | Gerrit Verrips | HAMILTON DISTRICT | NT |
| 3 | 325 | Konrad Kasztenny | ROBERT LAND | NT |
| 4 | 329 | Petros Psarris | ROBERT LAND | NT |
| 5 | 498 | Wilson Neves | WESTDALE | NT |
| 6 | 130 | Doug Keen | DUNDAS VALLEY | NT |
| 7 | 18 | John Maheu | ANCASTER HIGH | NT |
| 8 | 71 | Jacob Roussel | DELTA | NT |
| 9 | 242 | Aaron Huinink | HAMILTON DISTRICT | NT |
| 10 | 463 | Keith Will | WATERDOWN | NT |
| 11 | 13 | Steve Bruun | ANCASTER HIGH | NT |
| 12 | 312 | Abdi Mahdi | ORCHARD PARK | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Section 2 of 2 Timed Finals...(Event 74 Men Open 1500 Meter Run Senior (25))

| | | | | |
|----|-----|-------------------|-------------------|---------|
| 1 | 131 | Ian Klassen | DUNDAS VALLEY | 4:19.00 |
| 2 | 63 | Mike MacDonald | DELTA | NT |
| 3 | 502 | Owen Opie | WESTDALE | NT |
| 4 | 20 | Finn Mills | ANCASTER HIGH | NT |
| 5 | 132 | Carter Knox | DUNDAS VALLEY | NT |
| 6 | 350 | Sasha Bjelic | SALTFLEET | NT |
| 7 | 236 | Justin DeJong | HAMILTON DISTRICT | NT |
| 8 | 404 | Abdikhani Hared | MACDONALD | NT |
| 9 | 188 | Jack Buitenhuis | GUIDO DE BRES | NT |
| 10 | 25 | Bardaysun Talya | ANCASTER HIGH | NT |
| 11 | 22 | Aidan Outerbridge | ANCASTER HIGH | NT |
| 12 | 323 | Dennis Jimenez | ROBERT LAND | NT |
| 13 | 460 | Bryan Mann | WATERDOWN | NT |

Event 75 Women Open 3000 Meter Run Senior (8)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-------------------|-------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 5 | Madison Johnstone | ANCASTER HIGH | NT |
| 2 | 233 | Grada Verrrips | HAMILTON DISTRICT | NT |
| 3 | 26 | Maysie Abbott | CAYUGA | NT |
| 4 | 223 | Debbie Hart | HAMILTON DISTRICT | NT |
| 5 | 435 | Olivia Baker | WATERDOWN | NT |
| 6 | 448 | Annie Mezgec | WATERDOWN | NT |
| 7 | 170 | Ashley Lof | GUIDO DE BRES | NT |
| 8 | 302 | Abbey Gauthier | ORCHARD PARK | NT |

Event 76 Men Open 3000 Meter Run Senior (14)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------|-------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 462 | Alex Seguin | WATERDOWN | 10:00.00 |
| 2 | 132 | Carter Knox | DUNDAS VALLEY | NT |
| 3 | 350 | Sasha Bjelic | SALTFLEET | NT |
| 4 | 189 | Justin DeGelder | GUIDO DE BRES | NT |
| 5 | 424 | Shawn Crouse | CHURCHILL | NT |
| 6 | 13 | Steve Bruun | ANCASTER HIGH | NT |
| 7 | 18 | John Maheu | ANCASTER HIGH | NT |
| 8 | 71 | Jacob Roussel | DELTA | NT |
| 9 | 63 | Mike MacDonald | DELTA | NT |
| 10 | 325 | Konrad Kasztenny | ROBERT LAND | NT |
| 11 | 130 | Doug Keen | DUNDAS VALLEY | NT |
| 12 | 17 | Haris Husic | ANCASTER HIGH | NT |
| 13 | 312 | Abdi Mahdi | ORCHARD PARK | NT |
| 14 | 242 | Aaron Huinink | HAMILTON DISTRICT | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 77 Women Open 100 Meter Hurdles Senior (7)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|-----------------|----------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 283 | Tatyana Remani | NORA HENDERSON | NT |
| 2 | 525 | Jenah Viquiera | WESTMOUNT | NT |
| 3 | 101 | Georgia Temush | DUNDAS VALLEY | NT |
| 4 | 250 | Chelsea Chorley | MCKINNON PARK | NT |
| 5 | 91 | Aislin Osborne | DUNDAS VALLEY | NT |
| 6 | 513 | Erika Ecklund | WESTMOUNT | NT |
| 7 | 477 | Zoe Sirko | WESTDALE | NT |

Event 78 Men Open 110 Meter Hurdles Senior (4)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|----------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 268 | Zach Mumby | MCKINNON PARK | NT |
| 4 | 530 | Troy Bromfield | WESTMOUNT | NT |
| 5 | 536 | Maxwell Gyimah | WESTMOUNT | NT |
| 6 | 547 | TD Whittaker | WESTMOUNT | NT |

Event 79 Women Open 400 Meter Hurdles Senior (5)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|----------------|----------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 3 | 477 | Zoe Sirko | WESTDALE | NT |
| 4 | 101 | Georgia Temush | DUNDAS VALLEY | 1:12.00 |
| 5 | 254 | Taya Evans | MCKINNON PARK | NT |
| 6 | 283 | Tatyana Remani | NORA HENDERSON | NT |
| 7 | 300 | Hailey Adzija | ORCHARD PARK | NT |

Event 80 Men Open 400 Meter Hurdles Senior (3)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|----------------|----------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 4 | 294 | Cameron McLeod | NORA HENDERSON | 1:00.00 |
| 5 | 547 | TD Whittaker | WESTMOUNT | NT |
| 6 | 268 | Zach Mumby | MCKINNON PARK | NT |

Event 81 Women Open High Jump Senior (2)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|---------------------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 464 | Jasmine Almagner Sheldrek | WESTDALE | NH |
| 2 | 160 | Cailyn deBoer | GUIDO DE BRES | NH |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 82 Men Open High Jump Senior (13)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 246 | Jonas Vanden Brink | HAMILTON DISTRICT | NH |
| 2 | 328 | Halen Klein | ROBERT LAND | NH |
| 3 | 316 | Fareed Barakat | ROBERT LAND | NH |
| 4 | 317 | Abdullh Basurrah | ROBERT LAND | NH |
| 5 | 235 | Kenton Bill | HAMILTON DISTRICT | NH |
| 6 | 392 | Devon Steele | SIR ALLAN MACNAB | NH |
| 7 | 48 | Myles Pearce | CAYUGA | NH |
| 8 | 241 | Will Ghesquiere | HAMILTON DISTRICT | NH |
| 9 | 147 | Brad Wright | DUNDAS VALLEY | NH |
| 10 | 320 | Kolby Deschner | ROBERT LAND | NH |
| 11 | 221 | Josh Boisvert | HAGERSVILLE | NH |
| 12 | 240 | Will Fledderus | HAMILTON DISTRICT | NH |
| 13 | 457 | Quinn Hiemstra | WATERDOWN | NH |

Event 85 Women Open Long Jump Senior (12)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|---------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 86 | Emma Johnston | DUNDAS VALLEY | ND |
| 2 | 91 | Aislin Osborne | DUNDAS VALLEY | ND |
| 3 | 10 | Hannah Smith | ANCASTER HIGH | ND |
| 4 | 436 | Brittany Bouteiller | WATERDOWN | ND |
| 5 | 373 | Dora Nsbhimana | SIR ALLAN MACNAB | ND |
| 6 | 250 | Chelsea Chorley | MCKINNON PARK | ND |
| 7 | 416 | Santana Dorey | CHURCHILL | ND |
| 8 | 29 | Meaghan Chandler | CAYUGA | ND |
| 9 | 230 | Jessica Star | HAMILTON DISTRICT | ND |
| 10 | 103 | Naomi Terhlan | DUNDAS VALLEY | ND |
| 11 | 375 | Laela Shibli | SIR ALLAN MACNAB | ND |
| 12 | 228 | Kayla Kerssies | HAMILTON DISTRICT | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 86 Men Open Long Jump Senior (34)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|----------------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 422 | Jake Crouse | CHURCHILL | ND |
| 2 | 404 | Abdikhani Hared | MACDONALD | ND |
| 3 | 360 | Tyler Lenk | SHERWOOD | ND |
| 4 | 221 | Josh Boisvert | HAGERSVILLE | ND |
| 5 | 267 | Colton Mason | MCKINNON PARK | ND |
| 6 | 156 | Milos Todorovic | DUNNVILLE | ND |
| 7 | 459 | Maxwell Lymburner | WATERDOWN | ND |
| 8 | 423 | Joey Crouse | CHURCHILL | ND |
| 9 | 328 | Halen Klein | ROBERT LAND | ND |
| 10 | 457 | Quinn Hiemstra | WATERDOWN | ND |
| 11 | 143 | Marcus Rosetto | DUNDAS VALLEY | ND |
| 12 | 19 | Drew Mainprize | ANCASTER HIGH | ND |
| 13 | 48 | Myles Pearce | CAYUGA | ND |
| 14 | 154 | Riley McConachie | DUNNVILLE | ND |
| 15 | 453 | Kyle Cashin | WATERDOWN | ND |
| 16 | 119 | Duncan Eldridge | DUNDAS VALLEY | ND |
| 17 | 363 | Brandon Peck | SHERWOOD | ND |
| 18 | 392 | Devon Steele | SIR ALLAN MACNAB | ND |
| 19 | 455 | Marcus Greiner | WATERDOWN | ND |
| 20 | 532 | Jack Corr | WESTMOUNT | ND |
| 21 | 431 | Nathan McDonald | CHURCHILL | ND |
| 22 | 394 | Gilgeous-Alexander Thomasi | SIR ALLAN MACNAB | ND |
| 23 | 128 | Eric Justason | DUNDAS VALLEY | ND |
| 24 | 428 | Josh Hill | CHURCHILL | ND |
| 25 | 433 | Thaw tee Tun | CHURCHILL | ND |
| 26 | 245 | Nicholas Terpstra | HAMILTON DISTRICT | ND |
| 27 | 24 | Zack Stevens | ANCASTER HIGH | ND |
| 28 | 125 | Trevor Hopkins | DUNDAS VALLEY | ND |
| 29 | 310 | Carson Carne | ORCHARD PARK | ND |
| 30 | 246 | Jonas Vanden Brink | HAMILTON DISTRICT | ND |
| 31 | 316 | Fareed Barakat | ROBERT LAND | ND |
| 32 | 458 | Ker Yung Hong | WATERDOWN | ND |
| 33 | 385 | Tom Ho | SIR ALLAN MACNAB | ND |
| 34 | 238 | Lucas Eising | HAMILTON DISTRICT | ND |

Event 87 Women Open Triple Jump Senior (4)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|-----------------|---------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 86 | Emma Johnston | DUNDAS VALLEY | ND |
| 2 | 250 | Chelsea Chorley | MCKINNON PARK | ND |
| 3 | 91 | Aislin Osborne | DUNDAS VALLEY | ND |
| 4 | 103 | Naomi Terhijan | DUNDAS VALLEY | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 88 Men Open Triple Jump Senior (13)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 423 | Joey Crouse | CHURCHILL | ND |
| 2 | 429 | Joshua Hill | CHURCHILL | ND |
| 3 | 268 | Zach Mumby | MCKINNON PARK | ND |
| 4 | 240 | Will Fledderus | HAMILTON DISTRICT | ND |
| 5 | 316 | Fareed Barakat | ROBERT LAND | ND |
| 6 | 263 | Carter Gray | MCKINNON PARK | ND |
| 7 | 24 | Zack Stevens | ANCASTER HIGH | ND |
| 8 | 245 | Nicholas Terpstra | HAMILTON DISTRICT | ND |
| 9 | 119 | Duncan Eldridge | DUNDAS VALLEY | ND |
| 10 | 422 | Jake Crouse | CHURCHILL | ND |
| 11 | 246 | Jonas Vanden Brink | HAMILTON DISTRICT | ND |
| 12 | 238 | Lucas Eising | HAMILTON DISTRICT | ND |
| 13 | 235 | Kenton Bill | HAMILTON DISTRICT | ND |

Event 89 Women Open Shot Put 4 kg Senior (9)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 281 | Rachel Kudrenski | NORA HENDERSON | ND |
| 2 | 166 | Deanna Hutten | GUIDO DE BRES | ND |
| 3 | 373 | Dora Nsbhimana | SIR ALLAN MACNAB | ND |
| 4 | 335 | Hannah Amankwah | SALTFLEET | ND |
| 5 | 523 | Monica Urbina | WESTMOUNT | ND |
| 6 | 256 | Shirley Hill | MCKINNON PARK | ND |
| 7 | 395 | Jody-Ann Griffiths | MACDONALD | ND |
| 8 | 337 | Danielle De Santis | SALTFLEET | ND |
| 9 | 303 | Emily Gondar | ORCHARD PARK | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 90 Men Open Shot Put 12 lb Senior (21)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 73 | Nigel Thomas | DELTA | ND |
| 2 | 208 | Doren Togeretz | GUIDO DE BRES | ND |
| 3 | 318 | Bailey Campbell | ROBERT LAND | ND |
| 4 | 324 | Ridwan Kanja | ROBERT LAND | ND |
| 5 | 391 | Paul Pycz | SIR ALLAN MACNAB | ND |
| 6 | 192 | Logan Jonker | GUIDO DE BRES | ND |
| 7 | 322 | Geoffrey Haylock | ROBERT LAND | ND |
| 8 | 68 | Derek Reimann | DELTA | ND |
| 9 | 393 | Giovani Swaby | SIR ALLAN MACNAB | ND |
| 10 | 265 | Richard Johnson | MCKINNON PARK | ND |
| 11 | 327 | Samson Kennedy | ROBERT LAND | ND |
| 12 | 186 | Darrin Bethlehem | GUIDO DE BRES | ND |
| 13 | 62 | Josh Hill | DELTA | ND |
| 14 | 44 | Ryan MacDonald | CAYUGA | ND |
| 15 | 143 | Marcus Rosetto | DUNDAS VALLEY | ND |
| 16 | 135 | Parsa Narouzian | DUNDAS VALLEY | ND |
| 17 | 431 | Nathan McDonald | CHURCHILL | ND |
| 18 | 243 | Nate Schoon | HAMILTON DISTRICT | ND |
| 19 | 114 | Ahmed Alreada | DUNDAS VALLEY | ND |
| 20 | 330 | Takicho Szocs | ROBERT LAND | ND |
| 21 | 139 | Brendan Peck | DUNDAS VALLEY | ND |

Event 91 Women Open Discus Throw 1kg Senior (6)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|-----------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 89 | Zoe Lawrence | DUNDAS VALLEY | ND |
| 2 | 228 | Kayla Kerssies | HAMILTON DISTRICT | ND |
| 3 | 256 | Shirley Hill | MCKINNON PARK | ND |
| 4 | 166 | Deanna Hutten | GUIDO DE BRES | ND |
| 5 | 335 | Hannah Amankwah | SALTFLEET | ND |
| 6 | 523 | Monica Urbina | WESTMOUNT | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 92 Men Open Discus Throw 1.613kg Senior (17)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 147 | Brad Wright | DUNDAS VALLEY | ND |
| 2 | 322 | Geoffrey Haylock | ROBERT LAND | ND |
| 3 | 391 | Paul Pycrz | SIR ALLAN MACNAB | ND |
| 4 | 139 | Brendan Peck | DUNDAS VALLEY | ND |
| 5 | 45 | Nik Martindale | CAYUGA | ND |
| 6 | 61 | CJ Fortin | DELTA | ND |
| 7 | 329 | Petros Psarris | ROBERT LAND | ND |
| 8 | 531 | Chris Buccella | WESTMOUNT | ND |
| 9 | 19 | Drew Mainprize | ANCASTER HIGH | ND |
| 10 | 192 | Logan Jonker | GUIDO DE BRES | ND |
| 11 | 243 | Nate Schoon | HAMILTON DISTRICT | ND |
| 12 | 327 | Samson Kennedy | ROBERT LAND | ND |
| 13 | 270 | Tate Oxley | MCKINNON PARK | ND |
| 14 | 44 | Ryan MacDonald | CAYUGA | ND |
| 15 | 265 | Richard Johnson | MCKINNON PARK | ND |
| 16 | 186 | Darrin Bethlehem | GUIDO DE BRES | ND |
| 17 | 537 | Christian Janzen | WESTMOUNT | ND |

Event 93 Women Open Javelin Throw 600g Senior (13)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 341 | Emily Matsell | SALTFLEET | ND |
| 2 | 346 | Rachel Rioux | SALTFLEET | ND |
| 3 | 349 | Isabelle Zubyk | SALTFLEET | ND |
| 4 | 259 | Jazzmine Thomas | MCKINNON PARK | ND |
| 5 | 89 | Zoe Lawrence | DUNDAS VALLEY | ND |
| 6 | 395 | Jody-Ann Griffiths | MACDONALD | ND |
| 7 | 303 | Emily Gondar | ORCHARD PARK | ND |
| 8 | 10 | Hannah Smith | ANCASTER HIGH | ND |
| 9 | 256 | Shirley Hill | MCKINNON PARK | ND |
| 10 | 335 | Hannah Amankwah | SALTFLEET | ND |
| 11 | 337 | Danielle De Santis | SALTFLEET | ND |
| 12 | 228 | Kayla Kerssies | HAMILTON DISTRICT | ND |
| 13 | 523 | Monica Urbina | WESTMOUNT | ND |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 94 Men Open Javelin Throw 800g Senior (29)

| Pos | Comp# | Name | School | Seed Mark |
|-----------------------------|-------|--------------------|-------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | 330 | Takicho Szocs | ROBERT LAND | ND |
| 2 | 423 | Joey Crouse | CHURCHILL | ND |
| 3 | 61 | CJ Fortin | DELTA | ND |
| 4 | 44 | Ryan MacDonald | CAYUGA | ND |
| 5 | 535 | Devon Foster | WESTMOUNT | ND |
| 6 | 24 | Zack Stevens | ANCASTER HIGH | ND |
| 7 | 422 | Jake Crouse | CHURCHILL | ND |
| 8 | 320 | Kolby Deschner | ROBERT LAND | ND |
| 9 | 149 | Kyle Young | DUNDAS VALLEY | ND |
| 10 | 143 | Marcus Rosetto | DUNDAS VALLEY | ND |
| 11 | 208 | Doren Togerez | GUIDO DE BRES | ND |
| 12 | 192 | Logan Jonker | GUIDO DE BRES | ND |
| 13 | 186 | Darrin Bethlehem | GUIDO DE BRES | ND |
| 14 | 428 | Josh Hill | CHURCHILL | ND |
| 15 | 45 | Nik Martindale | CAYUGA | ND |
| 16 | 433 | Thaw tee Tun | CHURCHILL | ND |
| 17 | 310 | Carson Carne | ORCHARD PARK | ND |
| 18 | 263 | Carter Gray | MCKINNON PARK | ND |
| 19 | 270 | Tate Oxley | MCKINNON PARK | ND |
| 20 | 146 | Conrad Vonpalleske | DUNDAS VALLEY | ND |
| 21 | 327 | Samson Kennedy | ROBERT LAND | ND |
| 22 | 529 | Josiah Bailey | WESTMOUNT | ND |
| 23 | 328 | Halen Klein | ROBERT LAND | ND |
| 24 | 65 | Derek Moore | DELTA | ND |
| 25 | 243 | Nate Schoon | HAMILTON DISTRICT | ND |
| 26 | 62 | Josh Hill | DELTA | ND |
| 27 | 117 | Jesse Davis | DUNDAS VALLEY | ND |
| 28 | 147 | Brad Wright | DUNDAS VALLEY | ND |
| 29 | 19 | Drew Mainprize | ANCASTER HIGH | ND |

Event 95 Women Open 4x100 Meter Relay Senior (8)

| Lane | Comp# | Team | Relay | Seed Time | |
|------------------------------------|---------|-------------------------|-------------------------|----------------------------|-------------------------|
| Section 1 of 1 Timed Finals | | | | | |
| 1 | | HAMILTON DISTRICT | | NT | |
| | 1) #230 | Jessica Star | 2) #225 Leah Hart | 3) #228 Kayla Kerssies | 4) #231 Magda Teeuwsen |
| 2 | | WESTDALE | | NT | |
| | 1) #464 | Jasmine Almagner Sheld | 2) #483 Peipei Wang | 3) #477 Zoe Sirko | 4) #471 Juliette DeJong |
| 3 | | WATERDOWN | | NT | |
| 4 | | CAYUGA | | NT | |
| | 1) #26 | Maysie Abbott | 2) #32 Amy Martin | 3) #36 Maggie Taylor | 4) #27 Alessandra Bryce |
| 5 | | DUNDAS VALLEY | | 52.00 | |
| | 1) #101 | Georgia Temush | 2) #104 Naomi Terlhjan | 3) #109 Jessica Woodsworth | 4) #89 Zoe Lawrence |
| 6 | | ANCASTER HIGH | | NT | |
| | 1) #6 | Katelyn Kennedy | 2) #10 Hannah Smith | 3) #5 Madison Johnstone | 4) #4 Emma Greenhough |
| 7 | | WESTMOUNT | | NT | |
| | 1) #526 | Deanna Wardell | 2) #524 Jenah Viquera | 3) #512 Erika Eckland | 4) #522 Madeleine Rule |
| 8 | | MCKINNON PARK - CALEDON | | NT | |
| | 1) #248 | Aven Blanchard | 2) #249 Halle Blanchard | 3) #254 Taya Evans | 4) #252 Abbey Dikaitis |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 96 Men Open 4x100 Meter Relay Senior (11)

| Lane | Comp# | Team | Relay | Seed Time | |
|------------------------------------|---------|-----------------------|-------------------------|------------------------|--------------------------|
| Section 1 of 2 Timed Finals | | | | | |
| 2 | | SIR WINSTON CHURCHILL | | NT | |
| | 1) #421 | Richard Barrett | 2) #426 Kane Godschalk | 3) #429 Joshua Hill | 4) #423 Joey Crouse |
| 3 | | DELTA | | NT | |
| | 1) #71 | Jacob Roussel | 2) #62 Josh Hill | 3) #68 Derek Reimann | 4) #73 Nigel Thomas |
| 4 | | WATERDOWN | | NT | |
| 5 | | HAMILTON DISTRICT | | NT | |
| | 1) #238 | Lucas Eising | 2) #241 Will Ghesquiere | 3) #247 Gerrit Verrips | 4) #235 Kenton Bill |
| 6 | | ANCASTER HIGH | | NT | |
| | 1) #20 | Finn Mills | 2) #25 Bardaysun Talya | 3) #16 Liam Garcia | 4) #22 Aidan Outerbridge |

Section 2 of 2 Timed Finals

| | | | | | |
|---|---------|-------------------------|------------------------|------------------------|-------------------------|
| 2 | | MCKINNON PARK - CALEDON | | NT | |
| | 1) #267 | Colton Mason | 2) #272 Sam Richardson | 3) #268 Zach Mumby | 4) #274 Mitchell Szarko |
| 3 | | DUNDAS VALLEY | | 48.00 | |
| | 1) #129 | Eric Justasson | 2) #147 Brad Wright | 3) #118 Noah Doan | 4) #125 Trevor Hopkins |
| 4 | | NORA FRANCES HENDERSON | | 48.00 | |
| | 1) #292 | William Loi | 2) #295 Peyton Meloche | 3) #294 Cameron McLeod | 4) #298 Omar Ulloa |
| 5 | | SIR ALLAN MACNAB | | 47.50 | |
| 6 | | WESTDALE | | NT | |
| | 1) #487 | Liam Curran | 2) #484 Rachat Bechir | 3) #501 Stephane Nzpa | 4) #496 Jordie Morgan |
| 7 | | WESTMOUNT | | NT | |
| | 1) #536 | Maxwell Gyimah | 2) #532 Jack Corr | 3) #543 Josh Perl | 4) #547 TD Whittaker |

Event 97 Women Open 1500 Meter Steeplechase Open (1)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|---------------|---------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 99 | Finn Sulentic | DUNDAS VALLEY | NT |

Event 98 Men Open 2000 Meter Steeplechase Open (10)

| Lane | Comp# | Name | School | Seed Time |
|------------------------------------|-------|------------------|-------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | 154 | Riley McConachie | DUNNVILLE | NT |
| 2 | 498 | Wilson Neves | WESTDALE | NT |
| 3 | 127 | Adam Johnston | DUNDAS VALLEY | NT |
| 4 | 494 | Dennis Linkert | WESTDALE | NT |
| 5 | 130 | Doug Keen | DUNDAS VALLEY | NT |
| 6 | 502 | Owen Opie | WESTDALE | NT |
| 7 | 132 | Carter Knox | DUNDAS VALLEY | NT |
| 8 | 20 | Finn Mills | ANCASTER HIGH | NT |
| 9 | 236 | Justin DeJong | HAMILTON DISTRICT | NT |
| 10 | 242 | Aaron Huinink | HAMILTON DISTRICT | NT |

HWIAC Secondary
Track and Field - 11/05/2017
Mohawk Sports Park
Meet Program

Event 99 Women Open 4x400 Meter Relay Open (20)

| Lane | Comp# | Team | Relay | Seed Time |
|-----------------------|-------|-------------------------|-------|-----------|
| Section 1 of 1 | | Timed Finals | | |
| 1 | | GUIDO DE BRES | | NT |
| 2 | | HAMILTON DISTRICT | | NT |
| 3 | | ROBERT LAND ACADEMY | | NT |
| 4 | | DELTA | | NT |
| 5 | | SIR ALLAN MACNAB | | NT |
| 6 | | WESTDALE | | NT |
| 7 | | MCKINNON PARK - CALEDON | | NT |
| 8 | | SIR JOHN A MACDONALD | | NT |
| 9 | | ORCHARD PARK | | NT |
| 10 | | SIR WINSTON CHURCHILL | | NT |
| 11 | | HAGERSVILLE SECONDARY | | NT |
| 12 | | CAYUGA | | NT |
| 13 | | NORA FRANCES HENDERSON | | NT |
| 14 | | WATERDOWN | | NT |
| 15 | | DUNDAS VALLEY | | NT |
| 16 | | SHERWOOD | | NT |
| 17 | | ANCASTER HIGH | | NT |
| 18 | | SALTFLEET | | NT |
| 19 | | WESTMOUNT | | NT |
| 20 | | DUNNVILLE - DUNNVILLE | | NT |

Event 100 Men Open 4x400 Meter Relay Open (20)

| Lane | Comp# | Team | Relay | Seed Time |
|-----------------------|-------|-------------------------|-------|-----------|
| Section 1 of 1 | | Timed Finals | | |
| 1 | | WESTDALE | | NT |
| 2 | | ORCHARD PARK | | NT |
| 3 | | SIR ALLAN MACNAB | | NT |
| 4 | | ANCASTER HIGH | | NT |
| 5 | | DUNNVILLE - DUNNVILLE | | NT |
| 6 | | CAYUGA | | NT |
| 7 | | SIR WINSTON CHURCHILL | | NT |
| 8 | | WESTMOUNT | | NT |
| 9 | | ROBERT LAND ACADEMY | | NT |
| 10 | | NORA FRANCES HENDERSON | | NT |
| 11 | | MCKINNON PARK - CALEDON | | NT |
| 12 | | SHERWOOD | | NT |
| 13 | | SIR JOHN A MACDONALD | | NT |
| 14 | | SALTFLEET | | NT |
| 15 | | DUNDAS VALLEY | | NT |
| 16 | | DELTA | | NT |
| 17 | | GUIDO DE BRES | | NT |
| 18 | | WATERDOWN | | NT |
| 19 | | HAGERSVILLE SECONDARY | | NT |
| 20 | | HAMILTON DISTRICT | | NT |