

SOSSA Championship - 10/26/2017

Rankings

Women 3k Run CC Para - all qualify

Comp#	Name	School	Time	Points
1	36 Shannon Swinson	Beamsville - Beamsville	19:16.52	
2	472 Julianna Misk	St Michael - Niagara Fall	19:26.72	

Men 3k Run CC Para - all qualify

Comp#	Name	School	Time	Points
1	39 Owen Konkle	Beamsville - Beamsville	11:45.64	
2	38 Brian Knecktel	Beamsville - Beamsville	13:51.52	
3	171 Joseph Nokeo	Eden High School - St. Ca	15:02.26	

Individual Qualifiers

Team Qualifiers

Event 3 Women 4k Run CC Midget

Name	Year	School	Finals	Points
1 Anna Grabowski		Waterdown	14:25.19	1
2 Alissa Mete		ND- Welland	14:39.91	2
3 Molly Devereux		GFESS	14:42.74	3
4 Tessa Jeffery		ELCSS-Fonthill	14:56.57	4
5 Lauren Brooks		SWCSS-St. Cath	15:08.24	5
6 Shayla Kuzyk		SWCSS-St. Cath	15:12.19	6
7 Amy Baggs		EHS-St. Cath	15:24.21	7
8 Camryn Bylsma		GLCHS	15:29.96	8
9 Ella Hendriks		Dundas Valley	15:33.21	9
10 Mikayla Scaglione		SWCSS-St. Cath	15:34.06	10
11 Andrea Seguin		Waterdown	15:37.01	11
12 Aria Heil		Grimsby - Grimsby	15:37.96	12
13 Crystal Coyne		ELCSS-Fonthill	15:41.07	13
14 Versailla Kahnamoui		Waterdown	15:41.52	14
15 Leah Waite		Dundas Valley	15:53.56	15
16 Emma McNabney		Ancaster High	15:57.03	16
17 Lauren Knafelc		ELCSS-Fonthill	15:58.28	17
18 Anna Knigavko		Westmount	16:05.46	18
19 Drew Smith		Blessed Trin	16:12.72	19
20 Alisse Partington		Waterdown	16:17.09	20
21 Alexandra Phillips		Blessed Trin	16:19.14	21
22 Megan Brown		Waterdown	16:34.06	22
23 Sadie Braun		SWCSS-St. Cath	16:34.44	23
24 Demi Maroudas		EHS-St. Cath	16:34.75	24
25 Olympia Myers		Blessed Trin	16:41.68	25
26 Sarah Mateus		SWCSS-St. Cath	16:43.67	26
27 Carmen Garcia Baamonde L		Blessed Trin	16:47.72	27
28 Kiera Alderson		Blessed Trin	16:49.38	28
29 Katelyn Romano		CSS-Welland	16:50.71	29
30 Breagha Sharpe		McKinnon Park	16:53.56	30
31 Megan Johnson		SFSS - St. Cath	16:54.89	31
32 Hannah Whetstone		Hamilton District	17:03.58	32
33 Maria Abril		ESJV-Welland	17:04.27	33
34 Alison O'Connor		ELCSS-Fonthill	17:09.68	34
35 Shawna Walsh		ND- Welland	17:12.92	35
36 Emily Richer		Dundas Valley	17:22.35	36
37 Camryn Bowler		Waterdown	17:25.15	37
38 Alberta Pullin		Dundas Valley	17:28.68	38
39 Danielle Stull		Saltfleet	17:40.45	39
40 Rachel Hambly		Hamilton District	17:49.37	40
41 Lydia Stares		HCS-Jordan	17:52.12	41

SOSSA Championship - 10/26/2017

Rankings

42	Brhett Booker	McKinnon Park	17:53.84	42
43	Lily Watt	SFSS - St. Cath	17:54.15	43
44	Katherine Pocsia	Orchard Park	17:54.73	44
45	Katrina Hammond	Orchard Park	17:56.63	45
46	Zoe Thibault	GLCHS	17:57.71	46
47	Olivia Fyshe	Orchard Park	17:58.12	47
48	Kylie Hemlock-Smith	McKinnon Park	17:58.38	48
49	Avery Lebrasseur	ANMSS-Niagara Fa	17:58.60	49
50	Isabella Durcak	Saltfleet	18:02.55	50
51	Shayna Lof	Guido de Bres	18:05.17	51
52	Abigail Poulin	McKinnon Park	18:09.21	52
53	Lexie Rowe	LCHS-Port Col	18:14.58	53
54	Alexandra DeBoer	SCHS- Smithville	18:15.82	54
55	Jessica Barz	Dundas Valley	18:16.32	55
56	Leah Vermue	SWCSS-St. Cath	18:18.47	56
57	Alexandra Moran	EHS-St. Cath	18:18.81	57
58	Rylie Abbott	Orchard Park	18:19.68	58
59	Grace Terhljan	Dundas Valley	18:22.62	59
60	Julia Colwell	Orchard Park	18:48.23	60
61	Melissa Mott	LCHS-Port Col	19:33.56	61
62	Bianca Faraci	Blessed Trin	19:35.64	62
63	Chryssa Daudelin	GFESS	19:56.66	63
64	Isabella Holder	ANMSS-Niagara Fa	20:10.39	64
65	Sarah Habjan	LCHS-Port Col	20:52.40	65

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Winston Churchill - St. C	44	5	6	10	23	26	56			
	Total Time:	1:02:28.93									
	Average:	15:37.24									
2	Waterdown	46	1	11	14	20	22	37			
	Total Time:	1:02:00.81									
	Average:	15:30.21									
3	E. L. Crossley - Fonthil	68	4	13	17	34					
	Total Time:	1:03:45.60									
	Average:	15:56.40									
4	Blessed Trinity High Scho	92	19	21	25	27	28	62			
	Total Time:	1:06:01.26									
	Average:	16:30.32									
5	Dundas Valley	98	9	15	36	38	55	59			
	Total Time:	1:06:17.80									
	Average:	16:34.45									
6	McKinnon Park	172	30	42	48	52					
	Total Time:	1:10:54.99									
	Average:	17:43.75									
7	Orchard Park	194	44	45	47	58	60				
	Total Time:	1:12:09.16									
	Average:	18:02.29									

Event 4 Men 4k Run CC Midget

Name	Year School	Finals	Points
1 Owen Lockyer	EHS-St. Cath	12:44.41	1
2 Adam Woehl	GFESS	13:01.00	2
3 Tyler Woodland	SCHS- Smithville	13:16.51	3
4 Matthew Jokic	Blessed Trin	13:23.32	4

Rankings

5	Luca McLaren	Blessed Trin	13:27.31	5
6	Jacob Chant	Waterdown	13:28.49	6
7	David Rule	Westmount	13:29.82	7
8	Emile Zanuttini	ND- Welland	13:34.07	8
9	Matthew Roda	ND- Welland	13:40.22	9
10	William Porterfield	Orchard Park	13:52.65	10
11	Jack Chios	SFSS - St. Cath	13:56.71	11
12	Dylan Dumas	SPSS - Niagara F	14:02.35	12
13	Samuel Nawrocki	ELCSS-Fonthill	14:03.18	13
14	Colton Sawatsky	ELCSS-Fonthill	14:05.50	14
15	Austin White	SWCSS-St. Cath	14:05.90	15
16	Lucas Cino	Blessed Trin	14:10.95	16
17	Nicholas Siena	Blessed Trin	14:12.63	17
18	Eesa Huq	SFSS - St. Cath	14:15.79	18
19	Johnathon Klauk	LCHS-Port Col	14:17.30	19
20	Donovon Fenton	ELCSS-Fonthill	14:18.46	20
21	Thomas Piller	SFSS - St. Cath	14:19.96	21
22	Brendan Damiano	LSSS-St. Cath	14:20.65	22
23	Zach Macdonald	Dundas Valley	14:29.23	23
24	Nathan Berg	GSSS-St. Cath	14:30.47	24
25	Andrew Meffe	SWCSS-St. Cath	14:33.96	25
26	Daniel Reader	Westmount	14:37.77	26
27	Jimmy Singh	Robert Land	14:38.61	27
28	Owen Kelley	GFESS	14:43.48	28
29	Ryan Selman	SMHS - Niagara F	14:46.67	29
30	James Weylie	Ancaster High	14:47.25	30
31	Prince Deol	Waterdown	14:47.78	31
32	Dylan Pergentile	Blessed Trin	14:49.30	32
33	Noah Di Ciacca	Waterdown	14:51.04	33
34	Ryan Martindale	Ancaster High	14:52.98	34
35	Brock Coffin	ANMSS-Niagara Fa	14:53.48	35
36	Drew VanDyke	HCS-Jordan	14:55.45	36
37	Michael Hudson	GFESS	14:57.32	37
38	William Hamilton	ELCSS-Fonthill	14:57.77	38
39	Jakob Koning	Guido de Bres	14:58.03	39
40	Maceo Tripodi	SFSS - St. Cath	14:58.23	40
41	Sam Jonker	Guido de Bres	14:58.64	41
42	Eric Edwards	ESJV-Welland	15:01.45	42
43	Grant Roddie	Sir Allan MacNab	15:10.02	43
44	Owen Metler	ELCSS-Fonthill	15:12.80	44
45	Matt Varley	GSSS-St. Cath	15:15.33	45
46	Evan VanVliet	ELCSS-Fonthill	15:17.27	46
47	Ben Stewart	LSSS-St. Cath	15:18.14	47
48	Parson Whitehead	Hamilton District	15:18.49	48
49	Noah Warkentin	NCC	15:22.97	49
50	Davison Weir	Dunnville	15:28.31	50
51	Jesse Clement	Glendale	15:29.38	51
52	Frank Adzijevech	Blessed Trin	15:30.59	52
53	Nathan Lefebvre	ANMSS-Niagara Fa	15:32.80	53
54	Joseph Wainwright	ESJV-Welland	15:33.92	54
55	Calvin Melanson	Ancaster High	15:34.69	55
56	Niraj Dhaliwal	Waterdown	15:37.23	56
57	Gianmarco Lavecchia	ANMSS-Niagara Fa	15:38.65	57
58	DJ Dunn	Waterdown	15:39.13	58
59	Kyle D'Alessandro	EHS-St. Cath	15:40.46	59
60	Mike Dmytrus	Dundas Valley	15:42.19	60
61	Matthew Brain	Dundas Valley	15:42.94	61
62	Nathan Zimmerman	Dundas Valley	15:48.20	62
63	Colton Ross	Waterdown	15:49.14	63
64	Luke Bartels	Guido de Bres	15:50.23	64

Rankings

Average: 18:11.14

Event 5 Women 5k Run CC Junior

Name	Year School	Finals	Points
1 Sarah Cushnie	Westdale	19:38.15	1
2 Brenna Ainslie	WSS-Niagara Fall	20:33.23	2
3 Laura Macsai	LCHS-Port Col	20:37.98	3
4 Claire Vernon-Pope	Westdale	20:44.80	4
5 Sydney Grummett	ELCSS-Fonthill	20:58.78	5
6 Ella Whelan	SMHS - Niagara F	21:29.10	6
7 Cori Macsai	LCHS-Port Col	21:51.72	7
8 Julia Taras	LCHS-Port Col	22:08.11	8
9 Olivia Morey	EHS-St. Cath	22:15.07	9
10 Annie Sterenberg	GLCHS	22:21.58	10
11 Madeline Deboer	Blessed Trin	22:24.42	11
12 Lexie Anonech	Dundas Valley	22:32.70	12
13 Sophie McMullin	SCHS- Smithville	22:33.59	13
14 Clare Atreo	SWCSS-St. Cath	22:34.83	14
15 Erin Schuller	Guido de Bres	22:51.65	15
16 Patrice Temush	Dundas Valley	22:54.53	16
17 Grace Cooper	McKinnon Park	22:54.86	17
18 Keerit Shergill	Saltfleet	23:11.46	18
19 Emily Cox	Dundas Valley	23:15.19	19
20 Paige Clements	ELCSS-Fonthill	23:19.31	20
21 Madison O'Brien	Blessed Trin	23:21.97	21
22 Halle Zachar	Blessed Trin	23:26.94	22
23 Alicia Mutch	HCSS-St.Cath	23:29.46	23
24 Beth Cushnie	Westdale	23:36.77	24
25 Josee Severin	SPHS - Niagara F	23:37.19	25
26 Janelle Buist	SCHS- Smithville	23:37.52	26
27 Jayde Warburton	WSS-Niagara Fall	23:46.06	27
28 Makalya Morrison	SWCSS-St. Cath	23:51.99	28
29 Mairi Long	Cayuga	24:00.27	29
30 Charlotte Chan	SWCSS-St. Cath	24:05.41	30
31 Emma Cubitt	Westmount	24:23.60	31
32 Alexandra Psyklywec	Westdale	24:34.82	32
33 Riley Vandenheuval	Dundas Valley	24:40.30	33
34 Emma Penner	HCSS-St.Cath	24:42.94	34
35 Susan Santillan	LCHS-Port Col	25:04.25	35
36 Regan Berlin	Dundas Valley	25:05.74	36
37 Claire Beard	Waterdown	25:21.96	37
38 Katie Wilcox	Blessed Trin	25:31.48	38
39 Emma Frketich	Westmount	25:37.75	39
40 Ava Stechey	Ancaster High	25:41.17	40
41 Sydney Baranoski	EHS-St. Cath	25:49.74	41
42 Julia Barr	Ancaster High	26:05.53	42
43 Amy Thompson	SWCSS-St. Cath	26:20.06	43
44 Jaden Bodogh De Lima	DMHS-St.Cath	26:27.03	44
45 Maddi Cnossen	McKinnon Park	26:36.77	45
46 Jessica Zheng	ANMSS-Niagara Fa	26:38.93	46
47 Emily Zeleynt	Dundas Valley	26:39.44	47
48 Chelsea Opperman	Sir John A M	26:45.87	48
49 Isabella Pop	Ancaster High	26:51.45	49
50 Leah Cook	Westmount	27:05.77	50
51 Chiara Van Der Zalm	HCSS-St.Cath	27:18.59	51
52 Anne Clock	Westdale	27:35.74	52
53 Melanie Paul	HCSS-St.Cath	27:42.40	53
54 Riley Young	SFSS - St. Cath	28:14.36	54

SOSSA Championship Meet

SOSSA Championship - 10/26/2017

Rankings

55 Marissa Hagopian	SFSS - St. Cath	28:31.58	55
56 Chloe Grabell	ELCSS-Fonthill	28:34.40	56
57 Claire Rabbq	ELCSS-Fonthill	29:20.76	57
58 Rachel Reid	Westmount	29:43.55	58
59 Angelique Bleakney	Ancaster High	29:48.68	59

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Lakeshore - Port Colborne	53	3	7	8	35					
	Total Time: 1:29:42.06										
	Average: 22:25.52										
2	Westdale	61	1	4	24	32	52				
	Total Time: 1:28:34.54										
	Average: 22:08.64										
3	Dundas Valley	80	12	16	19	33	36	47			
	Total Time: 1:33:22.72										
	Average: 23:20.68										
4	Blessed Trinity High Scho	92	11	21	22	38					
	Total Time: 1:34:44.81										
	Average: 23:41.21										
5	Winston Churchill - St. C	115	14	28	30	43					
	Total Time: 1:36:52.29										
	Average: 24:13.08										
6	E. L. Crossley - Fonthil	138	5	20	56	57					
	Total Time: 1:42:13.25										
	Average: 25:33.32										
7	Holy Cross - St. Catharin	161	23	34	51	53					
	Total Time: 1:43:13.39										
	Average: 25:48.35										
8	Westmount	178	31	39	50	58					
	Total Time: 1:46:50.67										
	Average: 26:42.67										
9	Ancaster High	190	40	42	49	59					
	Total Time: 1:48:26.84										
	Average: 27:06.71										

Event 6 Men 5k Run CC Junior

Name	Year School	Finals	Points
1 Eric Campbell	SWCSS-St. Cath	16:50.95	1
2 Corbin Atkinson	SWCSS-St. Cath	16:53.14	2
3 Ethan Summerhays	Hamilton District	16:54.81	3
4 Noah Lavoie	HCSS-St.Cath	16:55.76	4
5 Ethan Miskolczi	ND- Welland	17:11.87	5
6 Carter McMaster	EHS-St. Cath	17:29.42	6
7 Tobias Bischoff-Hadala	Westdale	17:41.88	7
8 Sam Nolan	SFSS - St. Cath	17:42.28	8
9 Henrique Ghigli	Hamilton District	17:48.26	9
10 Logan Yates	Dundas Valley	17:57.97	10
11 Evan Stewart	EHS-St. Cath	17:59.94	11
12 Riley Coles	SWCSS-St. Cath	18:00.26	12
13 Josh Bezanson	SWCSS-St. Cath	18:05.54	13
14 Noah Mulkewich	Westdale	18:10.16	14
15 Hunter Willis	EHS-St. Cath	18:10.92	15
16 Cole Arnold	Blessed Trin	18:12.75	16
17 Drew Colangelo	ELCSS-Fonthill	18:13.43	17
18 Liam Yoell	Westdale	18:48.68	18
19 Gerrit Oldejaans	Dundas Valley	18:49.42	19
20 Issak Fransson	Westdale	18:49.71	20

SOSSA Championship - 10/26/2017

Rankings

21	Nicholas Iannazzo	ND- Welland	18:54.12	21
22	Justin Vanderwoude	Guido de Bres	18:57.23	22
23	Graeme Staples	ND- Welland	18:59.64	23
24	Matthew Stephen	Ancaster High	19:04.00	24
25	Caleb Vermeulen	Guido de Bres	19:07.08	25
26	Jacob Horncastle	Sir Allan MacNab	19:07.48	26
27	Ben Cooper	McKinnon Park	19:18.18	27
28	Harmon Narbonne	ELCSS-Fonthill	19:19.98	28
29	Ayden Nicoletta	GFESS	19:20.24	29
30	Sammy Dods	Westmount	19:20.51	30
31	Mason Sterr	ELCSS-Fonthill	19:22.46	31
32	Adam Scott	Blessed Trin	19:22.70	32
33	Josh Sikkema	HCS-Jordan	19:22.92	33
34	Yash Matharu	Ancaster High	19:26.55	34
35	Doug Linkert	Dundas Valley	19:29.93	35
36	Adam Holstein	BDSS-Beamsville	19:35.01	36
37	Jack Dodd	ELCSS-Fonthill	19:39.12	37
38	Sam Mills	Ancaster High	19:48.70	38
39	Daniel Vanderwal	Guido de Bres	19:50.35	39
40	Jayden Heidebrecht	Dundas Valley	19:53.42	40
41	Troy Bowden	Ancaster High	19:57.74	41
42	Kyle Mandryk	Ancaster High	20:08.28	42
43	Oreoluwa Fowler	SWCSS-St. Cath	20:08.65	43
44	Josiah Forde	NCC	20:09.07	44
45	Graden Hodgins	Westmount	20:09.36	45
46	Isaiah Prinsen	Blessed Trin	20:18.74	46
47	Levi VanVeen	Guido de Bres	20:20.95	47
48	Patrick Ghaly	SCHS- Smithville	20:22.29	48
49	Samuel Woodland	SCHS- Smithville	20:24.24	49
50	Ethan Lockless	Grimsby - Grimsby	20:24.88	50
51	Braden DeHaan	SCHS- Smithville	20:35.10	51
52	Anthony Molone	NCC	20:50.13	52
53	Matthew Keyes	SWCSS-St. Cath	21:03.74	53
54	David Chung	Ancaster High	21:06.97	54
55	Cameron McNeil	Blessed Trin	21:32.86	55
56	Nick Simmonds	ANMSS-Niagara Fa	22:24.27	56
57	Benjamin Barringer	Westdale	22:27.37	57
58	Sam Csuka	ND- Welland	22:37.24	58
59	Ahmed Barakat	Robert Land	22:45.54	59
60	Josh Ekwueme	GLCHS	22:47.92	60
61	Tyler Snure	EHS-St. Cath	22:59.90	61
62	Carter Livermore	Blessed Trin	24:06.84	62
63	Anthony Palmieri	SPHS - Niagara F	24:38.41	63
64	Joshua Major	ND- Welland	26:33.33	64
65	Reece Antony	Robert Land	26:41.10	65

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Winston Churchill - St. C	28	1	2	12	13	43	53			
	Total Time:	1:09:49.89									
	Average:	17:27.48									
2	Westdale	59	7	14	18	20	57				
	Total Time:	1:13:30.43									
	Average:	18:22.61									
3	Eden High School - St. Ca	93	6	11	15	61					
	Total Time:	1:16:40.18									
	Average:	19:10.05									
4	Dundas Valley	104	10	19	35	40					

Rankings

Total Time:	1:16:10.74						
Average:	19:02.69						
5 Notre Dame College School	107	5	21	23	58	64	
Total Time:	1:17:42.87						
Average:	19:25.72						
6 E. L. Crossley - Fonthill	113	17	28	31	37		
Total Time:	1:16:34.99						
Average:	19:08.75						
7 Guido de Bres	133	22	25	39	47		
Total Time:	1:18:15.61						
Average:	19:33.91						
8 Ancaster High	137	24	34	38	41	42	54
Total Time:	1:18:16.99						
Average:	19:34.25						
9 Blessed Trinity High Scho	149	16	32	46	55	62	
Total Time:	1:19:27.05						
Average:	19:51.77						

Event 7 Women 6k Run CC Senior

Name	Year School	Finals	Points
1 Kate Knafelc	ELCSS-Fonthill	22:24.12	1
2 Larissa Adamo	ANMSS-Niagara Fa	24:20.09	2
3 Jessie Fennell	ELCSS-Fonthill	24:24.62	3
4 Kayleigh Bush	ANMSS-Niagara Fa	24:25.86	4
5 Ashley Lof	Guido de Bres	24:38.62	5
6 Erin Anderson	Westdale	24:40.79	6
7 Mackenzie Damiano	LSSS-St. Cath	24:46.96	7
8 Taylor Jamieson-Nicholls	SPHS - Niagara F	25:01.88	8
9 Jenna Coles	SWCSS-St. Cath	25:10.22	9
10 Naomi Terhljan	Dundas Valley	25:20.39	10
11 Kaelen Partridge	ELCSS-Fonthill	25:28.52	11
12 Allyson Sober	Dundas Valley	25:37.23	12
13 Ava Ricker-Singh	Blessed Trin	25:44.17	13
14 Kristen DeBoer	Guido de Bres	25:47.03	14
15 Finn Sulentic	Dundas Valley	26:01.80	15
16 Madeline Rule	Westmount	26:08.78	16
17 Olivia Baker	Waterdown	26:11.21	17
18 Maddie Noonan	GSSS-St. Cath	26:14.78	18
19 Rowan Watson	Dundas Valley	26:27.63	19
20 Augusta Walker	SWCSS-St. Cath	26:33.79	20
21 Abigail Greenough	SWCSS-St. Cath	26:38.63	21
22 Margaret Taras	LCHS-Port Col	26:45.03	22
23 Debbie Hart	Hamilton District	26:50.99	23
24 Gracie Johnson	SWCSS-St. Cath	26:54.39	24
25 Rachel Kuhn	GFESS	26:58.53	25
26 Ilena Ricker-Singh	Blessed Trin	27:14.66	26
27 Alayna Jonker	Guido de Bres	27:31.14	27
28 Monica DeBoer	SCHS- Smithville	27:31.66	28
29 Madilyn Carey	Waterdown	27:35.79	29
30 Megan Richer	Dundas Valley	27:43.56	30
31 Julia Labricciosa	ELCSS-Fonthill	27:52.11	31
32 Cate Gualtieri	ELCSS-Fonthill	28:09.70	32
33 Kelsey Bowman	SWCSS-St. Cath	28:20.80	33
34 Bianca Lastella	Cayuga	28:22.42	34
35 Alysha Bachelor	SWCSS-St. Cath	28:25.10	35
36 Leah Klassen	LSSS-St. Cath	28:27.04	36
37 Julia Schuster	Blessed Trin	28:29.87	37
38 Hannah Buchko	Ancaster High	28:31.46	38
39 Morgan Kuepfer	McKinnon Park	28:33.23	39
40 Adriana Erzar	Blessed Trin	28:35.64	40

Rankings

Event 8 Men 6k Run CC Senior

Name	Year School	Finals	Points
1 Campbell Lee	HCSS-St.Cath	18:43.88	1
2 Alec Purnell	Dundas Valley	19:32.11	2
3 Taylor Mowat	SWCSS-St. Cath	19:35.83	3
4 Brock Deba	ELCSS-Fonthill	19:51.43	4
5 Ian Klassen	Dundas Valley	19:59.13	5
6 Santiago Gaitan-Caballer	ND- Welland	20:00.77	6
7 Alex Seguin	Waterdown	20:01.31	7
8 Nathaniel Leighninger	Westdale	20:01.79	8
9 Nick Young	SFSS - St. Cath	20:07.15	9
10 Jared Attema	SCHS- Smithville	20:30.16	10
11 Tristan Richards	Dundas Valley	20:40.09	11
12 Harry Lengyel	SWCSS-St. Cath	20:52.95	12
13 Ethan Rotseartsmith	Dundas Valley	20:55.56	13
14 Doug Keen	Dundas Valley	20:59.62	14
15 Nick Remier	SWCSS-St. Cath	21:02.48	15
16 Ethan Girard	SWCSS-St. Cath	21:13.46	16
17 Zachary Hennessey	Waterdown	21:20.02	17
18 Alex Meffe	SWCSS-St. Cath	21:23.02	18
19 Justin DeJong	Hamilton District	21:26.23	19
20 Ivan Fernandez	GSSS-St. Cath	21:26.62	20
21 Gavin McLaughlin	EHS-St. Cath	21:48.74	21
22 La`Shaw Davidson-Thom	Westdale	21:49.62	22
23 Christian Ligtenberg	Guido de Bres	21:51.02	23
24 Graeme Farrand	Westdale	21:56.21	24
25 Isaac Nyakundi	Westdale	22:07.72	25
26 Jacob Gula	ELCSS-Fonthill	22:16.87	26
27 Will Cseresnyes	Westdale	22:24.05	27
28 Donald Bagozzi	DMHS-St.Cath	22:28.97	28
29 Davis Shepherd	ELCSS-Fonthill	22:33.78	29
30 Tim Dykstra	HCS-Jordan	22:35.49	30
31 Elliott Song	ELCSS-Fonthill	22:40.26	31
32 Liam Armstrong	SWCSS-St. Cath	22:49.52	32
33 Dennis Linkert	Westdale	22:50.21	33
34 Neil Wangler	NCC	22:52.56	34
35 Zach Pasma	ELCSS-Fonthill	22:54.41	35
36 Ken Breukelman	Guido de Bres	23:00.87	36
37 Justice Ball	ANMSS-Niagara Fa	23:02.66	37
38 Mark Kondejewski	EHS-St. Cath	23:25.94	38
39 Ian Haubert	ESJV-Welland	23:36.29	39
40 Adam Ismael	Westmount	23:45.22	40
41 Logan Toldi	Blessed Trin	23:51.18	41
42 Cameron McLeod	Nora Henderson	23:53.13	42
43 Cullen Vandeburgt	Guido de Bres	23:53.68	43
44 Rourke Mather	ANMSS-Niagara Fa	23:58.95	44
45 Zachary Brown	Sir John A M	23:59.43	45
46 Michael Huber	Blessed Trin	23:59.87	46
47 aidan Piller	SFSS - St. Cath	24:01.76	47
48 Nelson Collee	ND- Welland	24:02.69	48
49 Alexander Memme	Blessed Trin	24:22.45	49
50 Brendan Zimmerman	Dundas Valley	24:23.31	50
51 Dylan Gough	GSSS-St. Cath	24:25.70	51
52 Jason Mannella	Blessed Trin	24:32.17	52
53 Joshua Coulter	Ancaster High	24:34.28	53
54 Stephen Taylor	SPHS - Niagara F	24:35.09	54
55 Aidan Lawr	DMHS-St.Cath	24:42.76	55
56 Liam Solomon	NCC	24:44.87	56

