

# The Royal Gazette.

Your school. Your newspaper.

**The 2019 Grammy Awards!**

pg 10

**Staying Body Positive in the Age of Social Media**

pg 12

## Meet... *Ms. Woof!*

Ancaster High School's new principal is excited to be directing our school this semester. See what she has to say!

pg 7



# This Month's Top Stories

Get the most important news right away. Here are some of the **top stories of February**.

## HAMILTON

Province-Wide  
Strike Held for  
Teachers' Unions

## Education Strikes Continue and Intensify



**Above:** A crowd gathers at Queen's Park to protest the Progressive Conservative government's changes to education in Toronto on April 6, 2019. (Tijana Martin/The Canadian Press)

**Another teachers' strike** occurred on Friday, February 21, in continued protest against to the Ford government's new education policies, which have been ongoing since the beginning of the school year. Although the strikes have been more prominent for Ontario elementary schools, who have seen multiple, rotating strikes over the past few weeks, the Ontario Secondary School Teachers' Federation (OSSTF) has not shied away from its fair share of protests and shutdowns either. The union has not bargained with the ministry of education since December, which poses a major challenge to those trying to resolve the issue — especially considering that the Ford admin-

istration will have to make deals with *four* different unions in order to put an end to it.

Growing disruption is only making the situation worse, as families are forced to find last-minute alternate plans for their children on strike days. For now, public opinion is generally on their side, and most of those who did not vote for the sitting PC government remain in support of the strikes.

At present, the strikes still continue to show no sign of stopping, as negotiations slow down and each side becomes increasingly resistant to progress. The one that was held on the 21st has been the largest so far, which

every public school in Ontario shut down for. This was the first time since 1997 that teachers have held such a large walkout before.

"Our members are very frustrated with the lack of bargaining in good faith," says Rick Belisle, president of the Ontario English Catholic Teachers' Association. "Over 40 days since any bargaining is unprecedented."

Amongst the most controversial changes to the curriculum remain the addition of e-learning courses and larger class sizes, which Belisle says will "take years to recover from".





# B.C. First Nations Protest Pipeline

CANADA

Wet'suwet'en Nation Protests Construction of Controversial Pipeline

Above: Hereditary chiefs of Wet'suwet'en Nation in northern B.C. (Kathleen Martens/APTN)

Since 2010, members of the Wet'suwet'en First Nations of central B.C., have been actively resisting multiple attempts by the Canadian government to build over their lands. The newest effort, brought to light by a Coastal GasLink initiative begun in 2012 that intends to build a pipeline to carry gas from northeastern B.C. to Kitimat, has been opposed by the hereditary chiefs of the Wet'suwet'en's five clans. They believe that constructing the pipeline will lead to damaging the surrounding lands and watersheds, which the Wet'suwet'en depend on for survival.

The controversy arises primarily from a dispute as to who owns this land: the government, or the people who live on it? It is additionally complicated by mixed views towards the pipeline amongst

Wet'suwet'en leadership: while the hereditary chiefs disagree with the pipeline, the elected band councils don't. In many parts of B.C., one has say over the other; but it's hard to determine who does in the case of the Wet'suwet'en people.

Current Liberal Prime Minister Justin Trudeau is being especially scrutinized for his inaction on the issue, as he had campaigned on policies of reconciliation with the First Nations people of Canada and a system of respect for their sovereignty. This pipeline goes directly against that, as well as the United Nations Declaration on the Rights of Indigenous Peoples that the government is meant to follow. He faced major heat from the public during a debate in Kamloops, where Indigenous protestors called him a "liar" and a "weak leader", as the prime minister spoke about

how the "exporting of resources is changing in this country."

“The challenge here is to move beyond public platitudes... It has to be followed through with the work of legislative reform, policy development and rules and regulations that stipulate very clearly how the entire population... [is] able to participate in an exercise to register their support or disapproval of large-scale resource development projects.

▶ B.C. Grand Chief Stewart Phillip

## And in POP CULTURE...

Unorthodox Korean thriller *Parasite* was the biggest winner at the 2020 Oscars awards, scooping up wins for Best Picture, Best Director, Best International Film and Best Original Screenplay.





World

Thousands Dead in  
Pan-Asian  
Pandemic



# Coronavirus Crisis Spreads Beyond China

Above: A health worker checking a pedestrian for fever in Guangzhou, China. (Alex Plavevski/EPA)



World Health  
Organization (WHO)  
@WHO

“Now more than ever is the time for us to let science and evidence lead policy.

If we don’t, we are headed down a dark path that leads nowhere but division and disharmony.” –

**@DrTedros**  
at **#MSC2020** on  
**#COVID19**  
**#coronavirus**



100



63

A novel coronavirus outbreak, deemed COVID19 by the WHO, began in Wuhan, China in December and has since spread across the globe. The virus is believed to have been transmitted from animals to humans in one of Wuhan’s many

“wet markets”, where animals are sold and slaughtered, and has since infected several thousand people in China, sending the country into a lockdown.

As of February 18, 2020, 74,000 cases have been reported in China, with approximately 2,000 deaths. The country is currently facing a shortage of face masks and protection gear, which is vital to preventing the transmission of this disease. However, much is still unclear about the virus’ lethality and transmission rate. In North America however, cases are rare and far apart, with only about 15 confirmed cases in the USA.

The term “coronavirus” is actually the name for a family of viruses that includes SARS and MERS. This outbreak is specifically named COVID19, designating its formal name and the year it began in; and while the virus does seem to be moderately infectious, it poses little threat to those outside of China and East Asia, as did SARS and MERS. However, COVID19 is estimated to be less severe than either, with only about 15-20% of

cases becoming severe. Of all of the cases reported so far, the majority seems to be in older people, with no children yet recorded.

So far, Chinese officials have reported that the virus will not to have a major effect on China’s economy. Despite this, trade and shipping in and out of China is being limited due to fears of the virus’ spread. This is a major issue for the nations, being one of the world’s largest industrial manufacturers and producers — for those in the disease’s most critical areas, work has all but grinded to a standstill.

As for Canada, a number of Canadians that had been on a cruise ship headed for Tokyo tested positive for the disease following their return. They are currently being held under quarantine. In Ontario, the government has announced that there are no new cases of COVID19 currently under investigation, bringing the current total count in Canada to only 8 people infected with the virus — a fortunate statistic.

CELEBRATIONS

# Celebrating Black History Month

by Tolu Olusuyi – **Writer**

This February, we commemorate the achievements of Black Canadians, their history and their resilience.



Illustration by Anne Fu

*The month of February* is dedicated to celebrating the history and the achievements of the Black community. As many may know, Black History Month is the month used to celebrate how the Black community has made the world culturally diverse, inclusive and less discriminatory. It is a way of remembering important Black people and events amid the racism and judgement that they faced especially after being taken away from their homes. It

## BLACK CANADIANS YOU SHOULD KNOW



**Viola Desmond:**  
Challenged racial segregation at a Nova Scotia theatre, 1946

**Lincoln Alexander:**  
First Black governor of Ontario



**Mary Ann Shadd:**  
First Black female newspaper publisher in Canada

**Josiah Henson:**  
Prominent Canadian writer and abolitionist



is to make people more aware of the struggle that Black Canadians and the Black community around the world went through to get freedom and equal opportunities. This month celebrates the many achievements of the Black community in history, including fields of science, politics, religion and the arts. This month celebrates the hard work of many Black people and the big impact that they have made to our current society. Very few will know about how our country Canada, enslaved people of African descent. Few will know about how hard the Black community fought for Canada during the war in 1812. Few will know about the struggles of those of African Descent and how they fought for a change to be made against discrimination, segregation and enslavement.

So, how did Black History Month come to be in the first place? Well, an American historian and author named Carter G. Woodson chose a week in February to celebrate and recognize the achievements of the Black community. Because of the push of Carter G. Woodson and many others, in December 1995, the celebration of Black history in the month of February was officially recognized by the Canadian government and we have celebrated this ever since. The month February was chosen because two important people

The 2020 theme for Black History Month in Canada is “Going forward, guided by the past”, symbolized by a **Sankofa bird** with its head facing back and feet facing forwards.

that made an impact in Black history were born in February. One was Frederick Douglas and the other was the 16th president of the United States: Abraham Lincoln. Frederick Douglas was a former slave in the 1800s who spoke up for the freedom of slaves and women’s rights. He came up with the simple yet powerful statement that kept many other influential people going “If there is no struggle, there is no progress.”

Frederick Douglas was the one who consulted Abraham Lincoln and told him that abolition should be a goal of the war. Abraham Lincoln himself was the one that abolished slavery and put an end to it. Slavery in North America was very popular and often showed for one’s status in their community. The more slaves, the higher their positions were. This is disgusting and unethical especially because these awful acts were being done against humans, they were only discriminated against because of the colour of their skin.



The Slavery Abolition Act came into effect on the 1st of August in 1834 in Canada and the United States followed on January 1, 1863. Although the Black community was now free in Canada and in America, there was still the fight against segregation and discrimination. Canada is widely promoted as a country that was exceptional in the acceptance of all. That is not true at all, they just happened to abolish slavery faster than the Americans, even then there was still segregation going on in the communities.

Segregation against the Black community went like this: those who were Black would be separated on the bus, schooling, and even when they would drink from water fountains. Simple shopping, the communities in which they lived and the opportunities they got were based solely on the separation of the Blacks from the whites. Unfortunately, Black children did not get the best of schooling because they would often receive second hand materials. A very good depiction of segregation and racism and how it affected the Black community can be seen in the novel "Roll of Thunder, Hear My Cry" by Mildred D. Taylor. There is another story that took place in Canada that illustrates the impact of segregation and racism in public places. The story of Viola Desmond who is now the face of the ten dollar bill is also an example of segregation, racism and unfair-

-ness in Canada. She went to a movie theater in 1946 and even there was racial segregation. Since she was Black, she was supposed to sit in the Black section of the theater. She decided to sit in the white section of the theater simply because she wanted a better view. Unfortunately, due to the segregation laws at the time she was legally not allowed to sit there. Segregation ended years later in 1964 and even then, this issue was not officially addressed by society until the 1970s.

Although segregation ended a long ago, if you look closely at some of the things going on today, we can still see the injustice towards the Black communities. In America, a case famously known as The Central Park Five shows the discrimination still being shown toward those of African descent. These five Black men were wrongly accused and many believed it, why? Because of the colour of their skin. Although some may deny it, our society still attempts to stereotype Black people as being violent. We all know the outcome of anything that involves a Black person's word against a white man's word. The fact that the Black community still faces discrimination makes this month even more important to be celebrated. Black people should not have to work twice as hard as those of different skin shades just to get the same opportunities. Whether it is in

“  
The fact that the Black community still faces discrimination makes this month even more important to be celebrated.

education, our simple day-to-day lives, opportunities of every shape and size and interactions with law enforcement agencies, one thing should always ring true. It is important that everyone receives the same treatment and area viewed the same way.

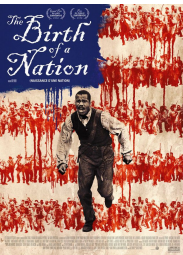
So go ahead, search up the history of the Black community, not just during this month but regularly. Remember to be aware of the struggle that the Black community faced, both in racism and judgment simply for being born with a certain shade of skin. To understand this month for yourself, you can simply study the history of Black dispersion from their homelands, the colonizations that went on in African countries, slavery, discrimination and segregation as a whole. Try to support any Black artist or creative or someone in the public eye. Watch movies, documentaries, and read books that highlight the story of the Black community.

TAKE  
A LOOK

at the following books/movies if you want to learn more about Black history and current issues.



FILMS



Birth of a Nation (2016)

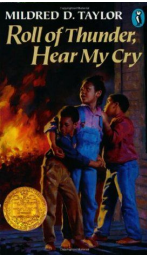
An American-Canadian drama based on the life of Nat Turner, a slave rebel.



Malcolm X (1992)

A biographical film based on the life of Black activist Malcolm X.

BOOKS



Roll of Thunder, Hear My Cry, by Mildred D. Taylor

An exploration of racism during the Depression and Jim Crow era.



Dear Martin, by Nic Stone

The story of a Black college student fighting for justice in the face of police brutality.



## SPORTS

# Kansas City Chiefs Top 49ers in Super Bowl 54

by John Kerr – **Junior Editor**

The Chiefs beat out the San Francisco 49ers 31-20 in the 2020 Super Bowl.

**Left:** Jimmy Garoppolo and the 49ers played competitive football against a Super Bowl contender Saturday night. (Chris Ochsner/Kansas City Star)

***It was at 6:30 p.m. EST*** on Sunday February 2nd, 2020, when Super Bowl 54 began at the Hard Rock Stadium between the Kansas City Chiefs, coached by Andy Reid, and the San Francisco 49ers, coached by Kyle Shanahan, to determine who would come out on top at the end of the 2019 – 2020 NFL season.

“We wanted to get him that trophy because he deserved it. He is someone that works harder than anyone I’ve ever known and he deserved [this title]. I’m glad I could get that trophy for him.” said Chiefs quarterback and Super Bowl 54 MVP, Patrick Mahomes, on the victory and helping his coach, Andy Reid, win his first title.

The Kansas City Chiefs came into the game having not won a Super Bowl title since 1970. The club had experienced a 50-year winless drought and coach Andy Reid held the record of most regular season wins in the NFL without a Super Bowl victory. Reid and the Chiefs, with quarterback Patrick Mahomes, entered against Kyle Shanahan’s 49ers, with quarterback Jimmy Garoppolo, as the favorite to win the title although both teams had recorded 15 – 4 records in the regular season.

This, the 54th Super

Bowl, and annual championship for the National Football League, is the final culmination and goal for all teams in this great American sport. As a prestigious and globally recognizable title, it is an extremely important and significant game for the players, coaches, and fans of the teams of the NFL.

This year’s game was held on Sunday February 2nd, 2020 and began at 6:30 p.m. EST. As all football games are, it features 4 quarters of playing time at 15 minutes a piece and a halftime show. In this Super Bowl, the 49ers took an early lead, scoring a 38-yard field goal for 3 points which was quickly responded to with a Chiefs touchdown late in the first quarter. The second quarter opened with a quick interception by Chiefs cornerback, Bashaud Breeland, and resulted in a 31-yard field goal to take the Chiefs to a 10-3 lead. The 49ers fought back and by the halftime whistle, the score was evened at 10 apiece. The Pepsi halftime show put the spotlight on singers Shakira and Jennifer Lopez before the attention turned back to the game.

The third quarter opened with a 42-yard kick from the 49ers to move up to a 13-10 lead. A commanding advantage was soon established by San Francis-

co after Mahomes made a poor throw late in the quarter. The 49ers capitalized and scored a touchdown to take a 20-10 lead going into the final quarter. The fourth opened with a Chiefs touchdown early followed by another drive taking them to a 24-20 lead. With 2:44 left in the game, Kansas City forced a turnover and went back down the field for a final conversion taking them to a 31-20 victory.

This year’s match was held at the Hard Rock Stadium in Miami Gardens, Florida, in front of a crowd of over 62,000 people. The NFL estimates that around 100 million worldwide tuned in to watch the annual event.

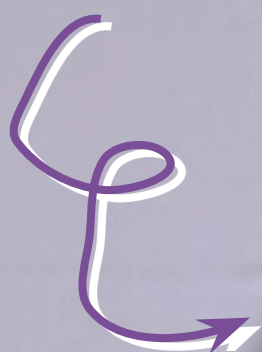
“I’ll tell you what, it’s been seven years coming baby. I’ve learned one thing since I’ve been here, ‘You’ve got to fight for your right to party.’” said Chiefs tight end Travis Kelce after the AFC championship win and repeated at the Kansas City NFL championship parade after the Super Bowl victory.

The Chiefs have since become the early favorites to win next year’s Super Bowl with estimated 6 – 1 odds.

**The 2021 Super Bowl will be held in Tampa, Florida on February 7, 2021**



# Meet... **Ms. Woof!**



Art lover,  
astronomer,  
classical music fan  
and lifelong  
advocate of  
education. Meet  
Ancaster High's  
new principal, Ms.  
Woof!

By Rose He,  
Zainab  
Al-Rammahi,  
and Noor  
Menhel –  
**Writers**





“ I see **young people** coming to school to learn, then taking that learning and applying to this **diverse world**. ”

### What are you the most excited for, being the new principal of Ancaster High?

As becoming the new principal of Ancaster High, Ms. Woof is excited about numerous things. Her excitement revolves around the idea of the growth and curiosity of students. The world has changed, so has Hamilton. These days, one does not expect to graduate and go on to the work field just to “obey orders.” Nowadays it’s focused on the limits students set for themselves through their effort at school with their curious and hungry for knowledge mindset. It’s all about “...taking that learning and applying to this diverse world,” Ms. Woof explains. It is no longer simply about grades, that’ll get you nowhere. She states, “It excites me when I see kids are empowered so they begin to take ownership of what they’re learning, being able to design their future, and going out there to invent new things.” Ultimately, the curious minds and the growth mindset of students is what inspires/pushes Ms. Woof, to take on the role of a principal.

### How long have you worked for a school or have any past experiences?

Ms. Woof has many past experiences in the education system. She has been with HWDSB since 1998 and she was in Education prior to this. Decided to take 12 years off, she became a stay home mother in those years, which during that time her children were also part of the HWDSB. After her two children were old enough, Mrs. Woof returned back to Education. She was at Scott Park for 4 years until it closed down and afterwards she went to Sir John A MacDonald. Further along, she spent 5 years as an IT

consultant for the board right before the beginning of e-Learning at the University of Waterloo. When she came back to the school board, Mrs. Woof became a Vice Principal at Glendale, then moved to Orchid Park. Afterwards, she became a principal at Sherwood before finally becoming the principal of Ancaster High.

### What made you want to become a principal/educator?

As Ms. Woof has importantly stated, “The Board Mission Statement was not written when I started to enter this profession, but it was in my spirit that I really think it’s wonderful to invest in the

“ **Focus on trying to be curious about the world. Have an appetite to learn, then many great things will come to you because of that.** ”

following generations. My greatest joy happens when I get to see people learning, and I began to realize that quite early on. To be able to turn that into a z profession for me was something aligned with what my values are, but I can also contribute to society, earn a living, and have structures in my day.” Ms. Woof also loves leadership roles, as she describes her love for autonomy. “I like doing my own thing with a little bit of structure, definitely not an entrepreneur and starting my own business since I want to avoid having a job where someo-

ne tells me what to do all the time.”

### What do you hope for Ancaster High?

The biggest message by Mrs. Woof was to follow the Board Mission Statement, written by students around 2 years ago: “Empowering students, To grow and learn to their full potential in a diverse world.”

Ms. Woof predominantly states, “It’s important for students to graduate by being able to obey orders and they would become foremen or managers, so they can tell everybody else what to do. In those days, you could get a job, buy a house, have your children go to school, have healthcare, and so many people are aspired to have that kind of life. But the world has changed, you notice how Hamilton is no longer a manufacturing or industrial city, a lot of those processes left Hamilton and have gone elsewhere. Hamilton is now known for research, innovation, creative arts, music, food, and nature. So nowadays, the kind of people who graduate from Ancaster High are no longer the people who used to submit to power, unlike the olden days.” The biggest role of Mrs. Woof through her eyes is to make sure that students succeed, and the School Mission Statement is a main branch for that. “My job is to make sure every Ancaster High student is empowered, to grow, to learn, to reach their full potential in this diverse world.”

### Message to Ancaster High students?

Ms. Woof’s message to the students also focuses on the Board mission Statement. She says to “Focus on trying to be curious about the world. Have an

appetite to learn, then many great things will come to you because of that. When in a learning stance, the teachers have the knowledge and can help fill the gaps for you. By generating this curiosity, it allows you to become empowered. The curriculum is very rich, it will prepare you for your future. If you are not curious and only care about the marks, don't bother coming. Marks are not the issue. If you commit to your curiosity in learning, then the marks will come. Don't think about marks to satisfy your teachers, if you only care about marks you won't do well in this world since it's always changing. Aim to have the curiosity coming from within and have hope for the future since the world can be a pretty dark place, but there are really hopeful things as well. The future is in all of you and remember to care about others. Always have curiosity and be caring."

**What are some hobbies you enjoy doing?**

Ms. Woof greatly enjoys birds, trees, nature, the night

sky, astronomy, and walking. Her father played a huge role, as he was the one who introduced these hobbies to her. She also loves crafting, sewing, playing the piano, and spending time with her 11-month-old Australian Sheep Dog. She is trying to find a solution on how to walk to school with her dog but not walk back and have her dog at home! Ms. Woof also finds pure enjoyment in "Gorgeous, Delightful, & Delicious" exclusive aesthetic refillable nontoxic german markers that showed the true and beautiful colors of Ancaster High!

**If you weren't a principal, what other profession(s) do you see yourself having?**

Ms. Woof would find great joy in being a scientist of some sort, yet not an astrophysicist. She also has a passion to be an artist. Her top profession would be an astronaut because it has a variety (which is important for Ms. Woof) of learning astronomy and rocket science. This also gives her the opportunity to follow all her professions, as she would like to be an astronaut and

artist who plays violin and paints in space who posts videos of her doing that on YouTube!

**Favourite food or drink?**

Ms. Woof likes a good cup of coffee, along with "Food that looks like Food", as in no processed food that comes in a can. She likes natural/organic flavourful food. Ms. Woof likes having a diverse taste and trying food from different cultures.

**Favourite music genre?**

Ms. Woof admits to loving classical music. She enjoys classical music and famous composers such as Bach and Beethoven, since her parents introduced her to it. She likes how "Elegant" it is and also says this made her learn how to read music. She has a childhood memory at 10 years of age: Her parents took her for the Messiah by Handel concert with the full score. Another memory that stands out to her was when her parents took her to Washington D.C. to a performance of Brahms' 3rd Requiem with the score. Besides classical, Mrs. Woof likes many other genres such as jazz. Her absolute favourite composers include famous Russian ones: Rachmaninoff and Tchaikovsky. Mrs. Woof also hilariously comments, "rap and really old fashion country/western isn't my favourite; since they're usually complaining about, you know, THE DOG DRANK MY BEER!"

**Favourite sports?**

Mrs. Woof is not an overly sports or athletic person, and doesn't like being competitive. She rather participates in intramurals and likes being active in general. She likes hiking and walking. She is used to the athlete lifestyle, as her children love playing sports. Her son played hockey, soccer, football, and swimming. Her daughter also played water polo, rugby, soccer, football, and swimming.

# ANCASTER COMMUNITY FOOD DRIVE

COLLECT NON-PERISHABLE FOOD ITEMS AS A CLASS TO  
SUPPORT ANCASTER COMMUNITY'S 2020 FOOD DRIVE!

**DONATABLE ITEMS**

- Canned food (meats, fruits/vegetables, soup, pasta, etc.)
- Cereal
- Dry beans, lentils, and rice
- Baby food
- And more!

DONATIONS WILL BE COLLECTED ON WEDNESDAY, MARCH 4th

**WINNING CLASS GETS A PIZZA PARTY!**



ARTS AND CULTURE

# The 2020 Grammys: Winners and Losers

by Vita Rao – **Writer**

All of the most memorable moments from the most notorious music award show on the planet.

**Right:** Tyler the Creator performs “New Magic Wand” at the 2020 Grammys. (Robert Hanashiro/USA TODAY)



**January 26th, 2020.** The biggest night in music, whereby artists of all genres come together and collectively wait in anticipation to hear their names called. However, with the unfortunate loss of Kobe Bryant-occurring on the same day--looming over, the normally joyful ceremony felt more sombre. The show opened with host, Alicia Keys and Boys II Men performing a tribute for the late basketball star; lifting spirits and creating a sense of unity amongst viewers and the artists. Later in the show, a tribute was performed for Nipsey Hussle, another artist that was lost in 2019. However, the fluidity of the show was lost, with it struggling to strike the balance between sombre and uplifting.

In terms of performances, most were entertaining, with many of the industries past and present greatest performing. From artists like Rosalía to Billie Eilish to Aerosmith, the diverse performances were pleasing to watch. The ceremony saw the end of Demi Lovato’s music hiatus and an exceptional performance from Ariana Grande following her dispute with the award show last year. The constant bouncing between melancholy and bright, pop songs made it somewhat difficult to follow. The chaotic order of the performers drew away from

the excitement, with some performances being out of place and inappropriate in regards to the tone of the show.

While many significant artists made appearances at the award show, there were several missing. This can be attributed to several reasons, but most chose not to attend because of the lack of racial diversity amongst the contenders. The award show is known for overlooking the musical achievements of people of colour, with only a few of the



**did you  
KNOW?**

**Billie Eilish’s 4 awards make her the youngest person to complete a sweep of the 4 main Grammy categories: Best New Artist, Best Album, Record of the Year and Song of the Year.**

outstanding artists being nominated this year. In addition, the lack of recognition in regards to the genre of hip-hop and rap caused much anger with artists and fans. The category

receives little to no airtime, with many not even being aware of its existence.

However, the performances are secondary to the most important aspect of the show: the awards. Newcomer Billie Eilish swept the four main categories; Best New Artist, Best Album (When We All Fall Asleep, Where Do We Go?), Record of the Year (Bad Guy), Song of the Year (Bad Guy), and Best Pop Vocal Album (When We All Fall Asleep, Where Do We Go?). Eilish is only the second artist to receive awards in the four major categories, with the first being Christopher Cross in 1981. The night was filled with wins from a younger and newer generation, with artists like Lizzo and Lil Nas X also receiving awards. Although Ariana Grande, an artist who had a groundbreaking year, did not receive any awards, perhaps due to the controversy from last year.

Overall, behind the chaotic and disorganized mess, the ceremony had some wonderful moments. From the performances to the awards, it was able to stay entertaining throughout. The future of the industry is limitless, and it will be interesting to see who has been able to retain their influence and continue their success.



**Above:** Stills from various Oscar-winning films. From left to right: *Parasite*, *1917*, *Joker* and *Little Women*.

ARTS AND CULTURE

# The 92nd Academy Awards: 2019’s Best

by Anika Kanagaretnam – Junior Editor

This year’s Oscars awards pushed some boundaries, but preferred to play within the limits for others.

**The 92nd Oscars** were held on February 9th at the Dolby Theatre in Hollywood. There were great performances, new achievements, and some complaints.

A variety of performances were present at the Oscars. There were songs sung from *Toy Story 4*, *Rocketman*, *Breakthrough*, and *Harriot*. Idina Menzel and many other Elsa’s from around the world sang *Into the Unknown* from *Frozen 2*, and Billie Eilish sang *Yesterday* by The Beatles for the In Memoriam segment.

The 92nd Oscars has made history but also has been getting complaints from some unhappy people. The movie *Parasite* was the first ever movie in the non-English language to win best picture, making many people pleased. However, this great win didn’t make people forget about the lows of the Oscars.

One thing that people were disappointed in was the lack of actors of colour nominated. Out of the 20 nomin-

ated actors, Cynthia Erivo was the only non-white actor to receive a nomination (actress in a leading role). Also, people were determined to voice their opinion on why there were no female directors nominated this year. In the 92 years that the Oscars existed, only 5 women were ever nominated for best director. Some people believe that the Oscars completely missed out on nominating Greta Gerwig, director of *Little Women*.

Another issue some people noticed is that in the In Memoriam segment, not everyone who had passed in the last year were mentioned. Luke Perry was one of the people who were left out, and he even starred in *Once Upon a Time...* in Hollywood, which received many nominations this year. Many viewers were angry about it, especially for the fact that he was in such a popular movie that came out in just the past year. Another missing name is Cameron Boyce, who is known for starring in the Disney show *Jessie*, movie series of *Maleficent*, and more.

The Academy then released an answer to why those two were left out. To summarize, they said that a committee makes a choice on who is shown on TV based on the amount of time they have to air it. Anyone who was not shown on TV is included on the Oscars’ website.



### Some of this Year’s Award Winners...




- Best Picture:** *Parasite*
- Best Actor in a Leading Role:** Joaquin Phoenix (*Joker*)
- Best Actress in a Leading Role:** Renée Zellweger (*Judy*)
- Best Cinematography:** Roger Deakins (*1917*)
- Best Costume Design:** Jacqueline Durran (*Little Women*)
- Best Directing:** Bong Joon Ho (*Parasite*)
- Best International Feature Film:** *Parasite*
- Best Music (Original Score):** Hildur Guðnadóttir (*Joker*)
- Best Writing (Adapted Screenplay):** *Joker*
- Best Writing (Original Screenplay):** *Parasite*




*About one year ago I came across Victoria Garrick's Instagram page and have been following her ever since. She's a mental health and body-image advocate who used to play volleyball for the University of Southern California. Victoria transformed her Instagram page to inspire and motivate girls and women to love their bodies, and that not everything you see on Instagram is real or authentic. Now, Victoria gives talks to highschool and university students across the US. She has also attended volleyball practices to talk to and inspire the players, along with helping them with their skill development.*

Her Instagram page addresses many different aspects of her life, from birthday posts all the way to paragraphs upon paragraphs about how and why you should love your body. She also talks on a podcast, sometimes on her own, but many times with other body-image advocates about their struggles and what they've learned through their journey.

Below are some of my favourite Instagram posts of hers, which highlight what girls, like me, see everyday on Instagram, but she shows us that things aren't always as they seem.

**@victoriagarrick**



**victoriagarrick:** Like for the stretch marks, comment for the [rolls]. HEY! [Your]back is sexy no matter how it looks. I'm pretty sure A LOT of humans (except the ones the big brands choose to use as models to brainwash us into thinking that's how all girls should look) have skin pinching on their backs and sides from sports bras!! I used to be extremely insecure when I felt my skin roll back my stomach band and armpit area. I thought it meant I needed to lose weight. THAT IS SO NOT TRUE!! Seriously!! Skin is soft, sports bras are tight... of course that happens! Decide to embrace and love up on your body no matter how it folds or marks. **#Realpost**


LIFESTYLE


# Body Positivity: Who You Can Look To

by Larissa Kouroukis – **Writer**

It can be hard to be confident about your body in today's day and age, but one Instagram influencer is challenging what you see on social media.



**@victoriagarrick**



**@victoriagarrick:** I haven't washed my hair in three days, I've welcomed four pimples to my face, and I stress cried yesterday when a USB [cord] didn't work. Rather than posting the inspirational thing I was planning on, I wanted you to know that THIS is me right now. (I don't even know what expression this is but I felt like smiling would be fake and the crying selfie I sent to **@aubreygavello** yesterday is TMI.)

There's a lot of things I want to "do", so I convince myself I have unlimited time and energy and try to push through. But when I set the expectations SO high for myself on a day to day basis, that pressure (along with my relationships, plans, friendships, work, being there for others, "having fun") eventually takes a toll. I have no wisdom, I have no answers. But if you feel like this today, I'M RIGHT THERE WITH YA. **#Realpost**



@victoriagarrick

## #NoSwipeSeptember



**victoriagarrick:** Ayyyyyyyy this month let's take a step towards self-love with **#NoSwipeSeptember**. It's pretty ridiculous that on BOTH Snapchat and Instagram there is an "airbrush" filter. With a simple swipe right, our skin is clearer, our eyes are lighter, and we have now relied on a social media edit to "enhance" our appearance. This is SO easy to do and it is a repetitive action that just trains your mind to believe your natural photo isn't good enough. (I find myself taking a Snapchat and swiping right without even THINKING about it!!) Let's be conscious of our actions this month and refrain from that swipe right. (Decide that your natural picture is good enough!!)

I'm usually pretty good about this, but I wanted to make myself promise that I will not be swiping this month. Do you want to join me?! It's a simple change and you'd be surprised how far small actions like this can take you in your self-love journey.

**This month, Theatre Ancaster's Stage 3** Young Company is putting on the show Pippin. Pippin is the story of a young man on a journey to find himself and his purpose. It is told by a group of players who take on the roles of the characters and are led by the Leading Player who is helping Pippin to find ultimate fulfillment. Pippin attempts to find this fulfillment in multiple endeavors such as participating in war, ruling a kingdom and even a quieter life on a farm, where he eventually finds love. In the end Pippin is forced to choose between a quiet and content life with the woman he now loves or to continue with the Leading Player's plans. This show features catchy and memorable songs and characters alo-



@victoriagarrick

I LIKE MYSELF

I STILL LIKE MYSELF



**@victoriagarrick:** EMBRACE YO' BODY!! If i saw this pic on the right three years ago I probably would have told myself to go on a diet immediately. I thought in order to have a good body it meant my stomach, back, and arms had to look perfect all the time, at every angle, and in every picture. FAKE NEWS. Your body doesn't have to be "perfect" for you to like it! I'll probably sit down at dinner tonight and my stomach is going to be pinched by my top and my jeans = rolls, but I'm still gonna love myself. I hope you can embrace yourself at every angle too. **#Realpost**

## See Theatre Ancaster's Pippin!

by Brooke Vesentin – **Writer**

**Location:** Theatre Auditorium at Ancaster High School, 374 Jerseyville Rd., Ancaster

**Ticket prices:** (Available at [theatreancaster.com](http://theatreancaster.com))  
Adult: \$20 | Senior (65+): \$18 | Student: \$10

**Showtimes:** Feb 21, Feb 22, Feb 23 (Matinee), Feb 27 (School Matinee), Feb 28, Feb 29

ng with dazzling and mesmerizing sets and costumes. The cast and crew of Stage 3's rendition of Pippin are incredibly talented and have been working hard on this show for months now and are super excited to share it with you! I myself am apart of this show and it has truly been an honor and a ton of fun to work alongside all of these talented and hardworking people. I have learned so much and I believe that this show will be truly extraordinary.



# Teacher Insider: Mr. Trojek

by Ashley Barry— **Club Advisor**

Learn more about the teacher who teaches various Grade 12 history courses!

## Fun Facts!

**Q: Favourite class to teach?**

A: It's a tie between Challenge and Change and World History. I find the subject matter personally interesting. I love to talk about the Great Depression period, which in my opinion is very fascinating.

**Q: Favourite colour?**

A: I don't have a favourite colour.

**Q: Favourite books?**

A: Les Miserables by Victor Hugo. Two of my favourite genres are history and the classics

**Q: Type of music you listen? Favourite band?**

A: I don't know if I have a favourite kind of music taste, but I can tell you I do not like Rap. I like older stuff. I'm a big fan of U2, they're probably my favorite band and I enjoy Bob Dylan and Johnny Cash.

**Q: Favourite and least favourite food?**

A: Favourite food is pizza! Hands down. Pizza is the reason why I know there is a god because no human hands could create something so divine—it's perfect. My least favourite food is raw celery. Celery that is cooked is good in certain things, but raw celery is gross.

**Q: What's your dream car?**

A: An old pick up truck between the 1930s and 1950s, partially rusty with original paint, that to me is more interesting than something shiny and new.

**Q: How old are you?**

A: Well I was born in 1977, so I am 42 going on 43.

**Q: How long have you been teaching?**

A: Since 2004, so sixteen years.

**Q: Tell me about your family.**

A: I have two daughters Esme and Eva. My wife's



name is Bernadette and she works at a library. All I can say is that I am a blessed man.

**Q: What do you hope doesn't change in society?**

A: I hope that people will still wonder, that dreamers will still dream. I hope that society doesn't become so overbearing that wonder and dreaming will be snuffed out.

**Q: What do you like about your students and what do you not like about students?**

A: What I enjoy a great deal are having those personal/casual chats with students because I get to know them and I like talking to good people. I like to spend at least 10-15 minutes talking to 1-2 students in a class. A little connection is good, so you know, the students see you as human. But it isn't just the personal chats and getting to know unique people, but instead, it's also what that time and process facilitates. I feel like that it's that informal conferencing, that one-on-one time where I have the most impact upon learning, where I can individually address students' needs and learning. I could be wrong though. Maybe students don't see it quite the same way I do. That more individual time with students is an investment in a few ways, an investment well worth making, in my opinion.

**Q: What led you to become a teacher?**

A: In terms of me deciding to become a teacher, I had never considered it even once in my life before third year university, which I think would have been around 2001. I took what amounted to a few years off in the middle of my university education, deciding a few times that I was sick of school and needed a break, choosing instead to work a couple of different jobs in that time period. While this meant my degree took longer than most people to finish, it was the best thing I ever did in terms of my education. When I went back to school at that

point, entering into my third year, I actually liked school, and was energized and focused and applied myself in my studies for the first time. I don't even recall why I suddenly considered becoming a teacher, but it was, nevertheless, during that time that the idea crystallized in my mind and became my goal. It was also at that time that I met and married my wife, so maybe that had something to do with it as well.... I greatly like my career, and the people with whom I share it (both students and colleagues), and can't imagine doing anything else. That feeling has not changed in 15 years, and I hope it doesn't for the next 15.

**Q: What's your philosophy in life?**

A: My philosophy? Hmmm.... Well, my philosophy in life is based upon my faith. That said, my philosophy (my faith) in terms of how it ideally plays out every day in my life, I guess, in short is this:

- To live simply
- To wonder

- To invest time in what is meaningful
- To avoid what is meaningless
- To treat people with kindness and respect. Always.
- To remember that what matters in the end is people, is relationships, and that people have stories - this is our legacy

I need to also say at this point that, while that may be my philosophy, it is a struggle to live that way, and I often fail to adhere to my philosophy, to live out my faith. However, while I'm frail and flawed, I'm hopeful that tomorrow I'll do better.

**Advice To Students:**

- Focus on and invest time in what really matters
- Take the time to wonder
- In humility, seek not only to know things, but to understand things
- Always treat others with respect and kindness
- Remember: when every distraction is stripped away, life is about relationships, so work on them







# HOROSCOPES



## ARIES ♈

**March 21 - April 19**

This month, everything around you will break, Aries! Also, you'll have a strange encounter with a cat. Don't worry, we're sure it's friendly. Probably. Lucky numbers: 7, 58, 98

## TAURUS ♉

**April 20 - May 20**

Oh dear! A clothing item you love will be covered in... mud? Maybe paint? We're not sure, but keep an eye out! And maybe don't wear those new shoes... Lucky numbers: 13, 42, 56

## ♊ GEMINI

**May 21 - June 20**

We predict a wild month for you, Gemini! Lots of fun events, a few hard assignments, and maybe a reptile. What sort of reptile, you ask? That's a surprise! Lucky numbers: 2, 26, 80

## CANCER ♋

**June 21 - July 22**

A delightful month is in store for you, Cancer. Well, except for that test. Oh, and the sickness that will befall you. And how could we forget the candle incident... Lucky numbers: 6, 12, 33

## LEO ♌

**July 23 - August 22**

Scorpio said what?! This month, Leo, you'll come into conflict with a Scorpio! Though this may be distressing, fear not, because it'll be an easy fix. Lucky numbers: 18, 19, 27

## ♍ VIRGO

**August 23 - September 22**

We're sorry to say that this will not be your month, Virgo. Upcoming preliminary reports may disappoint you and an opportunity will be missed. Lucky numbers: 32, 54, 67

## LIBRA ♎

**September 23 - October 22**

Woohoo! Something very exciting is coming your way, Libra! Your February has been alright so far, but you'll be thriving in the coming weeks. Lucky numbers: 3, 25, 79

## SCORPIO ♏

**October 23 - November 21**

Uh oh... Scorpio, this month, you'll make a Leo very angry. That's not great, but you know what IS great? An assignment you'll hand in this month will boost your grade! Lucky numbers: 11, 48, 91

## ♐ SAGITTARIUS

**November 22 - December 21**

Nothing of note will happen in your life this month, Sagittarius. But maybe you'll find some money on the ground! That'll be a highlight. Lucky numbers: 4, 14, 44

## CAPRICORN ♑

**December 22 - January 19**

Capricorn, a special someone in your life will get you a gift this month! Whether it be a friend, a family member, or your cat bringing you something weird it found, you'll be feeling the love. Lucky numbers: 16, 73, 100

## AQUARIUS ♒

**January 20 - February 18**

Your Valentine's Day left you disappointed, Aquarius. Fret not! This month, platonic or perhaps even romantic love will blossom in your life. How exciting! Lucky numbers: 18, 19, 20

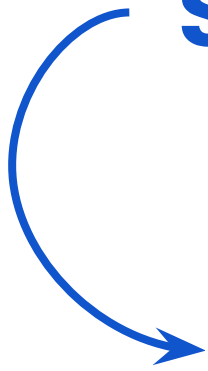
## ♓ PISCES

**February 19 - March 20**

Pisces, you'll be filled with confidence this month. Party like it's your birthday... which it is! Happy birthday to our Pisces readers! Lucky numbers: 6, 15, 26



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