

Ancaster High School



Student Club Guide 2019 - 2020

It is never too late to be what you might have been.

-George Eliot

Ancaster High School prides itself on providing students with relevant and engaging learning opportunities both inside and outside of the classroom. These experiences are based on the various needs, interests, and abilities of all our students and help make Ancaster a great school.

The purpose of this guide is to provide you with an outline of the clubs that currently exist at Ancaster. The clubs have been divided into four main categories: academic, altruism & social, the arts, and athletics. You are encouraged to review this guide to determine what clubs interest you so that you can sign up and become an active member of our school community. As you will see, there are many opportunities for you to get involved, meet new people, and have fun!

Our clubs are initiated and run based on student interest. You can connect with a staff member should you and your peers wish to start a new activity or club. Some previously ran clubs at our school include: EcoNinjas, Fromage (French Club) Games Room, Anime Club, Debate Club, and a Model United Nations Club..

We look forward to supporting your learning at Ancaster High and are excited to see your talents in the classroom, on stage, on our playing fields, and out in the community!

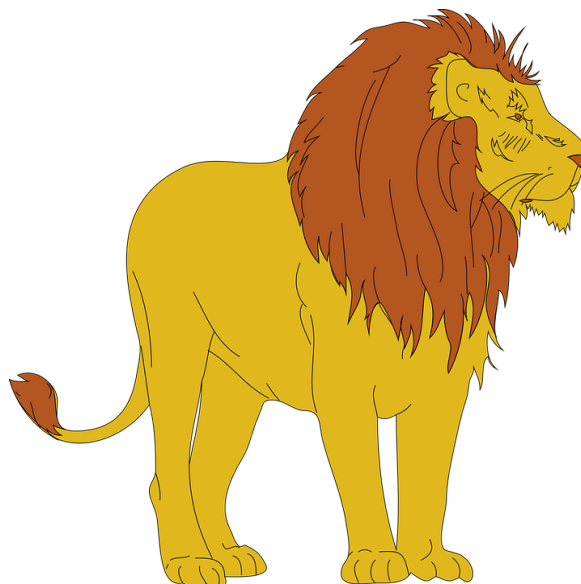


Table of Contents

Academic Clubs

DECA	4
Homework Club	4
Literacy Club	4
Math Club	5
HOSA	5
Peer Tutoring Club	5

Altruism and Social Clubs

Best Buddies	5
Canadian Blood Services Life Bus "Posse"	5
Christian Faith	6
Eco Ninjas	6
Junior Girls Group	6
Senior Girls Group	6
Grad Committee	7
Grade 9 Night	7
Health Action Team (HAT)	7
High Schoolers Opening People's Eyes (HOPE)	7
Make a Wish Foundation	8
Morning Announcements	8
Muslim Prayer Group	8
Muslim Student Association	8
Royal Gazette Newspaper	8
Operation Smile	9
Positive Space	9
Student Council	9
Student Voice	10

Arts Clubs

Ancaster Players Drama Club	10
Concert Band	10
Cosplay	11
Dance Team	11
Dungeons & Dragons	11
Musical Arts Association (MAA)	11
Photography	11
Slam Poetry	12
Video Club	12
Video Game Club	12
Visual Arts Alliance (VAA)	12
Vocal Ensemble	13
Yearbook	13

Athletic Clubs and Sports

Boys Athletic Association	14
Girls Athletic Association	14
School Teams	15-16

Academic Clubs

DECA

Staff advisor(s): Mr. Ciulini & Ms. Toor

Who we are / what we do: DECA is Canada's largest youth business organization where students compete both provincially and internationally in various marketing/general business competitions.

Meeting frequency: Tuesdays at lunch from September to February

Homework/ELL Club

Staff Advisor: Ms. V Fletcher



Who we are / what we do: The Homework Club provides academic support and study strategies, including time-management. Students receive instruction on literacy/numeracy and test taking skills. Students must register.

Meeting Frequency: Mondays & Wednesdays 3-4:30



Literacy Club

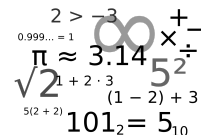
Staff advisor(s): Ms. Fletcher & Ms. Turner

Who we are / what we do: The Literacy club helps to prepare grade 10 students for the Ontario Secondary School Literacy Test (OSSLT). Students receive instruction on literacy and test taking skills and receive a free work booklet to help them prepare for the spring OSSLT.

Meeting frequency: 5 weeks in semester two (February to March)

Math Club

Staff Advisor: Mr. J Hendriks



Who we are / what we do: The Math Club tackles a variety of math questions as practice for the annual math contests.

Meeting Frequency: Weekly in room 2030

HOSA

Staff Advisors: Ms. Crowe & Ms. Hepworth

Who we are /what we do: Formerly known as Future Health Professionals, HOSA is a club that provides a unique program of leadership development, motivation, and recognition exclusively for secondary students who have interests in pursuing careers in health professions. HOSA is 100% health care!

Meeting Frequency: Weekly in a location TBA

Peer Tutoring Club

Staff Advisor: Mr. Nicholson

Who we are / what we do: Students helping students to better their academics and study skills.

Meeting Frequency: varies based on need

Altruism and Awareness Clubs



Best Buddies

Staff Advisor: Ms. J Crowe

Who we are / what we do: Best Buddies is an internationally recognized organization that strives to build friendships between people with and without intellectual disabilities.

Meeting Frequency: weekly in the Comprehensive Classroom

Canadian Blood Services Life Bus “Posse”

Staff advisor(s): Ms. Byrne-Fratoni

Who we are / what we do: The Life Bus “Posse” helps support students to donate blood to Canadian Blood Services. Club members receive training by CBS, promote the program, help register student participants, and distribute and collect paperwork.

Meeting Frequency: Periodically throughout the year

Christian Faith Club

Staff advisor(s): Mr. C. Page

Who we are / what we do: We meet to discuss matters of faith, pray together as a group, and plan charitable activities such as an eyeglass drive to help others in 3rd World countries. All students are welcome.

Meeting frequency: Thursdays at lunch

Eco Ninjas

Staff Advisor: Ms. O'Connor-Spark

Who we are / what we do: The EcoNinjas meet weekly to discuss current environmental issues, organize school activities and events to help improve the environment, and raise money to support local environmental initiatives.

Meeting Frequency: Fridays at lunch in Room 1093

Junior Girls Group

Staff Advisor: TBA

Who we are / what we do: This selected group of junior female-identified students (grades 9-10) meet bi-weekly to discuss current issues, build relationships and connect, and learn how to become a more active and engaged student.

Meeting Frequency: Mondays 10:00-11:05 room 1014



Senior Girls Group

Staff advisor(s): TBA

Who we are / what we do: This selected group of senior girls (grade 11 and 12) come together weekly to discuss current issues, build and connect with others, and learn how to become a more active and engaged student.

Meeting frequency: Thursdays from 10:30-11:30

Grad Committee

Staff Advisor(s): Ms. Harrop, Ms. Behiel & Mr. Nicholson

Who we are / what we do: This committee meets to run prom, semi formal, and the grad brunch for the graduating students. Two senior students organize these events with the staff advisors and their own sub-committees.

Meeting frequency: As needed throughout the year

Grade 9 Night

Staff Advisor(s): Ms. Fletcher & Ms. Toor

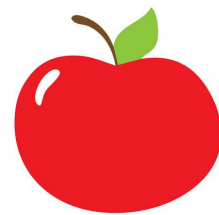
Who we are / what we do: This is an annual event organized by senior students. The senior student planning group consists of approximately 80 volunteers who are responsible for organizing group leaders, registration, security, games, entertainment and food for the event. Due to the popularity of this planning group, students are asked to apply in early spring. Candidates must pass an interview process.

Meeting frequency: 5-10 meetings

Health Action Team (HAT)

Staff Advisor(s): Ms. Heida & Ms. Fletcher

Who we are / what we do: With the mandate and support of public health, we are a group of highly motivated members of the Ancaster High Community who create a Healthy School Environment from a holistic perspective considering; the physical, physiological and emotional well-being of our peers in order to facilitate optimal academic success and student engagement. We plan and organize events involving a range of delivery medium such as multimedia, personal promotions, hands-on opportunities as well as whole-school assemblies and teacher community inservicing. This experience offers wonderful leadership opportunities and the potential of accessing post-secondary scholarships.



Meeting frequency: Mondays at lunch in room 2007

High Schoolers Opening People's Eyes (HOPE)

Staff Advisor(s): Ms. Dailey

Who we are / what we do: We are a group that promotes social justice causes in our Ancaster Community. We collect food for the Food Bank, promote Diabetes Day, organize a Toy Drive at Christmas, and organize the community Food Drive in February!

Meeting frequency: Friday at lunch in 1107W

Make a Wish Foundation

Staff Advisor(s): Ms. O'Sullivan

Who we are / what we do: This group organizes fundraisers in order to donate our money to the Make a Wish Foundation to support a terminally ill child's wish.

Meeting frequency: Tuesdays at lunch

Morning Announcements

Staff Advisor(s): Ms. Alaimo

Who we are / what we do: This student group delivers morning announcements prepared by staff over the school PA system. They update the school on athletic wins, team/club meetings, and other upcoming events.

Meeting frequency: Every morning from 8:00-8:30

Muslim Prayer Group

Staff Advisor(s): Mr. Gallant

Meeting frequency: Friday afternoon in the small cafeteria

Muslim Student Association

Staff Advisor(s): Mr. Ciulini

Who we are / what we do: The focus of The Muslim Student Association is provide all students, of any gender, race or religious beliefs, the opportunity to broaden their knowledge of Islam. In addition to the educational exploration, the association also provides students a forum where they can discuss freely their religion, other religions, and common challenges. All students are welcome.

Meeting frequency: Fridays at lunch in 113

Royal Gazette Newspaper



Staff Advisor(s): Ms. Bentham & Mr. Sheeler

Who we are / what we do: *The Royal Gazette* is an award-winning student-run newspaper starting in September 2017. Student reporters, photographers, and creative writers will have a forum for their work, and both hardcopy and digital distribution will ensure the largest possible audience.

Meeting frequency: Wednesdays at lunch in room 2036

Operation Smile

Staff Advisor(s): Ms. Boda

Who we are / what we do: Operation Smile is an international children's medical charity that provides surgical assistance to children born with cleft lips / cleft palates. Children who are born with this condition are often unable to eat properly, speak, socialize, or smile. Join us in our efforts to raise funds for the much-needed surgical procedures that can change the lives of these children forever, giving them the chance to lead healthy, productive lives.

Meeting frequency: Tuesday at lunch in the East Wing art room 2007.

Positive Space



Staff Advisor(s): Ms. Danese

Who we are / what we do: Positive Space provides a safe and inclusive space for students to discuss the experiences of LGBTQ+ persons. The goal of this human rights group is to promote equity, understanding, and acceptance of all students within the Ancaster High community.

Meeting frequency: Thursdays at lunch room 1031

Student Council



Staff Advisor(s): Ms. Turner & Ms. Iossifidis

Who we are / what we do: Meetings of Ancaster High School's Student Council occur from September to June. A student representative of each club is asked to attend meetings to assist in making various decisions in our school. Each position is elected into student council.

Meeting frequency: Mondays at lunch room 2016

Student Voice

Staff Advisor(s): Ms. Fletcher



Who we are / what we do: Student Voice is open to all students, providing students with a platform to share their ideas with the school principal and other staff to help improve Ancaster High. This group is action-oriented as it implements student suggestions. Past initiatives include improving school signage and running orientation days for grade 9's.

Meeting frequency: Every other Tuesday at lunch in the Student Success room.



Arts Clubs

Ancaster Players Drama & Stage Crew Club

Staff Advisor(s): Ms. Turner

Who we are / what we do: We are a performance and technical theatre troupe who stage AHS' annual musical. We also participate in talent shows, Arts Fest, and school assemblies.

Meeting frequency: Varies depending on show schedule. Starts 2-3 weeks in September. Both lunch and after-school meetings.

Concert Band

Staff Advisor(s): Ms. Wylie

Who we are / what we do: We play music! We provide music for various events, play at concerts and festivals throughout the year.



Meeting frequency: Tuesday and Thursday mornings at 7:15

Cosplay

Staff Advisor(s): Mr. Malcolm

Who we are / what we do: This is a group of cosplay enthusiasts who like to share their costume/make-up design techniques and talents with like-minded individuals. Cosplay club has been involved in designing the costumes and make-up for AHS plays and musicals. They also make costumes for Halloween and conventions.

Meeting frequency: Various frequency depending on interest and project deadlines. From three times a week, to once a month.

Dungeons & Dragons Club

Staff Advisor(s): Mr. Rancourt

Who we are / what we do: This is a group of students who enjoy the Role-Playing Game of Dungeons & Dragons. There is a friendly rotation of Dungeon Masters who have pre-made or custom quests for the group to enjoy and interact with. Time is spent making new characters, discussing quests, new spells, etc. New people are always welcome.

Meeting frequency: Meeting in Room 217 (2028) on Tuesdays and Thursdays

Musical Arts Association (MAA)

Staff Advisor(s): Ms. Wylie



Who we are / what we do: This group is an elected executive body which acts as representation and organization for the support of musical ensembles. They also act as a liaison between student council and the ensembles.

Meeting frequency: As needed, once a month

Photography

Staff Advisor(s): Ms. Sanders

Who we are / what we do: A group of students who have the passion for Photography and/or Photoshop. We take photos for the yearbook and competitions.

Meeting frequency: Tuesdays at lunch in D1

Slam Poetry

Staff Advisor(s): Ms. Crowe



Who we are / what we do: We discuss, view, and write individual and team poems in preparation for a spoken word festival in May called *Louder than a Bomb*.

Meeting frequency: Once a week in room 1014

Video Club

Staff Advisor(s): Ms. Sanders

Who we are / what we do: We take videos of school events and also enter many video skills competitions throughout the year.

Meeting frequency: Tuesdays at lunch in D1



Video Game Club

Staff Advisor(s): Mr. Rancourt

Who we are / what we do: This is a group of students who enjoy playing video games. Students will provide a Wii U or Switch and the games. Students are welcome to bring their own game controllers. The game of choice this year has typically been one of the Super Smash Bros. games. All students are welcome.

Meeting frequency: Meeting in Room 217 (2028) on Fridays

Visual Arts Alliance

Staff Advisor(s): Mr. Malcolm

Who we are / what we do: We make art! This group is dedicated to promoting visual arts in Ancaster High. We help create banners and posters for events, and have designed murals and art displays. We paint themed photo backdrops for dances.

Meeting frequency: Various frequency depending on interest and project deadlines. From five times a week, to once a month.

Vocal Ensemble

Staff Advisor(s): Ms. Wylie

Who we are / what we do: We sing! We provide vocal music for various events, sing at concerts and festivals throughout the year.

Meeting frequency: Tuesday from 3:00-4:00



Yearbook

Staff Advisor(s): Mr. Malcolm

Who we are / what we do: We are an extension of the yearbook class, which designs and creates Ancaster High's yearbook. The class only runs during semester one, so the yearbook club is responsible for finishing the book in February and March. The Yearbook Club also sells and hands out the books in June.

Meeting frequency: Once a week in second semester. More frequently when yearbook deadlines are approaching.

Athletic Clubs & School Teams

Boys Athletic Association (BAA)

Staff Advisor(s): Mr. Schurer

Who we are / what we do: The BAA is focused on providing boys a unique experience to get involved and to find a sense of community within our large high school. We offer the opportunity to become Co-Presidents, an executive member with more responsibilities, or a member of the BAA. We offer intramurals at lunch, BAA BBQ's for many special events, Halloween Haunted House, Christmas Themed event, Terry Fox Games area, Triathlon BBQ, Marathon of Hope Water Station, and many other events determined by the Co-Presidents.

Meeting frequency: Mass meeting monthly, Executive meeting every 2 weeks, Co-Presidents meet weekly



Girls Athletic Association (GAA)

Staff Advisor(s): Ms. Adams

Who we are / what we do: A group of student athletes who are interested in and who organize fundraising events within the school and the broader community. Event examples include; Intramurals, Community BBQ, Climb for Cancer, Holiday Village, Annual Coin Drive, and the Ancaster Heritage Day Parade.

Meeting frequency: Mass meeting monthly, Executive meeting every 2 weeks

School Teams

Review the chart on the following page to see which sports are offered at Ancaster High School. Announcements with signup or tryout information will be made during the season.

Note:

Midget = Grade 9 only

Junior = Grade 9 and 10 only

Senior = Grade 11 and 12 only

Varsity = Open to all grades (9-12)

Fall Season Sports Teams

Sport:	Boys / Girls:	Midget:	Jr:	Sr:	Varsity:
Cross-Country	B & G	X	X	X	
Grade 9 Soccer	B & G	X			
Basketball	G		X	X	
Volleyball	B		X	X	
Field Hockey	G				X
Tennis	B & G		X	X	
Touch Football	G				X
Touch Football	B	X			
Football (tackle)	B				X
Baseball	B				X

Winter Season Sports Teams

Sport:	Boys / Girls:	Midget:	Jr:	Sr:	Varsity:
Hockey	B & G				X
Basketball	B		X	X	
Volleyball	G		X	X	
Waterpolo	B & G		X	X	
Swimming	B & G	X	X	X	

Spring Season Sports Teams

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Sport:	Boys / Girls:	Midget:	Jr:	Sr:	Varsity:
Track and Field	B & G	X	X	X	
Soccer	B & G				X
Rowing	B & G				X
Slo-pitch	G				X
Rugby	G				X
Cricket	B & G				X
Football	B		X		
Badminton	B & G	X	X	X	
Junior Hockey	B		X		
Volleyball	B & G		X	X	
Ultimate Frisbee	B&G				