

AM Cunningham School Council
via the PRO Grant PRESENTS...

“RAISING AWESOME KIDS” Workshop by Gary Direnfeld MSW, RSW

“Kids these days have much on their plates between school, extra-curricular activities and busy hard working parents. In this high stress busy world, some kids fare better than others and some kids struggle even with as much as depression and anxiety. We all want the best for our kids. This workshop addresses the stresses on children and families today and provides practical tips to manage and thrive while building resiliency and capacity in the child whose struggles may show through their behavior. Come join us for an informative and entertaining evening where Gary will answer many of your parenting questions.”

Tuesday April 17th 6:30-8:00pm
at AM Cunningham Gym

Sign up to attend at:

<https://m.signupgenius.com/#!/showRSVPSignUp/30e094aada623a3fd0-raising>

Child care is available free of charge

Light refreshments will be served