



**Jump Rope for Heart is back!**

Our school is excited to be participating in Jump Rope for Heart this year!  
Please save the dates and stay tuned for more information:

**Kick-off date:**

**Event date:**

## **Jump gives back to schools!**

As a thank you for putting kids' heart and brain health first, schools that raise at least \$500 can receive 8% of the funds raised back to:

- help get new equipment or supplies
- donate back to Heart & Stroke to support lifesaving research

**Join your school online!**

**[jumpropeforheart.ca](http://jumpropeforheart.ca)**

## **Kids helping kids!**

The funds kids collect supports research that helps other kids and families across the country.



### **Dani**

Was born with congenital heart disease.



### **Zoe**

Had a cardiac arrest when she was five.

