



Cross Country practice forms went home today for grades 3-8 students who made the team. Families, please read and scan the QR code!

 Practices run after school until
3:50–4:00 pm

Practice Dates:
Wednesday October 1
Thursday October 2
Monday October 6

ADELAIDE PLEASE CLEAR THE
PLAYGROUND ASAP SO OUR
RUNNERS CAN SAFELY PRACTICE!

