

YOU'RE INVITED!

*To our X Movement Community
Engagement Event at our school!*

About The Event

The Community Engagement Event is a fun social gathering of the school community that happens after school hours.

This event gives the students an opportunity to participate in the program activities together with their families/guardians.

This event is a high energy and fun hour long session that brings laughter, smiles and joy to the whole school community.

Get Ready To Move And Learn!

You will experience a range of activities together, such as dance, fitness, sports, martial-arts, mindfulness and more!

Students are empowered to teach their families the life skills they learned in the program, strengthening the learning outcomes.

Please wear appropriate footwear, as you will be moving around and getting active. A water bottle close by is also recommended!



Save The Date

Day

Thursday April 24,
2025

Start Time

3:30 PM

Location

The Gym

