



Jump Rope for Heart is back!

Our school is excited to be participating in Jump Rope for Heart this year!
Please save the dates and stay tuned for more information:

Kick-off date:

Event date:

Jump gives back to schools!

As a thank you for putting kids' heart and brain health first, schools that raise at least \$500 can receive 8% of the funds raised back to:

- help get new equipment or supplies
- donate back to Heart & Stroke to support lifesaving research

Join your school online!

jumpropeforheart.ca

Kids helping kids!

The funds kids collect supports research that helps other kids and families across the country.



Dani

Was born with congenital heart disease.



Zoe

Had a cardiac arrest when she was five.

