



Adelaide Hoodless

Mother's Day Weekend Walk/Run/Ride/ Event

Dear Families,

We hope you are well at this time. This coming Sunday is Mother's Day and we hope you will join us in our Mother's Day Walk/Run/Ride event. The goal of the event is for the school community to accumulate at least 1911km. The reason for 1911, that is the year that Adelaide Hoodless school opened. The event will occur over the weekend starting on Friday May 8, 2020 and finishing on Sunday May 10, 2020.

Because we are not allowed to come together as a group at this time, this will be a virtual event. You will do your activity with your family and then record it on the Google Form provided in the link.

<https://forms.gle/gUHqF6hJ9GvMe7QC7>

There are many different Apps available for your devices that will track your distance for you; Strava, Map My Run, Map My Ride, StepsApp, etc. Just to name a few. If you don't have an app, you can estimate your distance. This is all about moving as a community. Don't forget to wear your Adelaide spirit wear!

If you are comfortable in doing so, please forward a picture of you or your family participating in the event to Mr. O'Connell (boconnel@hwdsb.on.ca) or Mrs. Simpson (nsimpson@hwdsb.on.ca) so that I can put together a video of the event.

Let's go Hawks, we can do this!