

# Hamilton Hornets Rugby

## Winter Indoor Training

Wentworth Sports  
Complex  
2100 Main St W

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— No Experience Necessary —  
— New Players Always Welcome —

### Minis & Juniors

Boys & Girls Ages 4-18  
**FREE Training!**  
2:00 PM - 3:00 PM

### Seniors

Men & Women 19-45+  
**\$10 Per Session**  
3:00 PM - 4:00 PM  
\*New Players First Session Free\*

January 13th  
January 20th

**REGISTRATION**



February 3rd    March 2nd    April 6th  
February 10th    March 16th    April 13th  
February 24th    March 23rd    April 27th

**WWW.HAMILTONRUGBY.COM**