

Mountain Shidokan Karate is dedicated to helping families IN-&-OUT of the Dojo: Giving kids the necessary skills to overcome life's little obstacles!

What parents had to say...



"My child absolutely LOVES Karate! It has been something positive in his life, where he can be successful!"



"Definite overall positive impacts in her personality. Well done! My daughter's confidence has definitely seen the biggest improvements!"



(289) 244-3104

www.mountainshidokan.com