



Let's Talk Well-Being

How to build resiliency and mental health in our youth
– a session for parents and caregivers

Opening remarks:

HWDSB Director Manny Figueiredo

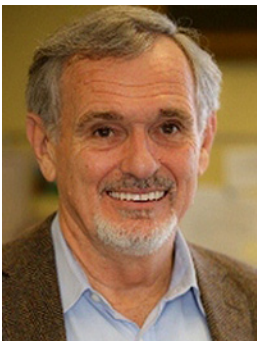
Keynote Speaker:

Dr. Bruce Ferguson PhD., C. Psych.

Tuesday, May 3, 2016

Sherwood Secondary School

7:00 p.m. - Auditorium



Dr. Bruce Ferguson PhD., C. Psych. is a Senior Consultant and the founding Director of the Community Health Systems Resource Group at The Hospital for Sick Children (SickKids). His vision is to promote success in children and youth by considering all factors essential to well-being including health, home life, school, community life and peer relationships.

Speak to community support agencies at storefront displays.

Please register online at <http://bit.ly/1VANF2K>

Childcare available

For more information, contact Sherwood Secondary at 905.383.3377 ext 222

www.hwdsb.on.ca/sherwood