

What is Ontario Mental Health and Addictions Strategy?

Open Minds, Healthy Minds is a ten-year Strategy designed to enhance the mental health and well-being of citizens of Ontario. It includes contributions from ten government Ministries and offers a systematic and comprehensive approach to service delivery along the continuum of mental health promotion, prevention, and intervention / ongoing care. The first three years of the Strategy are devoted to children and youth mental health and addictions, under the leadership of the Ministry of Children and Youth Services.

What are the Ministry of Education Commitments to the Strategy?

Amend the education curriculum

Develop a K-12 Resource Guide/Website

Provide support for professional learning in mental health and addictions for all Ontario educators

Fund and support Mental Health Leaders in publicly funded school boards

Support *Working Together for Kids' Mental Health*

Implement School Mental Health ASSIST

3 Key Priorities...



What is School Mental Health ASSIST?

SMH ASSIST is a provincial implementation support team designed to help school boards to:

1. enhance organizational conditions to support student mental health and well-being
2. build professional capacity related to mental health and addictions
3. select and implement evidence-based mental health promotion and prevention programming.

What Services Can I Expect from SMH ASSIST?

All boards have access to resources that support organizational leadership, capacity-building and mental health programming through the SMH ASSIST website: <http://smh-assist.ca/>

These resources have been co-created with Ontario stakeholders and have been piloted with designated Focus Boards prior to broader sharing. SMH ASSIST also supports the Mental Health Leaders in these Focus Boards by providing leadership modules and ongoing implementation coaching support.



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