

# SCHOOL PAGES

## WATERDOWN DISTRICT HIGH SCHOOL

215 Parkside Drive, Waterdown ON, L0R 2H0

Principal: Ms. Michelle Visca

(905) 689-6692

email: [waterdow@hwdsb.on.ca](mailto:waterdow@hwdsb.on.ca)

[www.hwdsb.on.ca/waterdown](http://www.hwdsb.on.ca/waterdown)



WDHS's tradition and history of excellence spans more than 150 years. It offers students a wide variety of clubs, activities and sports to support many interests.

### SPECIALIZED AND PERSONALIZED LEARNING

#### ConneXions – Integrated Global Citizenship Program

This 3 credit package, combines the study of cultural, political, historical and environmental issues from around the world with a special focus on Latin America. You will trade in your classroom learning for experiential learning by taking a two-week trip before Christmas to a country in Central America. Students will stay with host families, tour the region and contribute to a simple work project to help the community. The trip will cost \$2800 but cooperative and individual fund raising in addition to charitable tax-deductible donations to the student's trip can reduce the cost considerably.

Course Codes: ENG4U1 / ENG4C1, CGU4U1 / CGU4C1 and IDC4U1 / IDC4O1

#### The Hockey Canada Skills Academy

The emphasis in these Hockey Canada accredited programs is on skill development for all levels of ability. Fundamental hockey skills such as passing, shooting, puck control, skating and checking comprise the main focus of the on-ice components of the course. Student involvement in this program may also enhance leadership, fitness, hockey strategy and healthy life skills for athletes. The off ice components include video analysis, fitness training and CPR training. Health units consist of, healthy sexuality, substance use and abuse, goal setting, communication, and social skills. Parents are responsible for transportation to the arena by 7:00 am on scheduled ice days. A school bus will bring the students back to school in time for period 2. Course fee: \$300

Course Code: PAL1O1, PAL2O1 or PAL3O1

#### Outbound

Outbound is a 4 credit package that integrates grade 12 courses in Science, Geography, English and Physical Education into a program which develops practical skills related to communication, leadership, outdoor education, and environmental awareness. Students gain authentic experience through a variety of single day excursions in addition to a 5 day winter experience trip in February, a 4 day hiking trip in Bruce National Park in May and a 5 day canoe trip in Algonquin Provincial Park in June. Students also mentor grade 5 students through the Earthkeepers program and become certified in First Aid and ORCKA canoe training.

### SPECIALIST HIGH SKILLS MAJOR (SHSM)

#### Environment

The Specialist High Skills Major in the Environment provides students an opportunity to specialize, gain qualifications and plan a career pathway in various areas of the Environment sector while still in High School. Embedded in the course of study will be the concepts of environmental stewardship, developing an awareness of emerging career sectors, making practical connections with a variety of renewable energy technologies in collaboration with local community partners and gaining industry recognized certifications in order to expand their employability skills and/or readiness for post-secondary opportunities. The major credits in grade 11 are a two credit package consisting of Outdoor Activities (PAD3O1) and Physical Geography (CGF3M1). The major credits in grade 12 mirror the package of credits in the Outbound program outlined above.

### FOCUS COURSES

**Elite Fitness** - A qualified fitness instructor will prepare fitness programs to meet the needs of each student. Trips will include visits to the Sports Specific Training Centre and YMCA.

Course Codes: PAF1O1, PAF2O1

**Musical Theatre** - Musical Theatre students explore and experience the technical, musical, dramatic, kinesthetic and artistic aspects of various styles of musical theatre. The course will culminate in a full musical production. The course runs after school on Mondays and Wednesdays for the full school year.

Course Codes: AMT3M1, AMT4M1

**Sports Marketing and Entertainment** - This course emphasizes the concepts of marketing by analyzing the trends and issues in the sports and entertainment industry.

Course Code: IDC4U1

#### Dance

Course Codes: PAR2O1F, PAR3O1F

#### Triathlon

Course Code: PAF4O1M(Fitness) PAI4O1F(Rec)