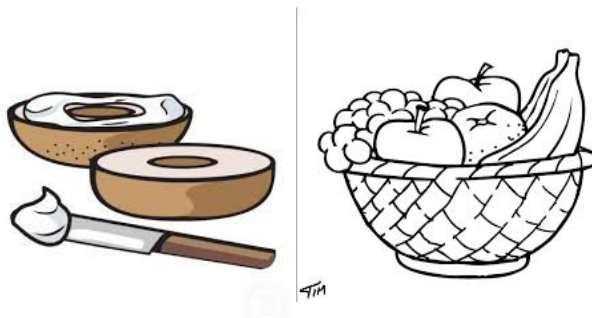


DID YOU KNOW?

- Semester 1 exams start at 9:00 am.
 - You should arrive at school at least 20 minutes before your exam.
- Bring a pen, pencil, eraser, calculator, textbook and Phys. Ed clothing to your exam as needed.
- Students with an I.E.P. may fill out an Exam Arrangement Form which allows them to write their exam in a different location.
- Exams are at least 75 minutes but could be 2 hours (ask your teacher). Then you can go home to study for your next exam.
- Exam Make Up day is only used if we have a snow day on an exam day. If this happens all exams are bumped to the next day. If there is not a snow day you may stay at home, (unless your teacher has asked you to come in to complete some work)
- Semester 2 classes start Feb 1st, 2019.

Free Breakfast
8:30 - 8:55 am
front foyer on
exam days



GRADE 9 COCOA & CRUNCH



EXAM WEEK TIPS

KEEP YOUR STRESS LEVEL DOWN

- Have a plan and be organized
- Be sure to get enough sleep before and during the week
- Always have a good breakfast
- Exercise can help relieve stress



STUDYING FOR YOUR EXAMS

- Review old tests
 - Write out questions from old tests and complete them again without looking at the answers, then mark them
 - Read over the teachers feedback on your assignments
- Complete review questions given in class
 - If you have a question wrong during the review, try it again at home
- Understand the concepts in class not just the content
 - Can you apply the concepts to different types of questions
- Highlight/summarise your notes
- Ask your parents, siblings or friends to quiz you
- Pay attention during exam review in class, teachers will give you many tips about their exam
- **Ask your teachers for help in advance of the exam!**

WRITING YOUR EXAM

- Take a deep breath before you start
- Read all the questions before you start to write
- Manage your time
 - Know how many marks are for each question and spend the appropriate amount of time on it.
 - Start with questions you are sure about but mark the questions you need to come back to
- Read the questions carefully and make sure you answer what it is asking for
- Check over all of your answers, but do not change the answer unless you are sure
- Do not leave any questions BLANK!
- Tell yourself you are doing fine!
- Ask questions to your teacher during the exam to clarify