



Activity	Teacher Contact	Description	Time Commitment	How to get involved
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Athletics				
Badminton Team (Junior)	TBA	Badminton team for boys and girls in grades 10	March-May every day after school. Tournaments in April/May.	Contact Ms. Brown in the PE office
Badminton Team (Midget)	TBA	Badminton team for boys and girls in Grade 9	March to May. 2-3 practices each week.	Contact Ms. Brown in the PE office
Badminton Team (Senior)	TBA	Badminton team for boys and girls in grades 11-12	March-May every day after school. Tournaments in April/May.	Contact Ms. Brown in the PE office
Baseball Team	Mr. Stevens	Boys Baseball team for all grades	Sept. and Oct. every day after school.	Contact Mr. Stevens in Room 321
Basketball Team (Junior Boys)	Mr. Merritt	Grade 9 and 10 boys basketball team	Middle of November to late March. Monday to Friday after school	Contact Mr. Merritt in the room 223
Basketball Team (Varsity Girls)	Ms. L. Scott	Varsity Girls Basketball team for grades 9-12	Beginning of September to early November everyday after school. Games twice a week.	Contact Ms. L. Scott
Basketball Team (Midget Boys)	TBA	Midget Boys Basketball team for grade 9 boys.	April to May every day after school.	Contact Mr. Teufel in the PE office
Basketball Team (Midget Girls)	TBA	Midget Girls Basketball team for grade 9 girls.	April to May every day after school.	Contact Ms. Brown in the PE office
Basketball Team (Senior Boys)	TBA	Senior Boys Basketball team is primarily for grades 11-12	Early November to March every day after school. Games twice a week.	Contact Mr. Teufel in the PE office
Basketball Team (Senior Girls)	See Varsity above	Senior Girls Basketball team primarily for grades 11-12	Beginning of September to early November every day after school. Games twice a week.	Contact TBA
Cross Country Team	Ms. Columbus Ms. Cassuccio	Cross Country long distance running team	Start of September to early November. Monday to Thursday	Contact Ms. Columbus or Ms. Cassuccio
Field Hockey Team (Girls)	Ms. French or Ms. Brown	Field Hockey team (all grades)	Early September to mid October. Practices are 2 times per week with games twice a week	Contact Ms. French or Ms. Brown in the PE office
Floor ball	Mr. Herrington	Students from grade 9-12.	One month commitment with practices at lunch of after school	Contact Mr. Herrington



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Football Team (Junior)	TBA	Football Team for grades 9-10	April to June 4 times per week after school and 2x at lunch	Contact Mr. Teufel in the PE office
Football Team (Senior)	Mr. Lewis	Football Team for grades 10-12	In-season – Last week of Aug – end of Nov everyday after school	Contact Mr. Lewis in the 315
Golf Team	Ms. Miyata	Compete in regional golf tournaments	September. Periodic tournaments.	Contact Ms. Miyata in room 354
Hockey Team (Boys)	Mr. Teufel	Boys Hockey team for all grades.	November to March. Practices/ games twice a week.	Contact Mr. Teufel
Hockey Team (Girls)	Mr. Stevens Ms. Van Impe	Girls Hockey team for all grades.	January - March	Contact Mr. Steven (321) or Ms. Van Impe (315)
Pickle Ball	Ms. French	This is a tennis/badminton like sport open to all grades	November and December	Contact Ms. French in the PE office
Rugby Team (Boys)	TBA	No Rugby	Indoor training beginning early March, outdoor May to June	
Rugby Team (Girls)	TBA	No Rugby	Indoor training beginning early March, outdoor May to June	Contact TBA
Sherwood Athletic Council (SAC)	Ms. Brown Mr. Teufel	Council organizes all school athletics	Meetings at lunch and events as needed	Contact Ms. Brown or Mr. Teufel in the PE office
Slo-Pitch Team (Girls)	Mr. Deveau Ms. Kaus	After school practices and a 1 day tournament in June	May to the first week of June	Contact Mr. Deveau in room 104 or Ms. Kaus in Room 243a
Soccer Indoor Team (Girls) TBD	Ms. Kafal Ms. Mckague	No league as of yet	October to April, practicing once a week (Thursday morning). Games once a week.	Contact Ms. Brown in the PE office
Soccer Indoor Team (Junior Boys)	Mr. Jones Mr. Ermacora	No League as of yet	October to April, practicing in the mornings. Games once a week.	Contact Mr. Jones in room 215
Soccer Indoor Team (Senior Boys)	Mr. Jones Mr. Ermacora	No League as of yet	Mon. and/or Wed. 7:00 AM -8:15AM November to Early April	Contact Mr. Jones in room 215
Soccer Grade 9 (Boys)	Mr. Jones Mr. Lewis	Grade 9 Boys (only) Soccer Team (Grades 9-12)	First week in September - 1 month in length	Contact Mr. Jones in room 215
Soccer Grade 9 (Girls)	Ms. Manning	Grade 9 Girls (only) Soccer Team (Grades 9-12)	First week in September - 1 month in length	Contact Ms. Manning in room 261
Soccer Outdoor (Boys)	Mr. Lewis Mr. Ermacora	Varsity Boys Soccer Team (Grades 9-12)	Late March to middle of May. After school.	Contact Mr. Lewis



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Soccer Team (Girls)	Ms. Brown Ms. Kafal	Varsity Girls Soccer Team (Grades 9-12)	Late March to middle of May. After school.	Contact Ms. Brown in the PE office
Tennis Team	Mr. Thomaidis	School tennis team that competes at the start of the school year.	After school practices. September to October.	Contact Mr. Thomaidis in boys PE office
Touch Football Team (Girls)	Mr. Herrington	Early fall season tournament.	Tryouts early September. After school practises.	Contact Mr. Herrington in the boys PE office
Touch Football Team (Gr. 9 Boys)	Mr. Herrington	Early fall tournament	Tryouts start first day of school	Contact Mr. Herrington in the PE office
Track and Field Team	TBA	Compete in regional Track and Field Meets.	Practices after school from April to June. Throwing-Mon/Wed lunch Tues. p.m. Running- a.m.	Contact Ms. Brown in the PE office
Ultimate Frisbee	Mr. Herrington	School team that competes in tournaments	Mid April	Contact Mr. Herrington in the PE office
Volleyball Team (Co-ed)	TBA	Compete in 2-3 tournaments. Open to all grades.	Practice 2 times a week. Late April to May.	Contact Mr. Teufel in the PE office
Volleyball Team (Junior Boys)	Mr. Gocentas Mr Merritt	Junior Boys Volleyball team for grades 9-10	September to November everyday after school. Games weekly.	Contact Mr. Merritt in Girls PE office
Volleyball Team (Junior Girls)	TBA	Junior Girls Volleyball team for grades 9-10	November to March everyday after school. Games weekly.	Contact Ms. Brown in the PE office
Volleyball Team (Senior Boys)	Mr. Teufel	Senior Boys Volleyball team for grades 11-12	September to November every day after school. Games weekly.	Contact Mr. Teufel in the PE office
Volleyball Team (Senior Girls)	TBA	Senior Girls Volleyball team for grades 11-12	November to March every day after school. Games weekly.	Contact Ms. Brown in the girls PE office
Water polo Team (Junior Boys)	Mr. Murkovich	Junior Boys Waterpolo team for grades 9-10	November to January. Practices/ games twice a week.	Contact Mr. Murkovich in Student Services
Water polo Team (Junior Girls)	Ms. French	Junior Girls Waterpolo team for grade 9-10	February to March. Practices/ games twice a week.	Contact Ms. French in the PE office
Water polo Team (Senior Boys)	Mr. Murovich	Junior Boys Waterpolo team for grades 11-12	November to January. Practices/ games twice a week.	Contact Mr. Murkovich in Student Services
Water polo Team (Senior Girls)	Mr. Murkovich Ms. French	Senior Girls Waterpolo team for grade 11-12	February to March. Practices/ games twice a week.	Contact Mr. Murkovich in Student Services



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Clubs and Groups

Ambassadors	Mr. Balazs Ms. Oliver	The group of leaders support school initiative by building inclusion throughout our community and working with our transition programs	Throughout the school year	Contact Student Services
Announcement Crew	Ms. Lea	Teams of students read the morning announcements	Mornings at 8:30 & 9:55 am	Contact the Guidance Office
Dance Team	Ms. Zsiros	Students rehearse dances once a week to be performed at various school events and community competitions.	Starts October 2016	Contact Ms. Zsiros
Drama Club	Ms. George	Improvisation, public speaking, drama skills and activities	Thursday at lunch	Contact Ms. George in room 103
Environmental Club	Ms. Nichol	Come out to the enviro club...spend time outdoors and with our courtyard beautification projects, and the annual Rakefest.	Starts in the Spring	Contact Ms. Nichol in the Learning Commons
EQAO Math Tutorials	Ms Skenderis.	EQAO math preparatory tutorials before each Grade 9 EQAO test	Prior to the end of each semester	Contact Ms. Schaap, Ms. Theodoropoulos on rooms 241/231
French Exchange	Ms. Oliver	French students can participate in a reciprocal exchange with a student from France. Must be studying French and be 14-17 years old.	August to November and February to May	Visit the website of Canadian Education Exchange Foundation www.ceef.ca
GO Girls	Ms. Wilson	The program provides junior girls the opportunity to meet and learn from one another through a number of activities related to building trust, creative expression, body image and self-esteem, and healthy relationships	TBA until Second Semester	Contact Ms. Wilson in room 365
Health Action Team	Ms. French, Ms. Martin, Ms. Manning	Get involved in improving all things health related; including anti-tobacco, drug and alcohol abuse, nutrition, fitness, annual blood drive and MADD	Meetings are once a week in room 334	Contact Ms. French Girls PE, Ms. Martin room 332, Ms. Manning room 261
International Culture Club	Ms. Purdy	Student get together from a wide variety of background to explore other cultures	Every 2 nd Thursday in room 252 at lunch	Contact Ms. Purdy in room 252



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Indigenous Group	Farrah Dokis	Curriculum based group for all staff and students (indigenous or not) to learn about Canada's history and Indigenous culture	Weekly meetings 11:10-12:30 Thursdays in Room 216 or Conference Room	Contact Farrah Dokis in Room 216
Math Contests	Ms. Skenderis	Math Contest including Euclid, Mac and Waterloo	One day events April and November	Contact Ms. Schaap, Ms. Theodoropoulos on rooms 241/231
Math Society	Mr. Brady	Numbers... and more! We learn about interesting mathematics that is not found in the high school curriculum.	Every other Thursday at lunch	Contact Mr. Brady in room 243
OSSLT After school prep course	TBA	Meet in the seminar room after school to focus on a different aspect of the Literary Test.	Meeting 10 times on Wednesday between December and March	Contact the library, or any Guidance Counsellor
Positive Space	Farrah Dokis	This club is an LGBTQ+ support group for students who identify as LGBTQ+. It also warmly welcomes allies (students and staff) who wish to work toward building an equitable environment.	Weekly meetings every Friday	Contact Farrah Dokis in Rm 216
Prom Committee	Ms. Aceti	Help plan, organize and create lasting grad and prom memories,	Grade 12 students can join the Grade Committee in September	Contact Ms. Aceti in room 251
Sears Ontario Drama Festival	Ms. George	Students produce a production to enter into the Sears Drama Festival. Can be involved as actors and/or crew	Rehearsals begin in Semester 1 and run to late March. Practice times TBA	Contact Ms. George in room 103
Slam Poetry	Farrah Dokis	Poetry writing and sharing, some field trips	Weekly meetings Wednesdays in Room 216 at lunch	Contact Farrah Dokis in Rm 216
Social Club (Restorative Justice)	Mrs. Bartolacci Farrah Dokis Elisha Rogal	A safe place for staff and students to share brags and drags, "if" questions, goal setting, problem-solving, fun games!	Tuesdays @ lunch in room 365, drop in as you can	Contact Farrah, Elisha or Mrs. Bartolacci
Social Justice Club	Ms. Reda, Ms. Wilson	Fundraise for local and global charities and make C.H.A.N.G.,E. – Create hope and Nurture Global Education!	Tuesdays at Lunch, plus organization time	Contact Ms. Reda in room 363
Stage Crew	Mr. Cividino	Responsible for running equipment in auditorium during assemblies, etc.	Meet Tuesdays at lunch. Some weeknights and weekends for outside rentals.	Contact Mr. Baker or Mr. Cividino in room 200
Student Council	TBA	Student council. All welcome to meetings.	TBA	TBA
Year Book Club	Mr. Weston	Students take photos, create layout and edit our school year book.	Wednesdays after school	See Mr. Weston in Room 325



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Writing Club	Mr. Stevens	Join this creative team of writers, Have fun learning about poetry and many forms of creative writing.	Wednesdays at Lunch in room 321	Contact Mr. Stevens in room 321
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Music

Concert Band (Junior)	Mr. Cividino	For grade 9 students who would like to perform with a large concert band. Each year the ensemble performs at various events in school and at festivals. Open to beginner and advanced music students enrolled in grade 9 music.	Sign up in September Wednesday and Friday Mornings all year - 7:15am	Contact Mr. Cividino in room 200
Repertoire Band (Senior)	Mr. Baker	For senior students who would like to perform with a large concert band. Each year the ensemble performs at various school events, festivals and tours each spring to an international destination. Students should be experienced music students enrolled in grades 10, 11 or 12 music and repertoire.	Tuesday and Thursday Mornings all year - 7:15am	Contact Mr. Baker in room 200
Sherwood Music Theatre	Ms. Dalgleish Mr. Baker Mr. Cividino	Course for Grade 11/12 students, and choir members Semester. Student put on a full length Music Theatre production consisting of 8 shows for the community and feeder schools.	Enrol in Grade 11/12 Music Theatre or Join Choir	Contact Ms. Dalgleish/Mr. Baker/Mr. Cividino
Sherwood Enrichment Band (grade 7 and 8's)	Mr. Baker	A Feeder School Band open to grade 7 and 8 students. Students in grade 8 receive a Reach Ahead music credit. Sherwood students in Grade 9-12 can volunteer as mentors for Community Hours.	Sign up in September Mentors - Monday Nights 6-8pm	Contact Mr. Baker in room 200
Choir	Mr. Baker	Open to all students in grades 9 through 12. The choir sings in school and community events and participates in local music festivals.	Starts in September Wednesday's after school	Contact Mr. Baker in Room 200
Jazz Band	Mr. R. Baker Mr. Cividino	For students in grades 10 through 12. Open to student enrolled in Senior Band. Perform at Music Nights and Festivals	Sign up in September Monday's after school	Contact Mr. Baker in room 200
Music Council	Mr. R. Baker Mr. Cividino	Open to all Music students interested in planning events for the music department, fundraising and running Music Nights.	Sign up in September Wednesdays at lunch	Contact Mr. Baker in room 200