

Thursday September 21, 2017

Dear Parents:

It is with great anticipation that Sherwood Secondary is pleased to be hosting its annual Terry Fox Walk on Thursday September 28, 2017. Together with more than 4,000 schools across Ontario we will join in the fight against cancer. Terry Fox's story of courage and determination continues to be taught, shared and used as an example of the best we can be, not only as individuals, but also as Canadians.

Our walk will follow the same course as in previous years. Our route will be both on school grounds, on a course marked off around the school fields and off school grounds as we run the block that surrounds the school, and during school time. Students have the option of walking on the school field's course or running the block. **Please note a permission form filled out with medical information is required if your student is going to do the run.** The block is approximately 1.2km in length and students will be encouraged to run it four times for a total of 5 km. The walk is for approximately 30 minutes. Teachers will be on hand to supervise and assist students along the way. Our Student Council, Abilities Classes and Student Athletic Council have planned a few fun activities for the event along with the walk/run.

All students are encouraged to take part in this school wide event. A pledge sheet is available from your student's home room teacher or you can contribute on line. We are very proud to be associated with The Terry Fox Foundation and believe that our involvement will launch a successful, positive and meaningful school year. Sherwood's contribution to cancer research; to date tops almost \$ 26,000 and this year we are entering into our 23rd year of involvement in this terrific cause.

You will be interested to note that the Foundation works very hard to continue the downward trend in overall expenses, boasting a 13% operating cost (fundraising and administration). Our goal this year is to match or beat last year's contribution of \$1,200. We are confident we can realize this goal with the full participation of the school community. We hope to count on your support.

"The running I can do, even if I have to crawl every last mile. We need your help. The people in cancer clinics all over the world need people who believe in miracles."

Terry Fox, October 1979

Let's keep Terry's dream to find a cure for cancer alive.

Thank you in advance for your continued support.

Jacqueline Brown

Head of Girls PE and Terry Fox Event Organiser