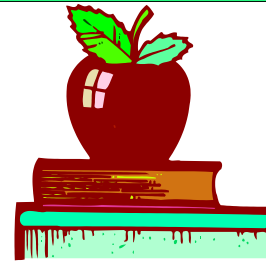




PAULINE JOHNSON NEWS

Laura Romano, Superintendent of Student Achievement
Dawn Danko, Trustee—ddanko@hwdsb.on.ca (289) 775-0269
Colin Hazell, Principal ... Jessica Lindsay, Vice Principal



Principal's Corner - Colin Hazell

M A Y 2 0 1 6

In keeping with our Eco Team initiative, we are trying to send home less paper. Please watch each month for **IMPORTANT UPDATES** that can be found on our school website at www.hwdsb.on.ca/paulinejohnson/ or on twitter at ... @PJCardinals for up to the minute tweets.

RECEIVE IMPORTANT INFO VIA EMAIL ADDRESS ... To receive this newsletter and other important information via email please email ... chazell@hwdsb.on.ca ... be sure to include your name and your student's first and last name in the email.

WEBSITE ... Please **subscribe to our Website** to receive emails letting you know that important information has been added /updated on the school calendar that might be of interest to you and your family.

www.hwdsb.on.ca/paulinejohnson/ The **subscribe** information can be found on the right-hand side of our home page.

Dear Parents:

Many thanks for your continued support of Pauline Johnson School.

SPECIAL THANKS TO ...

- ◆ Thank you to the **Forsyth Family** for their donation to our Nutrition Program.
- ◆ Thank you to the **City of Hamilton** for their donation to our Healthy Action Team.
- ◆ **Special Thanks** goes out to the **Hamilton Bulldogs and Tastebuds**, Hamilton's Student Nutrition Collaborative as without both of these companies we could not run our daily nutrition program.
- ◆ Thanks to all of our Student Leaders for coordinating, cleaning and distributing the morning snacks to all of our classes. We serve a morning snack 5 mornings per week. This means we serve over 2,400 snacks per week.

TOGETHER WE CREATE CHANGE – MAY 3rd, 2016

On Tuesday May 3rd, Mrs Tsui and Ms DiFrancesco will each be taking 10 of Pauline Johnson student leaders to "HWDSB Together We Create Change". Our student leaders will meet and share ideas with other student leaders from all HWDSB schools.

OPEN HOUSE & KINDERGARTEN REGISTRATION

Please mark your calendars and plan to join us for our **Open House** on **Thursday, May 19, 2016** from 5 pm - 7 pm.

We will be selling pizza and pop ... **pre-order forms** will be sent home during the week of May 9th and should be returned to the school by Thursday, May 12th.

Open House Agenda for Thursday, May 19th will be:

Pre-ordered Pizza and pop will be served from ... **5:00 pm - 6:00 pm** ... \$1.00 per slice for pizza and \$1 per pop ... a small amount of pizza and pop will be available for sale at the Open House while supplies last.

Classroom Visits / Kindergarten Orientation will take place between **6:00 pm - 7:00 pm**

Kindergarten Registration for September, 2016 will take place in Rm 124 South (Previously Rm 7) from **5 pm - 7:00 pm**.

SCHOOL COUNCIL MEETINGS

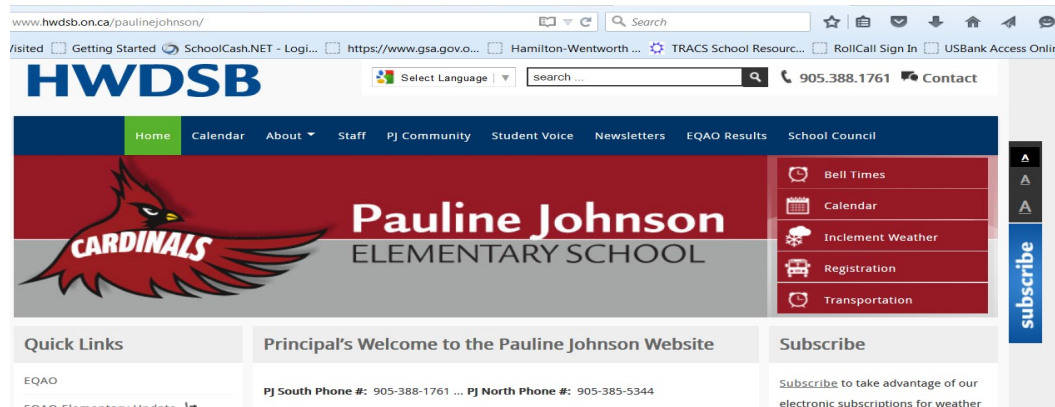
A special thank you goes out to all of our current School Council members for all their help and support this year. Please consider volunteering your time to support our school in the 2016 - 2017 school year.

EQAO

Our Grade 3 and 6 students are preparing to write EQAO from Monday, May 25, 2016 – Friday, May dd, 2016

Thank you to our After School Scholars program teachers Mrs Garret, Ms Gibson and Mr Downey who helped to prepare our students to do their very best this year.

TWITTER: Follow our up to the minute tweets at ... **@PJCardinals**



To receive this newsletter and other important information via email please email ... chazell@hwdsb.on.ca ... be sure to include your name and your student's first and last name in the email.

Please also **subscribe** to our Website to get emails letting you know that important information has been add to the calendar that might be of

interest to you and your family.

The subscribe information can be found on the right-hand side of our home page.

www.hwdsb.on.ca/paulinejohnson/

DATES TO REMEMBER FOR MAY

Pizza Days ... continue to be on Friday (unless a holiday) ... \$1.00 per slice

May 2nd - May 5th ... EDUCATION WEEK ...

May 4th ... JERSEY DAY ...

May 6th ... DANCE GR 7's & 8's ... PJ North Gym

May 9th ... ORAL COMMUNICATIONS COMPETITIONS at the Ed Centre ... 4 pm - 5 pm

May 9th - May 13th ... HAT (Healthy Action Team) Healthy Drink Challenge

May 11th ... CRAZY HAT DAY ...

May 11th ... GAUSS MATH CONTEST ... at SAM (Sir Allan MacNab)

May 11th ... CYCLEMANIA Grades 2 - 4 ... 8:15 am - 12:35 pm ... PJ South Black Top

May 12th ... HOTDOG DAY ...

May 18th - 20th ... CAMP WANAKITA TRIP

May 18th ... RUN 4 CHANGE ... Bayfront Park ... 9 am - 1:30 pm

May 19th ... OPEN HOUSE AND KINDER REGISTRATIONS ... 5 pm - 7 pm ... Pre-ordered Pizza will be served from 5 pm - 6 pm ... Please complete the pre-order form and return it to your teacher. Please bring a canned good when you come to our Open House in support of Neighbour-to-Neighbour. Any contribution is greatly appreciated!!

May 25th - June 1st ... EQAO testing is taking place during this timeframe

May 27th ... GR 7 - HISTORY AND LANGUAGE TRIP - to Chiefswood, Mohawk Chapel ... 6 Nations, Ohsweken, ON

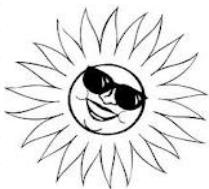
May 31st ... BAND / CHOIR TRIP ... to CANADA'S WONDERLAND

May 31st ... FINAL PARENT COUNCIL MEETING ... 6 pm

June 1st ... GR 4 ... TRIP to HAMILTON WATER FESTIVAL ... 9 am - 2 pm

June 2nd ... GR 7 TRIP ... Battlefield House, Stoney Creek

June 2nd ... GR 4 - 5 TRIP - Wizard of OZ ... at SAM (Sir Allan MacNab)



From Public Health Fun in the Sun!

Tips for a Happy Healthy Summer

The warm weather is fast approaching and many people will be spending more time outside. We should all be wearing sunscreen daily, even through the winter months, but it's extremely important during the summer months.



Here a few sun protection tips to keep in mind:

1. Limit the amount of time spent outdoors between the hours of 11 am and 4 pm, especially between noon and 2 pm when the sun is at its hottest.
2. Use a broad spectrum sunscreen with an SPF of 30 or higher. Apply to all exposed areas of skin at least 15-30 minutes before going outdoors and then reapply every 2 hours after that.
3. Remember to use a water resistant, sweat resistant or sport sunscreen with an SPF of 30 or greater. If you are involved in swimming or physical exercise where you sweat a lot, reapply sunscreen after getting out of the water.
4. Wear loose, lightweight clothing that covers as much of your body as possible.
5. Wearing a wide-brim hat and sunglasses should also be part of your daily outfit.
6. Try to keep in the shade as much as possible. Try the shadow test ... If your shadow is **SHORTER** than you it's time to go inside or seek shade.
7. Protect your lips with a broad spectrum lip balm with an SPF of 30 or higher.
8. Protect yourself even on cloudy days since most of the sun's rays can penetrate light cloud cover.

Make Sun Protection part of your family's everyday routine. Keep sun protection items: sunscreen, hats, and sunglasses in a handy convenient place such as a basket by the front door. Place bottles of sunscreen in backpacks for school. Create a sun safe environment in your backyard with shade trees, tents or umbrellas.

HEALTH AND SAFETY DURING A HEAT EVENT

A heat event occurs when the forecast calls for one or more days where the humidex reading is 40 or higher. The City of Hamilton Public Health Department monitors weather forecasts closely and notifies the media and the community partners of a heat event.

Once HWDSB has been notified of a heat event, information will be posted on our website and the following precautionary steps will be taken for students:

- ⇒ Limit physical outdoor activities
- ⇒ Ensure water is available
- ⇒ Close drapes and blinds
- ⇒ Move pupils to cooler areas of the school
- ⇒ Monitor students for symptoms of heat stress

For more information, or steps you can take to reduce risks during heat events, please visit the following websites:

CITY OF HAMILTON ... www.hamilton.ca/healthandsocialservices/publichealth

<http://bit.ly/nB4ZQp>

HEALTH CANADA ... <http://www.hc-sc.gc.ca/ewh-semt/climat/index-eng.php>

REMINDERS

"NO SMOKING POLICY"

Just a reminder to Parents & Guardians that **it is illegal** to smoke anywhere on school property.

SAFETY ON SCHOOL PROPERTY

As a safety precaution for everyone at PJS, **roller blades, skateboards, scooters and heelys** are not to be used on school property and **should NOT be brought to school**. Should any of these items be brought to school, it will be necessary for them to be **stored at the office for the day**.

CYCLEMANIA FOR GRADES 2, 3 and 4 ... May 11th

Cyclemania is coming to Pauline Johnson South for all **grade 2, 3 and 4** students on **May 11th**. If your child has their own bicycle and helmet please send them to school with them on the morning of May 11th, ensure your child locks their bike and brings their helmet into their locker.



The Hamilton Police Service will be running the workshops and can properly fit your child's helmet for them.

If children do not bring their own bicycle and helmet the Hamilton Police Service will be bringing some they can borrow for their session.

Please dress appropriately and wear running shoes.

HEALTHY ACTION TEAM

The Health Action Team (**HAT**) will be running a healthy drink challenge the week of May 9-13.

HAT will be checking student lunches each day looking for water, the healthiest drink choice. The water must be in a **reusable bottle** to get a full point for their drink choice.

The class who brings in the most water in that week will get a special visit to the park for outside time.

Here is some information to help you to always choose healthy drinks:

- ◇ 125 mL (½ cup) of **100% juice** is one Food Guide Servings of Vegetables and Fruit. However, the Food Guide recommends that people choose vegetables and fruit more often than juice to get more fibre.
- ◇ **Fruit-flavoured drinks, beverages, punches and drinks that end in “ade”** are not the same as 100% juice. Read ingredient lists and Nutrition Facts tables to find out what is in the beverage that you are choosing.
- ◇ A key message in Canada's Food Guide is **Satisfy your thirst with water!**
- ◇ Children who **drink milk at lunch** are more likely to meet their daily calcium needs.
- ◇ **Water and low fat-milk** are the healthiest beverage choices for school lunches. Fortified soy beverage can be used as an alternative to milk.

Choose Sometimes:

- ◇ 100% unsweetened fruit juice (limit to ½ cup/125ml serving per day)
- ◇ Flavoured fortified soy beverage

Avoid:

- | | | |
|-----------------|-------------------------------------|------------|
| ◇ Sports drinks | ◆ Pop/diet pop | ◆ Iced tea |
| ◇ Energy drinks | ◆ Fruit drink, punches or cocktails | |

Anything called ‘drink’, ‘beverage’, ‘punch’, ‘ade’, ‘cocktail’ or ‘delight’ usually contains very little fruit juice. 100% Fruit juice is always the better choice!

INTERNATIONAL LANGUAGE PROGRAM (Arabic / Spanish)

We would like to remind everyone that the International Language Summer Program ... Arabic / Spanish with our own **Yusra Kefel** ... is going to be taking place at **Lawfield School** located at 45 Berko Ave, Hamilton ON from **July 11th to Aug 5th** ... due to the construction scheduled to take place at Pauline Johnson School.

Classes will run **daily** from **10:00 am - 2:00 pm**.

If you are interested in enrolling your child, please pick up a **registration form in the office** or visit the Pauline Johnson **website** at www.hwdsb.on.ca/paulinejohnson/

VOLUNTEERS FOR GRAD

Ms DiFrancesco our Grade 8 Graduation advisor is seeking a few volunteers to help with our Grade 8 Graduation celebration. In particular she is looking for help with the dance decorations food and drinks.

If you are interested in helping please call PJ North at

905-385-5344 and give our Office Admin your name to pass on to Ms DiFrancesco.

Thank You!

JR GIRLS' BASKETBALL TEAM

The Junior Girls' Basketball Team finished their regular season undefeated. Sadly, they lost again Bennetto during the first round of play offs.



A special thank you to Allyson Campbell and Emily Burns for being amazing basketball scorekeepers for all the 4 basketball teams this year. Without scorekeepers, our teams could not host any home games.



CO-ED JUNIOR SOCCER TOURNAMENT ... Friday, May 20th 2016

On May 20th, twelve of our Grade 4 & 5 students will be competing in a Soccer Tournament at Sir Wilfred Laurier Public School .

Many thanks to Mlle Guidotto, Ms Gibson and Mr Downey for coaching our Junior Soccer Team.



SUMMER CAMP REGISTRATION

Thinking about summer camp for your student? Well now is the time to look at the possible options. Here are a couple for you to consider ...

McMaster Athletics & Recreation Summer Camp ... visit www.marauders.ca/camps

... or call **905-525-9140 Ext: 24464**

Mohawk College Summer Camp ... call **905-575-2062** ... or visit <http://camps.mohawkcollege.ca>

YMCA ... AFTER SCHOOL CHILD CARE

The YMCA of Hamilton/Burlington provides after School Child Care at your school.

This program is licensed by the Ministry of Community, Family and Children's Services.

The After School Program is open from dismissal time AT 2:35 p.m until 6:00 p.m.

Registration for September 2016 will begin in June.

For more information about the YMCA programs visit their website at www.ymcahb.on.ca ... or ... call the School Age Child Care office at **905 317-4916**.

NOAH'S ARK CHILDREN'S CENTRE

Before and After School Care, PA Days and school breaks

Children from 18 months - 12 years old.

School Transportation Available.

Please contact them directly for more information at:

Noah's Ark Children's Centre
118 Limeridge Road East, Hamilton ON

Phone: **905-389-2204**

Website: www.noahskids.ca

AUTOMATED ATTENDANCE CALLS

... Our automated calls are going home around 9:30 am each morning to the homes of those students who are absent.

This system is helping to free up our PJ North phone lines and is increasing our office productivity.

Please remember that it is extremely important that you call the school whenever your child is absent or if they are going to be late due to a medical appointment, etc.



ATTENDANCE

Thank you for calling in to let us know when your children are home sick. This helps keep our school attendance up to date and we know that your child is at home safe with you.

Congratulations to all those who do a good job of getting to school on time even during the cold / wet weather.

Regular, punctual attendance will set your student up for the perfect learning condition.

SCHOOL CASH Online Payment Option

With the support of School Cash Online, we're making paying for school related expenses easier.

Effective immediately, you'll be able to make online payments through our school website.

This is a win-win for everyone as it makes paying for trips, etc safer and more efficient for everyone by reducing the amount of cash and cheques coming into our with students.

While parents will still have the option to send cash or cheque to the school to pay for school related expenses, we encourage you to get on board with this new service.

HOW TO REGISTER

You should have received a customized PIN code on a flyer with instructions from your child's teacher. Please contact the school if you have not received this information or it has been lost. Once you receive your PIN code, it's as easy as 1, 2, 3!

Step 1: Go to the link on our school website or by visiting <https://hwdsb.schoolcashionline.com>

Step 2: Register by selecting the "Get Started Now" and following the steps

Step 3: After you receive the confirmation email, please select the 'click here' option, sign in and add each of your children to your household account. In order to complete this step, please have the personal PIN code labels for each student provided by your school on hand.

If you have any problems with the registration process, the **parent help desk is available 24/7 by calling 1-866-961-1803 (toll-free)** or by email at parenthelp@schoolcashionline.com.

SCHOOL CASH ONLINE

WHAT HAPPENS NEXT YEAR?

The end of the school year is only a few weeks away. Rest assured, any UNUSED FUNDS in your School Cash Online MyWallet account will continue to be available to make purchases at the start of the school year in September.

PIN CODES: For parents/guardians who have already registered on School Cash Online, you will not need to re-enter your child's PIN codes after the initial setup, even if your child moves to another HWDSB school.

Not receiving emails about items available to purchase? Upon your next login to School Cash Online, check the "My Account" tab and that you have consented under "Manage Email Notifications" to receive payment notices and reminders.

NEED HELP? Call the Parent Help Desk at 1-866-961-1803.



2016-2017 SCHOOL YEAR CALENDAR

5 DAY CYCLE ELEMENTARY

Month	1st Week					2nd Week					3rd Week					4th Week					5th Week				
	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
August	1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30	31		
September				1	2	5	6	7	8	9	12	13	14	15	16	19	20	21	22	23	26	27	28	29	30
October	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28	31				
November		1	2	3	4	7	8	9	10	11	14	15	16	17	18	21	22	23	24	25	28	29	30		
December						2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4		
January	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30	31			
February						1	2	3	4	5	13	14	15	16	17	20	21	22	23	24	27	28			
March						5	1	2	3	4	5	1	2	3	4	8	9	10	11	12	15	16	17		
April	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28					
May	1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30	31		
June						1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24		
July	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28	31				

P - PROFESSIONAL ACTIVITY DAY
FD - FIRST DAY FOR STUDENTS

B - SCHOOL HOLIDAY*
LD - LAST DAY FOR STUDENTS

H - STATUTORY HOLIDAY
System PA Day