



# BOARD BULLETIN



ACT ON DIABETES. NOW.



November 14, 2011

## Why a Blue Circle?

The World Diabetes Day logo is the blue circle - the global symbol for diabetes, which was developed as part of the Unite for Diabetes awareness campaign. The logo was adopted in 2007 to mark the passage of the United Nations World Diabetes Day Resolution. The significance of the blue circle symbol is overwhelmingly positive. Across cultures, the circle symbolizes life and health. The colour blue reflects the sky that unites all nations and is the colour of the United Nations flag. The blue circle signifies the unity of the global diabetes community in response to the diabetes pandemic. This year marks the 90<sup>th</sup> Anniversary of the Discovery of Insulin.

Help raise awareness of the seriousness of diabetes.

TIP: You can prevent the onset of Type 2 diabetes by making some simple lifestyle changes, including healthy eating, regular physical activity and maintaining a healthy weight. [www.diabetes.ca](http://www.diabetes.ca)



**Remembrance Day** – This day commemorates the soldiers killed in World Wars I and II and is in remembrance for all those who have given their lives in service of their country.

November 11, 2011

## Universal Children's Day – November 20, 2011



In December 1954, the General Assembly recommended that all countries institute a Universal Children's Day, to be observed as a day of worldwide fraternity and understanding between children. It recommended that the Day was to be observed also as a day of activity devoted to promoting the ideals and objectives of the Charter and the welfare of the children of the world. The Assembly suggested to governments that the Day be observed on the date and in the way which each considers appropriate. The date 20 November marks the day on which the Assembly adopted the Declaration of the Rights of the Child, in 1959, and the Convention on the Rights of the Child, in 1989.

## Holocaust Education Week – November 1-9, 2011

### Accountability

The theme for Holocaust Education Week 2011 is **Accountability** in commemoration of the 50th anniversary of the trial of Adolf Eichmann and the 60th anniversary of the first Nuremberg Trials. Programs will not only reflect upon the dramatic historical event of the trials but their implications for public discourse and public memory of the Holocaust; justice versus accountability; personal and collective responsibility; and, accountability today - for human rights advocacy and genocide prevention.



November 6, 2011 – Daylight Savings Time Ends – clocks go back an hour

## Days of Significance November 2011

1 <sup>st</sup> -9 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Holocaust Education Week</li> </ul>
1 <sup>st</sup>	<ul style="list-style-type: none"> <li>• All-Saints Day (Christian)</li> </ul>
6 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Eid-ul-Adtha (Muslim)</li> </ul>
10 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Birth of Guru Nanak Dev Ji (Sikh)</li> </ul>
11 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Remembrance Day</li> </ul>
12 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Birth of the Baha u llah (Baha i)</li> </ul>
14 <sup>th</sup> – 18 <sup>th</sup>	<ul style="list-style-type: none"> <li>• National Addiction Awareness Week</li> </ul>
14 <sup>th</sup>	<ul style="list-style-type: none"> <li>• World Diabetes Day</li> </ul>
17 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Educational Assistants Appreciation Day</li> </ul>
18 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Elementary/Secondary P.A. Day</li> </ul>
20 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Universal Children's Day</li> </ul>
24 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Martyrdom of Guru Teg Bahadur (Sikh)</li> </ul>
25 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Int'l Day for Elimination of Violence Against Women (U.N.)</li> </ul>
November is Diabetes and Osteoporosis Month	

### Cancellation of School and Board Operations

The decision to cancel School and Board Administrative Operations is often a difficult call to make. Please be assured that the decision to remain open or to close is always made with the safety and security of our students and staff in mind.

In the event of inclement weather, our Transportation Department advises our carriers to drive predetermined routes to assess the condition of the roads. This is done between 4:00 a.m. and 5:00 a.m. The drivers report back to the carriers and HWDSB begins to receive reports between 5:30 a.m. and 6:00 a.m.

In the meantime, our Transportation Department is verifying the weather forecast through our local media outlets as well as contacting the City of Hamilton Works Department to determine where possible what roads have been cleared or when they are expected to be serviced.

The decision to close our schools is made in conjunction with our colleagues at the Hamilton-Wentworth Catholic District School Board based on relevant information at that time.

School Boards across Ontario have varying policies about the cancellation of schools. At HWDSB, the cancellation of transportation is linked to the cancellation of School and Board Administrative Operations. The cancellation of transportation immediately triggers the closure of our schools. For more information on the Cancellation of School and Board Administrative Operation, go to:  
<http://www.hwdsb.on.ca/aboutus/policies/>

Please remember, as a parent/guardian you always have the choice on whether or not to send your child to school.

**Hotline # 905.521.2535**

### HWDSB Media Desk, Events Calendar & Virtual Blackboard. Follow us on Twitter

<http://twitter.com/hwdsb>

Do you need to:

- know more about newsworthy school stories?
- Know more about available Awards & Bursaries for your student?
- find a spokesperson?
- identify the HWDSB?
- download our [Geographic Region Maps?](#)

When you need reliable information fast, we can help. In Corporate Communications, we're dedicated to the needs of our community. Of course, we welcome your comments on ways to make this page useful.

The Media Desk is a starting point - a first step in getting to know the Hamilton Wentworth District School Board.

### ARC – Accommodation Review Committees Elementary/Secondary

Parents – have your say!

We want to give our students the best schools for the 21<sup>st</sup> century

Our schools have empty spaces. Our buildings need expensive renovations. This is why community groups are studying our schools to explore options for the future.

The Accommodation Review Committees (ARCs) may recommend a school closure.

We want parents to understand and help this decision-making process. We want the final decisions made by trustees to create the best future for our students.

For more information on upcoming ARC meetings go to:

*Elementary*  
[www.hwdsb.on.ca/arcelementary](http://www.hwdsb.on.ca/arcelementary)  
*Secondary*  
[www.hwdsb.on.ca/arc](http://www.hwdsb.on.ca/arc)

**Face the flu. Get your shot.****What is the flu?**

- The flu is also known as influenza
- The flu is a serious disease caused by a virus that affects the air passages
- People who get the flu may have a fever, chills, cough, runny eyes, stuffy nose, sore throat, headache, muscle aches, extreme weakness and fatigue
- Children can also have earaches, nausea, vomiting or diarrhea
- Some people can become very sick and need to go to hospital
- The flu spreads easily from an infected person through coughing and sneezing. It can also spread by touching objects or surfaces with the virus on them (like unwashed hands, toys and eating utensils.
- Illness due to flu usually lasts 2-7 days or longer for older adults and people with chronic diseases

**How well does the flu shot protect against the flu?**

- In healthy children and adults, the flu shot is about 70-90 percent effective in preventing the flu
- In the elderly, the flu shot has been shown to prevent pneumonia, hospitalization and even death

**Who should NOT get the flu shot?**

- Infants under the age of six months
- Anyone who has a known allergy or hypersensitivity to any part of the vaccine. The nurse can tell you what is in the flu shot
- Persons who have had symptoms like redness in both eyes that are not itchy, and/or swelling of the face, difficulty breathing, difficulty swallowing, hoarseness or sore throat within 24 hours of receiving the flu shot

**2011 – Public Health Community Flu Clinics “Face the flu. Get your shot.”**

Tuesday, Nov. 1	Immaculate Conception Catholic Elementary	3:00 – 7:00 pm.	470 Kitty Murray Lane, Ancaster
Wednesday, Nov. 2	Cardinal Newman Catholic Secondary School	4:00 -8:00 pm.	127 Gray Rd, Stoney Creek
Thursday, Nov.3	Waterdown District High School	3:00-7:00 pm.	215 Parkside Dr. Waterdown
Friday, Nov. 4	Valley Park Arena and Recreation Centre	3:00-7:00 pm.	970 Paramount Dr. Stoney Creek
Saturday, Nov. 5	Hamilton East Kiwanis Boys & Girls Club	10:00 am -2:00 pm.	45 Ellis Ave. Hamilton
Monday, Nov. 7	Dundas Lions Memorial Community Ctre	11:00 am.- 3:00 pm.	10 Market St. S. Dundas
Tuesday, Nov.8	Sackville Hill Senior Centre	4:00-8:00 pm.	780 Upper Wentworth St. Hamilton
Wednesday, Nov. 9	Central Library	12:00-4:00 pm.	55 York Blvd. Hamilton
Thursday, Nov.10	McMaster University Medical Centre/ McMaster Children’s Hospital - Main Lobby	3:00-7:00pm.	1200 Main St. W. Hamilton
Monday, Nov.14	St. Matthew Catholic Elementary School	10:00 am.-2:00 pm.	200 Windwood St. Dr. Binbrook
Tuesday, Nov.15	St. Thomas More Catholic Secondary School	4:00-8:00 pm.	1045 Upper Paradise Rd. Hamilton
Wednesday, Nov.16	Saltfleet Secondary School	4:00-8:00 pm.	108 Highland Rd. W. Stoney Creek
Thursday, Nov.17	Waterdown District High School	3:00 -7:00 pm.	215 Parkside Dr. Waterdown
Tuesday, Nov.22	Juravinski Hospital – Main Lobby	3:00-7:00 pm.	711 Concession St. Hamilton
Thursday, Nov.24	Hamilton General Hospital-Main Lobby	12:00-4:00 pm.	237 Barton St. E. Hamilton
Friday, Nov.25	Sackville Hill Senior Centre	11:00 am.-3:00 pm.	780 Upper Wentworth St. Hamilton
Saturday, Nov.26	Meadows Long Term Care Centre	12:00-4:00 pm.	12 Tranquility Ave. Ancaster
Monday, Nov.28	Dundas Lions Memorial Community Centre	2:00-6:00 pm.	10 Market St. S. Dundas
Tuesday, Nov.29	Cardinal Newman Catholic Secondary School	4:00-8:00 pm.	127 Gray Rd. Stoney Creek
Wednesday, Nov.30	St. Joseph’s Healthcare Hamilton Charlton Campus – Main Lobby	12:00-4:00 pm.	50 Charlton Ave. E. Hamilton