



Community Health Worker

- Ontario Works
905-546-4800
- Special Support Programs
905-546-2590
- Call **905-546-2489**
for all other questions and
language support

www.hamilton.ca



Chinese (English, 中文支持)
905-546-2424 ext. 3314

South Asian
(English, हिंदी, ਪੰਜਾਬੀ, العربية أردو)
905-546-2424 ext. 1705

**Free
Health
Services**

 Hamilton

 Hamilton

Dental Programs



- for adults and children with low income and no dental insurance
- **905-546-2424 Ext. 5369**

Are you pregnant?



- for prenatal nutrition group **905-546-3550**
- for schedule **www.hamilton.ca/PrenatalGroups**

Dental Bus



- for emergency dental problems
- **905-546-2424 Ext. 5369**
- for schedule **www.hamilton.ca/dental**

Health Connections



- for information and programs, about pregnancy, how a child grows and develops, and parenting children aged 0 - 6 years **905-546-3550**

Quit smoking



- for support and free Nicotine Replacement Therapy **905-540-5566**
- call Smokers' Helpline **1-877-513-5333** (language support)

Vaccines



- for questions and to report your child's vaccinations **905-540-5250**

Bed bugs



- first tell landlord
- for questions and if landlord refuses to have licenced treatment call Public Health Services **905-546-2489**

Bug Busters



- for head lice clinics **905-546-2489** or **www.hamilton.ca/bugbusters**

Sexual Health



- for information about birth control
- for Sexually Transmitted Infection testing
- **905-528-5894**