

## ***PRINCIPAL'S MESSAGE***

Every day I am so fortunate to experience the wonderful learning activities that make Glenwood School *'a special place to learn.'* Each month we have a student assembly that is presented by a classroom teacher, their EA team and students. The assemblies are theme based and we recognize individual student accomplishments. This month, Ms. Kovjjenic and Room 10 had a Happy New Year celebration. Each class made items for a time capsule to highlight Glenwood for years to come. As part of our monthly assemblies, various students from each class are recognized for their learning gains. The following are some of the successes recognized;

***"a great week of getting on the school bus without issue"***

***"walking to the Smart Board, using technology to communicate and returning to their desk independently"***

***"learning do their own laundry, sort and do basic folding"***

***"increasing communications skills with visuals"***

***"recognizing and verbalizing the days of the week"***

These recognitions highlight our schools focus on **COMMUNICATION, INDEPENDENCE, TRANSITIONS AND LIFESKILLS.**

The gains our students make daily are directly connected to our strong staff at Glenwood and their amazing work. Our EA team, alongside many of our teachers, are presently involved in a Book Club lead by members of the Augmentative and Alternative Communication team. They are working through *"Visual Strategies for Improving Communication"* by L.Hodgdon. The ongoing learning of our staff and partnership with System Support teams and community partners continue to advance our students learning.

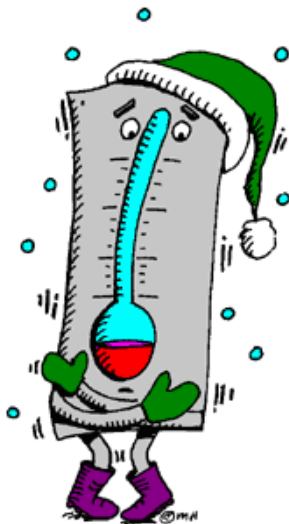
Our Glenwood Newsletter is full of many more exciting highlights, descriptions of ongoing programs, opportunities and 'take home' strategies. On behalf of our staff, thank you for the wonderful way you support our school and programming. Together we continue to make Glenwood *"a special place to learn."*

# Cold Weather Reminder!

With the Winter months comes Cold Weather and Sickneses. This is a friendly reminder to please dress your child in layers. We do go outside whenever possible and want to ensure that our kids (and ourselves) are dressed for the weather.

With cold weather also comes coughs, sneezes, runny noses, etc. If your child is feeling under the weather and you are keeping them home please remember to call the office at 905-525-2140 and let us know. We worry about our students when they aren't here.

Stay warm  
and healthy  
this Winter.



**If your child is absent please remember to call and cancel transportation. It may require calling BOTH the before and after school carriers if they are different.**



## Life Skills with Marc Johnson

Congratulations to  
Kyle McKinnon-Swaby  
as he became the  
Employee of the Month  
for January.

Hamza has been participating  
in the School's Shopping and  
SPCA Programs.  
He really enjoys visiting Costco  
and walking the dogs.

Great job Kyle!





# Katy's Cooking Corner



January is a great time for baking treats that will warm you from the inside out. This month we have enjoyed baking banana muffins, oatmeal raisin cookies and cranberry orange muffins. We also made modelling clay from scratch.

## Banana Muffins

### Ingredients:

1½ cup flour  
1 cup sugar  
1 tsp baking powder  
1 tsp baking soda  
½ tsp salt  
¼ cup vegetable oil  
¼ cup milk  
3 medium mashed bananas  
1 tsp vanilla extract

### Instructions:

Mash the bananas until smooth.

Add oil, milk and vanilla mixing until combined.

Slowly add in the dry ingredients, while mixing the batter.

Spoon batter evenly into 12 lined muffin tins.

Bake at 375° for 16-20 minutes.

Cool in muffin tins.

---

## Life Skills

Exciting new stations are up and running in our  
Life Skills Room!!

Stay tuned for more information!



# Classroom Updates

**Room 3:** *Room 3 and The Westdale Library Visits: Room 3 loves the Westdale Library visits. There are several aspects that Room 3 appreciates about the service from the Westdale Library visits. The first, and most important, is that the students in room 3 enjoy these visits. Our students respond with enthusiasm and joy to all of the variations in the program-the shakers, puppets, stories and songs. The calm voice and friendly smiles that occur throughout the Westdale Library visit are contagious. The story themes are timely, and suitable for our students. Additionally, there is the fact that there are aspects of the presentations that add continuity between visits, such as the songs, puppets, and shakers; there is comfort in that we can anticipate these enjoyable and invigorating aspects!*



## Room 6:

Room 6 is getting to know their new teacher, Ken, and he is getting to know Room 6. We are looking forward to lots of interesting new learning adventures together!

## Room 2:

### Sensory Smart Sleep Tips

for  
kids

#### → Deep Pressure

- Heavy blanket, weighted blanket
- Kiddo burrito
- Bear hugs
- Pillow squishes

#### Movement ←

- Rolling on an exercise ball
- Rocking chair
- Row, row, row your boat activity

#### → White Noise

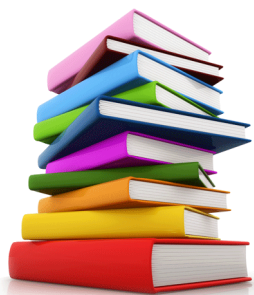
- White noise machine
- Ceiling fan or regular fan
- White noise app

#### → Warmth

- Warm rice pillow
- Cozy Plush warm stuffed animals
- Warm up blankets or comforter in the dryer before bed

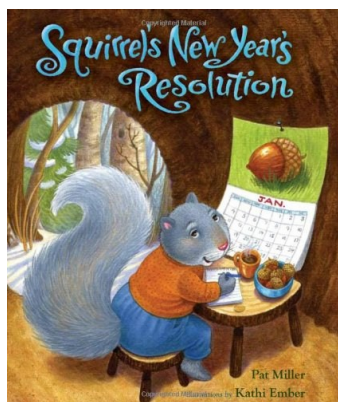
#### Visual ←

- Watching fish in an aquarium
- Aquarium DVD or app
- Lava lamp as a night light



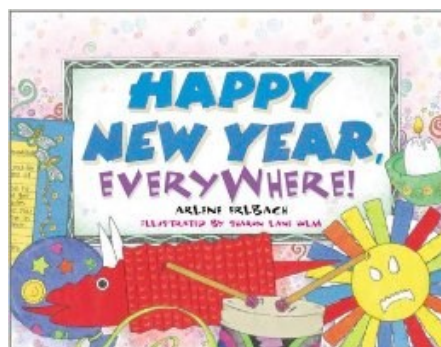
# Latest Library Lookups

Happy New Year from the Glenwood library!  
Here are a few books about celebrating  
the new year:



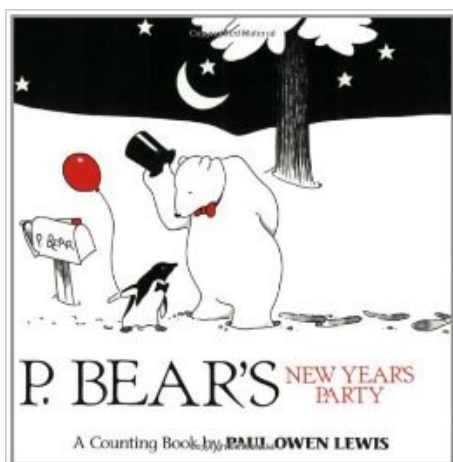
## Squirrel's New Year's Resolution

By Pat Miller



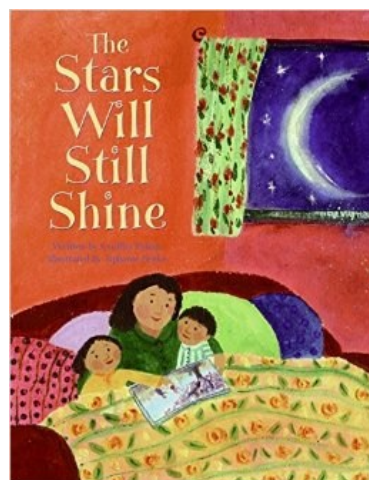
## Happy New Year Everywhere!

By Arleve Erlbach



## P. Bear's New Years Party

By Paul Owen Lewis



## The Stars Will Still Shine

By Cynthia Rylant

# February



1	2	3 Glenwood Pet Day - Day 4	4	5
8	9	10 Heart Art - Day 4	11	12
15 FAMILY DAY - School Closed	16 Storytime with Westdale Library	17	18 <u>Report Cards</u> <u>Home</u> Winter Scavenger Hunt - Day 4	19
22	23	24	25 Band Production - Day 4	26 <b>PD DAY</b> NO SCHOOL
29				