

PRINCIPAL'S MESSAGE

As another month passes at Glenwood Special Day school, I am reminded of the wonderful ways our staff link creative learning opportunities with exciting and fun programming. Through the Individual Education Plan, each student has individual learning goals, but common to many are; communication, self-regulation, transitioning and life skills. These skills are incorporated daily in our students programming.

Two of the many activities this last month highlighted this commitment to creative and engaging programming to me. During a recent Day 4 activity, all of our students made 'Mud Pies' in the gym. At each table, students had a visual picture strip identifying the steps involved in making pies. At the same time, through the SMART BOARD, directions were presented both visually and verbally. Students were supported at different levels as they mixed, poured and created a wonderful snack all while using a total communication system. On May 1st, the majority of our students were provided with a wonderful learning opportunity, as Glenwood Special Day school went on a Bowling trip. For some, it was their first experience bowling and for others their first time without a parent attending. The bowling alley was full of laughter and wonderful noises, while students used their communication devices and visuals to support their experience. Again, with the support of our Glenwood team that included teachers, EAs, bus drivers and nurses, our students had another significant learning experience. I am so impressed the commitment our staff daily express to the learning of our students.

More wonderful learning opportunities are listed in our May and June calendars. Not only do we have our Annual Walk and Roll-a-thon coming up in May, I would like to highlight our Camp Day on June 4 to Camp Oneida. This will be another exciting opportunity for your child to learn and demonstrated the skills they are acquiring at Glenwood. It is also an opportunity for parent(s) and guardians to connect with one another and share stories, celebrations and challenges. Together, we hope to continue to foster a positive community for both our students and their caregivers.

Looking forward to seeing many of you at Camp!



Life Skills with Marc Johnson

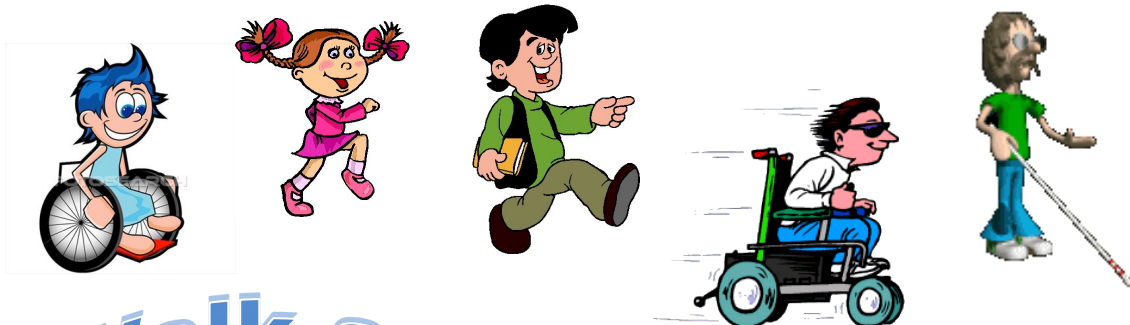
Our Life Skills Program is in full effect. We have 3 students volunteering at the SPCA and many more participating in a variety of other programs (shopping program, recycling, mail collection, laundry and paper towel delivery).

Not only do our students enjoy participating in their life skills program, but our community enjoys interacting with everyone while completing their tasks. A win - win for everyone!



***Congratulations to Wyatt for being the
Employee of the Month for April.***

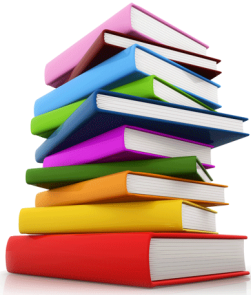
It's Glenwood's Annual



Walk and Roll-a-thon

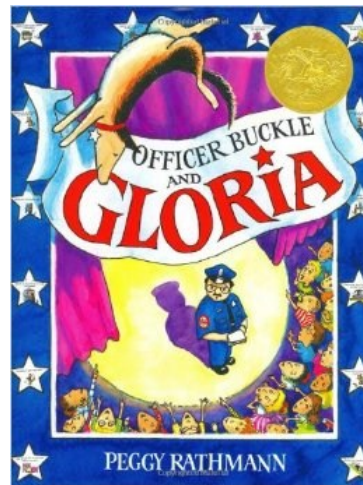
Friday May 22

1:15 - 2:15 pm



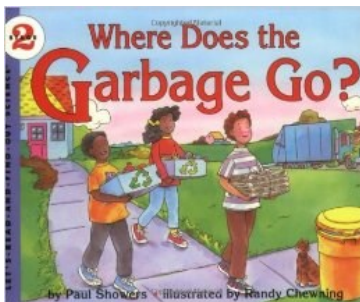
Latest Library Lookups

May is a great time to explore your neighbourhood and community. Here are some great books for learning about community helpers.



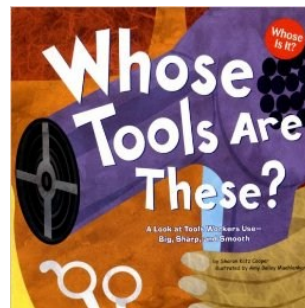
Officer Buckle & Gloria

By Peggy Rathmann



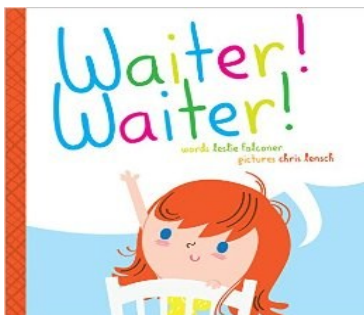
Where does the Garbage Go?

By Paul Showers



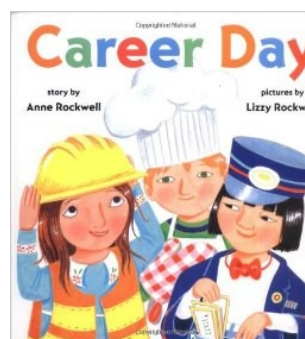
Whose Tools are These?

By Sharon Katz Cooper



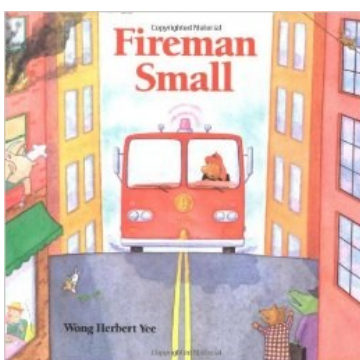
Waiter! Waiter!

By Leslie Falconer



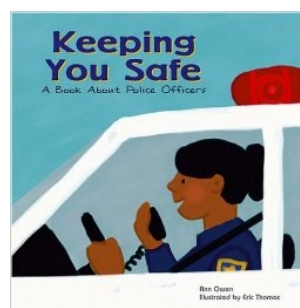
Career Day

By Anne Rockwell



Fireman Small

By Wong Herbert Yee



Keeping You Safe

By Ann Owen

May is **Better Speech and Hearing Month!** A month to raise awareness about communication disorders and the role of the Speech and Hearing professionals who provide treatment and tips for prevention. Below is a list of Speech, Hearing and Language tips provided by Speech-Language & Audiology Canada (SAC):



Speech & Hearing Month
Speak well. Hear well. Live well.



<http://maymonth.ca/en/hearing-speech-and-language-tips/>

Tips for Better Speech & Hearing

Water is Worth It! 8 to 10 cups a day will help keep your throat hydrated and vocal cords lubricated.

Keep it Quiet! Yelling causes too much stress on the vocal cords and can cause damage leading to voice loss.

Tot Talk – Ask your toddler open-ended questions to encourage healthy speech development.

Have a Hard Head! Prevent language disorders caused by brain injury. Always wear a helmet when biking, skateboarding or taking part in other sports.

It's a Date! Schedule regular check-ups and treat ear infections immediately. Untreated infections may lead to hearing loss.

Wear a Pair! Use ear protection such as plugs or muffs when exposed to sounds over 85 db. If you can't hear a person talking one metre (three feet) away over the sound, it is too loud.

Sensible Swallowing – Slowing down, sitting up straight, and sipping liquids between bites can all help with swallowing difficulties at meal time.

Decibel Danger – Know what hurts. Normal talking is only 60 dB.

Firecracker – 150 dB

Rock Concert – 125 dB

Nightclubs – 120 dB

Ambulance Siren - 120 dB

Read With Me! Talking, reading and playing with your child daily will promote healthy speech.

Tone it Down! Use the 60-60 rule. When listening to headphones, keep the volume at 60 per cent of the maximum level for no more than 60 minutes a day.

Buckle Up! Always wear a seat belt to prevent an accident that can result in brain injury.

Mimicking Minds – Children learn sound and words by hearing and seeing them. Play with and read to your baby every day.

Say No To Sodium! Lowering your daily sodium intake will help prevent your chance of having a stroke.

A little R & R – Give your ears & voice a rest and seek out a quiet place. Read a book, do a crossword puzzle, and enjoy the silence.

Swab Smart! Swab the outside of the ear only. See a physician if you think earwax is an issue.

Take a breath – Practice good breathing techniques when singing or talking. Breathe deeply from your diaphragm.

Leave the pack behind – Smoking irritates and dries the tissues of the throat.

Avoid the Noise! Avoid loud noises. If you can't, wear ear protection when at a concert or using noisy equipment.

Healthy Habits – By preventing viruses, like the cold and flu, you will protect your throat and vocal cords.

Proactive People – Detecting hearing problems early is important. You can take steps to prevent or reverse the damage.

Communication is how we connect with the people around us and the environment which surrounds us. Follow the list of healthy habits above and take advantage of the many services available to help you and your family become effective communicators! If you have any questions or comments please feel free to contact the School's Speech and Language Teams.

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May



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4	5	6 Day 4 - Wii Dance	7	8 East Hamilton Optimist Pancake Breakfast
11	12 School Council 7pm	13 Day 4 - Tea with the Queen	14	15
18 Victoria Day	19	20	21 Day 4 - Spring BBQ	22 Walk and Roll-a-thon
25	26	27	28 Day 4 - Special Guest	29