

# The Glenwood Gazette

Glenwood School

150 Lower Horning Road

November 2014

## PRINCIPAL'S MESSAGE

Greetings to all of our Glenwood families and friends!

Great activities have occurred and continue to occur at Glenwood. The calendars you receive with our monthly newsletter provide you with information about most of the activities, and notices are sent home to fill in the rest. Hopefully you're keeping up with these.

**Tracie's Place Comedy Night** – in support of Glenwood School takes place on Sunday evening, November 2, at 8:00 p.m. Hopefully you've been able to get tickets or to encourage friends to attend. Remember that these events are for our/your children!

I'd like to thank the staff at Glenwood for the time, effort, and creativity they put into making wonderful things happen here on a daily basis. Many of you had the opportunity to view our DVD slide show that featured students and events at the school. That provides you with only a "key hole view" of the great things that happen here daily. And those of you who spent "Camp Day" with us at Oneida last year had an opportunity to experience a great Glenwood School Community event first hand! If you didn't attend, you need to plan to do so this year. Don't miss it!

We have now completed two full months of school and as the weather begins to change (possibility of snow is in the forecast for Hallowe'en) we can look forward to a number of our annual fun activities. However, one activity that is not so welcome is "cold and flu season". I would like to bring to you a few requests and reminders:

**DRESS FOR THE WEATHER** - Be sure that your child is dressed for the weather when they come to school. The easiest and most effective way to do this is to use "layers". In this way, if the weather or the school is warmer, we can reduce the layers. If it gets colder sweaters can be added and the heavy coat done up snugly. (NOTE – Students go outside for recesses daily, except on the most bitterly cold and bad weather days, so hats, mitts, and scarves etc. are important.)

**ILLNESS AT GLENWOOD** - If your child is "not well", or often there are often signs of something coming. You are asked to be alert to signs of ill health. By responding quickly you can help others at Glenwood, including both students and staff, to avoid illness. The first and most obvious step you can take is to keep them home. The second thing that you can do is to have them visit the doctor if that is appropriate.

**WHY?** You may have already noticed! Many of our students are not able to quickly cover a sneeze or cough. With so many medically fragile and vulnerable students at Glenwood, errant cold and flu germs could have serious results. (At this time we have one student recovering from surgery at home and another who has not yet made it to school because of numerous returns to hospital due to health concerns.) Let's protect them all! **Don't forget** to call the office with any absences at 905-525-2140, chat with Leigh or leave a message on our voicemail.

Thank-you for the privilege of working with your children!

Have a great November!



East Hamilton Optimist Club (that has faithfully contributed to Glenwood School for years) is selling Christmas Trees out of the Garden Centre at Canadian Tire at the old Centre Mall location beginning at end of November. PLEASE SUPPORT THEIR EFFORTS. Our students benefit from their success. Stay tuned for more information!



## Life Skills with Marc Johnson

Our Life Skills Program is off and running. We have 3 students volunteering at the SPCA and many more participating in a variety of other programs (shopping program, recycling, mail collection, laundry and paper towel delivery).

Not only do our students enjoy participating in their life skills program, but our community enjoys interacting with everyone while completing their tasks. A win - win for everyone!

Congratulations to both Quinton and Lilyanna for being the Employee of the Month for September and October.





# Communication Corner



Winter is just around the corner....Hooray!?! The word winter can often be synonymous with the words “cold & flu!” Nobody enjoys feeling under the weather and sometimes those symptoms we feel can make it difficult for us to follow our daily routines and complete tasks.

Imagine we weren't able to manage the symptoms associated with illness or communicate those feelings to others?

*“I don't want to go now. I'm tired.”*

*“Can you be quiet? I don't feel well.”*

*“My ear is throbbing.”*

*“I have a such a headache.”*

*“Don't take me in the car. My stomach's upset.” (quotes from 5+ Things to Do to Help AAC Learners Communicate About Illness or Injury Praacticalaac.org)*

Communicating illness and injury are very important skills that need to be taught to our students. Parents and staff often “play detective” in order to determine how their child/ students are feeling. The signs can be obvious at times, but in many cases illness can go unnoticed.

Below is some information from Praacticalaac.org that offers strategies on how to Help AAC Learners Communicate about Illness or Injury:

## **Some things to consider-**

**Make sure the right vocabulary is there:** Body parts, feelings, words related to injury or illness, modifiers to tell how much, locatives to tell where. How can we expect AAC learners to communicate when they are unwell if we don't provide them with the right words? When someone is unwell, we want the vocabulary to be as easy as possible to find.

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**Narrate and model:** Once the vocabulary is present in the AAC system, then we use it to do parallel talk. “Jason, you look tired.” “I know you fell. Your knee must really hurt.” “Oh no! I cut my finger. It hurts.”

**Provide solution strategies:** Telling us where they hurt is a good first step, but many learners are ready to go beyond that and develop self-advocacy skills. Pick a special ‘sick or hurt’ box with things like bandaids, cold packs, stress balls, sleep masks, and other items that can be helpful in identifying the problem. Develop learning activities around this topic. Apps and games that have body parts are great for familiarizing kids with the verbiage around being hurt or sick.

**Manage expectations:** Teaching a word in context can be a great way to make associations. If you hear your child cough, you might model “Jason, you just coughed” and ask relevant questions such as; “does your throat hurt?”

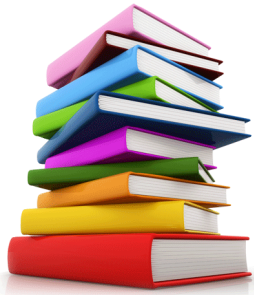
Although teaching this in context can be helpful we can’t always expect learners to be able to do this when they actually get sick or hurt until we’ve taught the skills when they’re well. The teaching and practice sometimes has to occur when the person is in a good state for learning: alert, calm, engaged. If we try to get them to use it when they’re actually sick and we haven’t preceded that with enough instruction, it probably won’t be very successful. Teach and practice under low-stress conditions before expecting use under high-stress conditions.

**Create a social narrative:** These are great tools for helping people with AAC needs gain a fuller understanding of what is happening, and what they can do to cope with the situation. A social narrative is a story, often supported with pictures that help people to better understand situations and concepts. It’s a proactive tool used to train behaviour and outline the expectations prior to it occurring.

Source-<http://praacticalaac.org/praactical/5-things-to-do-to-help-aac-learners-communicate-about-illness-or-injury/>



Don't forget to “Fall Back” on November 2nd.  
Set your clocks back one hour  
and enjoy the extra sleep!



# Latest Library Lookups

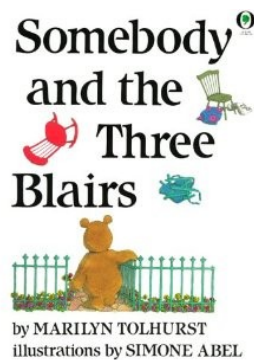
Everyone loves a good fairy tale, but what about a fairy tale that's a little different?

This month we recommend a few good twisted fairy tales.



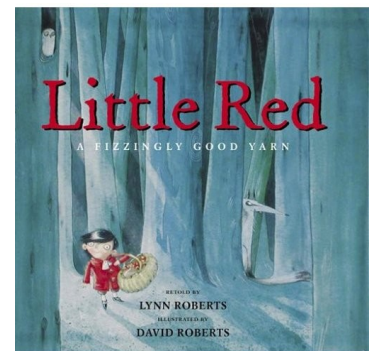
## The True Story of the 3 Little Pigs

By John Scieszka



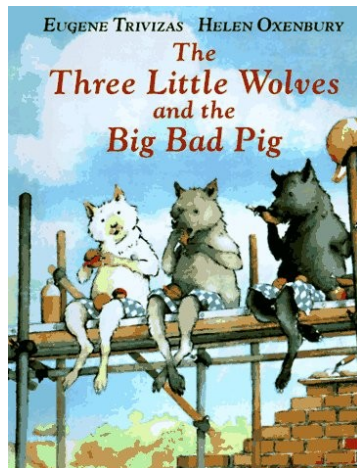
## Somebody & The Three Blairs

By Marilyn Tolhurst



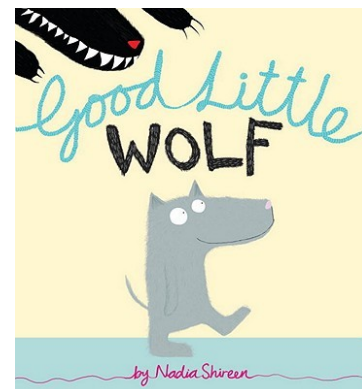
## Little Red: A Fizzingly Good Yarn

By Lynn Roberts



## The Three Little Wolves & The Big Bad Pig

By Eugene Trivizas & Helen Oxenbury



## Good Little Wolf

By Nadia Shireen



## ***GLENWOOD SPIRIT WEAR!!***

Thank you for all your positive responses to our  
Glenwood Spirit Wear questionnaire.

Order forms will be sent home next week,  
giving you all the details.

A great way to start your Christmas shopping.

**GO GATORS.....**



# **Comedy Night Fundraiser!!**

**November 2<sup>nd</sup>, 2014**

Tracie's Place Restaurant & Karaoke Bar -

592 Upper James Seating @7pm/Show @8pm

***Featuring Donnie Coy & Friends***

***\*\*\*Adult Content\*\*\**** Karaoke to Follow Show

Show Tickets - \$15/person

50/50 Tickets available! Raffle!!





# November



<b>3</b>	<b>4</b> Day 4 Activity - Movie  Mary Moore	<b>5</b>	<b>6</b>	<b>7</b>
<b>10</b>	<b>11</b> Day 4 Activity - Craft  Remembrance Day Assembly	<b>12</b> School Council Meeting 7:00pm	<b>13</b>	<b>14</b>
<b>17</b>	<b>18</b> Day 4 Activity - Wii Dance	<b>19</b> Picture Retakes/ GRAD PHOTOS	<b>20</b>	<b>21</b> PA DAY - No School for Students!
<b>24</b>	<b>25</b>	<b>26</b> Day 4 Activity - Gingerbread House	<b>27</b>	<b>28</b>

**DON'T FORGET!! SUNDAY NOVEMBER 2ND IS OUR  
COMEDY NIGHT FUNDRAISER!**