

Grade 1 Health Update

Dear Parents/Guardians,

In Health, we will be starting our new unit on Personal Safety & Injury Prevention. Please see below for a table outlining the curriculum expectations and key topics for discussion.

C 1.2 Safe Practices – personal safety	Key Topics: <ul style="list-style-type: none">- Knowing their phone number- Knowing how to contact 911- Seeking help from a police officer/trusted adult- Routines for safe pick up from school/activities
C2.3 Caring and Exploitive behaviours and feelings	Key Topics: <ul style="list-style-type: none">- Listening with respect- Giving positive reinforcement- Being helpful- Bullying
C2.4 Safety at school	Key Topics: <ul style="list-style-type: none">- Informing people of allergies- Being aware of food safety- Playing in supervised areas- Following safe routines to/from school
C3.1 Potential risks at home, in the community, outdoors	Key Topics: <ul style="list-style-type: none">- Staying safe around cleaning products in the home- Preventing slips, falls, fire or injury- Staying safe around kitchen tools/equipment- Road/water/playground hazards- Weather and sun hazards

Thanks for your support,

Mrs. Rich & Mrs. Gardner